

August 20, 2019

Interactive Opening

Social determinants of health, environments and mental health

This presentation will discuss the utility of an analytical framework focused on the social determinants of health to create environments that promote good mental health in which youth can thrive, be successful and engaged.

The characteristics of the physical, socio-cultural, economic and political environments present in settings of daily life (family, municipalities, school, work, etc.) are determinants of health on which we must act if we want to promote mental health. From real-life situations and interactions, participants will be invited to consider actions and resources to be put in place in youths' settings to promote their mental health.

Marie-Claude Roberge

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Marie Claude Roberge has a master degree in sociology of health and has more than 25 years' experience in the field of health promotion. She has been a scientific advisor at the Institut national de santé publique du Québec (INSPQ) since 2004. She first worked on the team in charge of designing and deploying the Healthy Schools approach in Quebec. Since 2012, she has been responsible for mental health promotion and suicide prevention. The work done at the INSPQ is aimed at supporting the Ministry of Health as well as public health stakeholders and their partners in order to improve knowledge and optimize practices, particularly by producing knowledge syntheses and conducting knowledge transfer activities.

