Atlantic Summer Institute on Healthy and Safe Communities Children's Program

Monday August 21st 2023	
6 h—6 h 15	Registration Drop off. Create name tag design
6 h 15—6 h 45	Icebreakers
6 h 45—7 h 30	Introduction to workshop: Lets paint our feeling.
7 h 30—8 h 30	Activity to create our own T-shirt design
8 h 30—8 h 45	Snack: Cow's Ice Cream, fruit tray.
8 h 45—9 h 15	Introduction to Songwriter's Workshop
9 h 15	Pick up children

Tuesday August 22nd 2023		
9 h—9 h 30	Registration Drop off	
9 h 30 -10 h 30	Songwriter's Workshop with Victor Cal y mayor	
10 h 30	Nutritional break	
10 h 45 – 11 h 45	Workshop: Let's paint our feelings (Part 1)	
11 h 45—12 h	Walk to the Confederation Center of the Arts	
12 h—1 h	Art Gallery tour at the Confederation Center of the Arts	
1 h—1 h 30	Lunch	
1 h 30—1 h 45	Walk to Holland College	
1 h 45—3 h	Workshop: Let's paint our feelings (Part 2)	
3 h—4 h 30	Julie Pellesier: Traditional stories, songs, and history of the Island's Mi'kmaq people.	
4 h 30—4 h 15	Visit from Charlottetown Police Officer	
4 h 15—5 h	Practice song for the Performance for the delegates	
5 h 15	Pick up children	

Wednesday August 23rd 2023		
9 h—9 h 30	Registration	
	Drop off	
9 h 30—10 h 15	Recycling workshop: What can we do?	
10 h 15—11 h	Activity from STEAM PEI	
11 h—11 h 15	Nutritional break	
11 h 15—12 h	Walk to Confederation Centre of the Arts.	
12 h—1	Show: Munschables, Outdoor Amphitheatre, Confederation Centre of the Arts	
1 h—1 h 30	Lunch	
1 h 30—2 h	Transportation from Holland College to Bell Aliant Centre	
2 h—3 h 30	Swimming at the Bell Aliant Centre	
3 h 30—3 h 45	Nutritional break	
3 h 45—4 h 15	Transportation from Bell Aliant Centre to Holland College	
4 h 15 — 4 h 45	How to prepare a healthy snack, let's do it!! by Culinary Chef Teresa Mendoza.	
4 h 45	Performance for the delegates.	

- This program is subject to change.