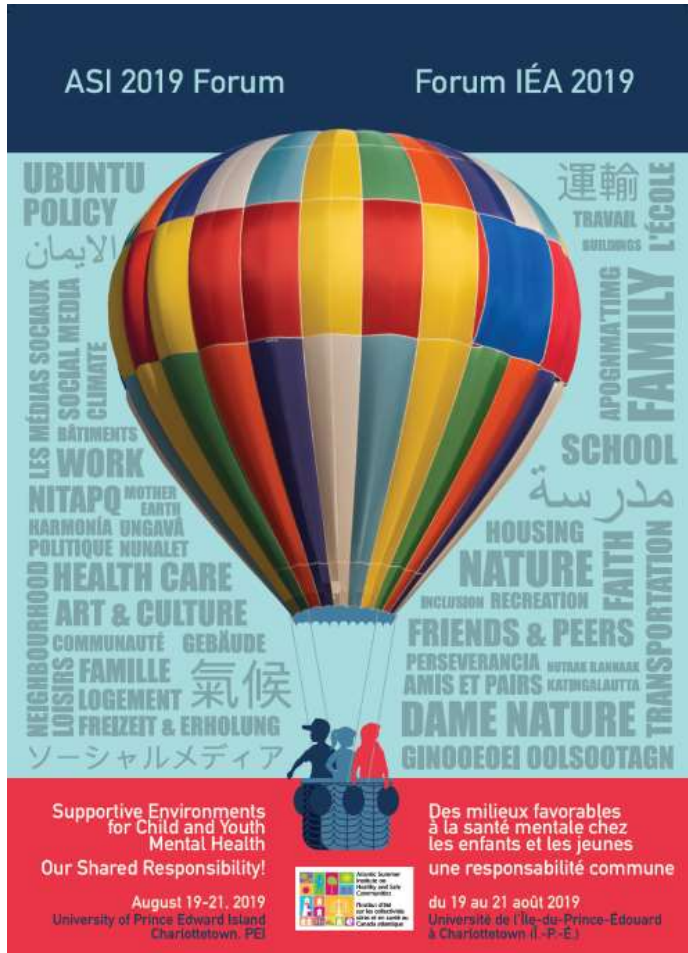


# ASI 2019 Forum

## Supportive Environments for Child and Youth Mental Health: Our Shared Responsibility!

Hosted by the Atlantic Summer Institute on Healthy and Safe Communities

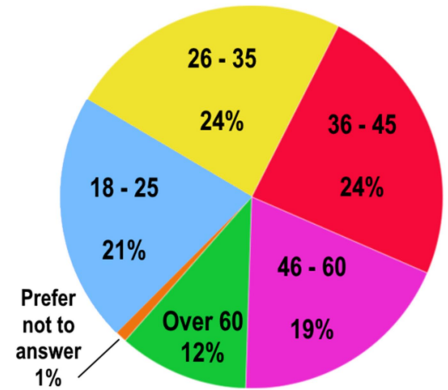


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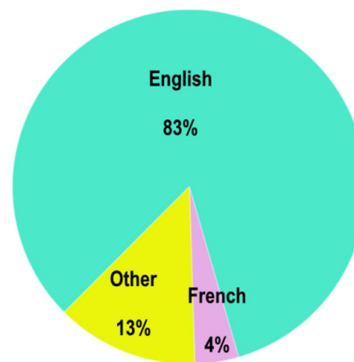
## Participants

+ 31 kids in the Children's Program

Age Range

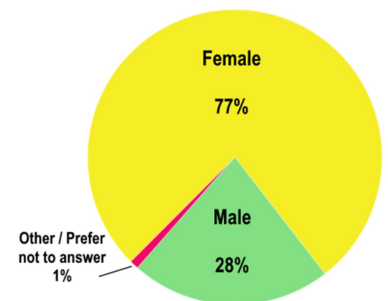


First Language

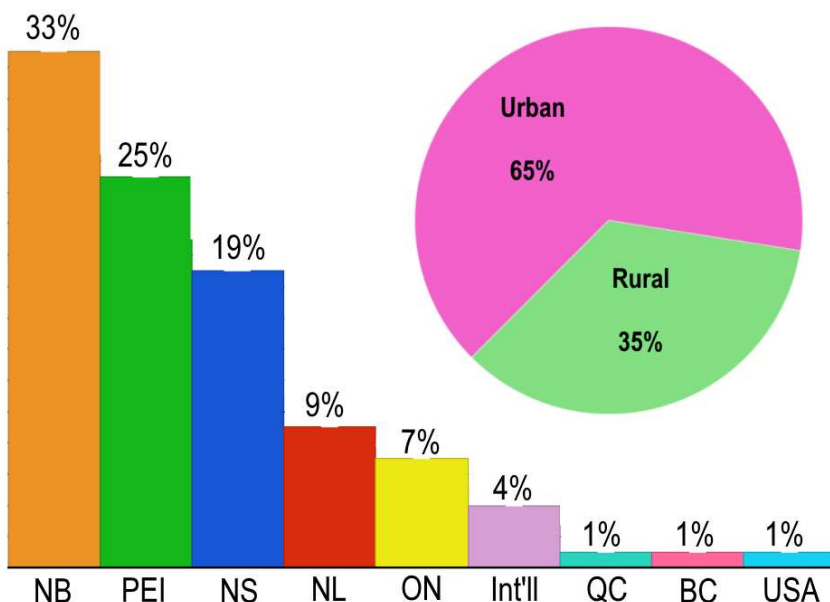


Other languages: Mi'kmaq (4); Arabic (3); Chinese (3); Spanish (3); Filipino (1); Haitian Creole (1); Vietnamese (1)

Gender



Place of Residence of Participants



**The Atlantic Summer Institute on Healthy and Safe Communities is a not-for-profit organization that brings together innovators and organizations which strive for social change through public policy and community action, with a goal of creating more inclusive and sustainable Atlantic Canadian Communities.**

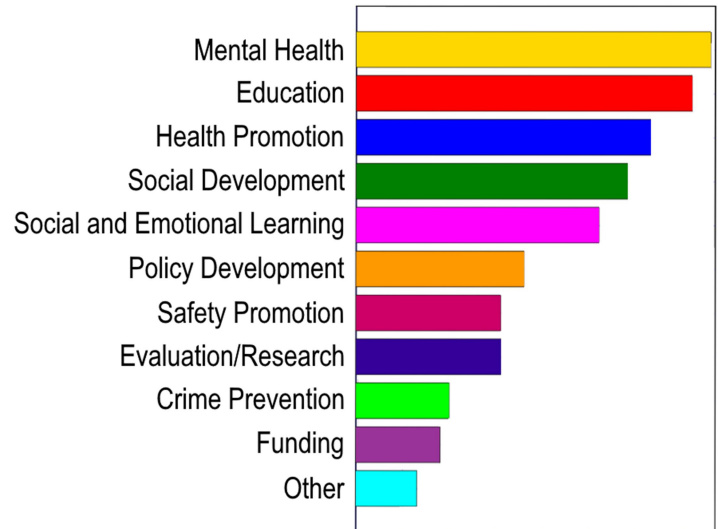
## Organization Types



(participants could choose multiple)



## Occupational Focus Areas of Participants



The 2019 Forum was the fifth in a series that focused on collective impact for child & youth mental health promotion in Atlantic Canada.

## Evaluation Results Showed...

- 100%** of respondents felt that the ASI Forum expanded collective understanding of mental health promotion (strongly agree: 45%, agree: 45%, somewhat agree (10%).
- 99%** of respondents felt that the ASI Forum was successful in advancing momentum for supportive environments for child and youth mental health (strongly agree: 52%, agree: 35%, somewhat agree: 12%).
- 96%** of respondents felt that their understanding of the relationship between policies that promote mental health and those that promote community viability and sustainability was enhanced (yes: 68%, somewhat: 28%).
- 100%** of respondents developed new knowledge and skills that can be applied to their work in their organization and community (yes: 79%, somewhat: 21%).
- 97%** of respondents developed networks for future collaboration (yes: 89%, somewhat: 8%).
- 100%** of respondents would recommend ASI events to others (strongly agree: 60%, agree: 27%, somewhat agree (13%).

## PARTICIPANTS SAID...

"ASI was highly beneficial to me; it gave me unparalleled opportunity to learn from experts in the field of mental health and wellness."

"Youth played a large and important role in the forum. I'm happy to see they were not only involved but valued and listened too."

"It was an amazing forum that gave me an opportunity to learn from various people of different backgrounds."

"I was very thankful to attend the forum and feel ASI makes a large impact."

"The youth - particularly the indigenous youth - were incredibly powerful and inspiring."

"A very educational, interactive, knowledgeable forum."

"Thank you for the topics that promoted inspiration and reflection!"

"It was great to see so many youth with such brilliant minds and hearts."

"Best conference I have attended in the last 20 years."

"I felt a real sense of common cause and purpose amongst attendees."

"It was excellent! I am so grateful for this forum year after year! I loved the inclusion of Indigenous culture and teachings!"

"[Youth participation is] so valuable and important. I LOVED the youth panel. Opportunity to actually listen to youth voices."

"ASI is responding powerfully to this gap [a lack of focus on 'community'], bringing together academics, practitioners, policy makers, children, youth and various other interested members of our communities to find effective pathways back to the village, where we re-envision not just professional services mandated with a focus on specific child and youth issues, but entire communities to attend to the whole child within a complex and dynamic context. The value I find in this community is consistently immeasurable!"

"I highly recommend the Atlantic Summer Institute Youth Leadership Program to anyone who is able to attend; the knowledge you gain, the connections you make and the opportunities given to you through this program are beyond anything I've ever experienced."