

Some key issues

Atlantic Summer Institute on Healthy and Safe Communities

Charlottetown PEI, 21 August 2019

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- 1.Going upstream temporally
- 2.Climate anxiety, eco-grief, opportunity and hope





The first three years of life have a unique and formative impact on development, relationships and functioning throughout life.



The first three years are key

- 1 million connections are made in the brain every second in the first three years of life
- Atypical developmental trajectories can be detected in the first 6 months of life
- Age does not protect from trauma, infants can experience it
- Children do not outgrow their early mental health problems

Chaya Kulkarni, Infant Mental Health Program, HSC





"To build better futures, we need to build better brains"

Alberta Wellness Initiative

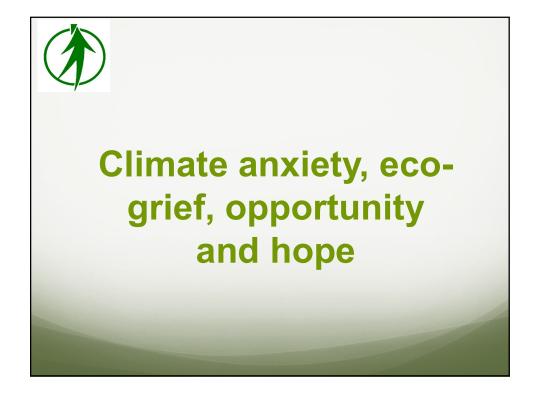


 Many adverse outcomes can be prevented when parents and other caregivers are provided with support that enables them to be optimally responsive to their infants and young children.

IMHP Values and Beliefs

 So are ALL parents and families made WELCOME in your community? Health: Our Shared Responsibility!







We are not apart from nature

Albert Marshall



Climate anxiety and eco-grief

- Climate change and the other components of the Anthropocene represent an existential threat to our communities, societies and civilisations
- That evokes anxiety and grief
 - Ashlee Cunsolo

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Health: Our Shared Responsibility!



The antidote is hope

"Hope is . . . the commitment to positivity in the face of adversity"

Dutt and Brcic, 2014



Finding opportunity

- The fact that everything has to change presents endless opportunities
- The younger generation will be the one that has to re-invent almost everything

Health: Our Shared Responsibility!



 Yes, we need scientists, researchers, inventors

But we also need

 Entrepreneurs who will help create the new economy we need, providing new jobs while improving human and social development and ecosystem health



And we need

 social innovators, and the philosophers, artists, faith leaders and social activists who can express and communicate new values in appealing ways.