THE J.W. McConnell Family Foundation

La fondation de la famille J.W. McConnell

SHAPING THE FUTURE: Social Innovation Through Social Labs

Elana Ludman

Social Innovation Advisor
J.W. McConnell Family Foundation
www.mcconnellfoundation.ca

OUTLINE

- The McConnell Foundation
- Tools and Approaches
- Social Labs
- WellAhead
- Conclusion

THE J.W. McConnell Family Foundation

Founded in 1937, the J.W. McConnell Family Foundation uses innovative approaches and collaborative action to build a more inclusive, resilient, and sustainable Canada.

AREAS OF WORK

McConnell's work focuses on key issues that contribute to our goal of achieving a more inclusive, resilient, and sustainable Canada.

These include:

- Social and Economic Inclusion
- Healthy Communities
- Youth and Education
- Environment
- Reconciliation







McConnell can also play various roles in these areas of work:

- Learning Partner
- Funder
- Investor
- Convener
- Capacity Builder





THE NEED TO WORK DIFFERENTLY

We cannot solve problems by using the same kind of thinking we used when we created them.

- Albert Einstein

DEFINITIONS OF SOCIAL INNOVATION

Innovations that are both social in their ends and in their means...simultaneously meet social needs & create new social relationships and collaborations.

- Open Book of S.I.

Seeing things differently and imagining that which could be. It is about asking questions of ourselves and our institutions and wondering whether we can do better.

– BC Social Innovation

Council

Social innovation is both a destination — the resolution of complex social & environmental challenges — and a journey — devising new approaches that engage all stakeholders, leveraging their competencies and creativity to design novel solutions

- Tim Brodhead

SOCIAL INNOVATION

Any initiative (product, process, program, projects or platform) that challenges and, overtime, contributes to changing the defining routines, resource and authority flows or beliefs of the broader social system in which it is introduced.

Successful social innovations have durability, scale and transformative impact. – Frances Westley

The process of designing, developing and growing new ideas that work to meet pressing unmet needs

Social Innovation Exchange

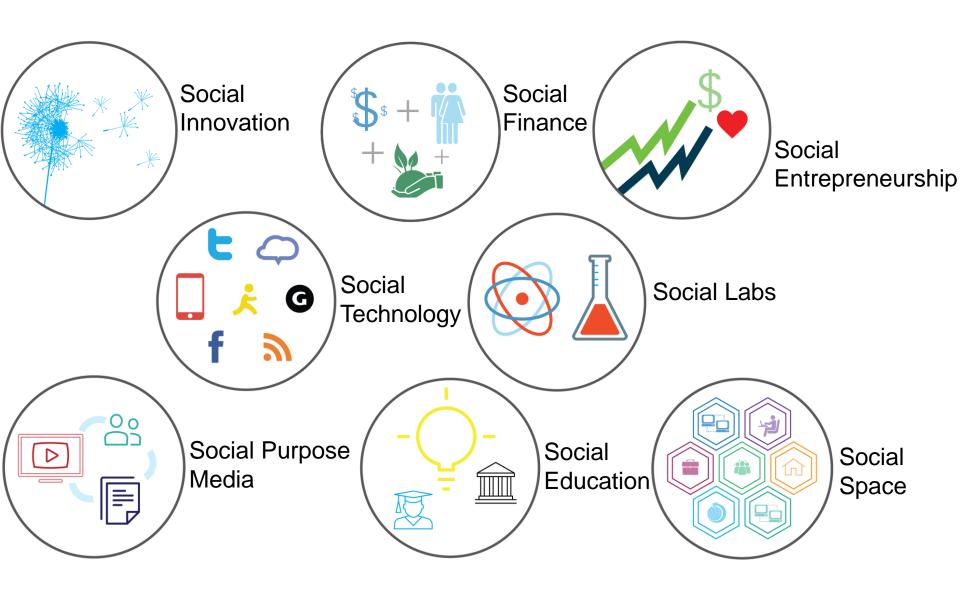
New ideas that resolve existing social, cultural, economic and environmental challenges for the benefit of people and planet

Centre for Social Innovation

New ideas that meet unmet needs

Geoff Mulgan

TOOLS AND APPROACHES – THE SOCIAL EIGHT



WHAT IS A 'SOCIAL LAB'?

Social Innovation Lab is a *process* that is intended to support multistakeholder groups in addressing a complex social problem.

~ F. Westley, Professor of Social Innovation, WISIR

Social Innovation Labs are a new approach to address our most complex challenges. They are a *strategy*, a *space* and a *practice*. What makes a lab a lab is (1) the focus on a specific *challenge* or domain (2) a stable *space* supportive of the practices required to address that challenge and (3) a disciplined practice of *experimentation*.

~ Zaid Hassan, author of Social Labs Revolution

Social Innovation Labs are *small, specialized teams or units* that support diverse stakeholders to address a complex social challenge offering creative yet structured processes for innovation.

~ Joeri van den Steenhoven, Director of MaRS Solutions Lab

WICKED PROBLEMS

- Complex! Have causes and drivers that are interdependent and filled with uncertainties
- Are difficult to address and change with every attempt to address it
- Involve many stakeholders with different values and priorities
- Are unique and have no precedent
- Do not have definitive criteria or indications for the right solutions

Adapted from Strategy as a Wicked Problem. John C. Camillus. Harvard Business Review, May 2008 and MaRS Solutions Lab.

Canadian Innovation Labs





MaRS Solutions Lab

New Brunswick Social Policy Research Network,
Pond-Deshpande Centre,
Government of New Brunswick







Sustainability Transition Lab





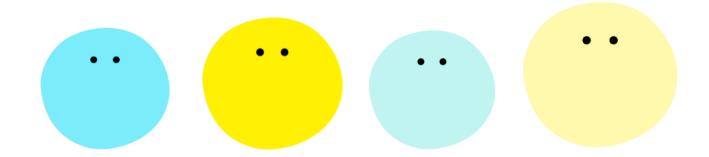


WELLAHEAD

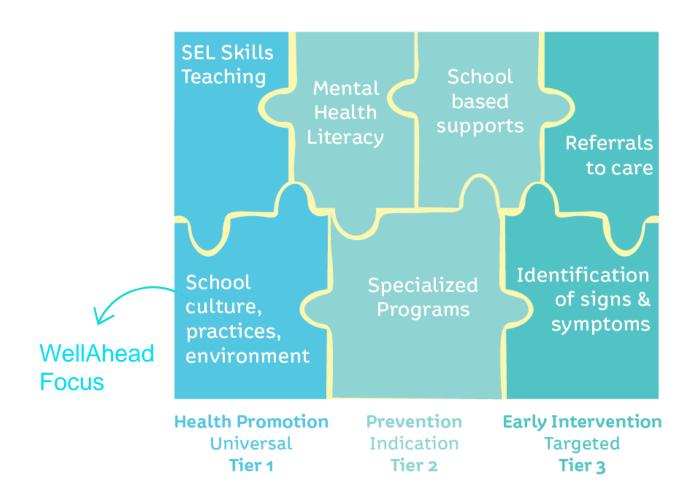
- -> 5-year national philanthropic initiative
- --> Emerged after 2 years of national consultations
- --> School-based, preventative, universal approach
- Integrate social-emotional wellbeing just as important as literacy and numeracy to succeed in today's economy
- --> Year 1 in BC (2015-2016)
- Supported by J. W. McConnell Family Foundation and other partners



WELLAHEAD VIDEO



SUPPORTS FOR MENTAL HEALTH & WELLBEING

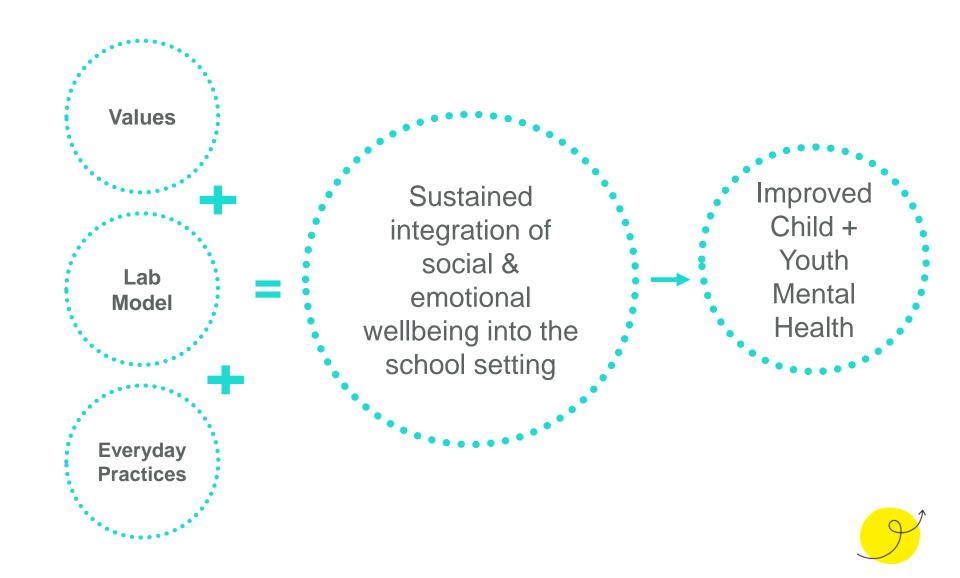




Wellbeing is Foundational

- An investment of time, money and energy into social & emotional learning during school hours leads to an 11% improvement in academic performance (Durlak et al, 2011)
- Positive teacher-student relationships lead to higher academic motivation & academic success (Roseer et al, 2004, Wentzel 1997)
- Connectedness to adults at school more strongly predicted wellbeing than connectedness to adults at home or in the neighbourhood and community (Oberle, Schoner-Reichl, et al., 2014)

WellAhead - Year 1 Theory of Change

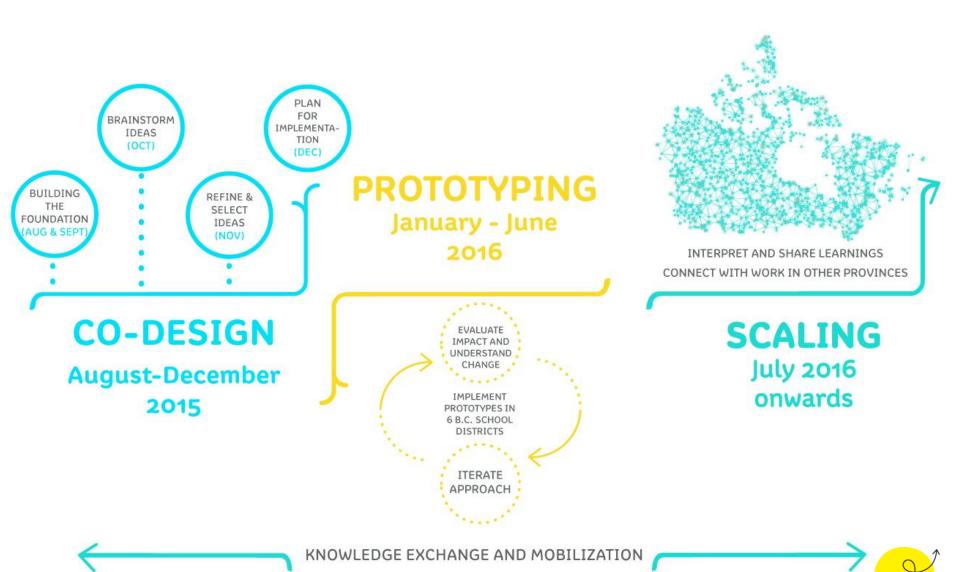


EVERYDAY PRACTICES ARE...

- --> Built on what people are already doing/ able to do
- Can become part of the school's "DNA", as a part of 'how' a school runs (every day, weekly, etc)
- Don't cost a lot of money (scalable)
- --> Both desirable AND long-lasting (sustainable)
- Can be part of actions, structure, routines, interactions or the built environment



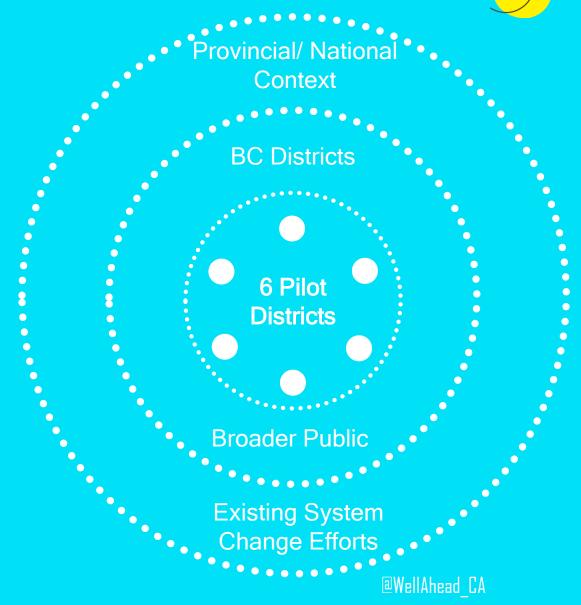
LAB APPROACH YEAR 1



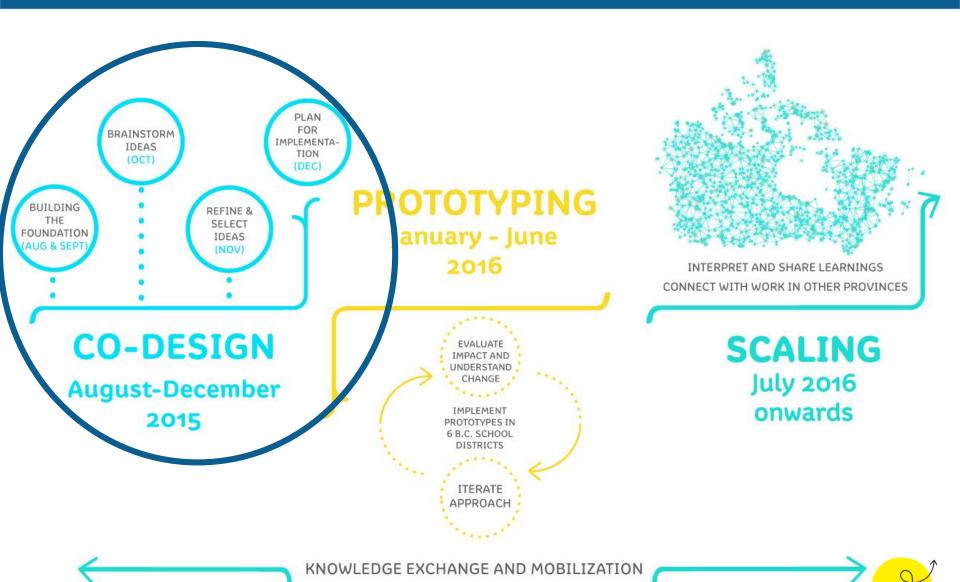
WellAhead context

Pilot Districts:

- -->#43 Coquitlam
- -->#48 Sea to Sky
- -->#61 Victoria
- -->#67 Okanagan Skaha
- -->#70 Alberni
- -->#92 Nisga'a



LAB APPROACH YEAR 1

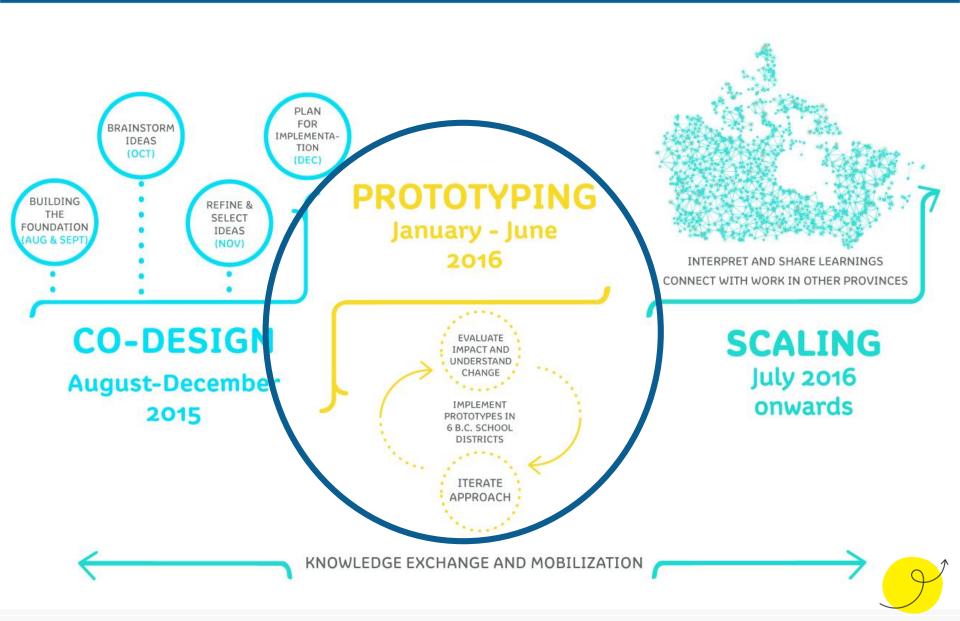


EVERYDAY PRACTICES SELECTED IN BC

- Monday Morning Connection
- Mindful Pause
- -> 2x10: A Solid Foundation
- --> Be in Nature
- --> Circle
- Wellness Wednesdays
- --> Talking Circles



LAB APPROACH YEAR 1



THREE LINES OF INQUIRY

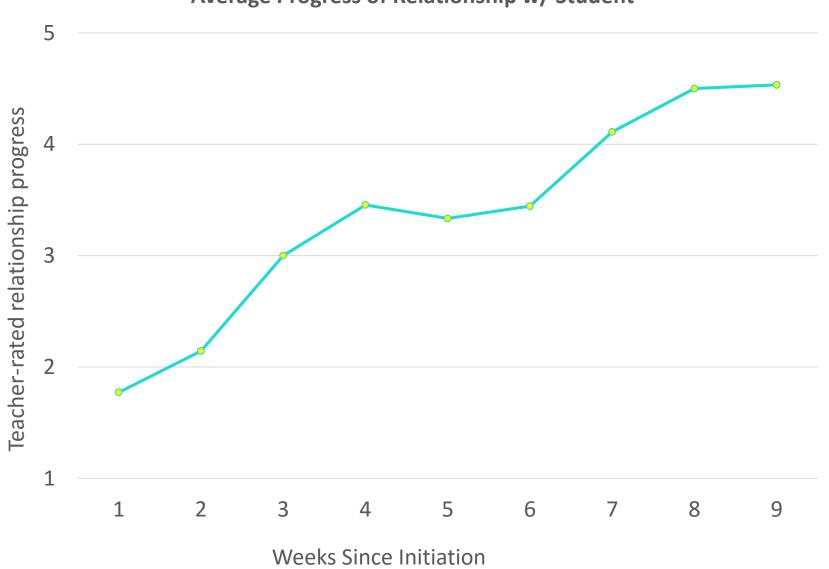
- 1. Prototypes
- 2. System Change
- 3. Design/development



SD61 - Victoria



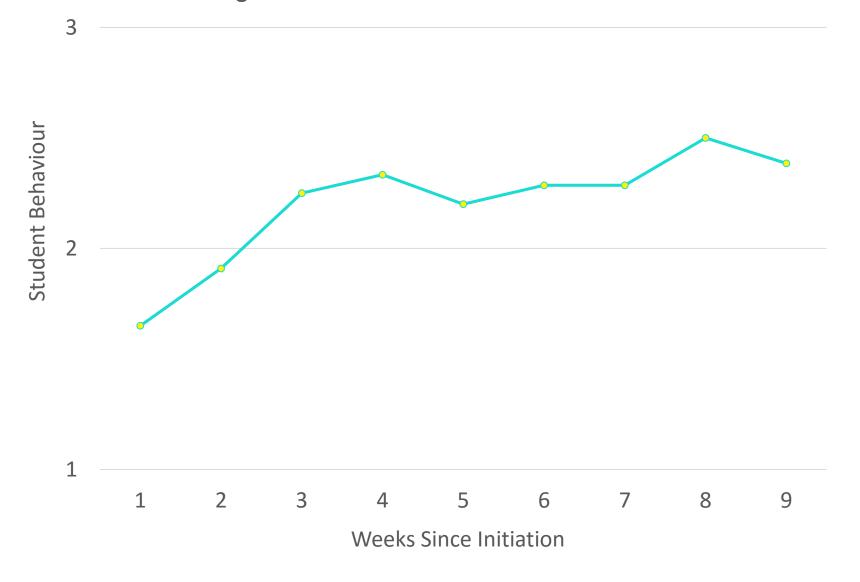




SD61 - Victoria



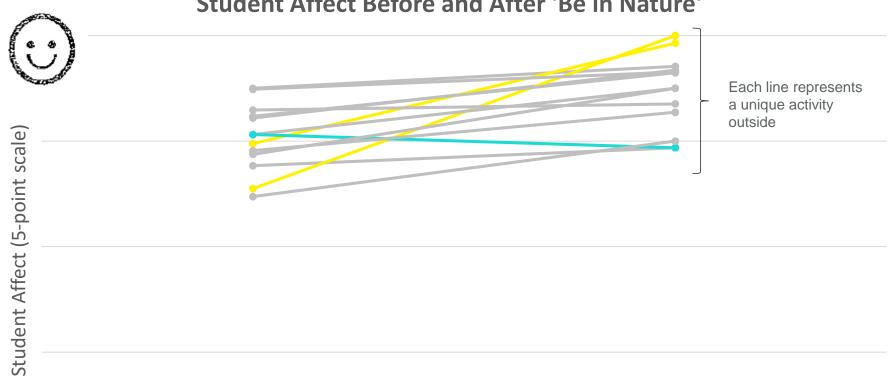
Average Teacher-Rated Student Behaviour in Class



SD70 – Findings from Alberni









Before

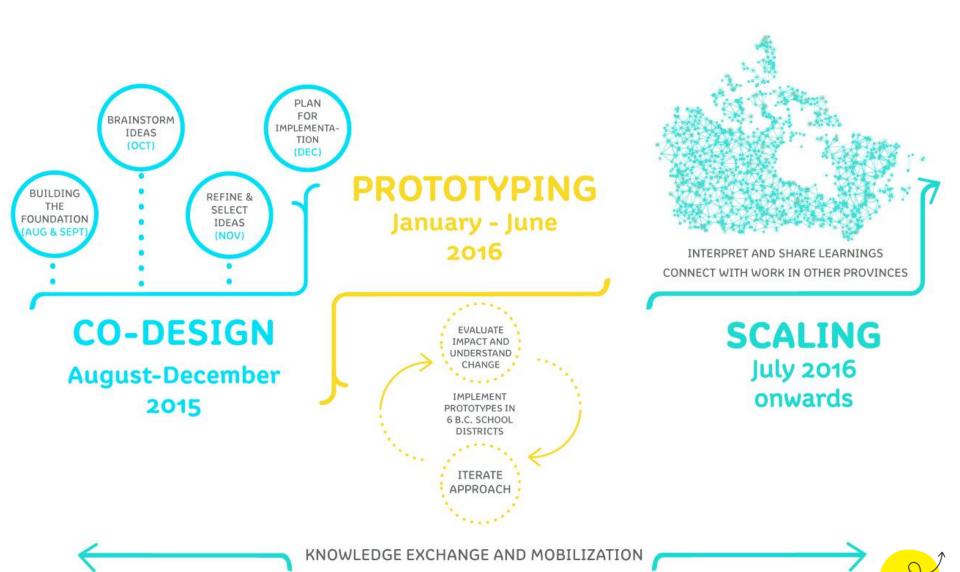
After

Systems Change

- Increased buy-in of the importance of student social and emotional wellbeing (SEWB), particularly amongst participants
- Gave 'permission' within the school setting
- Prioritized focus on SEWB
- Providing space and time for teachers to collaborate and share strategies to improve practices



WHAT WE LEARNED ABOUT THE PROCESS



NEXT STEPS: BC

1) Supporting pilot districts to scale

Scale Up:

"Impacting laws and policy"

Changing institutions at the level of policy, rules and laws

Scale Out:

"Impacting greater numbers"

Replication and dissemination, increasing number of people or communities impacted

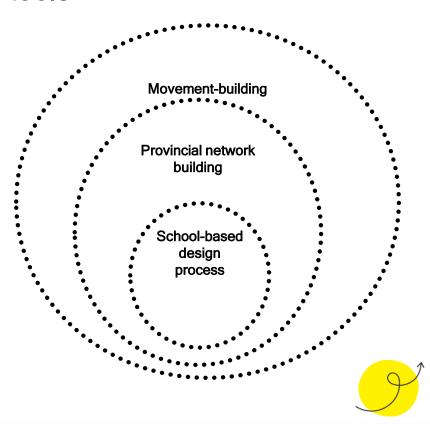
Scale Deep:

"Impacting cultural roots"

Changing relationships, cultural values and beliefs, "hearts and minds"

NEXT STEPS: BC

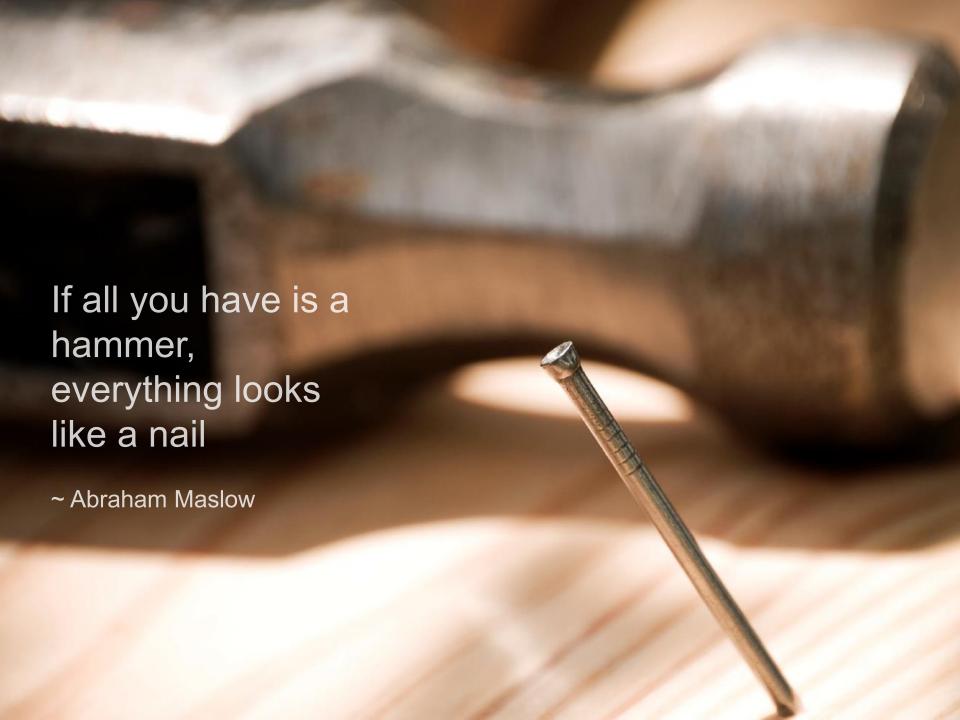
- 2) Supporting existing provincial infrastructure (working with provincial stakeholders and partners)
 - Shared data measurement tools
 - K-12 leaders meeting
 - Coalition
 - Community of practices



NEXT STEPS: NATIONAL

- Prototyping different levers in other provinces/territories
 - Can we try out various opportunities to get at the integration of wellbeing?
 - What can we learn about how change happens in schools?
- A national connector and convener
- Sharing what we're learning





CONCLUSION

- The old ways of working aren't solving the problem
- Create room for experimentation and innovation
- Adapt to your local context
- Bring in the unusual suspects
- Work at multiple levels
- Give permission
- Be intentional

THE J.W. McConnell Family Foundation

La fondation de la famille J.W. McConnell

THANK YOU - MERCI

mcconnellfoundation.ca wellahead.ca

Email: eludman@mcconnellfoundation.ca

@jwmcconnell

@WellAhead_CA