

# Final Program



## ASI 2018 Forum / Forum IÉA 2018

**Let's Act Together!**  
Developing a whole society approach to  
promoting child and youth mental health



**Travaillons ensemble** à l'élaboration  
d'une démarche pansociale qui  
assurera la promotion de la santé  
mentale de l'enfant et de la jeunesse



August 20-22, 2018 – Charlottetown, PEI  
Du 20 au 22 août 2018, à Charlottetown (Î.-P.-É.)

**[www.asi-iea.ca](http://www.asi-iea.ca)**

#ASIPÉI2018



## ACKNOWLEDGEMENTS

**The ASI Board of Directors wishes to acknowledge the public interest in this Symposium and the amazing amount of work committed by all of the presenters, facilitators and panelists. We especially want to thank our partners and funders. We are optimistic that together we will meet our objectives and improve the mental health of children and youth in Atlantic Canada.**

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## ASI 2018 Forum – Program Overview

University of Prince Edward Island  
School of Sustainable Design Engineering  
Charlottetown, PEI, Canada

### Sunday, August 19

5:00 – 7:00	<b>Youth Leadership Program</b> (registered youth delegates only) - School of Sustainable Design Engineering, University of PEI <ul style="list-style-type: none"> <li>• Registration</li> <li>• Meet and Greet</li> <li>• Youth Program Keynote Speaker</li> </ul>
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### Monday, August 20

9:30 – 4:00	<b>Youth Leadership Program</b> – (registered youth delegates only)
12:00 – 6:15	<b>GENERAL REGISTRATION</b> - School of Sustainable Design Engineering, University of PEI
6:30 – 9:00	<b>OFFICIAL OPENING</b> - Rm 128 A/B, UPEI School of Sustainable Design Engineering Drummer/Singer Aboriginal Opening Welcome Remarks by Officials <b>Atlantic Community Showcase</b> – 2 minute pitches promoting community projects <b>Keynote Address –</b> <i>Creating a Mentally Healthy Society: A Challenge to our Whole Way of Life</i> Dr. Trevor Hancock, Professor and Senior Scholar (retired), School of Public Health and Social Policy, University of Victoria; Senior Editor, Canadian Journal of Public Health Reception and Displays - Atlantic Community Showcase Exhibits

## Tuesday, August 21

8:30 – 8:45	<b>Welcome and Program Overview</b> - Rm 128 A/B, UPEI School of Sustainable Design Engineering <ul style="list-style-type: none"> <li>• Introduction the Call to Action, Flow of the Forum</li> <li>• Introduction to <i>Energizing Moments</i>: Making the mind-body connection for positive mental health!</li> </ul>
8:45 – 9:15	<b>Artistic Opening Plenary</b> - Rm 128 A/B <i>What is a Whole Society Approach to Promoting the Mental Health of Children and Youth?</i> (Led by Youth Leadership Program delegates)
9:15 – 10:30	<b>Opening Panel</b> - Rm 128 A/B <i>Convergence of current frameworks – addressing mental health as a whole society!</i>
10:30 – 10:55	<b>‘Mix &amp; Mingle’ Break</b> <ul style="list-style-type: none"> <li>• Visit Community Showcase exhibits</li> </ul>
10:55 – 12:00	<b>Roundtable Discussions and Energizing Moments</b> - Rm 128 A/B
12:15 – 1:15	<b>Lunch</b>
1:30 – 3:00	<b>Concurrent Sessions</b> <i>Updating the Evidence - Presentations and Conversation</i> <ol style="list-style-type: none"> <li>1) Girls and Young Women – Rm 205 SDE</li> <li>2) Working Together: Education and Community – Rm 202 SDE</li> <li>3) Youth Engagement in Promoting Mental Health – Rm 106 HS</li> <li>4) Fostering Social and Emotional skills of parents and caregivers – Rm 104 HS</li> <li>5) Equity and the Early Years – Rm 105 HS</li> </ol>
3:00 – 3:30	<b>Ice Cream Break</b> <ul style="list-style-type: none"> <li>• COWs Ice Cream</li> <li>• Community Showcase, Exhibits</li> </ul>
3:30 – 5:00	<b>Concurrent Workshops</b> <i>Developing skills to foster mentally healthy communities</i> <ol style="list-style-type: none"> <li>1) Roadmap for Social and Emotional Learning (SEL) Implementation – Rm 104 HS</li> <li>2) Local Connections: Sustainable Development Goals and Youth Engagement at Home – Rm 105 HS</li> <li>3) Cyber Wellness – Rm 202 SDE</li> <li>4) Using evidence-based mental health information in peer-developed board games to foster youth mental health literacy: TeenMentalHealth.org’s <i>Know Before You Go</i> and <i>Transitions</i> – Rm 205 SDE</li> <li>5) Youth Voices, Youth Hope: Taking action for better outcomes for children, youth and their families (A film and discussion) – Rm 106 HS</li> </ol>

5:15 – 5:45	<b>Yoga on the Lawn</b> (weather permitting)
6:30	<b>Multicultural Dinner</b> – PEI Farm Centre, 420 University Avenue

<b>Wednesday, August 22</b>	
8:30 – 8:45	<b>Welcome</b> - Rm 128 A/B, UPEI School of Sustainable Design Engineering Setting the Stage for Our Final Day Energizing Moments
8:45 – 10:00	<b>Panel Discussion</b> - Rm 128 A/B <i>Intersectoral Action – Stories from Atlantic Canada</i>
10:00 – 10:20	<b>Creativity Break</b> <ul style="list-style-type: none"> <li>• Creating a Mural – vision for the future</li> </ul>
10:30 – 11:45	<b>Roundtable discussions: <i>Intersectoral Action for a Whole Society Approach</i></b> - Rm 128 A/B
11:45 – 12:00	<b>Break and set-up for luncheon</b>
12:00– 2:00	<b>Luncheon</b> - Rm 128 A/B <i>The Power of Us- Harnessing collective wisdom to create viable, sustainable and mentally healthy communities</i> <ul style="list-style-type: none"> <li>• Lunch</li> <li>• Community Panel</li> <li>• Roundtable discussions</li> </ul>
2:00 – 2:15	<b>Wellness Break and Energizing Moment</b>
2:15 – 2:45	<b>Plenary Discussion</b> - Rm 128 A/B <ul style="list-style-type: none"> <li>• Reflecting on input from luncheon discussion tables</li> <li>• Next steps for action – developing a whole society approach and strengthening the 2017 Call to Action</li> </ul>
3:00 – 3:30	<b>Closing Panel</b> - Rm 128 A/B <i>Momentum for working together in Atlantic Canada and beyond!</i>
3:30 – 4:00	<b>Closing</b> – Rm 128 A/B <ul style="list-style-type: none"> <li>• Messages from the Youth Leadership Program delegates</li> <li>• Children’s Program presentation</li> <li>• Thank you and Evaluation</li> <li>• Closing Circle / Aboriginal Closing</li> <li>• Departure – Goodbye, friends!</li> </ul>

# Sunday, August 19

5:00 – 7:00     **Youth Leadership Program** (registered youth delegates only) - School of Sustainable Design Engineering, University of PEI

Registration

*Youth Program sponsored*

Meet and Greet

*by TD Bank Group*

Youth Program Keynote Speaker

# Monday, August 20

9:30 – 4:00     **Youth Leadership Program** – (registered youth delegates only)

12:00 – 6:15     **GENERAL REGISTRATION** - School of Sustainable Design Engineering, University of PEI

6:30 – 9:00     **OFFICIAL OPENING** – Rm 128 A/B, UPEI School of Sustainable Design Engineering

*Drummer/Singer:* Lauri Nicholas

*Aboriginal Opening:* Alma MacDougall

*Welcome and Introductions:* Malcolm Shookner, President, Atlantic Summer Institute on Healthy and Safe Communities (ASI) Board of Directors

*Remarks by Officials:*

- Councillor Greg Rivard, City of Charlottetown
- Jackie Podger, UPEI Vice-President of Administration and Finance
- Representative from TD Bank

## **Atlantic Community Showcase Presentations**

*Showcase supported by Medavie*

Ten projects have been selected for the Atlantic Community Showcase. Each presenter will have 2 minutes to promote her/his presentation to participants as part of the Forum Opening. Forum participants will mingle and visit each Showcase exhibit during the reception that follows the Opening. Exhibits will remain available for viewing and discussion during the Forum.

### **1. The Homestead Program**

Presenters: Robert Cahill and Sarah Brown

### **2. Riding the Wave of Handle with Care**

Presenter: Alice Taylor, Handle with Care

### **3. Bee Me Kidz- a Community Approach**

Presenter: Melissa Bewick, Bee Me Kidz

### **4. Comfort Zone**

Presenter: Amélie Montour, Fédération des jeunes francophones du Nouveau-Brunswick (Francophone youth federation of New Brunswick)

5. **JCSH Resources Support Child and Youth Mental Health**  
Presenters: Susan Hornby and Craig Watson, Pan-Canadian Joint Consortium for School Health
6. **Special Olympics Healthy Communities**  
Co-Presenters: Matthew McNally and Kristen MacDonald, Special Olympics PEI
7. **Gender Based Violence Prevention Project-YMCA Immigrant Services**  
Presenters: Kathryn Bates-Khan and Zahra Dhubow
8. **Resisting and preventing sexual violence: Understanding the role of community in developing healthy relationships**  
Presenters: Linda Liebenberg, Dalhousie University; Daphne Hutt-MacLeod, Eskasoni First Nation
9. **RallyForward - Supportive Housing and Case Management**  
Presenter: Rachel Laracy, Choices for Youth
10. **Socially and Emotionally Aware Kids (SEAK)**  
Presenters: Matthew Munro, Trish Altass and Brandi Bell, Young Lives Research Lab, UPEI

#### Keynote Address

*Keynote sponsored by the City of Charlottetown*

*Keynote Introduction:* Malcolm Shookner, President, ASI Board of Directors

#### ***Creating a Mentally Healthy Society: A Challenge to our Whole Way of Life***

**Dr. Trevor Hancock**, Professor and Senior Scholar (retired), School of Public Health and Social Policy, University of Victoria; Senior Editor, Canadian Journal of Public Health



*The Roman adage ‘mens sana in corpore sano’ – a healthy mind in a healthy body – needs updating to ‘mens sana in corpore sano in civitatem sana’; a healthy mind in a healthy body in a healthy community. Because our mental wellbeing does not only depend upon our physical wellbeing – which is, by the way, a reciprocal relationship – but on the natural, built, social and economic environments we create in our communities and for that matter, in our society as a whole.*

*In this presentation I will explore the roots of good mental health in the settings where we lead our lives – home, school, work, malls and markets and institutions such as colleges, universities, hospitals and prisons – all of which are contained within neighbourhoods, communities, cities and ultimately our provinces, nations and the Earth.*

*I will link this to the health promotion strategies of the Ottawa Charter, starting with re-orienting health services, and then proceeding through the development of personal skills, strengthening community, creating supportive social and physical environments, and finally, the need for mentally healthy public (and private sector) policies. It takes a whole community and a whole society to raise mentally healthy people.*

Question and Answer Period

Thank you – Ramona Doyle, Sustainability Officer, City of Charlottetown

### Reception and Atlantic Community Showcase Exhibits

Music by Isaac Williams and Gabriel Vizcaíno

*Music sponsored by UPEI*

## Tuesday, August 21

8:30 – 8:45     **Welcome and Program Overview** – Rm 128 A/B, UPEI School of Sustainable Design Engineering

Introduction the Call to Action, Flow of the Forum

Introduction to Energizing Moments: Making the mind-body connection for positive mental health!

*Sponsored by Moksha Yoga Charlottetown*

8:45 – 9:15     **Artistic Opening Plenary** – Rm 128 A/B

### ***What is a Whole Society Approach to Promoting the Mental Health of Children and Youth?***

Led by Youth Leadership Program delegates: **Derrick Biso**, ASI Board Member, and **Hillary Abbott**, ASI Youth Leadership Coordinator

*Join youth leaders in a creative exploration of what it means to take a whole society approach to promoting child and youth mental health. This will be an opportunity to think outside the box and collaborate with others in developing a vision for the future!*

9:15 – 10:30     **Video: How can existing frameworks support addressing mental health as a whole society?**

*ASI 2018 aims to build on existing evidence, overarching frameworks, and strategies to move forward in promoting mental health in Atlantic Canada. A number of different frameworks exist that underlie and inform the work of partners in child and youth mental health across the region. This short video provides a brief introduction to how some of these frameworks can be useful in mental health promotion efforts.*

*Alongside the Comparing Frameworks discussion paper and links to frameworks and resources provided in advance of the event, this video is intended to help provide context for the Aug 21 Opening Panel.*

### **Opening Panel** – Rm 128 A/B

#### ***Convergence of current frameworks – addressing mental health as a whole society!***

*This moderated panel will discuss four frameworks that take a holistic approach in addressing mental health promotion. Considering the theory, strategies and cultural base on which the individual frameworks were developed, panelists will comment on the framework they use in relation to the common elements across these frameworks.*

*Through the panel discussion, ASI delegates will gain an understanding of how such frameworks can provide guidance to a whole society approach to child and youth mental*

*health promotion, including how they may be useful in guiding future policy and programs.*

**Moderator:** **Patsy Beattie-Huggan**, President, The Quaich Inc.; ASI Coordinator

**Panelists:**

- **Pascale Mantoura**, National Collaborating Centre for Healthy Public Policy (NCCHPP)
- **Ambassador Fredrick Wangabo Mwenengabo**, Executive Director, East and Central African Association for Indigenous Rights
- **Christian Whalen**, Deputy Advocate and Senior Legal Counsel, Office of the Child and Youth Advocate for New Brunswick
- **Brenda Restoule**, Co-chair, Thunderbird Partnership Foundation; Chair, First Peoples Wellness Circle

10:30 – 10:55 **‘Mix & Mingle’ Break**

Visit Community Showcase exhibits

10:55 – 12:00 **Energizing Moments & Round Table Discussions – Rm 128 A/B**

Following the panel presentations, Forum delegates will discuss the following questions and report one key point from each table back to the plenary session:

- *What are the implications of these frameworks for promoting child and youth mental health?*
- *How can you use this information in the design of policies, programs and practices to support and promote child and youth mental health?*
- *How could this work on understanding frameworks fit into and advance the 2017 ASI Call to Action?*

12:15 – 1:15 **Lunch**

1:30 – 3:00 **Concurrent Sessions**

***Updating the Evidence - Presentations and Conversation***

5 Thematic sessions - Each session will include 3 presentations on evidence followed by a moderated discussion of the questions:

- *How does this work fit into and advance the 2017 Call to Action?*
- *What are the implications for upstream investment and a whole society approach to mental health promotion?*

Results of these discussions will contribute to advancing the Call to Action.

**1. Girls & Young Women – Rm 205 School of Sustainable Design Engineering**

- a) *Together We Can: An Evidenced Based Program* - Stephannie Ruckstuhl & Chris Gilham
- b) *Implementing evidence-based SNAP® program for high-risk girls in Atlantic Canada* - Dr. Jennifer Bernier & Lila Pavey
- c) *Preventing and Eliminating Cyberviolence against Young Women and Girls* - Rina Arseneault

2. **Working Together - Education and Community** – Rm 202 School of Sustainable Design Engineering
  - a) *Interprovincial Collaboration on Scaling-Up Social and Emotional Learning in Atlantic Canada (the SEAK Framework)* - Kate Tilleczek & Brandi Bell
  - b) *Increasing Mental Health Literacy of Student Residence Leaders at a Nova Scotian University with Content from TeenMentalHealth.org's Transitions Lifeskills Resource* - Dr. Chris Gilham & Dr. Erin Austen
  
3. **Youth Engagement in Promoting Mental Health** – Rm 106 Health Sciences Building
  - a) *Developing Spaces and Places for Youth Mental Health: The Role of Community Development* - Linda Liebenberg & Daphne Hutt-MacLeod
  - b) *Pathways to Mental Health: Youth Speak Up* - Anik Dube, Laure Bourdon, Ann Beaton
  - c) *How the Youth Engagement Toolkit Brings Youth Voice and Inclusion into School Communities* - Katherine Kelly and Susan Hornby
  
4. **Fostering Social and Emotional skills of parents and caregivers** – Rm 104 Health Sciences Building  
 Handle with Care; promoting the Mental Health of Children....every day!  
 Case Stories: 4 Story Groups:
  - a) *Scaling Up Handle with Care* - Eileen Conway-Martin
  - b) *First Nations Education Initiative* - Jolyne Knockwood
  - c) *IWK delivery through Community Outreach Programs, Allegro Child Care Centre* - Laura McNeil
  - d) *Experience in Corrections Facility, Exploits Valley Community Coalition* - Tina Bowers
  
5. **Equity and the Early Years** – Rm 105 Health Sciences Building
  - a) *The health and well-being of children on Prince Edward Island* - Dr. Heather G. Morrison
  - b) *As if Equity Mattered: New Insights for Mental Health Intervention Research* - Andrea Simpson
  - c) *Ootaotigeogig Gntjanag: Applying the Roadmap for First Nation Early Childhood Service Integration in New Brunswick* - Patricia Murphy & Lee Ann Sock

3:00 – 3:30

### **Ice Cream Break**

COWs Ice Cream  
 Community Showcase, Exhibits

3:30 – 5:00

### **Concurrent Workshops**

#### ***Developing skills to foster mentally healthy communities***

5 workshops will be offered to enhance skills in the use of tools and methods for practice and policies that support population child and youth mental health promotion.

1. **Roadmap for Social and Emotional Learning (SEL) Implementation** - Ellen Coady & Rhonda McKinnon – Rm 104 Health Sciences Building

2. **Local Connections: Sustainable Development Goals and Youth Engagement at Home** - Jackie Dowling – Rm 105 Health Sciences Building
3. **Cyber Wellness** - Tayte Willows – Rm 202 School of Sustainable Design Engineering
4. **Using evidence-based mental health information in peer-developed board games to foster youth mental health literacy: TeenMentalHealth.org's Know Before You Go and Transitions** - Cat MacIntyre, Olivia Huybers, Chris Gilham – Rm 205 School of Sustainable Design Engineering
5. **Youth Voices, Youth Hope: Taking action for better outcomes for children, youth and their families (a film and discussion)** - Sheryl Boswell – Rm 106 Health Sciences Building

5:15 – 5:45 **Yoga on the Lawn** (weather permitting)

*Sponsored by Moksha Yoga Charlottetown*

6:30 **Multicultural Dinner** – PEI Farm Centre, 420 University Avenue

## Wednesday, August 22

8:30 – 8:45 **Welcome** – Rm 128 A/B, UPEI School of Sustainable Design Engineering

Setting the Stage for Our Final Day  
Energizing Moments

8:45 – 10:00 **Panel Discussion** – Rm 128 A/B

### ***Intersectoral Action – Stories from Atlantic Canada***

*This moderated panel will showcase examples of collaborative initiatives underway in Atlantic Canada in which governments, non-profits, communities and others are working across sectors and jurisdictions to develop social policies and programs that contribute to mentally healthy societies. The panel will address the motivation behind these collaborations, their vision, the challenges of working together and the achievements to date.*

*ASI delegates will become more informed about activities happening right here in the Atlantic Region, including opportunities for future collaboration to develop a whole society approach.*

**Moderator:** **David Butler-Jones**, Senior Medical Officer and Atlantic Region Medical Officer for the First Nations and Inuit Health Branch of Health Canada

### Panelists:

- **Hon. Jordan Brown**, PEI Minister of Education, Early Learning and Culture, Minister of Justice and Public Safety, Attorney General
- **Caroline Nochasak**, Community Climate Change Liaison, Nunatsiavut Government
- **Linda Warford**, Youth and Emerging Adults Consultant, Mental Health and Addictions, NL Department of Health and Community Services
- **Arianne Melara**, Project Manager, NB Multicultural Council

10:00 – 10:20 **Creativity Break**

Creating a Mural – vision for the future

10:30 – 11:45 **Roundtable discussions: *Intersectoral Action for a Whole Society Approach*** – Rm 128 A/B,

Following the panel presentations, Forum delegates will discuss the following questions and report one key point from each table back to the plenary session:

- *What is needed to support and expand current work described by the panel to a whole society approach?*
- *Who else could be engaged? How?*
- *How could this work fit into and advance the Call to Action?*

11:45 – 12:00 **Break** and set-up for luncheon

12:00– 2:00 **Luncheon** – Rm 128 A/B

***The Power of Us- Harnessing collective wisdom to create viable, sustainable and mentally healthy communities***

*We all know the importance of good mental health, but for those of us not working directly in the field, it can be difficult to identify how we can best support mental health or how to engage the broader community. The luncheon program will provide an opportunity to engage with 30 invited community leaders on PEI who want to understand how they can play a role in supporting mental health. Together we will explore how we can work together at the community level to create mentally healthy communities.*

*The program will begin with a panel designed to inspire us to be creative and expansive in our approaches.*

Moderator: **Andrea MacDonald** - CEO, United Way of PEI

Panelists:

- **Hannah Gehrels** - Program Coordinator, Wild Child
- **Ramona Doyle** - Sustainability Officer, City of Charlottetown
- **Tara Deglan-Gallant** - School Principal, Central Queens Elementary
- **Janice Harper** - Senior Provincial Planner, PEI Department of Communities, Land and Environment

Following the panel, luncheon guests, panelists and Forum delegates will participate in round table discussions around the following questions:

- *What would inspire you to take action/move forward?*
- *What could we do right now to build new relationships?*
- *What can we make happen with existing resources?*

2:00 – 2:15 **Wellness Break and Energizing Moment**

2:15 – 2:45 **Plenary Discussion** – Rm 128 A/B

Reflecting on input from luncheon discussion tables

Next steps for action – developing a whole society approach and strengthening the 2017 Call to Action

3:00 – 3:30 **Closing Panel – Rm 128 A/B**

***Momentum for working together in Atlantic Canada and beyond!***

*Panelists will reflect on presentations and conversations held during the Forum and how the work accomplished at ASI 2018 can serve as a spark for national discussions (as well as how national work can spark further work in the Atlantic region). Each panelist will reflect on links with their work both regionally and nationally.*

Moderator: **Nicholas Watters** - Director, Knowledge Exchange Centre at the Mental Health Commission of Canada

Panelists:

- **Theresa Redmond** - Director General, Regional Operations, Public Health Agency of Canada
- **Judith Clark** - Mi'kmaq Elder in Residence, UPEI
- **Patrick Smith** - CEO, Canadian Mental Health Association

3:30 – 4:00 **Closing – Rm 128 A/B**

Messages from the Youth Leadership Program delegates

Children's Program presentation

Thank you and Evaluation

Closing Circle / Aboriginal Closing

Departure – Goodbye, friends!

## **ASI 2018 Exhibitors**

**Health Canada - Consumer Product Safety Program**

**Mental Health Commission of Canada**

**The Quaich Inc. / The Circle of Health**



## Proud to support the Youth Leadership Program.

We are working together with Atlantic Summer  
Institute to make a difference in our communities.





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Save the Date  
January 30, 2019

 **Bell**  
Let's Talk



## What is the Atlantic Summer Institute on Healthy & Safe Communities?

The Atlantic Summer Institute (ASI) is a bilingual, not-for-profit organization established in 2003, and incorporated in Prince Edward Island in 2008 with a mission to serve as a catalyst for social change, ultimately resulting in more inclusive and sustainable Atlantic Canadian communities. ASI is managed by a board of directors with representatives from the four Atlantic provinces.

### How are we a catalyst?

Annually, ASI hosts events which bring together innovators and those organizations which strive for social change through public policy and community action. These events include full-scale learning institutes, symposiums, and regional workshops. The focus of these events is based on priority areas identified by our participants. Past priority areas have included: diversity and inclusion; gender and community leadership; democracy and social justice; and literacy.



We believe that public policy and programs can benefit from the application of three sources of evidence: **research, best practices and lived experience**. ASI brings innovative practitioners of these sources together with those who affect public policy and programs in a dynamic and accessible learning environment. All ASI programming reflects the diverse perspectives of communities and individuals who are engaged in strengthening Atlantic communities.



ASI is committed to mentoring the next generation of Atlantic Canadian change leaders. Each full-scale, bilingual, learning event includes a Youth Leadership Program component that focuses on skill development in the areas of social justice and community engagement. We also work closely with youth in the development of our learning events.

In conjunction with many of our learning events, a parallel Children's Program is included, which reduces barriers to participation for adult ASI attendees. It also provides our youngest change leaders with opportunities to learn, be creative, and

engage with each other in a fun program designed to reflect the theme of the adult program.

### What is our current priority area?

In 2014 we heard from our networks that there was a great need to address the way public policy and programs support child and youth mental health. Since then, our programs have focused on this topic with ASI 2017 resulting in a Call to Action for investment upstream in child and youth mental health promotion. The Call was built on evidence from research, review of government and pan-government reports, and the voice of civil society at ASI 2017. It calls for action on 5 key areas of Policy, Programs, Practice, Research & Knowledge Exchange, and Networks. In 2018, ASI is working to mobilize this Call to Action.

Drawing on the Circle of Health – a collaborative teaching tool that includes the Ottawa Charter on Health Promotion, the social determinants of health and the Aboriginal Medicine Wheel – we bring practitioners, innovators, public servants, academics and community leaders together to learn and support each other to create a more sustainable and inclusive Atlantic Canada.

### Why is our work important?

The Atlantic Summer Institute is the only bilingual learning institute in Atlantic Canada that acts as an incubator for community groups, educators, health practitioners and researchers, government representatives, parents/caregivers, and youth to collaborate on regional issues. We encourage intergenerational mentorship within our programs, and are committed to creating a culture of exchange and support between established and emerging community leaders.

Visit [www.asi-ica.ca](http://www.asi-ica.ca) for more information.



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