



## Provincial Stepping Stones for Sustainability of a School-Based Intervention Promoting Mental Health

---

Wednesday, August 19<sup>th</sup>, 2015

### Overview

---

- The SEAK Project
- School Site Partners
- Sustainability





## Strait Regional School Board

---

Chrissi Lynch

### Programming Necessities

---

- Culture-shift
- Administrators
- Integrated into the school community
- Coach
- French/Translation



## What We've Already Done

---

- SEL training for all Guidance Counsellors
- PATHS Coach Training for Guidance Counsellors
- Kits & puppets purchased for implementation schools
- Coach participating in Affiliate Training



## What We Plan To Do *(given there are no cash cows!)*

---

- Implementation in EY-4 to gr 6
- PLCs for teachers
- On-going teacher-training & mentoring (SRISD model; SS tier model)
- Community & parent training (SSP & AHL)
- Get SEL included in the SRSB Business Plan



## Sustainability – What We Need Help With

---

- Research/results of SEAK 2 (partnerships)
- Way(s) to collect our own evidence
- French kits
- Funding for Coach
- On-going funding for SEL



## South Shore Regional School Board

---

Mark MacLeod

## Partnership Development

---

- Partnership with South Shore Health
  - Mental Health & Addictions
- Partnership with South Shore Regional School Board
  - Strategic Plan
    - The SSRSB will provide system wide support and intervention in the areas of mental, physical, social and emotional health.



## Partnership Development

---

- Community/ Donor Groups
  - Presentations
  - School Visits
- Guidance Counselors
- Early Years Program
  - How to work in Partnership





## Edmonton Catholic Schools District

---

Cheryl Shinkaruk

### Moving Forward

---

- District level support is essential in moving forward.
- Involving the whole school community - administrators / teachers / teacher assistants / secretary / parents / students through Meet the Teacher Evening, Demonstration of Learning, Website, Newsletters, Summer Playground Programs that extend beyond the school year



## What is Needed

---

- Dedicating time for Professional Learning Communities with teachers to share their successes, strategies and challenges with addressing Social Emotional Learning
- Teachers are empowered to translate materials into French within our French Immersion School.
- Developing a partnership with Channing Bete to access materials at a reduced cost. With the exchange costs, it is very expensive to supply teachers with the PATHS materials.



## Calgary Board of Education

---

Tracy Drefko

## Creating PATHS for Learning

---



- Radisson Park School August, 2015

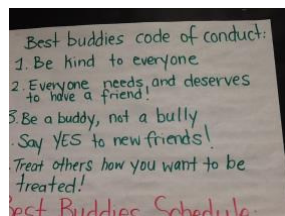


## Culture

---

- Culture is “less a matter of grand design and inspirational moments than of the many daily practices that tell people what kind of place (an) organization is.”

- From *How to Change 5000 Schools* by Ben Levin (2010)



At Radisson Park, we want to be known for:

- Shared vision – a safe and caring school where students are engaged and achieving
- High expectations of students and staff – “Whatever it takes” – learning, engagement, behavior
- Making work and learning visible





## Making PATHS Visible



Social Emotional Learning is an essential piece of our day-to-day work, and doesn't just occur during PATHS lessons.

If you look around the school, there is evidence of PATHS everywhere – problem solving reports, areas to calm down/self-regulate, separate section of library, control signals, posters...



## Start the Year on the Right PATHS



- Student motto – “Resilient, Respectful, Remarkable, Responsible”
- Used PATHS as our ‘curriculum’ to start the year, connecting PATHS concepts to our school motto
  - Created common expectations, vocabulary, etc right from day one
  - Highlighted the importance of social emotional learning in our building to students, staff, parents, visitors



## To Summarize...

---

- PATHS has become a 'non-negotiable' in our school. Teachers recognize the impact that attending to social emotional learning has, and use PATHS as the vehicle to build safe, caring, respectful classrooms and a positive school culture. The program is delivered to fidelity, the importance of SEL is visible throughout the school, and each time I've asked in the last five years if we will be continuing with PATHS, the answer has been a resounding "YES!"

