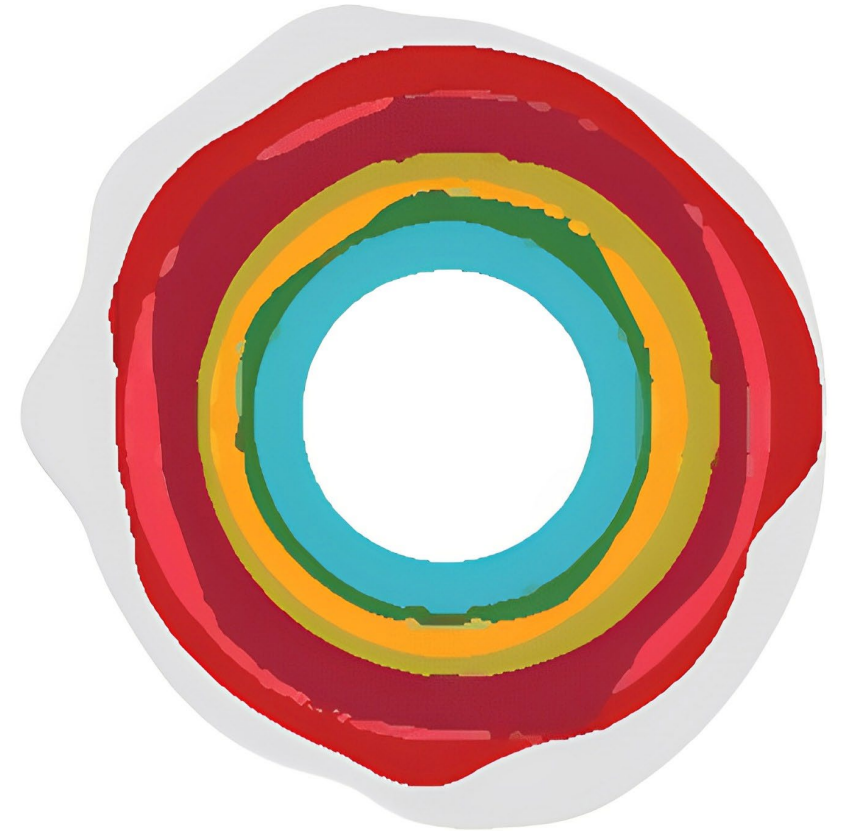


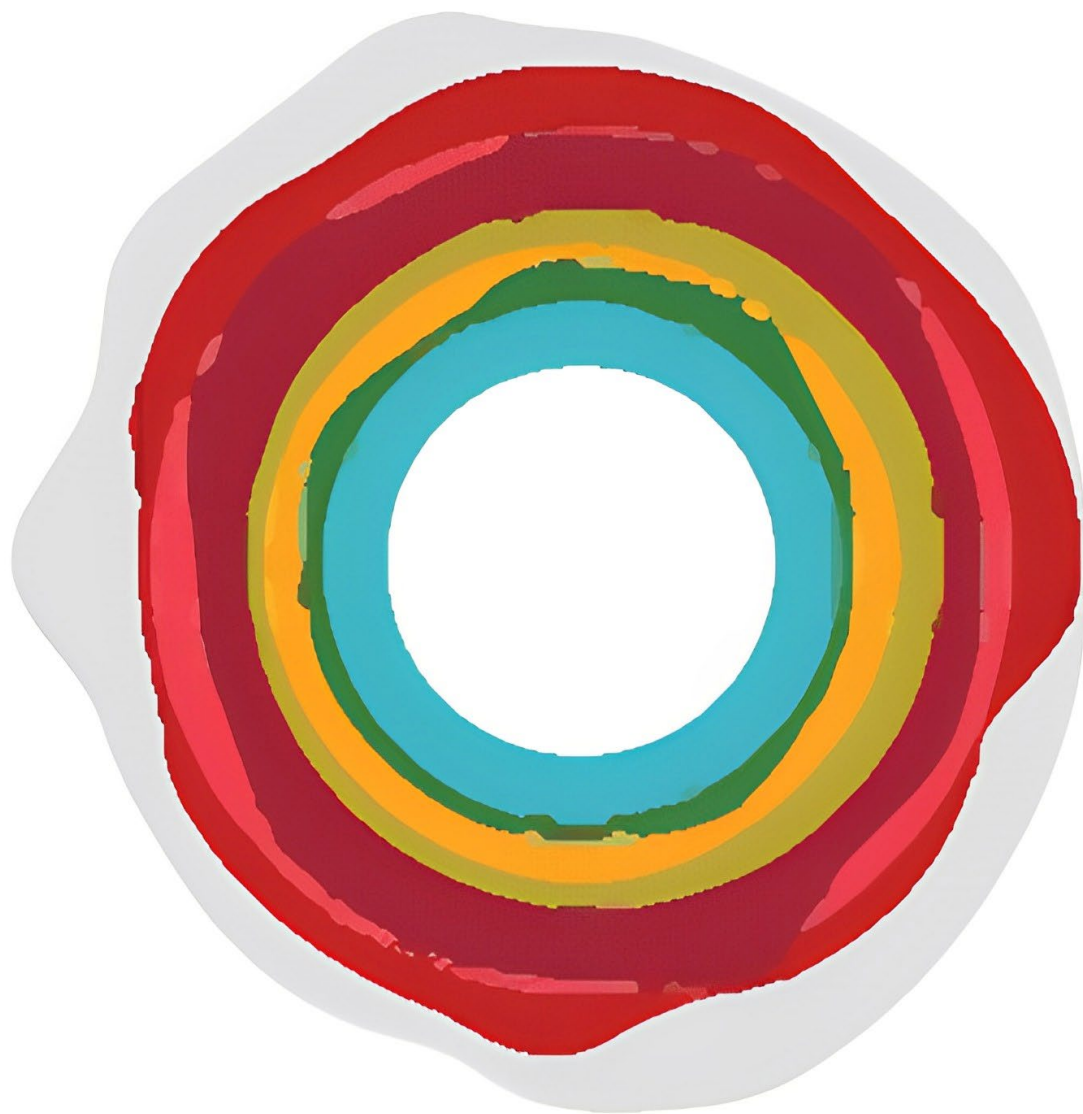
A Mental Health in All Policy Implementation Framework

Linda Liebenberg, PhD

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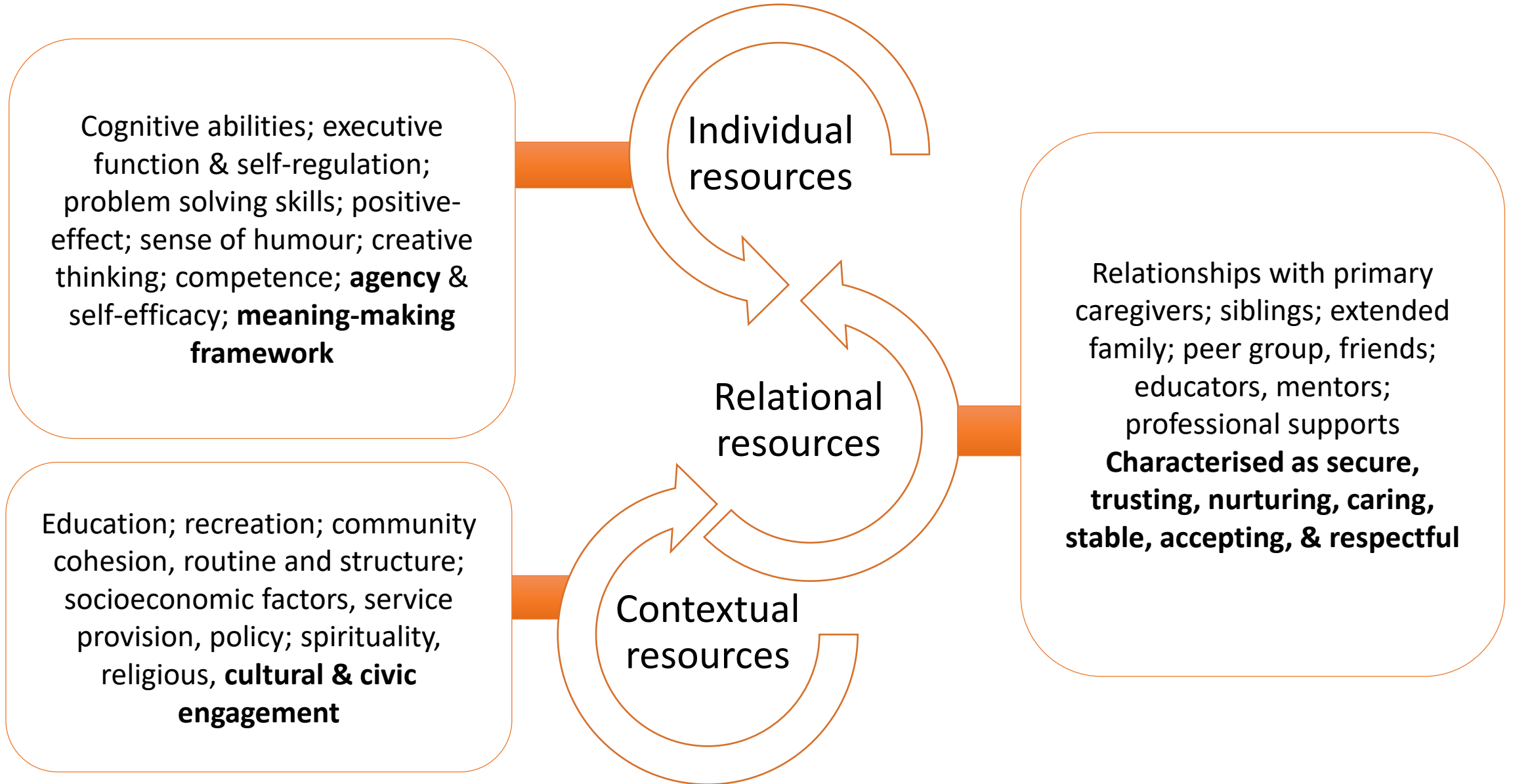




Agenda

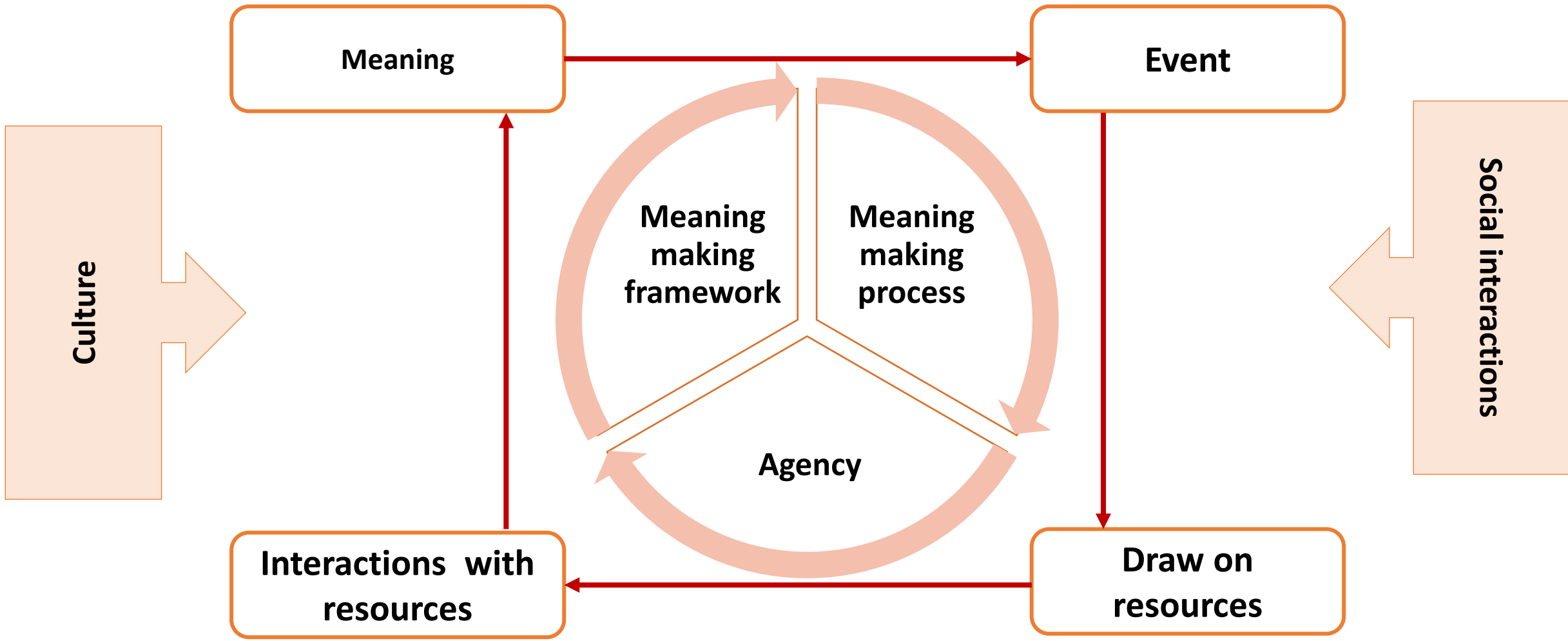
- Resilience: Understanding child, youth, and adult wellbeing
- Resiliency: how does resilience support mental health outcomes
- The role of policy in supporting resilience
- Implementing MHiAP

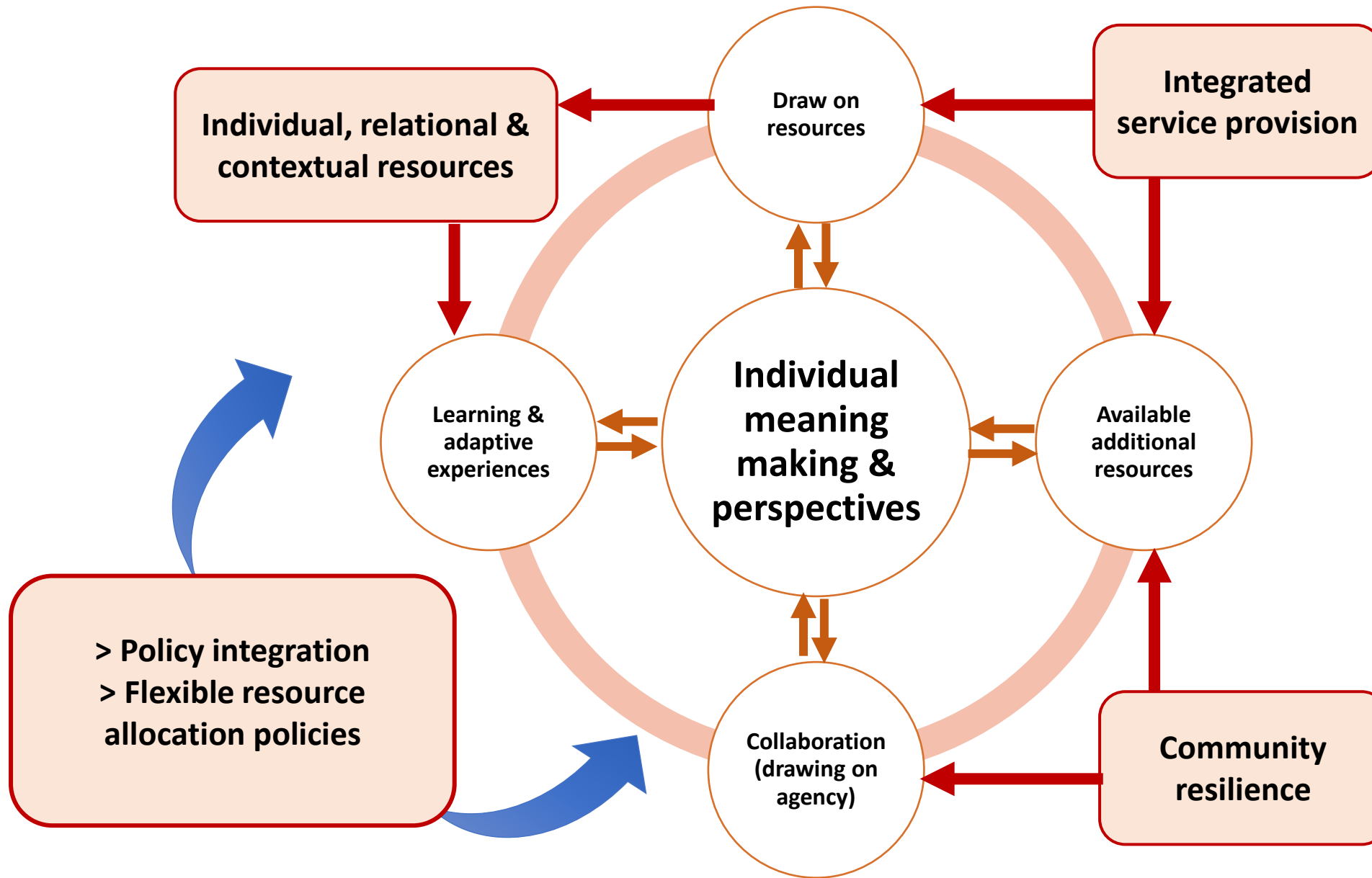
CONSENSUAL RESILIENCE ELEMENTS





AGENCY & MEANING-MAKING AS CENTRAL TO INTERACTIVE RESILIENCE







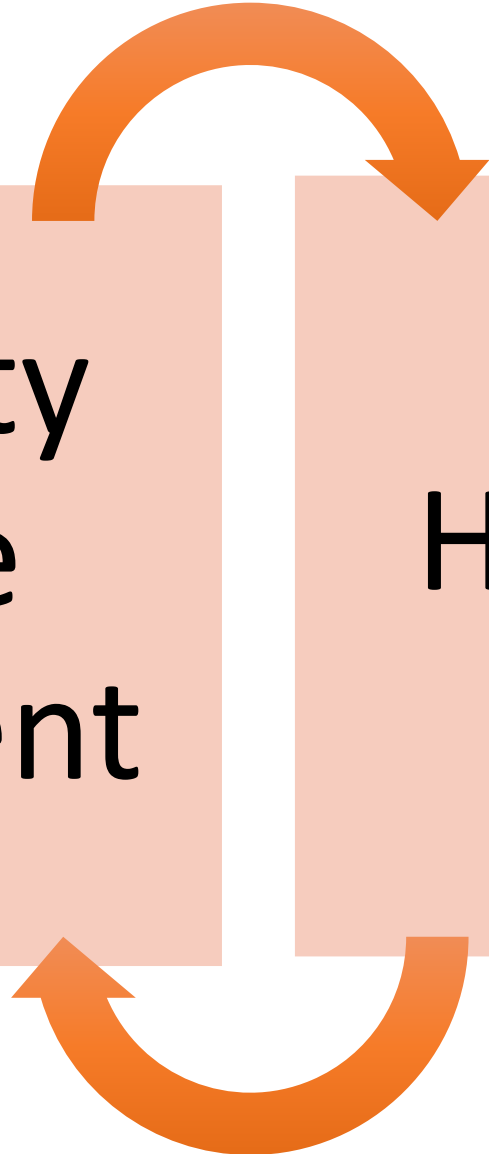


Circle of Health© PEI Health and Community Services Agency, 1996

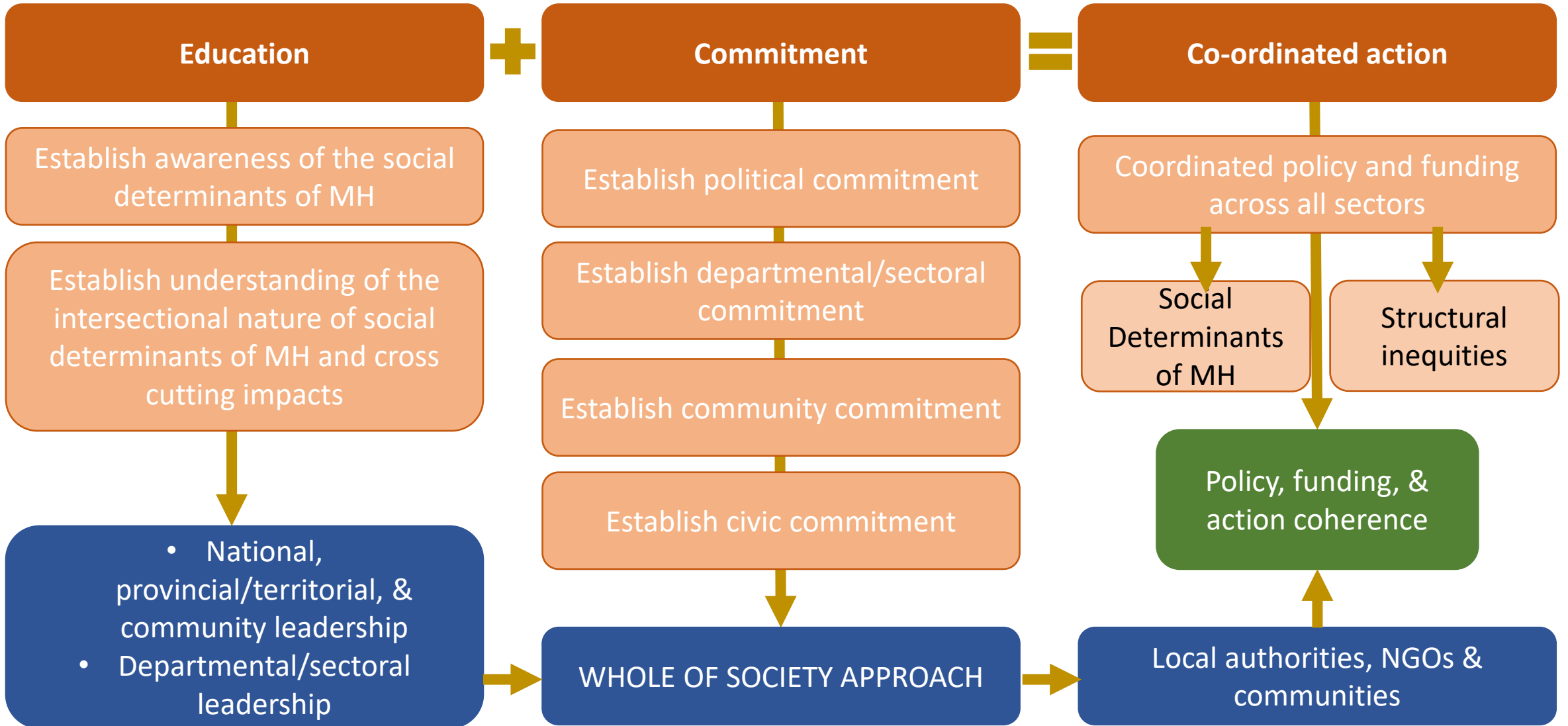


Community
resilience
development

Mental
Health in All
Policies



Mental Health in All Policies (MHiAP) Implementation Framework (WHAT)



Mental Health in All Policies (MHiAP) Implementation Framework (HOW)

Window of opportunity

Education & Commitment

How does this:

- Account for various sectors of each community's population?
- Foster greater interconnectedness?
- Amplify & grow local resources?

Account for community needs

* Linked to existing sectors
* Driven by intra & intersectoral communication & feedback

Coordinated policy, funding, & action

Linked to clearly stated cohesive strategies

Assess & integrate existing mechanisms & resources

Across multiple capitals (i.e., human, social, cultural, built, natural, political, & economic)

Co-ordinated action

Accounts for values of:

- Respect
- Social Justice
- Sharing
- Choices
- Caring
- Balance

Accounts for:

- Mutual responsibility
- Inclusion, equity & justice
- Proactiveness

Encourages collaboration

Integrates accountability

Fostering collective capacity

Mental Health in All Policies (MHiAP) Implementation Framework (HOW)

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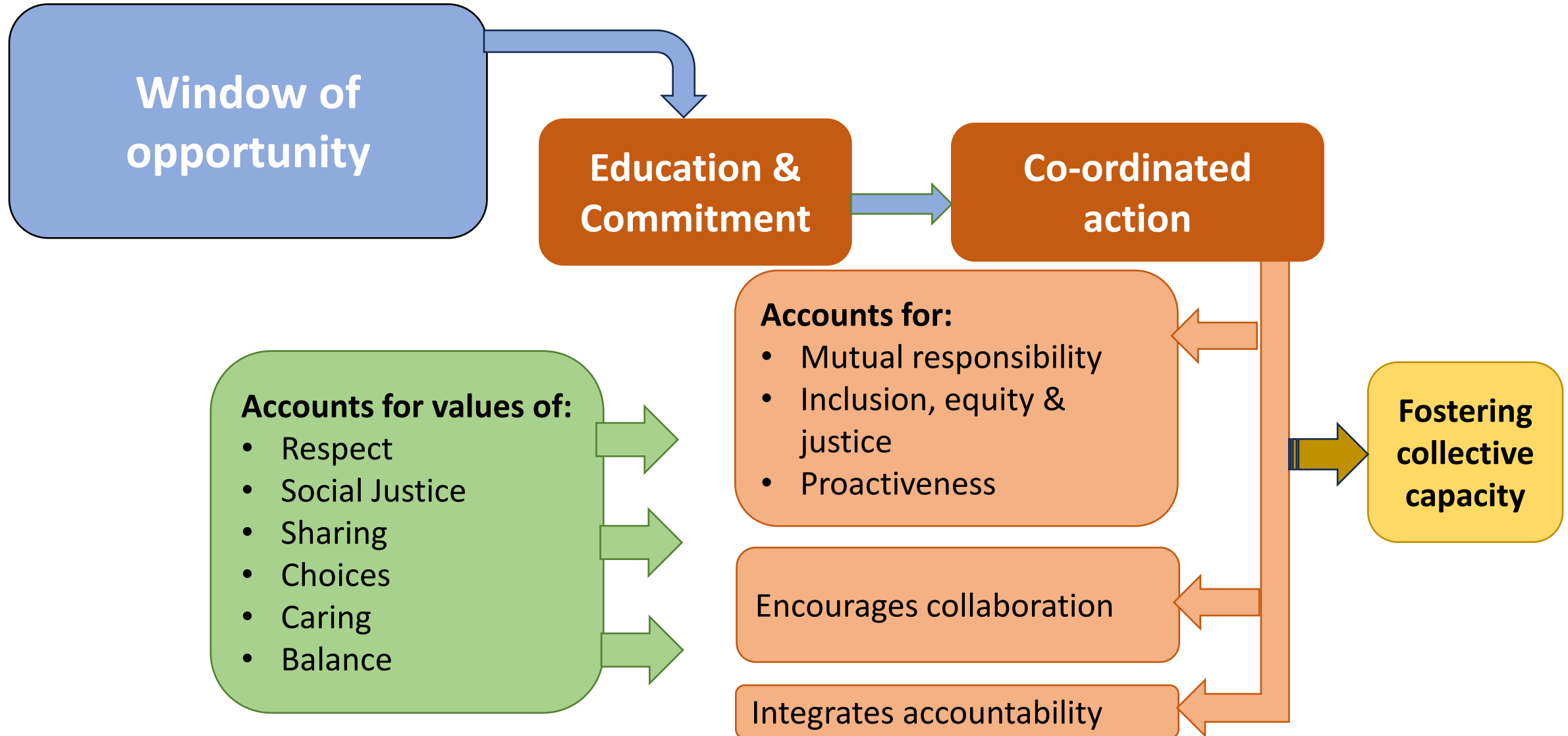
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Mental Health in All Policies (MHiAP) Implementation Framework (HOW)



“In order to achieve uptake of the Mental Health in All Policies approach, it is important to demonstrate mutual benefits by pointing out existing win-win situations of mental health promotion. Co-occurrence of objectives of non-health policy areas with outcomes of mental health promotion actions are strong drivers of the Mental Health in All Policies approach.”

Joint Action on Mental Health and Well-being (2012)
Mental Health in All Policies:
Situation analysis and recommendations for action

Mental Health in All Policies (MHiAP) Implementation Framework (HOW)

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Questions?

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