# **ASI 2022 PROGRAM**





**AUGUST 22 - 24, 2022** 

Charlottetown, P.E.I.

ASI 2022 - hybrid event, with options for engagement both online and in person.

www.asi-iea.ca

# Forum de l'IÉA 2022



Régénérer le pouvoir de l'interaction

Du 22 au 24 août, 2022

Charlottetown, Î.-P.-É.

L'IÉA - événement hybride, avec des options de participation en ligne et en personne.

www.asi-iea.ca/fr/

# **Acknowledgements**

The ASI Board of Directors wishes to acknowledge the public interest in this Forum and the amazing amount of work committed by all presenters, facilitators and panelists. We especially want to thank our partners and funders. We are optimistic that together we will meet our objectives and improve mental health for children and youth in Atlantic Canada.

### **ASI Board of Directors**

Malcolm Shookner, ASI President & Program Committee Chair; Retired Consultant, Nova Scotia

**Karen Clarke**, ASI Vice-President, Department of Children, Government of Newfoundland and Labrador (GNL)

**Susan Hartley**, ASI Treasurer, Clinical psychologist, educator, human rights advocate, PEI

**Adina Nault,** ASI Secretary, Educator & Council regional Francophone Community Centre, PEI

**Robert Cahill**, St. John's Homestead Inc., Newfoundland and Labrador

**Charlene Kippenhuck,** Natural Resources Manager, NunatuKavut Community Council, Newfoundland and Labrador

Cathy Leslie, Retired, Nova Scotia

Linda Liebenberg, Independent researcher, focusing on children and youth with complex needs, Nova Scotia Arianne Melara, New Brunswick Multicultural Council Eva Sock, Elsipogtog Health & Wellness Centre, Elsipogtog First Nation, New Brunswick; Ron Brun, Alternate

Tyler Simmonds, Film director and keynote speaker on mental health and mindfulness, Nova Scotia

Chantal Peng, Student Acadia University

Patsy Beattie-Huggan, ex-officio, PEI

### **Finance Committee**

Malcolm Shookner, ASI President Susan Hartley, ASI Treasurer Lloyd Compton, CPA, CA, CBV, Partner MRSB Patsy Beattie-Huggan, ASI Coordinator

**Youth Leadership Coordinator** 

**Chantal Peng** 

### Communications

Ellen Theuerkauf, ASI Communications Coordinator Cathy Leslie, Chair, ASI Board Member Cassandra Hanson, Health Communications Specialist - Health Promotion - Mental Health & Addiction

Adina Nault, ASI Board Member

Molly Pendergast, Communications Officer, PEI
Alliance for Mental Wellbeing
Chantal Peng, ASI Board Member
Deanne Williams, Manager, Corporate
Organizational Development, Public Service

Commission-Centre for Learning and Development

# **Program Planning & Design Committee**

Malcolm Shookner, Chair
Tracy Lovett, Indigenous Services Canada
Brandon Hey, Mental Health Commission of Canada
David French, A Way Home Canada
Dianne Oickle, National Collaborating Centre for
Determinants of Health
Wendy Kraglund Gauthier, WKG Educational

**Linda Liebenberg**, PhD, Independent researcher, ASI Board Member

Trevor Hancock, Retired, school of public health and social policy, University of Victoria, BC Lesley Dyck, Volunteer, Health Promotion Canada Sarah Blades, Health Promoter, IWK Stacie Smith, Sandbox Project

# **Graphic Design**

Consulting, NS

TechnoMedia

### **International Interns**

**Anne Goetz,** Southern University of Denmark **Helena Jestaedt,** Furtwangen University, Germany



# Welcome Message from the President to ASI 2022

I'd like to welcome you, on behalf of the Board of Directors of the Atlantic Summer Institute on Healthy and Safe Communities (ASI), to our ASI 2022 Policy Forum on Health Promotion – **Together Again: Regenerating the Power of Connection**. ASI 2022 aims to increase our understanding of the importance of infant, child, and youth mental health for the whole of society, and foster policy actions to influence upstream investment in support of mental health. The ASI 2022 Forum is a hybrid event from August 22-24 in Charlottetown, PEI, streaming from the unceded ancestral territory of the Mi'kmaq people. We are excited to be reconnecting face to face this year! We are also offering the forum online for those who cannot travel to Charlottetown to join us.

We have assembled a world- class program of speakers, panellists and workshop presenters who have a wide variety of experiences to bring you the latest evidence about the power and potential of upstream investment. Our focus is on policy change by governments to support communities, where the action is! Promoting mental health, beating the pandemic, reducing poverty and inequities, and tackling climate change are all on our agenda! To accomplish these ambitious goals, we need to build our networks and strengthen our connections – we are all in this together!

Malcolm Shookner

Useo In Stooken

President
Atlantic Summer Institute on Healthy and Safe Communities

The ASI 2021 Forum is held online from August 23-25 in Charlottetown, PEI, streaming from the unceded ancestral territory of the Mi'kmaq people.



# Join us at ASI 2022!

Be part of a movement that brings together people who are capable of influencing and implementing changes at the policy and community levels! ASI 2021 aims to increase understanding of the importance of infant, child and youth mental health for the whole of society, and foster policy actions to influence upstream investment in support of mental health.

- Develop skills to build capacity for upstream policy development and implementation
- Share ideas and engage in dialogue, building on evidence and best practice
- Help build an agenda and resources for policy development and implementation
- Collaborate online and have fun with diverse participants
- Learn from Indigenous leaders & youth advocates passionate about mental health promotion
- Expand your networks in Atlantic Canada and beyond

"When we think of mental health we often think of emotional difficulties and mental health problems and how we can resolve a crisis once it has occurred. This thinking demands an investment after the fact or 'downstream'. 'Upstream' thinking means investing wisely for future success and addressing the broader determinants of mental health at a population level. We view mental health as a resource for all that requires a whole-of-government and whole-of-society approach. Although there is evidence to support an 'upstream' view, our current investment in policies and practice is 'downstream' and we will need a change in public and political support to think and invest differently."

Professor Margaret Barry, ASI 2017 keynote speaker, WHO
 Collaborating Centre for Health Promotion Research,
 National University of Ireland, Galway

As the world has adapted to the unprecedented challenges posed by the global pandemic, we have

witnessed a heightened human need to reconnect with ourselves, our communities, and our physical and natural environments. The ripple effects of COVID-19 have amplified the social and structural inequities that pre-existed the pandemic, resulting in a dramatic impact on mental and physical health at a societal level. A sense of disconnect spans intergenerational, social, environmental, financial, and political contexts, where the resulting social and physical isolation are taking a significant toll on mental health. This disconnect also exists between Indigenous and non-Indigenous people and ways of knowing and between relative levels of wealth and privilege

ASI 2022: Atlantic Policy Forum on Mental Health Promotion Together Again: Regenerating the power of connection!

across society. The importance of relationships, and community in building resilience to support positive health and wellness outcomes for society has never been clearer – community and connection matter! Personal, community, and societal resilience is essential to support the mental health of children and youth and achieve

'the great reconnect' in a post-COVID world. Importantly, Resilience isn't just about "the capacity to absorb shocks and still maintain function" – it is also about "the capacity for renewal, re-organization and development" (Folke, 2006).

For the past two decades, the Atlantic Summer Institute (ASI) has been exploring issues related to the social contexts that prevent and support mental health and wellbeing for children. This work has highlighted the importance of significant structural systems to support children, adolescents, families, and communities, especially their mental health. Wellbeing is best supported by the relational and contextual resources embedded within and around communities (including nature and biodiversity). Moreover, if we are to support wellbeing in the face of increased chronic challenges stemming from issues such as climate change, communities need to be reinforced by the larger political and economic forces in which they exist. Effective upstream investments at a community level will promote positive child and adolescent mental health outcomes, while also preventing mental illness and other psychosocial challenges.

Building on the knowledge shared and developed at previous annual events, ASI's call to action challenges us to "build back better" by supporting new and effective ways to support healthier communities as the essential foundation of mental health for children and youth. To do this, we need transformational change of the larger social, political, and

"The COVID-19 pandemic has exposed our collective vulnerability to the impact of isolation and our struggles to preserve our mental health. It has also highlighted the importance of considering mental health when instituting various policies that protect physical health. Society needs to have ongoing policies and programs that support positive relationships, social networks, education, adequate income, inclusion, and housing - from infancy to youth to older generations. This is why we need to continue working on upstream interventions that promote mental health and accessible services."

Patsy Beattie-Huggan,
 ASI Coordinator

economic systems that underpin our communities to ensure effective upstream strategies to reduce the stresses, risks, and inequities confronting individuals, families, and communities. We also need to re-build our commitment to, and expectations of, each other – that sense of connection with and collective responsibility for others in our societies.

ASI 2022 will be of interest to: politicians, public servants, health practitioners, private sector, media, unions, academics, educators, social agencies, community organizations, Indigenous leaders, youth leaders and the general public.

### Goals:

To advance our understanding of the importance of connections with family, community, place and nature to the mental health of infants, children, youth and societal well-being.

To foster policy actions that influence upstream investment in promoting well-being, resilience, and (re)connection throughout Atlantic Canada.

# **Objectives**

- 1. To bring together people who are in a position to influence and implement changes at the policy and community levels
- 2. To enhance our understanding of the structural and contextual conditions that support mental well-being for all
- **3.** To develop knowledge and skills that can be applied to building connections with nature, place and each other across sectors and levels of governance
- 4. To explore progress on policy actions that support upstream investment based on the ASI policy brief
- 5. To build an action agenda for the development of structural and contextual conditions for societal well-being
- **6.** To model a supportive and inclusive environment for learning and wellbeing and have lots of fun together again!

# **Design Principles**

**Youth Engagement:** Youth will be engaged in providing input to the process of planning the ASI 2021 program and participating in the intergenerational event.

*Universal Design for Learning:* Whole society representation will be welcomed in the planning process and diverse audiences will participate in ASI 2021.

**Equity:** Subsidies will be offered to reduce barriers to participation.

**Adult Education**: Styles are interactive and engaging – everyone is a teacher and a learner.

**Experiential Learning:** Arts, culture, connectedness to community and nature will be incorporated.

**Online Interaction:** A robust online conference platform will simulate a face-to-face experience by encouraging networking, relationship building, knowledge sharing with translation support, and post conference connection.

# **Design Principles for ASI and ASI Call to Action**

Youth Engagement • Diversity • Life-course Perspective
Inclusion • Equity • Adult Education • Experiential Learning
Two eyed seeing • Evidence-based Decision Making • Mental Health in All Policies
Whole-of-society approach • Respecting Rights of Children • Respecting Voices of Lived Experience
Sustainability of Policies and Programs • Respecting the Truth and Reconciliation Commission

# Overarching frameworks and strategies

Circle of Health framework/tool • Universal Declaration of Human Rights • Ottawa Charter

Social determinants of health and Health in All policies • First Nations Mental Wellness Continuum Framework

Sustainable Development Goals • The Geneva Charter for Well-Being

UN Convention on the Rights of the Child • Social and Emotional Learning (CASEL)

Population Mental Health Framework

# **ASI Youth Leadership Program**

At the Atlantic Summer Institute we will continue our work in learning and shaping the future agenda of the mental health system in Atlantic Canada during and after the COVID-19 pandemic. ASI has learned from previous events how important it is to foster intergenerational learning; therefore, there will be time for youth to both participate in the full ASI 2022 program and convene separately to develop long-lasting connections.

The Youth Leadership Program is being planned and managed by a committee representative of youth and programs serving youth. Each year it is strengthened by lessons learned from previous ASI programs and provides an opportunity for young people to attend and have a voice in shaping the future agenda for children and youth in Atlantic Canada.

ASI 2022 will support at least five youth from each Atlantic province to participate in this year's forum. Young people between the ages of 18 and 25 who are affiliated with a community group and have



experience/interest in being an advocate or leader are encouraged to apply. The ASI Youth Leadership Program is inclusive and welcomes youth applicants from all communities and lived experiences including but not limited to BIPOC, LGBTQ2I, and disability. Given the Forum's focus on reconnecting, resilience and upstream solutions to child and youth mental health, we welcome youth with lived experience of mental illness and precursors like poverty, family conflict and homelessness. Youth organizations are encouraged to provide mentorship and support to nominated youth from the application process through to forum participation, to foster their successful engagement in the policy experience.









# **ASI 2022 Forum**

Designed as a hybrid event – all sessions will be in person and available online August 22-24,2022 Holland College, Charlottetown, PEI

All times listed in Atlantic Daylight Time (ADT)

Presentations will be made in both French and English, and simultaneous interpretation will be provided for many sessions.



Monday	y, August 22
On your own time	Suggested Viewing:  BBC Video - How trees secretly talk to each other - Suzanne Simard (1:47 minutes)  https://www.youtube.com/watch?v=yWOqeyPIVRo  Upstream - Canadian Centre for Policy Alternatives (1:22 Minutes)  https://www.youtube.com/watch?v=qarQXqKbmLg  UNC Center for Health Equity Research (7 minutes – current 2021)  https://www.youtube.com/watch?v=oC_MPCXsOSw  Social Determinants, an Indigenous Lens - First Nations Health Council (9 Minutes)  https://www.youtube.com/watch?v=ikNsoh5TtQE
9:30 – 3:00	Youth Leadership Program – (registered youth delegates only) – CAST Building  Spaces and Places recording - <a href="https://youtu.be/BeklaGrDusE">https://youtu.be/BeklaGrDusE</a> Mapping an Agenda recording - <a href="https://youtu.be/trfVJYolOjA">https://youtu.be/trfVJYolOjA</a>
6:30 – 8:30	OFFICIAL OPENING – Florence Simmons Performance Hall, Holland College Charlottetown  Official Opening recording - https://youtube.com/live/Ps7TC9xlYpk?feature=share  Land acknowledgement – Master of Ceremonies, Robert Cahill, ASI Board  Opening - Keptin James Bernard, Keptin of the Grand Council  Remarks – Patsy Beattie-Huggan, ASI Coordinator  Greetings from Officials  • Hon. Sean Casey, Government of Canada  • Hon. Brad Trivers, Government of PEI  • Nick Bouchey, Financial Advisor, TD Bank  • Sharon Jollimore, Director of Innovation and Engagement, PEI Alliance for Mental Well-Being  Atlantic Community Showcase – Susan Hartley, ASI Board of Directors  Videos showcasing 7 initiatives that are influencing and/or demonstrating upstream policy for infant, child and youth mental health promotion. These presentations will be available throughout the Forum on the exhibit page and as exhibits at Holland College.  1. SPLASH Centre – Harbour Grace Community Youth Network (NL)

- 2. Better Together (Intergenerational programming), Capital Youth Hub, (NB)
- 3. Parents Empowering Kids (Preschool children) Strongest Families Institute (NS)
- 4. Do a \_\_\_ thing! (A classroom initiative for teachers, students) Engage Nova Scotia
- 5. The Value of Play, Changing Steps Child and Family Counselling (PEI)
- 6. Weaving a Village Together, Judique Tartan Group (Cape Breton, NS)
- 7. Mental Health Program for 2SLGBTQIA+ Youth & Young Adults, St. Thomas U. (NB)

**Keynote -** Building Global Momentum for a Well-Being Society

A Conversation with **Ilona Kickbusch i**nterviewed by Trevor Hancock

Ilona Kickbusch is the Director of the Global Health Programme at the Graduate Institute of International and Development Studies, Geneva, Switzerland. She has had a distinguished career with the World Health Organization, at both the regional and global levels, and was responsible for the Ottawa Charter for Health Promotion, developed the "settings" approach and initiated programmes such as Healthy Cities, health-promoting schools, healthy workplaces, health-promoting hospitals and health in prisons. She also initiated WHO's Health Behaviour in School-aged children (HBSC) Study, published and advised widely on health in all policies (HIAP) approaches and is considered one of the global leaders in this field.

Note: Q&A will be followed by **Closing Reception** and Networking Opportunity

A jazz trio featuring Dan Rowswell on saxophone, pianist Simon Wright, and bassist Isaac Williams, will play selections from the Great American Songbook and classic jazz standards.

Tuesday, August 23		
9:00 – 9:45	Youth Learning Circles – bring your coffee	
10:00 – 10:20	Coffee and networking – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)	
10:30 - 10:45	Morning Welcome – Florence Simmons Performance Hall Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate  Morning Welcome Pecceling Chapter (Voute be (VANUE und))	
10:45 – 12:00	Morning Welcome Recording - <a href="https://youtu.be/YAMuG-uq4V8">https://youtu.be/YAMuG-uq4V8</a> Opening Plenary - Making the Connections - People, culture, nature  Opening Plenary Recording - <a href="https://youtu.be/2c7P2cpTahA">https://youtu.be/2c7P2cpTahA</a> In keeping with the theme of ASI 2022, Together Again: Regenerating the Power of Connection, the opening plenary will advance our understanding of the importance of connections with family, community, place and nature to the mental health of infants, children, youth and societal well-being.  Moderator: Dr. Gaynor Watson-Creed, Assistant Dean, Serving and Engaging Society, Dalhousie University	

	Speakers:
	<ol> <li>Kristyn Anderson, PhD (c), RSW, RMFT is a clinical social worker and Integrated Service Regional Coordinator for the Western Zone of Nova Scotia. As one of the authors of Nova Scotia's One Chance to be a Child report, Kristyn will share the importance of engaging youth in research, the necessity of featuring first voice contributions, and focus on the Do We Belong/Are we Protected chapter of the One Chance to be a Child report.</li> <li>Dr. Shannon Waters, Medical Health Officer for the Cowichan Valley Region at Island Health – Vancouver Island Health Authority approaches healing holistically, and fully embraces bridging Indigenous and "Western" worldviews while promoting, protecting and advocating for health in her home territory, the Cowichan Valley region. Central to her approach is that HOPE underpins the mental health and resilience that our children and future generations will need to thrive in the uncertainty of our changing environment.</li> </ol>
12:00-13:15	Lunch Break - Networking - Music – Be active! Cafeteria
13:15-14:30	Making the Connections for Policy Action – ASI Policy Brief - Cast Building, 3 <sup>rd</sup> Floor  Recording - https://youtu.be/7ANg1Tlrt7s  In keeping with the theme of ASI 2022, this plenary will focus on Making Connections for Policy Action – ASI Policy Brief. We will begin with an update on the policy brief since its launch in March. Followed by an overview of the national direction in implementing Health in All Policies.  Moderator: David French, Managing Director, A Way Home Canada  Update on status of ASI Policy Brief – Malcolm Shookner, President, ASI  Health in All Policies in Canada – Nicole Bernier, Expert Scientific Advisor, National Collaborating Centre on Healthy Public Policy (Delivered in French)  Next steps  Q&A
14:30 -1500	Recording - https://youtu.be/k2PmWrUHD Y  Moderators: Lesley Dyck, Consultant and Volunteer at Health Promotion Canada & Dianne Oickle, knowledge Translation Specialist, National Collaborating Centre on the Determinants of Health Questions  • What connections are required to influence change for a more equitable, well-being society?  • How do communities find their power to connect and work upstream together?  Break - Networking - Music – Be active!
15:00 – 15:30	Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!
15:30-17:00	Concurrent workshops – Skill development Workshops – Most of which are offered again the next day. Location: Holland College Charlottetown Centre

Workshops will enhance skills that support implementation of the ASI Policy Brief – *Investment Upstream* – *putting infant, child and youth mental health promotion at the forefront.* Participants will learn from real life experiences and evidence-informed approaches how to mobilize a health in all policies approach, build intersectoral networks, have a voice at the policy table, advocate for policy change and use evidence to promote population child and youth mental health through the life course.

1. Room: 153W - Child Rights Impact Assessment: A Tool to support interagency collaboration in advancing child and youth mental health programs and services - Christian Whalen, Deputy Advocate and Senior Legal Counsel, NB Child and Youth Advocate

Recording - https://youtu.be/wvjxjRaHTzE

2. Room: 134W - Scaling Networks for Transformation: Building a national network-ofnetworks to address social and structural determinants of health - Lesley Dyck, Health Promotion Canada

Recording - <a href="https://youtu.be/mn0KAKzWDqM">https://youtu.be/mn0KAKzWDqM</a>

- 3. Room: 137W Advocacy for policy change Increasing the Indigenous Voice: No Child Left
  Behind Roxanne Sappier, Tobique First Nation & Ron Brun, Elsipogtog First Nation (NB)

  Recording https://youtu.be/bmG6Ptvptvw
- 4. Room: 28W- Applied tools for community problem solving and community resource development: Sparking the imagination! Linda Liebenberg (NS)

Recording - https://youtu.be/BeklaGrDusE

5. Room: 25W - Addressing Poverty in PEI – intersectionality in policy development (Aug 23 only) – Andrea MacDonald, CEO United Way of PEI

Recording - https://youtu.be/C84u8WUR1VM

- 6. Room: 139 W Pulling Together on Climate Citizen Engagement and Securing the Full Funding of Halifax's Climate Action Plan Tara Day, Community Climate Hub Initiative

  Recording https://youtu.be/hMR2FY2HJ3s
- 7. Room: 202 W Upstream Investment Begins with Adult Connection: SEL as a priority! Jessica Webb, Program Development Specialist, Department of Education, Government of Newfoundland and Labrador

Recording - https://youtu.be/g5IU9Is441o

17:00-17:30

Debriefing and networking – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)

Multicultural Meal – Holland College Cafeteria. Local vendors from many countries will be providing food. Entertainment is planned. The cost of the meal is included in the registration fee for delegates and their children. Guest tickets are available for purchase.

Schedule for August 24 to follow next page:



Wednesday, August 24	
9:00 – 9:45	Youth Learning Circles – bring your coffee (Youth Leadership Program)
10:00 – 10:30	Coffee and networking – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)
10:45 – 11:00	Welcome and announcements  Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate
11:00 – 12:15	Youth Panel – The Power of Connection Recording - https://youtu.be/CsANAi7D6Hs  This panel will explore the perspectives of youth on the power of connection and how connection with each other, our families, communities, society at large and nature can impact youth in various ways. Viewing "power as the ability to achieve purpose" (Dr. Martin Luther King, Jr.,1966), the panel will consider various means of connection: with older generations, communities and nature – local and global – to achieve purpose.  Co-Moderators – Tyler Simmonds, Film maker, mental health activist, ASI Board Member and Brandon Hey, Mental Health Commission of Canada  Youth Panel – Personal Reflections on the power of connection and its impact on youth  Calen Sack – Sipekne'katik, Indian Brook Reservation - BIPOC Educator  Kardeisha Provo – N Preston, NS - Documentary film maker, BLM activist  Joseph Onalik – Nain, Nunatsiavut, NL - Climate activist
12:15-13:15	Lunch Break - Networking - Music - Be active!  Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media - and movement!
13:15 – 14:45	Concurrent workshops – Skill development  Selected workshops repeated from August 23.  1. Room: 153W - Child Rights Impact Assessment: A Tool to support interagency collaboration in advancing child and youth mental health programs and services - Christian Whalen, Deputy Advocate and Senior Legal Counsel, NB Child and Youth Advocate  Recording - https://youtu.be/wvjxjRaHTzE  2. Room: 134W - Scaling Networks for Transformation: Building a national network-of- networks to address social and structural determinants of health — Lesley Dyck, Health Promotion Canada Recording - https://youtu.be/IrOOAe2H6V4  3. Room: 137W - Advocacy for policy change - Increasing the Indigenous Voice: No Child Left Behind — Roxanne Sappier, Tobique First Nation & Ron Brun, Elsipogtog First Nation (NB)  Recording - https://youtu.be/bmG6Ptvptvw

4. Room: 28W - Applied tools for community problem solving and community resource development: Sparking the imagination! – Linda Liebenberg (NS) Recording - https://youtu.be/BeklaGrDusE 5.Room: 25W - Getting to know Agenda Gap: Youth-led policy advocacy for upstream investment in the determinants of positive mental health (Aug 24 only) - Agenda Gap Team Recording - https://youtu.be/xH K0XcUOUg 6. Room: 139W - Pulling Together on Climate - Citizen Engagement and Securing the Full Funding of Halifax's Climate Action Plan – Tara Day, Community Climate Hub Initiative Recording - https://youtu.be/hMR2FY2HJ3s 7. Room 202 W - Upstream Investment Begins with Adult Connection: SEL as a priority! -Jessica Webb Program Development Specialist, Department of Education, Government of Newfoundland and Labrador Recording - https://youtu.be/g5IU9Is441o Break - Cows Ice cream - Networking - Music - Be active! 14:45-15:15 Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement! Collaborative Leadership for a Well-being Society – Florence Simmons Performance Hall Recording - https://youtu.be/jjwhkak1Fog This moderated panel will explore how levels of governance can work together to create policies and programs that advance child and youth mental being in a wellbeing society. How do we implement the strategies of the Geneva Charter for Well-Being? How does this direction connect with the ASI Policy Brief? How do we learn together and co-design our work locally? Moderator – Jim Mustard, Founder Raising the Villages, Cape Breton, Nova Scotia 15:15 - 16:25 **Panelists** Elizabeth Briere, Parliamentary Secretary to Hon. Carolyn Bennett, Minister of Mental Health and Addictions (GOC), Quality of Life Strategy for Canada Hon. Ernie Hudson, Minister of Health & Wellness, Provincial Policy Direction (PEI) Sharon Rudderham, Director of Health Transformation, holistic health, Tajikeimik, NS Nicole Kieley, Deputy Mayor, Mount Pearl (NL), Municipal perspectives Randy Hatfield, Executive Director, Saint John Development Council (NB), NGO Perspectives Key Messages of ASI 2022 – Karen Clarke, ASI Vice President Recording - https://youtu.be/t-LCgwrWsFI 16:25-16:35 What have we learned together?

	Continuing the Dialogue - Through an evaluation process, we will gather your reflections and insights and for action on upstream investment in mental health promotion in Atlantic Canada and beyond. Evaluation conducted by Nishka Smith Consulting
16:35 – 16:50	Closing Recording - https://youtu.be/Phfigs-vs5o  Children's Message
10.33 - 10.30	<ul> <li>Youth reflection</li> <li>Closing Song - Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate</li> </ul>



# Proud to support the Youth Leadership Program.

We are working together with Atlantic Summer Institute to make a difference in our communities.



® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

M05234 (0314)