

SCHEDULE FOR SYMPOSIUM AND YOUTH LEADERSHIP PROGRAM

	Monday – August 17	Tuesday – August 18	Wednesday – August 19	Thursday – Youth Leadership August 20			
		7:00 – 8:00	Youth Inspired Activities!	7:00 – 8:00	Youth Inspired Activities	7:00 – 8:00	Morning Exercise - optional
		8:30 - 9:15	Opening Plenary Aboriginal Opening Welcome Program Overview <i>Learning Challenge</i>	8:30- 8:45	Plenary Announcements <i>Learning Challenge</i>	8:30 – 9:15	Welcome & Introductions Get to know who is in the room and trace your timeline, identifying key moments that shaped who you are today, as well as reflecting on the Symposium
		9:15 – 10:00	Keynote Speaker Promoting mental health and well-being through social and emotional learning (SEL)	8:45 – 10:00	Moderated Panel Developing policy to improve mental health; Expanding the reach of proven programs	9:15 - 10:45	Power, Privilege and Empowerment Through an exploration of the impact of power and privilege in society, we will unpack the relationship between social identities and leadership.
		10:00-10:30	Networking & Refreshment Break	10:00-10:30	Networking & Refreshment Break	10:45-11:00	Networking & Refreshment Break
	Please note: The Youth Leadership Program begins the afternoon of August 17 th . Youth aged 18-25 will engage in the Symposium and have an opportunity to provide youth leadership during and following.	10:30-12:00	Moderated Discussion: The landscape of child and youth mental health in Atlantic Canada - challenges & opportunities	10:30-12:00	Concurrent sessions 1. Working across sectors for collective impact 2. Parent and community engagement 3. Supportive school environments 4. Sustainability 5. Youth Engagement 6. Aboriginal Mental Health	11:00-12:15	Peer Support Activity Challenging stigma – the invisible history in our communities. Seek out advice from those around you and problem solve with others.
		12:00-1:00	LUNCH	12:00-1:00	LUNCH	12:15-1:00	LUNCH
12:00-1:00-3:00	Registration Youth Orientation-World Café Children’s Program Registration	1:00 – 3:00	Concurrent sessions What does the research tell us? And how can we use it in Atlantic Canada?	1:00 – 4:00	Open Space Participant Forum: Vision to Action Dynamic, guided process to inform next steps.	1:00-2:30	Community Organizing 101 Focusing on the importance of community development and action this session will allow participants to reflect on the factors needed to create positive change. Through scenarios participants will develop their ability to work collaboratively and mobilize communities around specific issues or actions.
3:00-5:00	Registration Youth Orientation - Amazing Race Children’s Program Registration	3:15 – 4:30	Atlantic Canada Showcase Learn about innovative programs and build networks! Wrap up – Reflections	4:00	CLOSING – - Evaluation - outline of post symposium program Aboriginal Closing	2:30 – 3:00	Wrap up and closing Departure
5:00-6:30	Registration Youth Dinner	4:30 – 6:30	Youth Debrief and Journaling Free Time for others	4:30	DEPARTURE – goodbye friends!		
6:30-8:30	Keynote Speaker: Hot Topics in Child and Youth Mental Health: How many partners does it take to change a lightbulb (or a system)? Welcome Reception	6:30 – 8:30	Multicultural Meal Entertainment Including families Evening Plan to be determined by the youth participants		Evening Plan to be determined by the youth participants		

