

**Atlantic
Summer
Institute
on Healthy
and Safe
Communities**



**l'Institut
d'été sur les
collectivités
sûres et en
santé au
Canada atlantique**

Atlantic Report

ASI Online Provincial Workshops

Submitted to

ASI Steering Committee

By

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July 31, 2022

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"This is an exciting time for us to look at infant, child and youth mental health through the lens of what our First Nations practiced tens of thousands of years in terms of the idea of being included and valued as a citizen from the beginning of life and right through to being an elder."...

"community is the answer and I am really looking forward to our time today where we can look at taking care of each other day to day and also looking upstream at where the investment can be made for our lifelong health and especially during the periods of the brain's development and when they occur in infancy and early childhood".

Jim Mustard, - Founder and Board Secretary, Raising The Villages Cooperative

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Background Information

The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI) is a bilingual, not-for-profit organization established in 2003 with a mission to serve as a catalyst for social change, by increasing capacity for action on the social determinants of health and building on strengths in the Atlantic Canada region.

During 2020–2021, ASI developed a policy brief, in partnership with A Way Home Canada and a policy brief working group, to promote investment in **upstream** policies and supportive actions for child and youth mental health. This work is based on the belief that with collective action we can shift the ways in which community and government drive policy and fund innovation.

“Upstream interventions and strategies focus on improving fundamental social and economic structures in order to decrease barriers and improve supports that allow people to achieve their full potential.

Downstream interventions and strategies focus on providing equitable access to care and services to mitigate the negative impacts of disadvantage on health” (NCCDH 2014, 6).

The policy brief proposes transformative change, calling for action on four broad priorities: “whole-of-government approach”, “whole-of-society approach”, “whole-of-community approach” and a Sustainable and Integrated Funding Model¹. These, if done in concert, can integrate efforts into a comprehensive approach that promotes and supports the mental health of children and youth, their families, and communities.

On March 9, 2022, ASI released the policy brief **Upstream Investment: Placing infant, child and youth mental health promotion at the forefront**. This policy brief draws on current evidence with the goals of

¹ ASI’s policy brief can be accessed through the following links:

- Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf
- Infographic: www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf

influencing policy in Atlantic Canada to promote the mental health of children and youth, and highlighting and strengthening the great work that is already underway.

In March 2022, a project, entitled *Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada*, was approved for funding by the Public Health Agency of Canada's through the Intersectoral Action Fund (ISAF).

This project will further the efforts of the Public Health Agency of Canada (PHAC) to foster the effective intersectoral action for health equity and well-being that is crucial to addressing population health, particularly in the contemporary context of complex public-health challenges; and support action on the social determinants of health by building capacity in communities to advance intersectoral action.

Activities embedded in the one-year project include leadership by an intersectoral Steering Committee; partnership development and strengthening; communicating with elected officials, policy makers, and community leaders in provincial, federal and indigenous governing bodies; as well as mobilizing support of the media and the public. The anticipated outcome within the year is that we will see action on developing mental-health-in-all policies across Atlantic Canada, which in the longer term will result in the improved mental health of infants, children and youth, and will impact the health of the population.

The **goal** of the project is to enhance capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society, to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

The objectives of the project are:

1. To provide leadership and accountability to knowledge mobilization of the ASI Policy Brief on upstream investment in policies that promote infant, child and youth mental health.
2. To establish relationships and deepen partnerships with organizations representing diverse cultures, languages and sectors in our mutual commitment to advocating for and demonstrating policies that promote infant, child and youth mental health in Atlantic Canada
3. To action a knowledge mobilization plan that will promote an intersectoral movement from awareness to action in advancing recommendations outlined in the ASI Policy Brief.
4. To effectively measure and assess progress in achieving objectives of the project, evaluate the impact of knowledge mobilization in achieving the goal, capture knowledge, and disseminate.

The project elected to use a participatory action research (PAR) approach within a realist framework to support continued work on implementing the policy brief and deepening partnerships in Atlantic Canada. Specifically, it is anticipated that generating knowledge that will inform future work in developing intersectoral policy in the following areas:

- Understanding where information/knowledge needs and gaps exist, segmented by specific target audiences (for knowledge translation or dissemination), and actors/agents of change (for knowledge mobilization).
- Understanding the differential impact of social determinants of mental health on vulnerable populations, i.e., Indigenous communities, LGBTQ+ community, people living in poverty, racialized groups, new immigrants.
- Knowledge of ways to combine indigenous ways of knowing with Western world views and approaches at relationship and governance levels
- Knowledge about successful, evidence-based models to support and promote mental health for infants, children and youth in above identified populations.
- Knowledge about policies that support mental health promotion for infants, children and youth, e.g., Health in All Policies.
- Links to pre-existing or emerging priorities of Atlantic provinces, current and emerging legislation, intersectoral policy frameworks and structures.
- Identification of potential allies in each province, across the Atlantic Region and across Canada that share a common agenda and are willing to support local and provincial efforts in the Atlantic Region.

Provincial Workshops – Description

To mobilize the implementation of the ASI Policy Brief in communities, deepen ASI partnerships, and generate knowledge that will inform future intersectoral policies, the Project Steering Committee initiated a series of online workshops in July 2022, one in each of the four Atlantic provinces.

In partnership with ASI, each of these workshops was hosted by provincial organizations representing a variety of sectors with a vested interest in mental health policy.

- United Way of PEI - Treena Smith, Director of Community Impact and 211 (July 6)
- New Brunswick Multicultural Council - Arianne Melara, Director of Programs and Policy Development (July 7)
- Raising The Villages Cooperative - Jim Mustard (NS), Founder and Board Secretary (July 8)
- Canadian Mental Health Association Newfoundland and Labrador Division (CMHA NL) - Kimberly Dawson, Chief Executive Officer (July 13)

An invitation list was created with input from all Steering Committee members, and invitations were sent by the host organizations (Appendix A - Letter of Invitation). In addition, to promote the workshops, a press release was sent to all major media in Atlantic Canada (Appendix B - Media Release), posts were made on social media (Facebook, Twitter, LinkedIn and Instagram) and email reminders were sent to those who registered. The response resulted in these workshops having intersectoral representation from across each province representative of non - profit organizations, Indigenous organizations, various sectors of government and academia.

In consultation with the Project Steering Committee, ASI contracted Wendy Kraglund-Gauthier, a consultant from Antigonish, NS, as the lead facilitator to design and facilitate a consistent workshop process in each province (Appendix C - Workshop Agendas). She also trained local facilitators recruited by the host organizations. Interpretation Services (English-French/French-English) were provided by JCB Interpretation Inc. of Dieppe, NB. Documents were translated from English to French by Bourret Translation Inc.

The workshops were designed to meet the following objectives:

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

In each workshop, the provincial host welcomed all participants, provided a land acknowledgement and commented on the value of the partnership with ASI and the project.

Malcolm Shookner, President of ASI, made a PowerPoint presentation on the ASI Policy Brief (Appendix D - ASI Policy Brief Slideshow) and invited questions from participants.

Local facilitators, who had previously been trained in using Google JamBoard, were provided with links and instructions (Appendix E - Facilitator Instructions) to lead discussions in virtual/online breakout rooms around the following questions:

- Who are the **Champions** of upstream investment in infant, child and youth mental health in your province?
- What **Upstream Policy Initiatives** are Currently Underway?
- What **Capacity** (resources, administrative structures and skills) **exists or is needed** to advance ASI Policy Brief?

Local facilitators shared the key discussion points from each breakout room with the large group, and Wendy Kraglund-Gauthier engaged all participants in a discussion of the following questions using the Zoom microphone, chat and JamBoard features:

- What are ways we can help you move your energy from coping with crises (downstream) to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

**A summary of these discussions is provided below. Detailed information from each province is included in Appendices I & J.*

Provincial Workshop – Discussion Summary

Not including the hosts and facilitators, a total of 100 people attended the workshops - 27 attended the PEI workshop, 33 the NB workshop, 17 the NS workshop and 23 the NL workshop. Given that many of the notes related to a provincial context, these were not summarized at a regional level, for fear the richness of the input would be lost. Instead, the emerging themes are identified in this summary of the discussions. All input to the JamBoard, notes from the chat feature of Zoom, and group discussions (audio recording) are outlined in detail in the appendices.

A. Champions of Upstream Investment in Infant, Child and Youth Mental Health

Over the course of the four workshops there were 217 champions identified in response to the question: *Who are the **Champions** of upstream investment in infant, child and youth mental health in your province?* (PEI - 55; New Brunswick 52; Nova Scotia 53; Newfoundland and Labrador 57) representing a large cross-section of sectors, including Child and Youth Programs, Community Programs, Educational Programs, Government, Health Services, Private Sector and Sport & Recreation.

A full list of these champions is in Appendix F.

B. Upstream Policy Initiatives Currently Underway

In response to the question: *“What Upstream Policy Initiatives are Currently Underway?”* it is encouraging to note that over the course of the four provincial workshops there were 96 “Current Upstream Policy Initiatives” identified in the Atlantic region (PEI - 20; NB - 24; NS - 13; NL - 39).

The complete list as generated by participants is in Appendix G.

C. Capacity (resources, administrative structures and skills) that exists or is needed to advance ASI Policy Brief

In response to the question: *“What Capacity (resources, administrative structures and skills) exists or are needed to advance ASI Policy Brief?”*, the main themes identified from the discussions in all provinces are:

- Enhanced education, programs and training
- Greater communication, collaboration and coordination
- Long-term funding and support

The complete list generated by workshop participants is in Appendix H.

D. Strategies to move your energy from a focus on crisis to upstream

Given how difficult it is to move investments and personal energy upstream, the group was asked *“What are ways we can help you move your energy from coping with crises to focusing upstream?”* The groups

acknowledged that moving upstream is more difficult post-COVID as many people are exhausted. However, there were several areas of action suggested, showing the following themes

- Personal/Community/Workplace Actions
- Systemic Changes
- Funding Realignment

The complete list generated by workshop participants is in Appendix I.

E. Recommendations for achieving our goal of upstream investment in mental health promotion

The large group was posed the question: *“What recommendations would you have for achieving our goal of upstream investment in mental health promotion?”* Discussions in each workshop resulted in recommendations specific to the provincial context. While these recommendations at a provincial level are outlined in the appendices, there was also enough consistency in the themes that these can be presented as overall recommendations for Atlantic Canada. The four priority areas of the ASI Policy Brief resonated with those in attendance, and clearly there is growing awareness of the evidence of the need for upstream investment, and a momentum to mobilize efforts in investing upstream.

Recommendations: Atlantic Provinces

The recommendations for Atlantic Canada are based on those identified in the provincial workshops (Appendix J - Recommendations) in response to the question, *“What recommendations would you have for achieving our goal of upstream investment in mental health promotion?”*

The recommendations are organized according to the areas of priority identified in the ASI Policy Brief, elaborated as follows:

1. A “whole-of-government approach” by implementing a Mental Health in All Policies Framework by all sectors, building on the Health in All Policies (HiAP) Framework developed by the World Health Organization (WHO 2014).
2. A “whole-of-society approach” through development of a Multi- Stakeholder Platform for the Atlantic region, where representatives from diverse communities, Indigenous organizations, academia, governments and the private sector share knowledge and co-design solutions for evidence-based policies and programs.
3. A “whole-of-community approach” through Investment in Community Action. Community groups and organizations are already doing the work to create supportive environments for their children and youth. Ensuring communities have the support necessary to do this work is vital.

4. A Sustainable and Integrated Funding Model that supports these comprehensive approaches by investing in and maximizing social capital in our communities. The funding would consist of multisectoral contributions in each province; a single application from communities; multiyear sustainable funding; and a focus on the promotion of mental health through innovation, addressing the roots of mental health inequities, and evaluation.

Priorities	Recommendations
“Whole-of-Government”	<ol style="list-style-type: none"> 1. Increase awareness and understanding of the importance of upstream interventions at all levels and sectors of government so there is greater desire for upstream change 2. Create a collaborative upstream mindset within government (all levels and sectors) by education and information about who “the experts/champions” are, existing best practices, etc. 3. Acknowledge the challenges posed by the cyclical nature of policy making and service delivery to seek and secure multi-term/long-term funding support 4. Designate an office to lead a table of deputy ministers responsible for implementing Mental Health in All Policies- 5. Secure Government investment to ensure families can provide the essentials to infants, children and youth, and to ensure everyone has access to affordable housing, income supports, etc.
“Whole-of-Society”	<ol style="list-style-type: none"> 1. Increase the desire for upstream practices through education and communication, including partnering with mainstream media, social media, etc. 2. Integrate Upstream Mental Health focus into university and college program curriculums, training our future workforce to appreciate/implement upstream approaches 3. Identify and implement “best practices” - Do an environmental scan (local, regional, provincial, international) to identify what successful upstream interventions and practices look like; what key markers along the way demonstrate progress is being made, and what long-term successes/results are 4. Create a forum for stakeholder information sharing and collaboration
“Whole-of-Community”	<ol style="list-style-type: none"> 1. Create a coalition of intersectoral champions to coordinate efforts and advocate for upstream interventions and strategies. 2. Approach 211 to expand its scope to create a database of upstream initiatives.

	<ol style="list-style-type: none"> 3. Create processes to seek input and gather information from target populations (youth, families, minorities, etc.) so data can be collected and used to inform policy development. 4. Develop a better understanding of how various aspects (housing, justice, immigration, education, climate, etc.) of people’s lives are integrated and impact mental health
Sustainable and Integrated Funding Model	<ol style="list-style-type: none"> 1. Obtain secure funding, multi-year operational funding, sufficient funding for programming and projects 2. Ensure grants are being given to high-impact, upstream programs with a focus on the promotion of mental health through innovation and evaluation. 3. Create efficient and effective communication, application, selection and distribution processes for the allocation of grants.

Conclusion

In reviewing the records of the four provincial workshops, the enthusiasm for a shift to upstream investment in infant, child and youth mental health promotion amongst host organizations, facilitators and participants is evident. All workshops identified multiple champions for upstream investment in infant, child and youth mental health. Yet, while there are many champions and upstream initiatives in communities across each province, a consistent theme that emerged is that there is little coordination or collaboration between programs. Additionally, while resources, administrative structures and skills to embark on greater upstream investment exist in each province, there is also a need for greater education, capacity, investment, political will and public endorsement.

It was consistently acknowledged that the pandemic has taken a toll and that many people and organizations are feeling exhausted personally and professionally. However, when asked how to move energy from crisis management to thinking upstream, participants were proactive and wide thinking in terms of solutions. These included suggestions for increasing awareness of the definition and value of upstream approaches, sharing success stories, forming relationships, investing in parents, creating forums in communities for collaboration, promoting system change, building long-term vision and capacity, and realigning funding to support improved and equitable social and economic determinants of health, to evaluate outcomes, and to provide sustainable funding for community organizations.

An evaluation conducted by Nishka Smith Consulting indicated that participants found the workshops to be well organized; learned about the ASI Policy Brief; had opportunities to express their views; and explored issues with others in their province. A full report of the evaluation is attached in Appendix K. Overall, 94% of 31 respondents indicated that they are committed to taking action. Six participants commented on how they will take action, as noted below.

“Supports for mental health in infants. Joining in on policy making.” (Survey Respondent)

“Meeting basic needs so people can thrive, not just survive.” (Survey Respondent)

“Continuing to support healthy public policy to reduce poverty and improve living condition for families and children in care.” (Survey Respondent)

“Staying informed and taking a leadership role in our province.” (Survey Respondent)

“Advancing First Nation mental health cultural safety practice standards.” (Survey Respondent)

“Implementation of mental health for all in work within the sector.” (Survey Respondent)

Appendices

- A. Letter of Invite to ASI Online Provincial Workshops
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Lettre d'invitation pour participer aux ateliers provinciaux en ligne de l'IEA

Bonjour à toutes et à tous :

En partenariat avec l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique (IÉA), Conseil Multiculturel du Nouveau-Brunswick aimerait vous inviter à participer à un atelier en ligne qui aura lieu le 7 juillet 2022, de 9 à 11 h, sur Zoom.

L'IEA a récemment publié un mémoire préconisant un investissement « en amont » dans la promotion de la santé mentale, intitulé ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*** (l'investissement en amont : accorder une place de premier plan à la promotion de la santé mentale des nourrissons, des enfants et des jeunes). L'IEA est maintenant à la recherche de personnes comme vous dans la région de l'Atlantique qui souhaitent promouvoir la santé mentale des nourrissons, des enfants et des jeunes. Le moment est **venu de renforcer les capacités et de travailler ensemble aux problèmes de notre région!**

Par conséquent, nous souhaitons vous inviter à prendre part à un ***processus en ligne***. Dans le cadre de ce dernier, vous prendrez connaissance du mémoire et du document d'orientation et vous participerez à une discussion animée au cours de laquelle vous pourrez reconnaître les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui commencent dès la petite enfance à promouvoir la santé mentale. Nous explorerons également les possibilités de collaboration entre les secteurs, les disciplines et les cultures en Nouveau-Brunswick. Les commentaires recueillis seront communiqués au Conseil des premiers ministres de l'Atlantique et à d'autres décideurs de l'Atlantique en vue d'un investissement en amont dans la promotion de la santé mentale.

L'inscription est gratuite et la participation à chaque consultation est limitée à 50 personnes selon le principe premier arrivé, premier servi. Si vous ne pouvez pas participer aux ateliers, veuillez encourager une autre personne de votre organisation à y assister. Veuillez vous inscrire dès que possible :

- Nouveau-Brunswick: <https://www.eventbrite.ca/e/372858869917>
- Il est possible d'avoir accès au mémoire par l'entremise des liens suivants :
 - Infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>
 - Dossier complet : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>
 - Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Résumé.pdf>

Le financement de ces ateliers est rendu possible grâce au Fonds d'action intersectorielle de l'Agence de la santé publique du Canada dans le cadre d'un projet d'un an visant à faire progresser l'investissement en amont dans les politiques qui favorisent l'équité et la santé mentale chez les nourrissons, les enfants et les jeunes du Canada atlantique et d'ailleurs. Le Fonds permet d'améliorer la capacité par la mobilisation des connaissances pour une action intersectorielle entre les gouvernements, le secteur privé et la société civile.

Soyez positifs... c'est l'été!

Nous sommes encore à deux mois de l'événement, mais nous voulons confirmer que les plans se déroulent comme prévu pour l'IÉA 2022!

L'IÉA 2022 est un forum politique de l'Atlantique sur la promotion de la santé mentale des nourrissons, des enfants et des adolescents qui a pour thème ***Se retrouver : régénérer le pouvoir de l'interaction!*** L'Institut se tiendra à Charlottetown, à l'Île-du-Prince-Édouard, du **22 au 24 août 2022**. Il s'agira d'un événement hybride offrant la possibilité de se joindre de façon virtuelle et regroupant les personnes influentes en matière de politiques au Canada atlantique, c'est-à-dire les politiciennes, les politiciens, les fonctionnaires, les universitaires, les jeunes et les membres de la collectivité. Ensemble, nous nous réunirons pour en apprendre davantage sur les données probantes relatives aux facteurs en amont qui influencent la santé mentale, et pour acquérir les compétences nécessaires afin d'influencer, d'élaborer et de mettre en œuvre des politiques en amont.

Les inscriptions hâtives sont ouvertes jusqu'au 30 juin 2022 à www.asi-iea.ca.

Nous vous encourageons à vérifier vos courriels, car nous vous enverrons le bulletin d'information de l'IÉA, ainsi que la page Facebook pour obtenir d'autres mises à jour.

Conseil Multiculturel du Nouveau-Brunswick et

le conseil d'administration de l'IÉA

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Letter of Invitation to ASI Online Provincial Workshops

Greetings:

In partnership the Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI), New Brunswick Multicultural Council would like to invite you to participate in an online workshop to be held on **July 7 from 9-11:00** on Zoom.

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront***. ASI is now reaching out to people such as you across the Atlantic Region who have an interest in promoting infant, child and youth mental health. **Now is the time to build capacity and collaboratively address our Regional issues!**

Accordingly, we want to invite you in an **online process** that will introduce you to the policy brief and engage your participation in a facilitated discussion in which you can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. We will also explore ways in which we can collaborate across sectors, disciplines, and cultures in New Brunswick. Ultimately your input will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion.

There is no fee to register. Registration for each consultation is limited to 50 people, first come first served. If you are not able to attend, please encourage someone else from your organization to attend. Please register as soon as possible:

- **New Brunswick:** <https://www.eventbrite.ca/e/372199267027>

ASI's policy brief can be accessed through the following links:

- Infographic (two pages): www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf
- Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf

Funding for these workshops is provided through the Public Health Agency of Canada's Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society.

Think Positive – Think Summer!!

It is still two months away, but we want to confirm that plans are indeed unfolding as expected for ASI 2022!

ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme ***Together Again – Regenerating the power of connection!*** Held in Charlottetown, PEI from **August 22-24, 2022**.

It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community. Together we will come together to learn about the evidence on upstream factors that influence mental health, and acquire skills to influence, develop and implement upstream policy.

Early Bird Registration is open until June 30 at www.asi-iea.ca

We encourage you to watch your email for the ASI newsletter and Facebook page for further updates.

Sincerely,

New Brunswick Multicultural Council

and

The ASI Board of Directors

FOR IMMEDIATE RELEASE: July 4, 2022



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l'Institut d'été
sur les collectivités
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Canada atlantique

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ONLINE PROVINCIAL WORKSHOP SERIES: BUILDING CAPACITY FOR “UPSTREAM” INVESTMENT IN YOUTH MENTAL HEALTH PROMOTION

This month, the Atlantic Summer Institute on Healthy and Safe Communities will offer a series of online workshops, in partnership with four provincial NGO hosts

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled *Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*. ASI is now reaching out to people across the Atlantic Region who have an interest in promoting infant, child and youth mental health.

Accordingly, this online process that will introduce to the policy brief and engage participation in a facilitated discussion in which registrants can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. These workshops will also explore ways in which we can collaborate across sectors, disciplines, and cultures in the Atlantic region. Ultimately these discussions will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion. There is no fee to register. Registration for each consultation is limited to 50 people, first come first served.

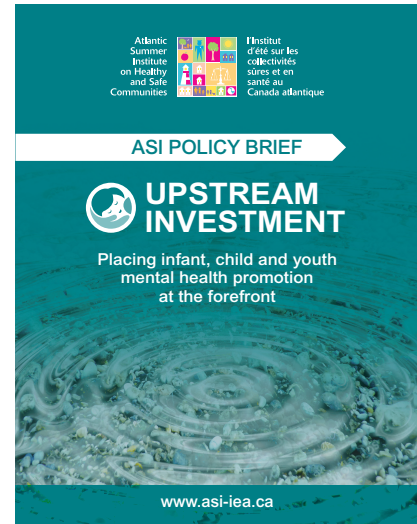
Links to register:

[Prince Edward Island - July 6th 9-11am, hosted by United Way of PEI](#)

[New Brunswick - July 7th 9-11am ADT, hosted by New Brunswick Multicultural Council](#)

[Nova Scotia - July 8th 9-11am ADT, hosted by Raising the Villages](#)

[Newfoundland & Labrador - July 13th 1-3pm NDT, hosted by Canadian Mental Health Association, Newfoundland & Labrador Division](#)



NEW BRUNSWICK
MULTICULTURAL
COUNCIL



CONSEIL
MULTICULTUREL DU
NOUVEAU-BRUNSWICK



Canadian Mental
Health Association
Newfoundland & Labrador
Mental health for all

Funding for these workshops is provided through the Public Health Agency of Canada’s Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society. ASI’s policy brief can be accessed in the following forms: [Infographic \(two pages\)](#), [Full Policy Brief](#), and the [Executive Summary](#).

Looking Ahead: ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme *Together Again – Regenerating the power of connection!* Held in Charlottetown, PEI from August 22-24, 2022. It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community.

FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

Patsy Beattie-Huggan, ASI Coordinator: info@asi-iea.ca / 902-894-3399

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Canada

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www.asi-iea.ca

902-894-3399

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SÉRIE D'ATELIERS PROVINCIAUX EN LIGNE : RENFORCER LA CAPACITÉ D'INVESTISSEMENT « EN AMONT » DANS LA PROMOTION DE LA SANTÉ MENTALE DES JEUNES

Ce mois-ci, l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique propose une série d'ateliers en ligne, en partenariat avec quatre ONG provinciales hôtes

L'IEA a récemment publié un mémoire préconisant l'investissement « en amont » dans la promotion de la santé mentale intitulé *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*. L'IEA sollicite maintenant des parties prenantes de la région de l'Atlantique qui s'intéressent à la promotion de la santé mentale des nourrissons, des enfants et des jeunes.

En conséquence, le procédé en ligne présentera le mémoire et facilitera la participation à une discussion animée au cours de laquelle les personnes inscrites pourront déterminer les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui font la promotion de la santé mentale dès la jeune enfance. Ces ateliers permettront de plus d'examiner différentes façons de collaborer entre secteurs, disciplines et cultures dans la région de l'Atlantique. Au final, ces discussions éclaireront le Conseil des premiers ministres de l'Atlantique et les autres décideurs de la région en ce qui a trait à l'investissement en amont dans la promotion de la santé mentale. L'inscription est gratuite, mais elle est limitée à 50 personnes pour chaque séance, selon le principe du premier arrivé, premier servi.

Liens pour l'inscription :

[Île-du-Prince-Édouard : 6 juillet de 9 h à 11 h, séance organisée par United Way of PEI](#)

[Nouveau-Brunswick : 7 juillet, de 9 h à 11 h \(HAA\), séance organisée par le Conseil multiculturel du Nouveau-Brunswick](#)

[Nouvelle-Écosse : 8 juillet, de 9 h à 11 h \(HAA\), séance organisée par Raising the Villages](#)

[Terre-Neuve-et-Labrador : 13 juillet, de 13 h à 15 h \(HAT\), séance organisée par l'Association canadienne pour la santé mentale, Division de Terre-Neuve-et-Labrador](#)



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Canadian Mental
Health Association
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Mental health for all

Ces ateliers sont financés à même le Fonds d'action intersectoriel de l'Agence de la santé publique du Canada dans le cadre d'un projet d'une année visant à accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs, rehaussant du coup la capacité par la mobilisation des connaissances pour l'action intersectorielle dans les gouvernements, le secteur privé et la société civile. Le mémoire de l'IEA est accessible dans les formats suivants : [infographie \(deux pages\)](#), [mémoire intégral](#) et [résumé](#).

Ce qui s'annonce : IÉA 2022 est un Forum sur les politiques pour la promotion de la santé mentale des nourrissons, des enfants et des jeunes dans la région atlantique qui a pour thème *Se retrouver : régénérer le pouvoir de l'interaction!* et qui aura lieu à Charlottetown (Î.-P.-É.) du 22 au 24 août 2022. Il s'agira d'une activité hybride offrant une option de participation en mode virtuel qui mobilisera les acteurs politiques du Canada atlantique (politiciens, fonctionnaires, universitaires, jeunes et membres du public). Nous nous réunirons pour nous renseigner sur les données probantes au sujet des facteurs en amont qui influent sur la santé mentale de même que pour acquérir des aptitudes pour influencer, élaborer et mettre en œuvre les politiques en amont.

POUR D'AUTRES RENSEIGNEMENTS, DES PHOTOS ET DES ENTREVUES :

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