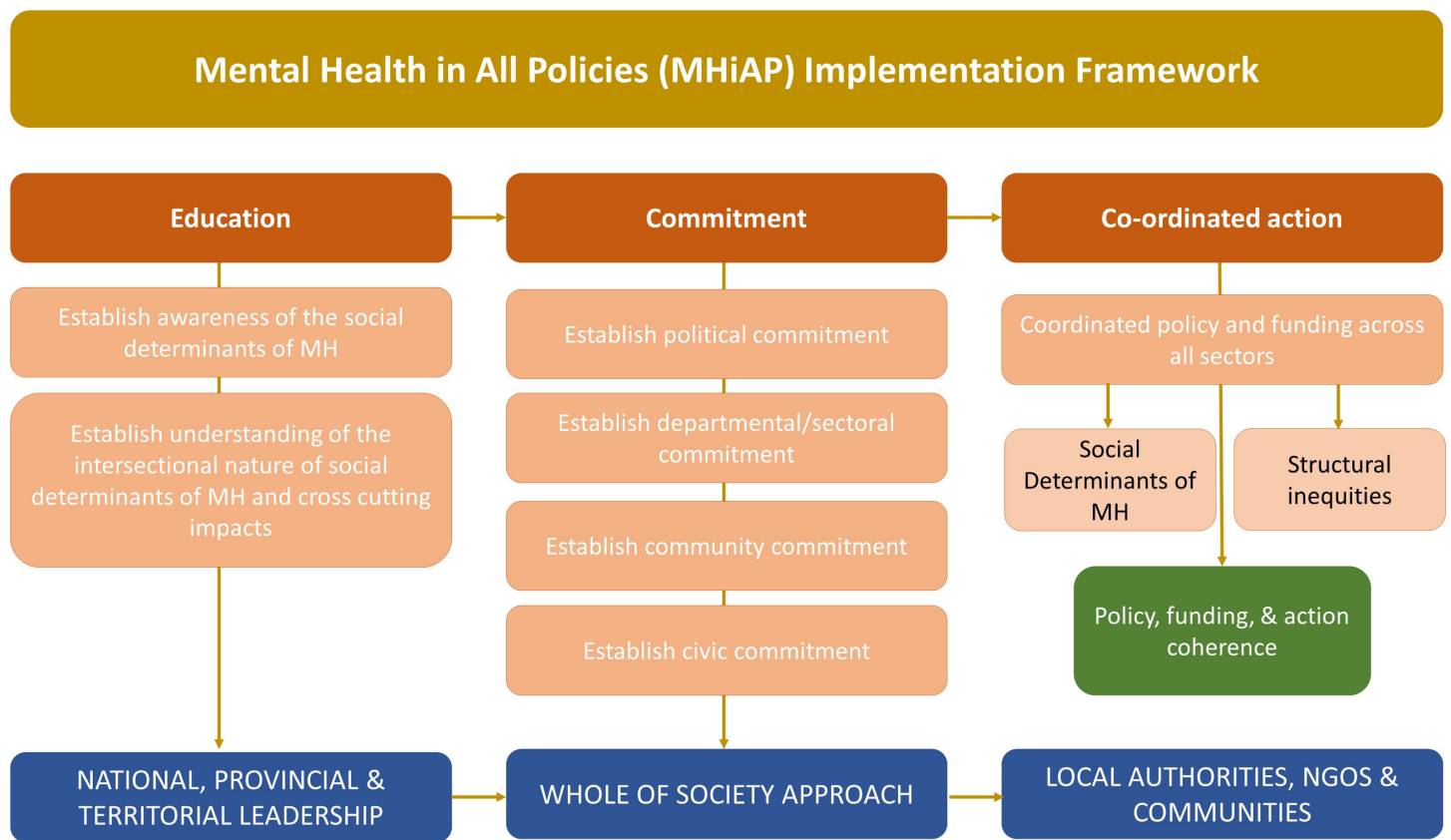




A MHiAP IMPLEMENTATION FRAMEWORK

Why Mental Health in All Policies (MHiAP)?

Social determinants of health make it clear that supporting mental health and wellness requires upstream changes to the systemic factors shaping people's everyday contexts. A critical lever of such change are the policies that impact laws, funding, and resource allocations in the diverse sectors of lived contexts, including work, recreation, well-being, education, and family. While there is widespread support for such change, few resources exist that outline how best to implement widespread and intersectoral policy change that accounts for and integrates consideration of well-being supports. In response, and building on our policy brief, ASI proposes the following implementation framework (what is MHiAP implementation) and guidelines (how to implement MHiAP; see overleaf).



We drew on Barry's (2019) explanation of MHiAP to establish an initial implementation framework. We then integrated aspects of the ASI policy Brief (2022), social determinants of health as outlined in the Circle of Health (Beattie-Huggan, Steinhausen, & Harsch, 2019), and our understanding of community resilience for mental health promotion (Liebenberg & Scherman, 2021). The model has three core steps: educate others about MHiAP and why it matters; obtain multi-level commitment to a coordinated approach to MHiAP; and, develop a coordinated action plan to support coherence in policy development, funding, and resource allocation, and action reflecting the systemic changes needed for effective MHiAP implementation.



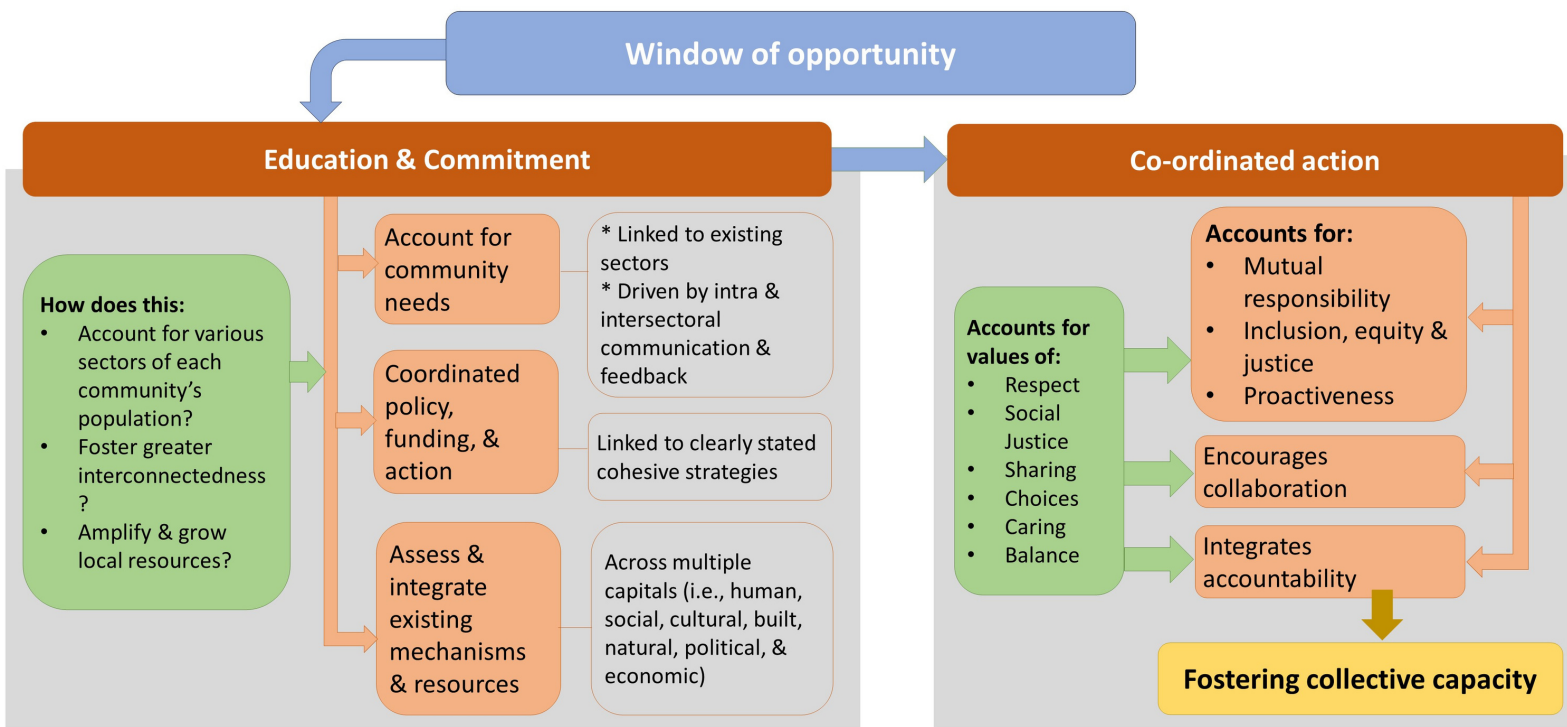


MHiAP IMPLEMENTATION GUIDELINES

Implementing Mental Health in All Policies (MHiAP)

Implementing MHiAP requires a flexible and creative approach to seizing opportunities. These opportunities come in the form of "Windows of Opportunity," moments in time that allow advocates of MHiAP to inform or educate others of the importance and value of MHiAP and work on obtaining commitment from others to find ways of implementing MHiAP in areas that are relevant to their own work. These opportunities should also foster the development of meaningful collaboration and coordination with other sectors, supporting the development of a network of mental health supports across diverse government sectors. To ensure success of implementation, it is important that this work be inclusive and that all stakeholders are accountable for the process and related actions. It is equally important that this process take into account community voices regarding needs and resources, and that these voices represent diverse sectors.

Mental Health in All Policies (MHiAP) Implementation Guidelines



References:

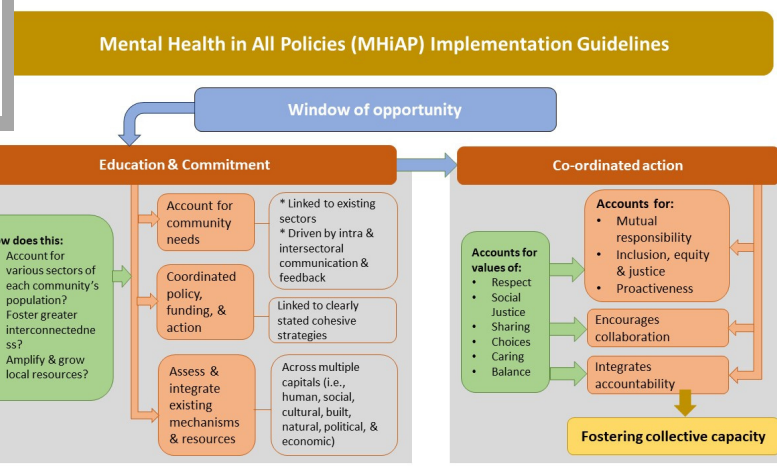
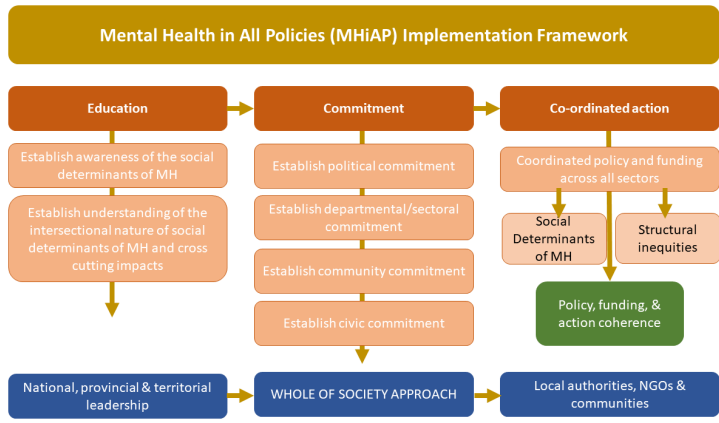
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HiAP Training Options

Little to no information is available on implementing mental health in all policies. The following training resources are available for HiAP, and may be of use in our efforts to implement MHiAP. Importantly, the themes of our own implementation framework and guidelines (see below), are also reflected in each of these resources.



Health in All Policies Training Manual

This manual is a training resource to increase understanding of the importance of HiAP among professionals. The material forms the basis of 2- and 3-day workshops, which build capacity to promote, implement and evaluate HiAP; encourage engagement and collaboration across sectors; promote regional and global collaboration; and promote sharing of skills.

World Health Organisation

<https://www.who.int/publications/i/item/9789241507981>

Health in All Policies Training Manual Slides

WHO HiAP slide decks have been developed to support the implementation of HiAP training activities. As such this resource is primarily aimed at trainers, but would also be of use wanting to expand their understanding of health in all policies, and how it can support mental health in all policies.

World Health Organisation

[https://www.who.int/publications/m/item/health-in-all-policies-\(hiap\)-training-slides-companion-material-to-support-hiap-training-activities](https://www.who.int/publications/m/item/health-in-all-policies-(hiap)-training-slides-companion-material-to-support-hiap-training-activities)

Health in All Policies (HiAP)

Learn how to bring community health and equity into planning and decision-making processes in areas such as education, housing, and transportation in order to support a culture of health.

Rutgers University

<https://www.cpe.rutgers.edu/public-health/health-in-all-policies>

Resources for Health in All Policies

Numerous resources are available on this site explaining health in all policies and for implementing health in all policies. Resources for social determinants of health are also available.

Sophia (Society of practitioners of health impact assessment)
<https://hiasociety.org/Health-in-All-Policies2>

Tools to Support a Health in All Policies Approach: A guide for moving from theory to practice
Toolkit explaining the need for HiAP, what HiAP is, and suggested approaches to implement and assess HiAP together with relevant resources.

Canterbury District Health Board, New Zealand
<https://www.cph.co.nz/wp-content/uploads/HiAPToolkit.pdf>

Additional resources developed by the same team can be found here: <https://www.cph.co.nz/your-health/health-in-all-policies/ways-of-working/>

From Start to Finish: How to permanently improve government through Health in All Policies
Toolkit explaining the need for HiAP, what HiAP is, and suggested approaches to implement and assess HiAP together with relevant resources.

Change Lab Solutions
https://www.changelabsolutions.org/sites/default/files/From-Start-to-Finish_HIAP_Guide-FINAL-20150729_1_0.pdf

A Roadmap for Health in All Policies: Collaborating to win the policy marathon
A resource guide for communities

Change Lab Solutions
https://www.changelabsolutions.org/product/HiAP_Roadmap

Health in All Policies Toolkit

Toolkit explaining the need for HiAP, what HiAP is, and suggested approaches to implement and assess HiAP.

Kent County Health Department, Michigan, USA
<https://hiasociety.org/Health-in-All-Policies2>

Health in All Policies: A guide for state and local governments

This guide was written by the public health facilitators of the California Health in All Policies Task Force and is geared toward state and local government leaders who want to use intersectoral collaboration to promote healthy environments.

American Public Health Association and Public Health Institute
https://www.apha.org/~media/files/pdf/factsheets/health_inall_policies_guide_169pages.ashx

Health in All Policies: Experiences from local health departments

A research reflection on implementing HiAP across various contexts in the USA, sharing lessons learned.

National Association of County and City Health Officials
https://www.naccho.org/uploads/downloadable-resources/NACCHO-HiAP-Report_Experiences-from-Local-Health-Departments-Feb-2017.pdf



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PEI Alliance for Well-Being

For more information see <https://asi-iea.ca/en/>
& www.resiliececonsortium.org