

Final Program

2ND SYMPOSIUM ON
**PROMOTING CHILD &
YOUTH MENTAL HEALTH:**
MOVING EVIDENCE TO ACTION

2^E SYMPOSIUM SUR LA
**PROMOTION DE LA SANTÉ
MENTALE DE L'ENFANT
ET DE LA JEUNESSE :**
DU CONSTAT AUX ACTES

AUGUST 21-23 2017
DU 21 AU 23 AOÛT 2017
HOLLAND COLLEGE | CHARLOTTETOWN, PEI, Î.-P.-É.



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THE Quaich INC.

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Atlantic Summer
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sûres et en santé au
Canada atlantique

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ACKNOWLEDGEMENTS

The ASI Board of Directors wishes to acknowledge the public interest in this Symposium and the amazing amount of work committed by all of the presenters, facilitators and panelists. We especially want to thank our partners and funders. We are optimistic that together we will meet our objectives and improve the mental health of children and youth in Atlantic Canada.

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ASI 2017 Symposium – Program Overview

| Sunday, August 20 | |
|-------------------|--|
| 5:00 – 7:00 | Youth Leadership Program (registered youth delegates only) – CAST building Rm. 229 <ul style="list-style-type: none"> Registration Meet and Greet Youth Program Keynote Speaker Lee Thomas, President, DefineU Mental Health Programming Inc. |
| Monday, August 21 | |
| 9:30 – 4:00 | Youth Leadership Program – (registered youth delegates only) CAST building Rm. 229 |
| 12:00 – 6:15 | GENERAL REGISTRATION Charlottetown Centre, Holland College, 140 Weymouth Street |
| 4:00 – 5:00 | Orientation for Circle Keepers (Facilitators of Learning Circles) |
| 6:30 – 9:00 | OFFICIAL OPENING – Florence Simmons Performance Hall Drummer – Michael R. Denny, Eskasoni First Nation Aboriginal Opening –Elder Judy Clark (Honorary Doctor of Laws, UPEI) Welcome – Malcolm Shookner, President, ASI Board Remarks by Officials <i>Profile of Child and Youth Mental Health in Atlantic Canada</i> – Dr. Brandi L. Bell, Young Lives Research Laboratory, University of Prince Edward Island Atlantic Community Showcase – 2 minute pitches promoting 10 community projects Keynote Address - <i>Think upstream - Are you ready for the promotion revolution?</i> Professor Margaret Barry – Established Chair in Health Promotion and Public Health, National University of Ireland Galway, Head of the WHO Collaborating Centre for Health Promotion Research Reception and Displays - Atlantic Community Showcase Exhibits |

| Tuesday, August 22 | |
|--------------------|--|
| 8:30 – 8:45 | Welcome and Program Overview – Florence Simmons Performance Hall Introduction to Call to Action, Writing Room and Flow of the Symposium Introduction to ‘Energizing Moments’ – Amy Parsons |
| 8:45 – 10:00 | Opening Plenary / Panel – Unpacking Evidence – Florence Simmons Performance Hall <i>What are the types of evidence and their impact on mental health promotion policy and programs?</i> Moderator – Professor Margaret Barry <ol style="list-style-type: none"> 1. Academic Research – Dr. John LeBlanc, IWK/Dalhousie U. 2. Lived Experience – François Pierre Dufault, Radio and Web Reporter, Radio-Canada, Charlottetown, PEI 3. Best/Promising/Wise Practice – Dr. Leena K. Augimeri, Child Development Institute 4. Two-Eyed Seeing – John R. Sylliboy, Member Millbrook First Nation, National Aboriginal Research Engagement Coordinator at IWK Health Centre |
| 10:00 – 10:30 | Mix & Mingle Break – Discussion of Key concepts |
| 10:30 – 10:55 | Plenary : Agreement on key concepts – Florence Simmons Performance Hall |
| 10:55 – 11:00 | Energizing Moments – Amy Parsons – Florence Simmons Performance Hall |
| 11:00 – 11:30 | Mapping our Networks – Health Nexus – Florence Simmons Performance Hall |
| 11:30 – 12:15 | Learning Circle #1 <ul style="list-style-type: none"> • <i>How do the concepts discussed this morning relate to the work you do?</i> • <i>What are your hopes/objectives in attending the Symposium?</i> |
| 12:15 – 1:15 | Lunch – Cafeteria |
| 1:30 – 3:00 | Concurrent Sessions - Exploring the Evidence - Presentations and Conversation 5 Thematic sessions - Each session will include 3 presentations on evidence followed by a moderated discussion of the question – <ul style="list-style-type: none"> • <i>What are the implications for “upstream” policies and programs?</i> Responses to the discussion question will be submitted to the Call to Action |
| 3:15 – 4:00 | Learning Circle #2 <ul style="list-style-type: none"> • <i>What is one key lesson learned today that you can take home?</i> |
| 4:00 – 5:30 | Mixed Media Networking Session - Building a shared agenda, vision – Cafeteria <ul style="list-style-type: none"> • Discussion tables for like-minded groups, e.g., francophone, Aboriginal, Provincial, newcomer, etc. • Use of art, music, writing to create a vision • Ice cream station - cash bar at 5:30 • <i>Author’s Corner (Book Signings)</i> <ul style="list-style-type: none"> ○ <i>The Superstar Curriculum</i> by Ryan Keliher ○ <i>It’s Not About Us</i> by Todd Leader |

| | |
|-----------------------------|--|
| 5:15 – 5:30 | Yoga on the Lawn (weather permitting) |
| 6:30 | Multicultural Dinner for all – Cafeteria |
| Wednesday, August 23 | |
| 8:30 – 8:45 | Announcements – Florence Simmons Performance Hall Overview of today's program and process for Call to Action Energizing Moments – Amy Parsons |
| 8:45 – 10:00 | Panel: Pathways to policy - Moving evidence to action – Florence Simmons Performance Hall Moderator – John McLaughlin, Deputy Minister, New Brunswick Dept. of Education and Early Childhood Development <ul style="list-style-type: none"> Knowledge translation tools and processes – Pascale Mantoura, Research Officer, National Collaborating Centre for Healthy Public Policy (NCCHPP) Public engagement – Dr. Patrick Smith, CEO, CMHA National Scale up projects – Dr. Kate Tilleczek, Canada Research Chair & Scientific Director, Young Lives Research Laboratory, University of Prince Edward Island Intersectoral Partnerships – Todd Leader, Consultant, Leader Development and Author of <i>It's Not About Us</i>. |
| 10:00 – 10:20 | Networking Break |
| 10:30 – 11:45 | Concurrent Sessions: Innovations Promoting Child and Youth Mental Health 30 minute presentation followed by group discussion – <ul style="list-style-type: none"> How does this innovation build upon and develop evidence? What policies exist or are needed to support and expand programs that promote child and youth mental health? |
| 11:50 – 12:35 | Learning Circle #3 – <i>What actions on mental health promotion would you propose for Atlantic Canada (from your experience with evidence)?</i> |
| 12:35 – 1:05 | Lunch |
| 1:10 – 1:15 | Energizing Moments – Amy Parsons – Florence Simmons Performance Hall |
| 1:15 – 2:00 | Plenary – Florence Simmons Performance Hall Innovative Evidence-Based Horizontal Policymaking: The Healthy Child Manitoba Strategy Leanne Boyd - Director - Policy Development, Research and Evaluation, Healthy Child Manitoba Office |
| 2:00 – 2:15 | Presentation: Draft Call to Action from the Writing Room – Florence Simmons Performance Hall |
| 2:15 – 2:45 | Plenary Discussion – Florence Simmons Performance Hall <i>Reflecting on Input from Learning Circles; Response to Call to Action</i> |

| | |
|--------------------|---|
| 2:45 – 3:00 | Networking Break |
| 3:00 – 3:20 | Closing speaker – Florence Simmons Performance Hall Challenges and opportunities in Atlantic Canada! Dr. David Butler-Jones, Senior Medical Officer and Atlantic Region Public Health Specialist, FNIH, Health Canada ; Former Chief Public Health Officer, PHAC |
| 3:20 – 3:30 | Presentation: Final Call to Action from the Writing Room – Florence Simmons Performance Hall |
| 3:30 – 4:00 | Closing – Florence Simmons Performance Hall <ul style="list-style-type: none"> • Youth Program presentation • Children’s Program presentation • Thank you and Evaluation • Closing Circle / Aboriginal Closing – Elder Judy Clark • Departure – Goodbye, friends! |

SUNDAY, AUGUST 20

5:00 – 7:00 **Youth Leadership Program** (registered youth delegates only) – CAST Building, Rm. 229

Registration

Meet and Greet

Motivational Speaker

*Youth Program sponsored
by TD Bank Group*

MONDAY, AUGUST 21

9:30 – 4:00 **Youth Leadership Program** (registered youth delegates only) – CAST Building, Rm. 229

12:00 – 6:15 **GENERAL REGISTRATION** - Charlottetown Centre, Holland College, 140 Weymouth Street

4:00 – 5:00 **Orientation for Circle Keepers** (Facilitators of Learning Circles)

6:30 – 9:00 **OFFICIAL OPENING** – Florence Simmons Performance Hall

Drummer: Michael R. Denny, Eskasoni First Nation

Aboriginal Opening: Elder Judith Clark, Abegweit First Nation, Honorary Doctor of Laws, UPEI

Welcome and Introductions: Malcolm Shookner, MC and President, Atlantic Summer Institute on Healthy and Safe Communities Board of Directors

Opening Remarks:

Greetings the Province of PEI – Hon. Tina Mundy, Minister of Family and Human Services

Greetings from City of Charlottetown – Deputy Mayor Mike Duffy

Greetings from the Canadian Mental Health Association, PEI – Reid Burke

Greetings from TD – Darren Peters

Profile of Child and Youth Mental Health in Atlantic Canada

Dr. Brandi L. Bell – Young Lives Research Laboratory, University of Prince Edward Island

This presentation will provide a brief overview of evidence about child and youth mental health in Atlantic Canada. The review of evidence will highlight what we know and also where continued attention is required. It will provide a context for the work and discussions to take place over the course of the Symposium.

Atlantic Community Showcase Presentations

Ten projects have been selected for the Atlantic Community Showcase. Each presenter will have 2 minutes to promote her/his presentation to participants as part of the Symposium Opening. Symposium participants will mingle and visit each Showcase exhibit during the reception that follows the Opening. Exhibits will remain available for viewing and discussion during the Symposium.

- 1. ACCESS Open Minds New Brunswick/ ACCES Esprits ouverts Nouveau-Brunswick**
Presenters: Lee Thomas, Jacob Roy, Érika Gauvin
- 2. Promoting Mental Health and Well-Being Among High-Risk Girls with Significant Disruptive Behaviours using the Evidence-Based SNAP Program Model**
Presenter: Dr. Jennifer Bernier, Lila Pavey, Halifax, NS
- 3. Supportive Housing and Mental Health**
Presenters: Robert Cahill, Sarah Brown, Choices for Youth, St. John's, NL
- 4. "LET'S TALK" "PARLONS-EN" "MAOI-AGNOTEMATINETJ" Forum Provincial en santé mental 2015 Provincial Mental Health Forum**
Presenter: Albert Cyr, Follow up Committee, NB Provincial Mental Health Forum 2015
- 5. The Young Mothers' Project**
Presenters: Caralee McDaniel, Coordinator, In-home Family Support Program, Dartmouth Family Centre
- 6. Minding the Gap: Self Organization & Advocacy of Peoples in the Trans Community**
Presenter: Derek Biso, Windsor, Ontario (formerly of PEI)
- 7. JCSH Resources Support Child and Youth Mental Health**
Presenter: Katherine Eberl Kelly, Pan-Canadian Joint Consortium on School Health
- 8. THRIVE St. F. X using Transitions**
Presenters: Cat McIntyre, Tarun Porter, Dr. Chris Gilham, Antigonish, NS
- 9. Exploring Perspectives Towards Establishing a Creative Arts Therapies Practitioner Association**
Presenter: Alicia Arsenault, Charlottetown, PEI

10. Imagine NB: Empowering Young Leaders

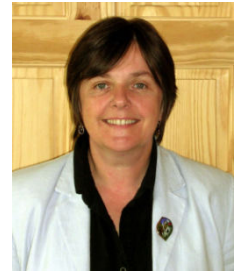
Presenter: Arianne Melara Orellana, New Brunswick Multicultural Council

Keynote Address

Keynote Introduction: Doug Crossman, ASI Board Member

Think upstream - Are you ready for the promotion revolution?

Professor Margaret Barry, Ph.D., Established Chair in Health Promotion and Public Health, National University of Ireland Galway, Head of the WHO Collaborating Centre for Health Promotion Research



This presentation will raise awareness of innovative approaches to promoting child and youth mental health, and emphasize that moving to action on supportive evidence will require a shift thinking and a shared vision. “Are we ready for the challenge?”

Question and Answer Period

Reception and Atlantic Community Showcase Displays – Florence Simmons Performance Hall foyer

Music by Justin Simard

Music sponsored by the City of Charlottetown

TUESDAY, AUGUST 22

8:30 – 8:45 **Welcome and Program Overview** – Florence Simmons Performance Hall

Introduction to Call to Action, Writing Room and Flow of the Symposium

Introduction to ‘Energizing Moments’ – Amy Parsons

8:45 – 10:00 **Opening Plenary / Panel** – Florence Simmons Performance Hall

***Unpacking Evidence:** What are the types of evidence and their impact on mental health promotion policy and programs?*

Moderator: Professor Margaret Barry

1. Academic Research – Dr. John LeBlanc, IWK/Dalhousie University
2. Stories of Lived Experience: Role of the Media– François Pierre Dufault, Radio and Web Reporter, Radio-Canada, Charlottetown, PEI
3. Best/Promising/Wise Practice – Dr. Leena K. Augimeri, Child Development Institute
4. Two-Eyed Seeing – John R. Sylliboy, Member Millbrook First Nation, National Aboriginal Research Engagement Coordinator at IWK Health Centre

10:00 – 10:30 **Mix & Mingle Break** – Discussion of Key concepts

10:30 – 10:55 **Plenary Session** – Florence Simmons Performance Hall
Agreement on key concepts

10:55 – 11:00 **Energizing Moments** – Amy Parsons – Florence Simmons Performance Hall

11:00 – 11:30 **Mapping our Networks** – Florence Simmons Performance Hall

*Supported by
Medavie Health Foundation*

Leveraging networks to take action in addressing the complexity of child, youth and family health

Maureen McDonald – M.Ed, Manager, MHealth Nexus Health Promotion Team



Using the network mapping results of Symposium participants, we'll share current levels of network connections as visual maps to begin to develop strategies to leverage existing network connections, strengthen partnerships and uncover potential new sectors and connectors in the community to build and take action in addressing the complexity and intersectional determinants of child, youth, family and community health.

11:30 – 12:15 **Learning Circle #1** – assigned locations

- How do the concepts discussed this morning relate to the work you do?
- What are your hopes/objectives in attending the Symposium?

12:15 – 1:15 **Lunch** - Cafeteria, Charlottetown Centre

1:30 – 3:00 **Concurrent Sessions** – Locations to be assigned on arrival

Exploring the Evidence - Presentations and Conversation

Five concurrent workshops will be offered in thematic areas to engage discussion on the growing body of evidence about the importance of promoting mental health for children and youth. Each session will feature three presenters, who will present their findings and implications for policy and/or practice. The presentations will be followed by general discussion on the question: *What are the implications for “upstream” policies and programs?*

Responses to the discussion questions will be submitted to the Writing Room and contribute to the Call to Action that will conclude the program of ASI 2017.

1. Evidence based resources

- Measuring Positive Mental Health in Canada for Youth (12-17 yrs) – the Positive Mental Health Surveillance Indicator Framework* – Andrea Simpson
- Promoting Healthy Relationships in the School Setting: The newly-revised JCSH Positive Mental Health Toolkit* – Katherine Eberl Kelly, Susan Hornby
- PiT Count Toolkit - Youth Leadership* – Jane Henderson, Colton Purchase

2. Expanding Access to Youth Based Services and Programs

- Youth Journeys in Mental Health in Atlantic Canada* - Dr. Kate Tilleczeck, Dr.Brandi Bell
- ACCESS Open Minds New Brunswick/ ACCES Esprits ouverts Nouveau-Brunswick* – Candice Pollack, Isabelle Godin, Joanna Martin, Adam Dickson

- c. *Claymation Art Therapy in Early Phase Psychosis: a Pilot Study to explore feasibility, benefits and participants' perceptions* – Dr. Jean Hughes, Dr. Zenovia Ursuliak

3. Exploring the Context for Substance Use and Youth Mental Health

- a. *Addressing Substance Use on Canadian Campuses* - Anna McKiernan, Katie Fleming
- b. *Setting the PEI context for action on child and youth mental health: Changing patterns of substance use* - Dr. Jo-Ann MacDonald
- c. *Legalization and Regulation of Cannabis* - Dr. David Sabapathy

4. Parent, Caregiver and Mentor Engagement

- a. *Assessment and Promotion of Teacher-specific Mental Health Literacy regarding Children of Parents with Mental Health Issues* - Stefanie Harsch
- b. *Triple P – A Population Health Approach to Parenting with Significant Mental Health Impacts* - Dr. Wendy Verhoek-Oftedahl and Laura Quinn Graham
- c. *Handle with Care...promoting the mental health of children...every day!* - Sonya Hooper

5. Impact of Environments on Mental Health

- a. *Exploring Perceptions and Identifying Solutions: A Policy Toolkit to Support Unstructured Child-led Play* – Christine Pentland
- b. *The intergenerational effects of Indian Residential Schools: Psychological distress among Indigenous youth based on age of onset of symptoms* – Alex Thomas
- c. *Overcoming Barriers to Employment for Immigrant Youth* – Abby David

3:15 – 4:00

Learning Circle #2 – assigned locations

- What is one key lesson learned today that you can take home?

4:00 – 5:30

Mixed Media Networking Session – Cafeteria, Charlottetown Centre

Building a shared agenda, vision

- Discussion tables for like-minded groups, e.g., francophone, Aboriginal, Provincial, newcomer, etc.
- Use of art, music, writing to create a vision
- Ice cream station, cash bar at 5:30
- Author's Corner (Book Signings)
 - *The Superstar Curriculum: A Teenager's Guide to Success in School and Life* by Ryan Keliher
 - *It's Not About Us: The Secret to Transforming the Mental Health and Addictions System in Canada* by Todd Leader

5:15 – 5:30

Yoga on the Lawn (weather permitting)

6:30

Multicultural Dinner for all – Cafeteria, Charlottetown Centre

Tickets for guests of ASI delegates are available at the registration desk for \$20 each.

WEDNESDAY, AUGUST 23

8:30 – 8:45 **Announcements** – Florence Simmons Performance Hall
Overview of today's program and process for Call to Action

Energizing Moments – Amy Parsons

8:45 – 10:00 **Panel** – Florence Simmons Performance Hall

Pathways to policy: Moving evidence to action

Moderator: John McLaughlin, Deputy Minister, New Brunswick Dept. of Education and Early Childhood Development

Panelists:

- Knowledge translation tools and processes – Pascale Mantoura, Research Officer, National Collaborating Centre for Healthy Public Policy (NCCHPP)
- Public Engagement- Dr. Patrick Smith, CEO, Canadian Mental Health Association National
- Scale up projects –Dr. Kate Tilleczeck, Canada Research Chair & Scientific Director, Young Lives Research Laboratory, University of Prince Edward Island
- Intersectoral Partnerships – Todd Leader, Consultant, Leader Development and Author of *It's Not About Us*.

10:00 –10:20 **Break**

10:30 – 11:45 **Concurrent sessions** – Locations to be assigned on arrival

Innovations Promoting Child and Youth Mental Health

In these sessions, a number of initiatives that are now being scaled up to improve child and youth mental health in Atlantic Canada will be profiled. Each session will feature a 30-minute presentation followed by discussion of key questions with participants:

- *How does this innovation build upon and develop evidence?*
- *What policies exist or are needed to support and expand programs that promote child and youth mental health?*

Highlights of these discussions will be submitted to the Writing Room and will contribute to the Call to Action that will conclude the program of ASI 2017.

1. Taking SNAP (Stop Now And Plan) an evidence-based program to scale: Creating social impact

Dr. Leena Augimeri, Director, SNAP® Scientific & Program Development, Child Development Institute; co-presenters Nicola Slater and Marg Walsh

2. Scaling up Social Emotional Learning Curriculum in New Brunswick First Nations Communities

Co-presenters: Terri-Anne Larry, Teacher, Eel Ground First Nation School; Lorinda Ward, Metepenagiag First Nation; and Aleida Fox Kingsclear First Nation

3. Together We Can!! - The Contribution of Pro-Social Role-Modeling and Peer Mentoring to the Development of Positive Social Skills in Young Females: a Longitudinal Study of Early Intervention Strategies

Stephanie Ruckstuhl, Researcher/ NBCC Instructor, New Brunswick Community College;
Co-presenters Dr. Chris Gilham, Dr. Kara Thompson

4. #MyDefinition: What We Learn When We Listen To Youth

Lee Thomas, President, DefineU Mental Health Programming Inc.

5. Moving Evidence to Action: The Role of Inter-organizational Mentoring Relationships for Strengthening Community Based Child and Youth Mental Health Programs

Crystal Watson, PHD Student, Dalhousie University/ Children and Youth in Challenging Contexts (CYCC) Network and Institute

11:50 – 12:35 **Learning Circle #3** – assigned locations

- What actions on mental health promotion would you propose for Atlantic Canada (from your experience with evidence)?

12:35 – 1:05 **Lunch** – Cafeteria, Charlottetown Centre

1:10 – 1:15 **Energizing Moments** – Amy Parsons

1:15 – 2:00 **Plenary** – Florence Simmons Performance Hall

Innovative Evidence-Based Horizontal Policymaking: The Healthy Child Manitoba Strategy

Leanne Boyd – Director, Policy Development, Research and Evaluation, Healthy Child Manitoba

Healthy Child Manitoba – Manitoba's horizontal, whole-of-government approach to child-centred public policy – is an innovation with more than twenty years of developing scientific evidence and implementing evidence-based policies to improve the mental health and wellbeing of all children and youth. This session will identify necessary structures and mechanisms to successfully move evidence to action through partnerships across communities, academia and governments.



2:00 – 2:15 **Presentation** – Florence Simmons Performance Hall

Draft Call to Action from the Writing Room

2:15 – 2:45 **Plenary Discussion** – Florence Simmons Performance Hall

Reflecting on Input from Learning Circles; Response to Call to Action

2:45 – 3:00 **Networking Break**

- 3:00 – 3:20 **Closing speaker** – Florence Simmons Performance Hall
 Challenges and opportunities in Atlantic Canada!
 Dr. David Butler-Jones, Senior Medical Officer and Atlantic Region
 Public Health Specialist, FNIH, Health Canada; Former Chief Public
 Health Officer, PHAC
- 3:20 – 3:30 **Presentation** – Florence Simmons Performance Hall
 Final Call to Action from the Writing Room
- 3:30 – 4:00 **Closing** – Florence Simmons Performance Hall
 Youth Program presentation
 Children’s Program presentation
 Thank you and Evaluation
 Closing Circle / Aboriginal Closing: Elder Judy Clark
 Departure – Goodbye, friends!



For a full list of speaker bios and abstracts, visit:

www.asi-iea.ca/en/program-2017



Proud to support the Youth Leadership Program.

We are working together with Atlantic Summer
Institute to make a difference in our communities.



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1 in 5

Canadians will experience a mental health problem or illness in any given year.



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What is the Atlantic Summer Institute on Healthy & Safe Communities?

The Atlantic Summer Institute (ASI) is a bilingual, not-for-profit organization established in 2003, and incorporated in Prince Edward Island in 2008 with a mission to serve as a catalyst for social change, ultimately resulting in more inclusive and sustainable Atlantic Canadian communities. ASI is managed by a board of directors with representatives from the four Atlantic provinces.

How are we a catalyst?

Annually, ASI hosts events which bring together innovators and those organizations which strive for social change through public policy and community action. These events include full-scale learning institutes, symposiums, and regional workshops. The focus of these events is based on priority areas identified by our participants. Past priority areas have included: diversity and inclusion; gender and community leadership; democracy and social justice; and literacy.



We believe that public policy and programs can benefit from the application of three sources of evidence: **research, best practices and lived experience**. ASI brings innovative practitioners of these sources together with those who affect public policy and programs in a dynamic and accessible learning environment. All ASI programming reflects the diverse perspectives of communities and individuals who are engaged in strengthening Atlantic communities.

ASI is committed to mentoring the next generation of Atlantic Canadian change leaders. Each full-scale, bilingual, learning event includes a Youth Leadership Program component that focuses on skill development in the areas of social justice and community engagement. We also work closely with youth in the development of our learning events.

In conjunction with many of our learning events, a parallel Children's Program is included, which reduces barriers to participation for adult ASI attendees. It also provides our youngest change leaders with opportunities to learn, be creative, and engage with each other in a fun program designed to reflect the theme of the adult program.



What is our current priority area?

In 2014 we heard from our networks that there was a great need to address the way public policy and programs support child and youth mental health. We are now in the final year of our 3-year commitment to programming that encourages the promotion of positive mental health for children and youth and access to help when needed.

Drawing on the Circle of Health – a collaborative teaching tool that includes the Ottawa Charter on Health Promotion, the social determinants of health and the Aboriginal Medicine Wheel – we bring practitioners, innovators, public servants, academics and community leaders together to learn and support each other to create a more sustainable and inclusive Atlantic Canada.

Why is our work important?

The Atlantic Summer Institute is the only bilingual learning institute in Atlantic Canada that acts as an incubator for community groups, educators, health practitioners and researchers, government representatives, parents/caregivers, and youth to collaborate on regional issues. We encourage intergenerational mentorship within our programs, and are committed to creating a culture of exchange and support between established and emerging community leaders.

Visit www.asi-iea.ca for more information.



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