



PATHS® (Promoting Alternative Thinking Strategies)

ASI CONFERENCE 2017
PEI

PATHS® (Promoting Alternative Thinking Strategies)

- First Nations Schools (FNEI)
- Natoaganeg
- Metepenagiag
- Wulastukw
- Chief Harold Sappier



Trainer - Anna-Lisa MacKey



Champions

Terri-Anne Larry – Natoaganeg School
Lorinda Ward – Metepenagiag School
Aleida Fox – Wulastukw School



On-going Collaboration

- Training from facilitator, PATHS
- Relationship Building & Competence
- On-going teacher training
- Coaching & Mentorship
- Train-the-trainer model



The Need for PATHS[®] in our Schools

Aggression and Conflicts with Peers and Adults

Inability for students to problem solve and calm themselves

Low self-esteem, low attendance, lack of engagement

Difficulty concentrating, learning, retaining information

PATHS [®] (Promoting Alternative Thinking Strategies)

▶ What are the qualities of a successful person in your community?

"Someone that **works hard** to make **positive change** in the community. A person who is a **team player** and represents everyone. Someone that is **resourceful, dedicated** and **passionate**."

"They have a good sense of **identity** and **vision**. They are actively involved in the **betterment** of the community and display good leadership skills. They are **truthful** to themselves and the people around them. They **inspire** themselves and others to do better."

"A person who takes **pride** in our community, shows **leadership, respect** for other community members and personal growth. Not only themselves but the community as a whole! A person who honors living the **seven traditional teachings** of wisdom, love, respect, bravery, honesty, humility and truth and shows examples of these teachings in their everyday life."

"One who works hard at any role that they do and being good at it. The community appreciates a **hard working** individual and recognizes their efforts and **determination**."

PATHS [®] (Promoting Alternative Thinking Strategies)

▶ **Social & Emotional Skills are similar to Emotional Intelligence**

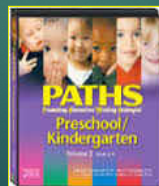
▶ Skills include:

- ▶ Handling emotions
- ▶ Behaving Responsibly
- ▶ Making Good Decisions
- ▶ Developing Caring, Positive Relationship (Ex: Friendship skills, sharing)
- ▶ Promotes Cooperative, teamwork skills
- ▶ Problem-solving, learning to be Effective Communicators

▶ How one feels can affect how well they learn, pay attention, or retain information

▶ All of these skills are needed for Academic Success

▶ PATHS teaches all of these skills



Social & Emotional Learning Core Competencies:



PATHS [®] (Promoting Alternative Thinking Strategies)



Wulastukw Elementary School

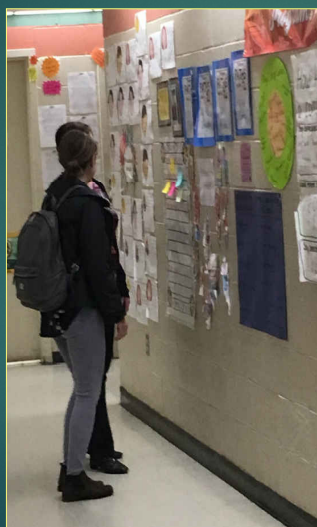
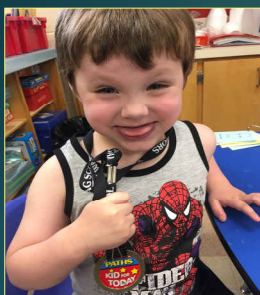


Metepenagiag First Nation School

- At first, teachers were apprehensive, but lessons were easy to follow.
- Lessons are easy to adapt to cultural, art, math and literacy lessons.
- Support to create a safe place
- Strategies can be used for generalized learning across environments.



Metepenagiag First Nation School



Natoaganeg First Nation School

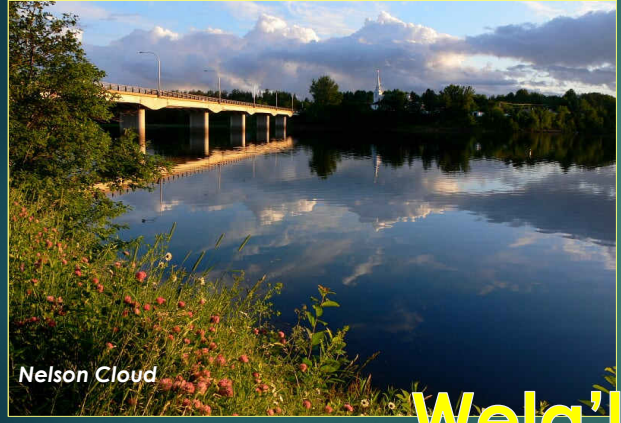
- Stories from Teachers and Students
- We all benefit from the strategies and social and emotional skills.



Natoaganeg School



PATHS [®] (Promoting Alternative Thinking Strategies)



Nelson Cloud



Annie Mae Morrison

Wela'lioq

<http://www.channing-bete.com/prevention-programs/prevention-programs.html>