

**Atlantic  
Summer  
Institute  
on Healthy  
and Safe  
Communities**



**l'Institut  
d'été sur les  
collectivités  
sûres et en  
santé au  
Canada atlantique**

## **Online Provincial Workshop Report**

**New Brunswick  
July 7, 2022**

**Submitted to**

**ASI Knowledge Mobilization Project Steering Committee**

**By**

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July 31, 2022**

**Edited February 2023**

*"This is an exciting time for us to look at infant, child and youth mental health through the lens of what our First Nations practiced tens of thousands of years in terms of the idea of being included and valued as a citizen from the beginning of life and right through to being an elder."...*

*"community is the answer and I am really looking forward to our time today where we can look at taking care of each other day to day and also looking upstream at where the investment can be made for our lifelong health and especially during the periods of the brain's development and when they occur in infancy and early childhood".*

*Jim Mustard, - Founder and Board Secretary, Raising The Villages Cooperative*

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## 1. Background Information

The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI) is a bilingual, not-for-profit organization established in 2003 with a mission to serve as a catalyst for social change, by increasing capacity for action on the social determinants of health and building on strengths in the Atlantic Canada region.

During 2020–2021, ASI developed a policy brief, in partnership with A Way Home Canada and a policy brief working group, to promote investment in **upstream** policies and supportive actions for child and youth mental health. This work is based on the belief that with collective action we can shift the ways in which community and government drive policy and fund innovation.

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*“Upstream interventions and strategies focus on improving fundamental social and economic structures in order to decrease barriers and improve supports that allow people to achieve their full potential.*

*Downstream interventions and strategies focus on providing equitable access to care and services to mitigate the negative impacts of disadvantage on health” (NCCDH 2014, 6).*

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The policy brief proposes transformative change, calling for action on four broad priorities: “whole-of-government approach”, “whole-of-society approach”, “whole-of-community approach” and a Sustainable and Integrated Funding Model<sup>1</sup>. These, if done in concert, can integrate efforts into a comprehensive approach that promotes and supports the mental health of children and youth, their families, and communities.

On March 9, 2022, ASI released the policy brief **Upstream Investment: Placing infant, child and youth mental health promotion at the forefront**. This policy brief draws on current evidence with the goals of influencing policy in Atlantic Canada to promote the mental health of children and youth, and highlighting and strengthening the great work that is already underway.

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<sup>1</sup> ASI’s policy brief can be accessed through the following links:

- Full policy brief: [www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf)
- Executive Summary: [www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf](http://www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf)
- Infographic: [www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf)

In March 2022, a project, entitled *Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada*, was approved for funding by the Public Health Agency of Canada's through the Intersectoral Action Fund (ISAF).

This project will further the efforts of the Public Health Agency of Canada (PHAC) to foster the effective intersectoral action for health equity and well-being that is crucial to addressing population health, particularly in the contemporary context of complex public-health challenges; and support action on the social determinants of health by building capacity in communities to advance intersectoral action.

Activities embedded in the one-year project include leadership by an intersectoral Steering Committee; partnership development and strengthening; communicating with elected officials, policy makers, and community leaders in provincial, federal and indigenous governing bodies; as well as mobilizing support of the media and the public. The anticipated outcome within the year is that we will see action on developing mental-health-in-all policies across Atlantic Canada, which in the longer term will result in the improved mental health of infants, children and youth, and will impact the health of the population.

The **goal** of the project is to enhance capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society, to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

The objectives of the project are:

1. To provide leadership and accountability to knowledge mobilization of the ASI Policy Brief on upstream investment in policies that promote infant, child and youth mental health.
2. To establish relationships and deepen partnerships with organizations representing diverse cultures, languages and sectors in our mutual commitment to advocating for and demonstrating policies that promote infant, child and youth mental health in Atlantic Canada
3. To action a knowledge mobilization plan that will promote an intersectoral movement from awareness to action in advancing recommendations outlined in the ASI Policy Brief.
4. To effectively measure and assess progress in achieving objectives of the project, evaluate the impact of knowledge mobilization in achieving the goal, capture knowledge, and disseminate.

The project elected to use a participatory action research (PAR) approach within a realist framework to support continued work on implementing the policy brief and deepening partnerships in Atlantic Canada. Specifically, it is anticipated that generating knowledge that will inform future work in developing intersectoral policy in the following areas:

- Understanding where information/knowledge needs and gaps exist, segmented by specific target audiences (for knowledge translation or dissemination), and actors/agents of change (for knowledge mobilization).

- Understanding the differential impact of social determinants of mental health on vulnerable populations, i.e., Indigenous communities, LGBTQ+ community, people living in poverty, racialized groups, new immigrants.
- Knowledge of ways to combine indigenous ways of knowing with Western world views and approaches at relationship and governance levels
- Knowledge about successful, evidence-based models to support and promote mental health for infants, children and youth in above identified populations.
- Knowledge about policies that support mental health promotion for infants, children and youth, e.g., Health in All Policies.
- Links to pre-existing or emerging priorities of Atlantic provinces, current and emerging legislation, intersectoral policy frameworks and structures.
- Identification of potential allies in each province, across the Atlantic Region and across Canada that share a common agenda and are willing to support local and provincial efforts in the Atlantic Region.

## 2. Provincial Workshops – Description

To mobilize the implementation of the ASI Policy Brief in communities, deepen ASI partnerships, and generate knowledge that will inform future intersectoral policies, the Project Steering Committee initiated a series of online workshops in July 2022, one in each of the four Atlantic provinces.

In partnership with ASI, each of these workshops was hosted by provincial organizations representing a variety of sectors with a vested interest in mental health policy.

- United Way of PEI - Treena Smith, Director of Community Impact and 211 (July 6)
- New Brunswick Multicultural Council - Arianne Melara, Director of Programs and Policy Development (July 7)
- Raising The Villages Cooperative - Jim Mustard (NS), Founder and Board Secretary (July 8)
- Canadian Mental Health Association Newfoundland and Labrador Division (CMHA NL) - Kimberly Dawson, Chief Executive Officer (July 13)

An invitation list was created with input from all Steering Committee members, and invitations were sent by the host organizations (Appendix A - Letter of Invitation). In addition, to promote the workshops, a press release was sent to all major media in Atlantic Canada (Appendix B - Media Release), posts were made on social media (Facebook, Twitter, LinkedIn and Instagram) and email reminders were sent to those who registered. The response resulted in these workshops having intersectoral representation from across each province representative of non - profit organizations, Indigenous organizations, various sectors of government and academia.

In consultation with the Project Steering Committee, ASI contracted Wendy Kraglund-Gauthier, a consultant from Antigonish, NS, as the lead facilitator to design and facilitate a consistent workshop process in each province (Appendix C - Workshop Agendas). She also trained local facilitators recruited by the host organizations. Interpretation Services (English-French/French-English) were provided by JCB

Interpretation Inc. of Dieppe, NB. Documents were translated from English to French by Bourret Translation Inc.

The workshops were designed to meet the following objectives:

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

In each workshop, the provincial host welcomed all participants, provided a land acknowledgement and commented on the value of the partnership with ASI and the project.

Malcolm Shookner, President of ASI, made a PowerPoint presentation on the ASI Policy Brief (Appendix D - ASI Policy Brief Slideshow) and invited questions from participants.

Local facilitators, who had previously been trained in using Google Jamboard, were provided with links and instructions (Appendix E - Facilitator Instructions) to lead discussions in virtual/online breakout rooms around the following questions:

- Who are the **Champions** of upstream investment in infant, child and youth mental health in your province?
- What **Upstream Policy Initiatives** are Currently Underway?
- What **Capacity** (resources, administrative structures and skills) **exists or is needed** to advance ASI Policy Brief?

Local facilitators shared the key discussion points from each breakout room with the large group, and Wendy Kraglund-Gauthier engaged all participants in a discussion of the following questions using the Zoom microphone, chat and Jamboard features:

- What are ways we can help you move your energy from coping with crises (downstream) to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

*\*A summary of these discussions is provided below. Excluding hosts and facilitators 33 people participated in the NB workshop. The list of participants is included in Appendix F.*

### 3. Provincial Workshop – Discussion Summary

#### A. Champions of Upstream Investment in Infant, Child and Youth Mental Health in New Brunswick

*As identified by participants in the New Brunswick provincial workshop*

Sectors	Champions
Child and Youth Programs	<ul style="list-style-type: none"> <li>● 4-H (Head, Heart, Hands and Health)</li> <li>● Boys and Girls Club</li> <li>● Girl Guides (specifically, Mighty Minds and Gender Power badges)</li> <li>● Junior Achievement</li> </ul>
Community Programming	<ul style="list-style-type: none"> <li>● Canadian Mental Health Association</li> <li>● Capital Region Mental Health</li> <li>● Centre de bénévolat de la péninsule acadienne</li> <li>● Child Youth Advocacy</li> <li>● Chroma: Pride, Inclusion, Equality Inc. (for 2SLGBTQIA+ people in the Saint John region)</li> <li>● Community service groups (e.g. Rotary)</li> <li>● Eastern Door Centre (Elsipogtog First Nation)</li> <li>● Family Resource Centres</li> <li>● First Nations Community Health Centres</li> <li>● First Nations – 3 Tribal Councils</li> <li>● First Nations Advisory Council (Child and Youth)</li> <li>● First Peoples Wellness Circle – Mental Wellness Teams</li> <li>● Integrated Service Delivery</li> <li>● Mental Health Centre</li> <li>● Muriel McQueen Ferguson Centre</li> <li>● Multicultural associations and settlement agencies</li> <li>● NB Association for Community Living</li> <li>● NB Social Pediatrics</li> <li>● NB Champions for Child Rights Inc.</li> <li>● Margaret and Wallace McCain Family Foundation</li> <li>● Planet Youth pilot project</li> <li>● Public libraries</li> </ul>
Education	<ul style="list-style-type: none"> <li>● Schools               <ul style="list-style-type: none"> <li>○ Teachers</li> <li>○ Well-being teams</li> <li>○ Counsellors</li> <li>○ Physical and health education programs</li> <li>○ Intramural and interscholastic sports</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ School Community Coordinators (NB Department of Education and Early Childhood Development)</li> <li>● University/College <ul style="list-style-type: none"> <li>○ Student Affairs/Services</li> </ul> </li> <li>● Atlantic Summer Institute on Healthy and Safe Communities</li> <li>● Parks NB – Outdoor education and connecting with nature programs</li> </ul>
Government	<ul style="list-style-type: none"> <li>● Department of Aboriginal Affairs</li> <li>● Department of Health and Public Health <ul style="list-style-type: none"> <li>○ Addictions and Mental Health branch</li> </ul> </li> <li>● Department of Education and Early Childhood Development <ul style="list-style-type: none"> <li>○ Community Engagement Coordinators</li> </ul> </li> <li>● Department of Social Development</li> <li>● Municipalities</li> </ul>
Sport and Recreation	<ul style="list-style-type: none"> <li>● Atlantic Wellness</li> <li>● Community Health Centres</li> <li>● High 5 program</li> <li>● Volunteer team coaches and child/youth group leaders</li> </ul>

## B. Upstream Policy Initiatives Currently Underway - New Brunswick

*As identified by participants in the New Brunswick provincial workshop*

Current “Upstream” Policy Initiatives in New Brunswick
<ul style="list-style-type: none"> <li>● 3 Tribal Council initiatives</li> <li>● Ability for doctors to prescribe Canadian Park passes (i.e., Fundy national park) as a treatment for mental and physical health</li> <li>● Affordable childcare policies</li> <li>● Anti-racism policy development – NB government recently appointed a Commissioner on Systemic Racism</li> <li>● Guaranteed Basic Income (provincial/federal) <ul style="list-style-type: none"> <li>○ Synergy with basic income advocacy in neighboring provinces</li> </ul> </li> <li>● Black Lives Matter NB Youth Outreach Project</li> <li>● Canada Food Guide</li> <li>● Community Capacity and Resiliency Initiative</li> <li>● Early childhood learning Parent Subsidy Program</li> <li>● Health care reform</li> <li>● Healthy Families, Healthy Babies Program and early childhood intervention services</li> <li>● Integrated Service Delivery <ul style="list-style-type: none"> <li>○ Indigenous model in progress – implication for policy</li> <li>○ Integrated Service Delivery model in schools with emphasis on mental health for students</li> </ul> </li> <li>● Love Shouldn’t Hurt campaign</li> <li>● Minimum wage increase in NB</li> </ul>

- NB Champions for Child Rights project
- NB Child and Youth Advocate (report includes First Nations considerations)
- NB First Nations – anti-racism program (cultural safety in dealing with mental health and addictions)
- NB Health Plan – Mental Health and Addictions pillar
- NB’s Recreation and Sport Policy Framework (overarching goal of wellbeing. Using sport and the recreation system as a mechanism for mental and physical health)
- NB Wellness Strategy and recent social media campaign
- New protections for tenants in NB (e.g. cap on rent increases, limit on how many times rent can be increased in a 12 month period)
- Regional Service Commissions (municipal entities)
- Work to address root causes of household food insecurity that can impact mental health

**C. Capacity (resources, administrative structures and skills) that exists or is needed to advance ASI Policy Brief - New Brunswick**

In response to the question: *“What capacity (resources, administrative structures and skills) exists or are needed to advance the ASI Policy Brief?”*, the main themes that could be identified from the discussions are:

- Enhanced education, programs and training
- Greater communication, collaboration and coordination
- Long-term funding and support

*As identified by participants in the New Brunswick provincial workshop*

**Capacity that EXISTS**

- First Nations Health Transformation Agenda
- Homelessness/housing has a "coordinated access" group
- NB Student Wellness Survey data from the NB Health Council
- NB Multicultural Council’s recent report summary on opportunities for improving access to Medicare for newcomers
- New local government reform in NB – opportunity to partner with municipalities and smaller/rural communities

**Capacity NEEDED**

Coordination and collaboration

- A single access point for those seeking health services and/or information pertaining to existing services
- Addressing underfunding and under-resourcing of Indigenous information (data, resources, etc.)
- Better assistance for families for navigating services such as referrals and better communication across departments
- Better rural language services for newcomers. Help to connect and prevent isolation
- Clear understanding of what each partner’s contribution is
- Creating momentum within communities that drives change
- Data governance model, data framework, an “all of government” data approach to address population issues
- Demonstrated support and input from those with lived experienced

- Embedding children’s rights (The United Nations Convention on the Rights of the Child) into all policies that directly or indirectly impact children and youth
- Evidence to support the positive economic impacts of investing in upstream mental health approaches, to gain political support
- Healthy built environment – Linkages toolkits, community planning linked to mental and physical health of its residents
- Increased skill/capacity in primary prevention to enhance children’s resiliency to cope with adversity
- Intersectional approach to data
- Local government reform
  - Regional Service Commissions need a mandate for community development (asset based community development)
  - Regional Service Commissions should have authority to address mental health
- Leveraging impact assessments / Gender-based analysis plus (GBA+)
- Increased capacity to address mental health concerns for children and youth
- Medicare for newcomers in NB - use the data compiled/recommendations made in the NB Multicultural Council’s report
- Skills and education training on how to implement and support upstream approaches
- Trauma-informed approach to our children and youth in policy, regulations and administrative processes
- Understanding the impacts of poverty, housing, racism, homophobia, etc. on mental health and looking to mitigate these factors, while increasing access to protective measures

#### **D. Strategies to move your energy from a focus on crisis to upstream - New Brunswick**

Given how difficult it is to move investments and personal energy upstream, the group was asked “*What are ways we can help you move your energy from coping with crises to focusing upstream?*” The groups acknowledged that moving upstream is more difficult post-COVID as many people are exhausted.

However, there were several areas of action suggested and themed as:

- Personal/Community/Workplace Actions
- Systemic Changes
- Funding Realignment

#### **Moving Focus/Energy Upstream**

*As identified by participants in the New Brunswick provincial workshop*

#### **What are ways we can help you move your energy from coping with crisis to focusing upstream?**

##### **Personal/Community/Workplace Action**

- Every leader was a follower once. Followers become leaders. Capacity building
- Exposure to and connection with Indigenous cultures and practices. Anti-racism initiatives in schools to help foster a welcoming, inclusive environment for newcomers
- It can take just one person to look upstream (not everyone needs to go upstream)
- Keep the fire burning

- People are so busy surviving they don't have time to thrive. Individuals are burned out – need to move beyond that. Support each other and begin thinking beyond the negative thoughts to what can be done (one-on-one relationships)
- Share information (the more we know, the better we act)
- Stories of success

**System Change**

- Considering the policy/structural impacts that lead individuals into crisis situations, which can be done by using ongoing research that includes the voices of individuals in crisis as leaders of the research
- Equality and equity services
- First Nations need alliances. Cannot do it alone. Need partners to be fully understanding and aware of constraints and realities of First Nations communities before they can understand and align
- Focus on the social economics, health determinants
- Icelandic model of child and youth mental health
- Increase awareness among decision makers at different levels for realizing that their decisions can have a positive or negative impact on health/mental health
- Moving to energy by programs and opportunities – what has worked in other locations?
- Prevention – basic needs provided nationally
- Reduce inequities and increase protective factors
- Someone has to step away from the crisis to see what's going on upstream (in the community)
- Synergy, not silos

**Funding Realignment**

- Importance of upstream approach recognized, for funding opportunities
- More support for basic human necessities by the government - minimum wage increases, sustainable housing, livable, walkable cities with reliable transportation etc.

## 4. Recommendations

The large group was posed the question: *“What recommendations would you have for achieving our goal of upstream investment in mental health promotion?”* Discussions in each workshop resulted in recommendations specific to the provincial context; see the results from the New Brunswick workshop below. They were listed under each of the four main priorities of the ASI Policy Brief:

- Whole-of-Government
- Whole-of-Society
- Whole-of-Community
- Stable and Integrated Funding Model

*As identified by participants in the New Brunswick provincial workshops*

Priorities	Recommendations
Whole-of-Government	<ul style="list-style-type: none"> <li>● National Collaborating Centre for Determinants of Health’s glossary of health equity terms would help with defining. Also available in French <a href="https://nccdh.ca/fr/learn/glossary/">https://nccdh.ca/fr/learn/glossary/</a></li> </ul>

	<ul style="list-style-type: none"> <li>● Reflect on other initiatives across the country</li> </ul>
Whole-of-Society	<ul style="list-style-type: none"> <li>● Conscious effort to educate people at all levels. Can use the local groups to build consensus. Make sure there is someone in the room to ask "what about upstream?". Repeating the message. Consider <b>who</b> is in the room</li> <li>● Educating - What is the definition of upstream? Do we have a shared understanding?</li> <li>● First Nations - conditions and situations vary across populations. Barriers for First Nations. Upstream is the goal, but systemic racism makes upstream efforts difficult</li> <li>● Media coverage, pick up the news release. Focus on what is working and what are the possibilities. Ensure the media presents it accurately</li> <li>● Need to have anti-racism education</li> <li>● Proof of data/study</li> </ul>
Whole-of-Community	<ul style="list-style-type: none"> <li>● Creating solidarity and a coalition of all "champions" to coordinate efforts for policy advocacy</li> <li>● Input from target populations themselves (youth, families, minorities, etc.)</li> <li>● Stream of resources is not reaching everyone, so can only go upstream so far</li> </ul>
Sustainable and Integrated Funding Model	<ul style="list-style-type: none"> <li>● Funding</li> </ul>

While the recommendations outlined above are at a provincial level, there was such consistency in the themes among provinces that all contribute to overall recommendations for Atlantic Canada. The regional recommendations are outlined in the Atlantic report which summarizes the four provincial workshop reports.

## 5. Conclusion

An online evaluation conducted by Nishka Smith Consulting following the workshops reported that not including the hosts and facilitators, a total of 100 people attended the workshops - 27 attended the PEI workshop, 33 the NB workshop, 17 the NS workshop and 23 the NL workshop. A total of 31 participants completed the survey - 8 from PEI, 4 from NS, 13 from NB, and 6 from NL. Of the respondents, 68% (21/31) of respondents represented either the provincial government (35% - 11/31) or a community organization (32% - 10/31), with half (51% - 16/31) working in the field of health, and feedback was generally positive

about the potential of the workshops in moving a policy agenda forward. A full evaluation report is included in the full Atlantic report of the four provincial workshops.

## **6. Appendices**

Appendix A - Letter of Invite to ASI Online Provincial Workshop

Appendix B - Press Release

Appendix D - Policy Brief Slideshow

Appendix E - Facilitator Instructions

Appendix F - Participant List (Name and Organization)

**Appendix A - Letter of Invitation to ASI Online Provincial Workshop**

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## Letter of Invitation to ASI Online Provincial Workshops

Greetings:

In partnership the Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI), New Brunswick Multicultural Council would like to invite you to participate in an online workshop to be held on **July 7 from 9-11:00** on Zoom.

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront***. ASI is now reaching out to people such as you across the Atlantic Region who have an interest in promoting infant, child and youth mental health. **Now is the time to build capacity and collaboratively address our Regional issues!**

Accordingly, we want to invite you in an **online process** that will introduce you to the policy brief and engage your participation in a facilitated discussion in which you can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. We will also explore ways in which we can collaborate across sectors, disciplines, and cultures in New Brunswick. Ultimately your input will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion.

There is no fee to register. Registration for each consultation is limited to 50 people, first come first served. If you are not able to attend, please encourage someone else from your organization to attend. Please register as soon as possible:

- **New Brunswick:** <https://www.eventbrite.ca/e/372199267027>

ASI's policy brief can be accessed through the following links:

- Infographic (two pages): [www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf)
- Full policy brief: [www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf)
- Executive Summary: [www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf](http://www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf)

Funding for these workshops is provided through the Public Health Agency of Canada's Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society.

**Think Positive – Think Summer!!**

It is still two months away, but we want to confirm that plans are indeed unfolding as expected for ASI 2022!

ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme ***Together Again – Regenerating the power of connection!*** Held in Charlottetown, PEI from **August 22-24, 2022**.

It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community. Together we will come together to learn about the evidence on upstream factors that influence mental health, and acquire skills to influence, develop and implement upstream policy.

Early Bird Registration is open until June 30 at [www.asi-iea.ca](http://www.asi-iea.ca)

We encourage you to watch your email for the ASI newsletter and Facebook page for further updates.

Sincerely,

New Brunswick Multicultural Council

and

The ASI Board of Directors

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## Lettre d'invitation pour participer aux ateliers provinciaux en ligne de l'IEA

Bonjour à toutes et à tous :

En partenariat avec l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique (IÉA), Conseil Multiculturel du Nouveau-Brunswick aimerait vous inviter à participer à un atelier en ligne qui aura lieu le 7 juillet 2022, de 9 à 11 h, sur Zoom.

L'IEA a récemment publié un mémoire préconisant un investissement « en amont » dans la promotion de la santé mentale, intitulé ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*** (l'investissement en amont : accorder une place de premier plan à la promotion de la santé mentale des nourrissons, des enfants et des jeunes). L'IEA est maintenant à la recherche de personnes comme vous dans la région de l'Atlantique qui souhaitent promouvoir la santé mentale des nourrissons, des enfants et des jeunes. Le moment est **venu de renforcer les capacités et de travailler ensemble aux problèmes de notre région!**

Par conséquent, nous souhaitons vous inviter à prendre part à un ***processus en ligne***. Dans le cadre de ce dernier, vous prendrez connaissance du mémoire et du document d'orientation et vous participerez à une discussion animée au cours de laquelle vous pourrez reconnaître les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui commencent dès la petite enfance à promouvoir la santé mentale. Nous explorerons également les possibilités de collaboration entre les secteurs, les disciplines et les cultures en Nouveau-Brunswick. Les commentaires recueillis seront communiqués au Conseil des premiers ministres de l'Atlantique et à d'autres décideurs de l'Atlantique en vue d'un investissement en amont dans la promotion de la santé mentale.

L'inscription est gratuite et la participation à chaque consultation est limitée à 50 personnes selon le principe premier arrivé, premier servi. Si vous ne pouvez pas participer aux ateliers, veuillez encourager une autre personne de votre organisation à y assister. Veuillez vous inscrire dès que possible :

- Nouveau-Brunswick: <https://www.eventbrite.ca/e/372858869917>
- Il est possible d'avoir accès au mémoire par l'entremise des liens suivants :
  - Infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>
  - Dossier complet : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>
  - Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Résumé.pdf>

Le financement de ces ateliers est rendu possible grâce au Fonds d'action intersectorielle de l'Agence de la santé publique du Canada dans le cadre d'un projet d'un an visant à faire progresser l'investissement en amont dans les politiques qui favorisent l'équité et la santé mentale chez les nourrissons, les enfants et les jeunes du Canada atlantique et d'ailleurs. Le Fonds permet d'améliorer la capacité par la mobilisation des connaissances pour une action intersectorielle entre les gouvernements, le secteur privé et la société civile.

## Soyez positifs... c'est l'été!

Nous sommes encore à deux mois de l'événement, mais nous voulons confirmer que les plans se déroulent comme prévu pour l'IÉA 2022!

L'IÉA 2022 est un forum politique de l'Atlantique sur la promotion de la santé mentale des nourrissons, des enfants et des adolescents qui a pour thème ***Se retrouver : régénérer le pouvoir de l'interaction!*** L'Institut se tiendra à Charlottetown, à l'Île-du-Prince-Édouard, du **22 au 24 août 2022**. Il s'agira d'un événement hybride offrant la possibilité de se joindre de façon virtuelle et regroupant les personnes influentes en matière de politiques au Canada atlantique, c'est-à-dire les politiciennes, les politiciens, les fonctionnaires, les universitaires, les jeunes et les membres de la collectivité. Ensemble, nous nous réunirons pour en apprendre davantage sur les données probantes relatives aux facteurs en amont qui influencent la santé mentale, et pour acquérir les compétences nécessaires afin d'influencer, d'élaborer et de mettre en œuvre des politiques en amont.

Les inscriptions hâtives sont ouvertes jusqu'au 30 juin 2022 à [www.asi-iea.ca](http://www.asi-iea.ca).

Nous vous encourageons à vérifier vos courriels, car nous vous enverrons le bulletin d'information de l'IÉA, ainsi que la page Facebook pour obtenir d'autres mises à jour.

Conseil Multiculturel du Nouveau-Brunswick et

le conseil d'administration de l'IÉA

## **Appendix B - Press Release**

FOR IMMEDIATE RELEASE: July 4, 2022



Atlantic Summer  
Institute on  
Healthy and Safe  
Communities

l'Institut d'été  
sur les collectivités  
sûres et en santé au  
Canada atlantique

www.asi-iea.ca

902-894-3399

info@asi-iea.ca

## ONLINE PROVINCIAL WORKSHOP SERIES: BUILDING CAPACITY FOR “UPSTREAM” INVESTMENT IN YOUTH MENTAL HEALTH PROMOTION

*This month, the Atlantic Summer Institute on Healthy and Safe Communities will offer a series of online workshops, in partnership with four provincial NGO hosts*

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled *Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*. ASI is now reaching out to people across the Atlantic Region who have an interest in promoting infant, child and youth mental health.

Accordingly, this online process that will introduce to the policy brief and engage participation in a facilitated discussion in which registrants can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. These workshops will also explore ways in which we can collaborate across sectors, disciplines, and cultures in the Atlantic region. Ultimately these discussions will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion. There is no fee to register. Registration for each consultation is limited to 50 people, first come first served.

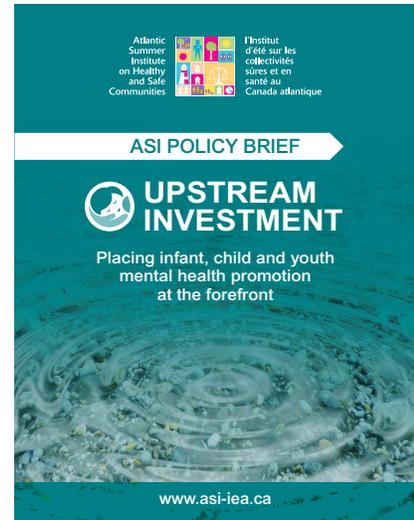
Links to register:

[Prince Edward Island - July 6th 9-11am, hosted by United Way of PEI](#)

[New Brunswick - July 7th 9-11am ADT, hosted by New Brunswick Multicultural Council](#)

[Nova Scotia - July 8th 9-11am ADT, hosted by Raising the Villages](#)

[Newfoundland & Labrador - July 13th 1-3pm NDT, hosted by Canadian Mental Health Association, Newfoundland & Labrador Division](#)



NEW BRUNSWICK  
MULTICULTURAL  
COUNCIL



CONSEIL  
MULTICULTUREL DU  
NOUVEAU-BRUNSWICK



Canadian Mental  
Health Association  
Newfoundland & Labrador  
*Mental health for all*

Funding for these workshops is provided through the Public Health Agency of Canada’s Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society. ASI’s policy brief can be accessed in the following forms: [Infographic \(two pages\)](#), [Full Policy Brief](#), and the [Executive Summary](#).

Looking Ahead: ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme *Together Again – Regenerating the power of connection!* Held in Charlottetown, PEI from August 22-24, 2022. It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community.

FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

Patsy Beattie-Huggan, ASI Coordinator: [info@asi-iea.ca](mailto:info@asi-iea.ca) / 902-894-3399

Funded by the Government of Canada  
Financé par le gouvernement du Canada

Canada

**POUR PUBLICATION IMMÉDIATE : 4 juillet 2022**



www.asi-iea.ca

902-894-3399

info@asi-iea.ca

## **SÉRIE D'ATELIERS PROVINCIAUX EN LIGNE : RENFORCER LA CAPACITÉ D'INVESTISSEMENT « EN AMONT » DANS LA PROMOTION DE LA SANTÉ MENTALE DES JEUNES**

*Ce mois-ci, l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique propose une série d'ateliers en ligne, en partenariat avec quatre ONG provinciales hôtes*

L'IEA a récemment publié un mémoire préconisant l'investissement « en amont » dans la promotion de la santé mentale intitulé *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*. L'IEA sollicite maintenant des parties prenantes de la région de l'Atlantique qui s'intéressent à la promotion de la santé mentale des nourrissons, des enfants et des jeunes.

En conséquence, le procédé en ligne présentera le mémoire et facilitera la participation à une discussion animée au cours de laquelle les personnes inscrites pourront déterminer les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui font la promotion de la santé mentale dès la jeune enfance. Ces ateliers permettront de plus d'examiner différentes façons de collaborer entre secteurs, disciplines et cultures dans la région de l'Atlantique. Au final, ces discussions éclaireront le Conseil des premiers ministres de l'Atlantique et les autres décideurs de la région en ce qui a trait à l'investissement en amont dans la promotion de la santé mentale. L'inscription est gratuite, mais elle est limitée à 50 personnes pour chaque séance, selon le principe du premier arrivé, premier servi.

Liens pour l'inscription :

[Île-du-Prince-Édouard : 6 juillet de 9 h à 11 h, séance organisée par United Way of PEI](#)

[Nouveau-Brunswick : 7 juillet, de 9 h à 11 h \(HAA\), séance organisée par le Conseil multiculturel du Nouveau-Brunswick](#)

[Nouvelle-Écosse : 8 juillet, de 9 h à 11 h \(HAA\), séance organisée par Raising the Villages](#)

[Terre-Neuve-et-Labrador : 13 juillet, de 13 h à 15 h \(HAT\), séance organisée par l'Association canadienne pour la santé mentale, Division de Terre-Neuve-et-Labrador](#)



NEW BRUNSWICK  
MULTICULTURAL  
COUNCIL



CONSEIL  
MULTICULTUREL DU  
NOUVEAU-BRUNSWICK



Canadian Mental  
Health Association  
Newfoundland & Labrador  
*Mental health for all*

Ces ateliers sont financés à même le Fonds d'action intersectoriel de l'Agence de la santé publique du Canada dans le cadre d'un projet d'une année visant à accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs, rehaussant du coup la capacité par la mobilisation des connaissances pour l'action intersectorielle dans les gouvernements, le secteur privé et la société civile. Le mémoire de l'IEA est accessible dans les formats suivants : [infographie \(deux pages\)](#), [mémoire intégral](#) et [résumé](#).

Ce qui s'annonce : IÉA 2022 est un Forum sur les politiques pour la promotion de la santé mentale des nourrissons, des enfants et des jeunes dans la région atlantique qui a pour thème *Se retrouver : régénérer le pouvoir de l'interaction!* et qui aura lieu à Charlottetown (Î.-P.-É.) du 22 au 24 août 2022. Il s'agira d'une activité hybride offrant une option de participation en mode virtuel qui mobilisera les acteurs politiques du Canada atlantique (politiciens, fonctionnaires, universitaires, jeunes et membres du public). Nous nous réunirons pour nous renseigner sur les données probantes au sujet des facteurs en amont qui influent sur la santé mentale de même que pour acquérir des aptitudes pour influencer, élaborer et mettre en œuvre les politiques en amont.

POUR D'AUTRES RENSEIGNEMENTS, DES PHOTOS ET DES ENTREVUES :

Patsy Beattie-Huggan, coordonnatrice de l'IEA : [info@asi-iea.ca](mailto:info@asi-iea.ca) / 902-894-3399

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Canada

## **Appendix C - Meeting Agenda**



## Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

### Workshop Agenda

July 7, 9:00-11:00 am AST

Zoom Link: <https://us02web.zoom.us/j/88060131478?pwd=RGIDY2xyc01BMjBWQ3BJYTVzejhwdz09>

### Objectives

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

### Agenda

9:00	Welcome – Arianne Melara, Director of Programs and Policy Development, New Brunswick Multicultural Council Introduction of facilitator, Wendy Kraglund Gauthier
9:10	Review objectives, logistics, introduce Malcolm Shookner – Wendy NOTE: We are recording; ask people to introduce themselves in the chat
9:15	Opening Remarks – ASI Policy Brief Presentation – Malcolm
9:40	Breakout rooms will be set up with a Jam Board to explore the questions: <ol style="list-style-type: none"> <li>a. Who are the champions in your province of upstream investment in infant, child and youth mental health?</li> <li>b. What upstream policy initiatives are currently underway in your province?</li> <li>c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?</li> </ol>
10:10 - 10:35	Large Group Debrief – Local Facilitators <ul style="list-style-type: none"> <li>• Highlight each Jam Board – one response to each question per group</li> </ul> Discussion – Wendy (Chat, mic, Jam Board options) <ul style="list-style-type: none"> <li>• What are ways we can help you move your energy from coping with crises to focusing upstream?</li> <li>• What recommendations would you have for achieving our goal of upstream investment in mental health promotion?</li> </ul>
10:35- 10:45	Future Activities - Malcolm <ol style="list-style-type: none"> <li>a. ASI 2022 - Summer policy forum</li> <li>b. Regional Indigenous Workshops</li> <li>c. Workshops in local communities in the fall</li> </ol>
10:45-	Next Steps - Patsy

10:55	<ol style="list-style-type: none"><li>a. Find opportunities for ASI, partners to present the ASI Policy Brief</li><li>b. Suggest a local community partner to host a workshop in the fall to:<ul style="list-style-type: none"><li>• Showcase current upstream work</li><li>• Identify policy and funding barriers</li></ul></li><li>c. Send communications to <a href="mailto:info@asi-iea.ca">info@asi-iea.ca</a></li></ol>
10:55-11:00	<p>Thank you and Going Forward – Arianne Melara, Director of Programs and Policy Development, New Brunswick Multicultural Council</p> <p>Ongoing Communications with ASI and Partners</p> <ol style="list-style-type: none"><li>a. Evaluation – Online evaluation to follow</li></ol>



## Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada (mobiliser la politique intersectorielle pour un investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes au Canada atlantique)

### *Ordre du jour de l'atelier provincial 7 juillet 2022, de 9 à 11 h ADT*

Lien Zoom : <https://us02web.zoom.us/j/88060131478?pwd=RGIDY2xyc01BMjBwQ3BJYTVzejhwdz09>

#### Objectifs

1. Présenter le mémoire de l'IEA.
2. Explorer les possibilités d'action politique provinciale et de travail en amont dans les collectivités.
3. S'informer sur les activités futures.
4. Promouvoir le forum politique IEA 2022.

#### Ordre du jour

9 h	Mot de bienvenue – Arianne Melara, Directrice des programmes et d'élaboration de politiques, Conseil Multiculturel de Nouveau-Brunswick Présentation de la facilitatrice, Wendy Kraglund Gauthier
9 h 10	Revoir les objectifs et la logistique, et présenter Malcolm Shookner – Wendy NOTE : Nous enregistrons; demander aux gens de se présenter dans la boîte de clavardage.
9 h 15	Remarques d'ouverture : présentation du mémoire de l'IEA – Malcolm
9 h 40	Des salles de discussion seront aménagées avec un tableau d'affichage pour explorer les questions : <ol style="list-style-type: none"> <li>a. Qui sont les championnes et champions de votre province de l'investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes?</li> <li>b. Quelles sont les initiatives politiques en amont en cours dans votre province?</li> <li>c. Quelles sont les capacités (ressources, structures administratives et compétences) qui existent ou pourraient être nécessaires dans votre province pour faire avancer le mémoire de l'IEA?</li> </ol>
10 h 10 à 10 h 35	Grand groupe Séance d'information – facilitateurs locaux <ul style="list-style-type: none"> <li>• Mettre en évidence chaque tableau d'affichage – une réponse à chaque question par groupe.</li> </ul> Discussion - Wendy (options de clavardage, micro, tableau d'affichage) <ul style="list-style-type: none"> <li>• Comment pouvons-nous vous aider à déplacer votre énergie de la gestion des crises à la concentration en amont?</li> </ul>

	<ul style="list-style-type: none"> <li>• Quelles recommandations auriez-vous pour atteindre notre objectif d'investissement en amont dans la promotion de la santé mentale?</li> </ul>
10 h 35 à 10 h 45	<p>Activités futures – Malcolm</p> <ol style="list-style-type: none"> <li>a. IÉA 2022 - Forum politique d'été</li> <li>b. Ateliers régionaux pour les personnes autochtones</li> <li>c. Ateliers dans les collectivités locales à l'automne</li> </ol>
10 h 45 à 10 h 55	<p>Prochaines étapes – Patsy</p> <ol style="list-style-type: none"> <li>a. Trouver des occasions pour l'IÉA et les partenaires de cette dernière de présenter le mémoire de l'IÉA.</li> <li>b. Suggérer à un partenaire communautaire local d'organiser un atelier à l'automne dans les buts suivants : <ul style="list-style-type: none"> <li>• Présenter le travail actuel en amont.</li> <li>• Déterminer les obstacles politiques et financiers.</li> </ul> </li> <li>c. Envoyer les communications à <a href="mailto:info@asi-iea.ca">info@asi-iea.ca</a>.</li> </ol>
10 h 55 à 11 h	<p>Remerciements et prochaines étapes – Arianne Melara, Directrice des programmes et d'élaboration de politiques, Conseil Multiculturel de Nouveau-Brunswick</p> <ol style="list-style-type: none"> <li>a. Communications permanentes avec l'IÉA et les partenaires</li> <li>b. Évaluation – évaluation en ligne à suivre</li> </ol>

## **Appendix D - Policy Brief Slideshow**



Atlantic Summer Institute on Healthy and Safe Communities



l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique

In partnership with




**Upstream Investment - Placing child and youth mental health promotion at the forefront**

Malcolm Shookner, ASI President  
 ASI Board Members from NB – Arianne Melara, Eva Sock, Ron Brun  
 NB Provincial Workshop - July 7, 2022

## Welcome & Land Acknowledgement

We would like to begin today by acknowledging that ASI is based out of Mi'kmaq territory. This territory is covered by the "Treaties of Peace and Friendship" which Mi'kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wolastoqiyik (Maliseet) titles and established the rules for what was to be an ongoing relationship between nations. While I am streaming from Mi'kma'ki, we also acknowledge that we have participants today from many different regions across the territory now known as Canada, and we invite you all to take the time to learn whose territory you are living on.

Not only does ASI recognize and respect the land we are settled on, we also actively advocate for the implementation of the Truth and Reconciliation Commission's Calls to Action, and strive to include Indigenous perspectives in all of our work.

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## Introductions






- **Host** – Arianne Melara, NB Multicultural Council
- **Local Facilitators**
  - April English, Heather Atcheson, Randy Hatfield
- **Lead Facilitator** – Wendy Kraglund-Gauthier
- **Please introduce yourselves in the chat**

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## Objectives






1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

4

## Agenda






- Welcome
- Introductions
- Presentation – Policy Brief
- Key questions – Small groups
- Highlights and summary questions – Large group
- Next steps
- Closing

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## Introduction to ASI Policy Brief Malcolm Shookner




**The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI)**

- Non-profit organization established in 2003, based in PEI
- Catalyst for social change in Atlantic Canada focusing on the determinants of health
- Managed by a regional board of directors
- Since 2015, ASI has been focused on upstream investment in mental health promotion for children and youth

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## Background to the Brief

Since **2015**, we have focused on child and youth mental health promotion:

- Whole of government – intersectoral action
- Whole of society – multi-stakeholder forum
- Whole of community – supporting community resilience

**2017-18** Call for Action on policies, programs, resources, and funding

**2020-21** Policy Brief - Upstream Investment in Child and Youth Mental Health

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- **A Way Home Canada**
- **National Collaborating Centre for Determinants of Health**
- **Atlantic Policy Congress, First Nations Chiefs Secretariat**
- **Mental Health Commission of Canada**
- **Canadian Families and Correction Network**
- **Raising the Villages, Nova Scotia**
- **IWK Children's Hospital**
- **Nova Scotia Health**
- **Health PEI**
- **Independent Researchers and Consultants**
- **INSPQ, Quebec**

**Policy Contributors and Advisors**  
A total of more than 35 people

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## Policy Brief – Introduction

Raising healthy children is the responsibility of all Canadians.

Supporting and promoting infant, child, and youth mental health is central to enabling them to become life-long, positive contributors to their communities and society.

Strengthening policies and programs that support positive mental health for children and youth is vital to creating an inclusive and equitable Atlantic Canada.

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## Policy Brief – Investing Upstream

The focus of the ASI Policy Brief is upstream, on mental health promotion, which aims to enable people and communities to optimize their well-being by influencing multiple determinants of health.

An **upstream** focus works to equitably improve the mental health of the entire population and to reduce the likelihood of mental deterioration throughout the life course.

Source: Mental Health is more than you can imagine! ASI 2017

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## ASI Policy Brief Overview

**Policy Brief Goal**

- To enhance intersectoral action amongst governments, private sector, and civil society to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

**Anticipated Outcomes**

- Wider engagement of the public and leaders in support of upstream investment and resource allocation for mental health promotion.
- Increased collaboration between stakeholders in infant, child and youth mental health from various sectors and communities.
- New policies throughout communities and governments
- A sustainable funding model for upstream policies.

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## Priority Areas

1. A “whole-of-government approach” by implementing a **Mental Health in All Policies Framework**
2. A “whole-of-society approach” through development of a **Multistakeholder Platform**
3. A “whole-of-community approach” through **Investment in Community Action**
4. A **Sustainable and Integrated Funding Model** that supports these comprehensive approaches to invest in and maximize social capital in our communities

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## Policy Brief Action Area #1 Whole of Government

### Mental Health in All Policies (Policy Framework)

- Building on the well-established *Health in All Policies* framework
- All sectors and government departments are responsible for building policy to *foster wellbeing and mental health equity*.

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## What is Health in All Policies?

### Health in All Policies (HiAP):

- An approach that *systematically* considers the health and social implications of policies contemplated *by all sectors of government*
- A *critical policy lever*, as *many of the drivers for health outcomes are beyond the reach of the health sector* — and initiatives that increase health and health equity often result in better productivity and higher tax revenues

Within a HiAP approach, distinguish between “health and mental health being embedded in all policies” and the recognition that “*all policies can have an effect on health*” (WHO 2014)

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## Benefits and Challenge

<ul style="list-style-type: none"> <li>○ <b>HiAP Approach</b> <ul style="list-style-type: none"> <li>▪ Seeks synergies</li> <li>▪ Improves accountability</li> <li>▪ Assists decision-makers from all sectors</li> <li>▪ Supports the non-health sectors</li> <li>▪ Promotes shared responsibility</li> <li>▪ Improves evidence-informed policy making</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Challenges</b> <ul style="list-style-type: none"> <li>▪ Political support</li> <li>▪ Understanding of holistic health</li> <li>▪ Managing conflict</li> <li>▪ Siloed government sectors</li> <li>▪ Sustainability</li> </ul> </li> </ul>
---	--

Diallo, T. (2019) Canada: National Collaborating Centre on Healthy Public Policy

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## Policy Brief Action Area #2 Whole of Society

### Multistakeholder Platform

Engaging governments, the public and private sectors, civil society, and communities that can accelerate upstream investment and focus priorities.

*Example - ASI is well-positioned and experienced.*

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## Policy Brief Action Area #3 Whole of Community

### Investment in Community Action

Community groups and organizations are already doing the work to create supportive environments for their children and youth. Ensuring *communities are valued as partners with government* and have the support necessary to do this work is vital.

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## Policy Brief Action Area #4 Long term funding commitment

### Sustained and Integrated Funding Model

that supports these comprehensive approaches to invest in and *maximize social capital in our communities*

- A cross-sector child and youth mental health fund
- Core/multi-year foundational funding
- A rigorous approach to innovation and evaluation
- Outcome-based

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## Current system

### Early Years – Patchwork and Silos

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## Health in All Policies

### To Upstream Coherence

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## Recommendations and Outcomes

**RECOMMENDATIONS**

Transformative change will require leaders (including provincial, federal, municipal, community and Indigenous leaders) to undertake fundamental changes in the way we build public policy.

1. Atlantic provincial governments build on existing Atlantic linkages and structures, such as the Council of Atlantic Premiers to set an Atlantic Regional direction for Mental Health in All Policies.
2. Governments work to develop relationships and strengthen collaboration with Indigenous peoples in all settings, supporting Indigenous-led initiatives.
3. Governments support a regional Multistakeholder Platform.
4. Governments recognize and support the role of community-based organizations as a focal point for upstream investment in child and youth mental health.
5. Governments review investments and funding frameworks and align more closely with the proposed Sustainable and Integrated Funding model.
6. Governments work to build capacity for child and youth mental health promotion, working collaboratively across sectors.
7. Governments work with diverse groups and communities to ensure equitable investment in child and youth mental health promotion.
8. All stakeholders in Atlantic Canada apply a Mental Health in All Policies lens in development and implementation for organizational and municipal policies.

**OUTCOMES**

Short-term outcomes of following these recommendations would include:

- Wider engagement of the public and leaders in support of upstream investment and resource allocation.
- Increased collaboration among interested parties in child and youth mental health from various sectors and communities.
- New policies progressing throughout communities and governments in Atlantic Canada.
- Initiating the development of a sustainable funding model.

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## Policy Brief - Released March 9, 2022

Full policy brief: [www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf)

Executive Summary: [www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf](http://www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf)

Newsletter/Infographic (2 pages): [www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf](http://www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf)

Knowledge Mobilization - Supported by a one-year grant from the Public Health Agency of Canada Intersectoral Action Fund – Awarded February 2022

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## ASI Policy Brief Intention

### A Call for Transformative Change

This policy brief makes the case for a **commitment** to transformative change, **challenging leaders** (including provincial, federal, municipal and Indigenous leaders) to undertake **fundamental change** in the way we **build healthy public policy**.

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## Next Steps

### Mobilizing Action for Policy Change

- Meet with Premiers and provincial politicians; Council of Atlantic Premiers, public service to **explore fit with provincial policy direction**
- Inform leaders in communities, municipalities, and private sector and engage in discussion of **how to embrace the brief**
- Inform the public to **seek their support**
- Work collaboratively to **take action**

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# Q&A

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## Discussion: Breakout Rooms – 30 minutes

- A. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- B. What upstream policy initiatives are currently underway in your province?
- C. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?

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## Breakout Rooms and Jamboard

- We will use breakout rooms and Jamboard to facilitate discussions on the three questions
- You will be assigned to a Zoom breakout room with a facilitator
- There is a link in the Zoom chat for the Jamboard. You will be able to add your ideas with the Jamboard "sticky notes".
- Your facilitator will share their Zoom screen for folks not able to add their own stickies

- Breakout Room facilitators:
  - **April** (start with Question A and use the pink stickies)
  - **Heather** (start with Question B and use the blue stickie)
  - **Randy** (start with Question C and use the green stickies)
  - **Arlanne** (start with Question A and use the orange stickies)

*After 10 minutes, you will be prompted to move to the next question. Continue to use the same sticky colour.*

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## Large Group

**Debrief – Local Facilitators**

- Highlight each Jam Board – one response to each question per group

**Discussion –**

- What are ways we can help you move your energy from coping with crises to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

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## Future Activities - ASI

<p>ASI 2022 Policy Forum</p>  <p><b>Together Again</b> Regenerating the Power of Connection <b>AUGUST 22 - 24, 2022</b> Charlottetown, P.E.I. ASI 2022 - hybrid event, with options for engagement both online and in person. <a href="http://www.asi-ia.ca">www.asi-ia.ca</a></p>	<p>Forum de l'IEA 2022</p>  <p><b>Se retrouver</b> Régénérer le pouvoir de l'interaction <b>22 au 24 août 2022</b> Charlottetown (I.-P.-É.) L'IEA - événement hybride avec des options de participation en ligne et en personne <a href="http://www.asi-ia.ca/fr/">www.asi-ia.ca/fr/</a></p>
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## Future Activities - ASI

- Regional Indigenous Workshops
- Workshops in local communities
- PEI Pilot – 3 year funding from PEI Alliance for Mental Well-Being

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## Next Steps

- Find opportunities for ASI, partners to present the ASI Policy Brief
- Suggest a local community partner to host a fall workshop to:
  - Showcase current upstream work
  - Identify policy and funding barriers
- Send communications to [info@asi-iea.ca](mailto:info@asi-iea.ca)

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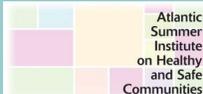
## Thank you and Going Forward

- Ongoing Communications with ASI and Partners
- Slide handout to be sent to registrants
- Evaluation – Online evaluation to follow



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## Find ASI On Social Media!






@ASHSC



@asi-iea



@ASI\_HSC



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**Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan**

**Malcolm Shookner, Arianne Melara, Eva Sock, Ron Brun**  
Membres du conseil de l'IEA du Nouveau-Brunswick  
Atelier provincial du Nouveau-Brunswick – 7 juillet 2022

## Mot de bienvenue & Land Acknowledgement

- Nous aimerions commencer aujourd'hui en reconnaissant que l'IEA est situé à Mi'kma'ki, le territoire ancestral et non cédé du peuple Mi'kmaq. Ce territoire est couvert par les « traités de paix et d'amitié » que les peuples Mi'kmaq et Wolastoqiyik (Malécites) ont signés pour la première fois avec la Couronne britannique en 1725. Ces traités ne portaient pas sur la cession de terres et de ressources, mais reconnaissaient les titres des Mi'kmaq et des Wolastoqiyik (Malécites) et établissaient les règles de ce qui devait être une relation permanente entre les nations. Bien que je sois de descendance mi'kma'ki, nous reconnaissons également que nous avons aujourd'hui des participantes et participants venant de nombreuses régions différentes du territoire maintenant connu sous le nom de Canada, et nous vous invitons tous à prendre le temps d'en apprendre davantage sur le territoire vous vivez. Je vous invite également à ajouter dans notre boîte de clavardage le territoire sur lequel vous vous trouvez actuellement.
- L'IEA reconnaît et respecte le territoire sur lequel nous nous trouvons. Par ailleurs, il préconise la mise en œuvre des appels à l'action de la Commission de vérité et réconciliation, et s'efforce d'inclure les perspectives autochtones dans tout son travail.



- **Présentateur** - Arianne Melara, Conseil multiculturel du N.-B.
- **Facilitateurs locaux** - April English, Heather Atcheson, Randy Hatfield
- **Présentation de la facilitatrice** - Wendy Kraglund Gauthier
- Nous enregistrons; demander aux gens de se présenter dans la boîte de clavardage.



## Objectifs

1. Présenter le mémoire de l'IEA.
2. Explorer les possibilités d'action politique provinciale et de travail en amont dans les collectivités.
3. S'informer sur les activités futures.
4. Promouvoir le forum politique IEA 2022.



## Ordre du jour

- Mot de bienvenue
- Les introductions
- Présentation du mémoire de l'IEA
- Des salles de discussion - explorer des questions
- Séance d'information et discussion – Grand groupe
- Prochaines étapes
- Remerciements et prochaines étapes

Investissement en amont | 16e Provincial Workshop – July 8, 2022

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## Introduction à l'IEA Malcolm Shookner

**L'Institut d'été sur les collectivités sûres et en santé du Canada atlantique (IEA)**

- Organisme sans but lucratif créé en 2003 à l'Île-du-Prince-Édouard;
- Catalyseur aux changements sociaux au Canada atlantique centré sur les déterminants de la santé;
- Géré par un conseil d'administration régional;
- Depuis 2015, l'IEA met l'accent prioritaire sur l'investissement en amont dans la promotion de la santé mentale des enfants et des jeunes.



## Contexte du mémoire

Depuis **2015**, nous nous sommes concentrés sur la promotion de la santé mentale des enfants et des jeunes :

- Une approche pangouvernementale – action intersectorielle
- Une approche pansociétale – forum pour groupes à intérêts multiples
- Une approche pancommunautaire – soutien de la résilience communautaire

**2017-2018** : appel à l'action réclamant des politiques, des programmes, des ressources et un financement

**2020-2021** : Mémoire – *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*



- Vers un chez-soi Canada
- Centre de collaboration nationale des déterminants de la santé
- Atlantic Policy Congress of First Nations Chiefs Secretariat
- Commission de la santé mentale du Canada
- Regroupement canadien d'aide aux familles des détenu(e)s
- Raising the Villages, Nouvelle-Écosse
- IWK Grace Children's Hospital
- Régie de la santé de la Nouvelle-Écosse
- Régie de la santé et mieux-être de l'Î.-P.-É.
- Chercheuses et conseillers autonomes
- INSPQ, Québec

## Contributeurs et conseillers stratégiques du mémoire

Plus de 35 personnes au total



## Mémoire – introduction

C'est à tous les Canadiens et Canadiennes que revient la responsabilité d'éduquer les enfants.

Le soutien et la promotion de la santé mentale des nourrissons, des enfants et des jeunes sont indispensables si nous voulons permettre à ces derniers de devenir des contributeurs positifs à vie dans leur collectivité et dans la société.

Le renforcement des politiques et des programmes qui appuient la santé mentale des enfants et des jeunes est crucial pour créer un Canada atlantique inclusif et équitable.



## Mémoire – investissement en amont

Le mémoire de l'IEA est tourné vers l'amont, l'accent étant placé sur la promotion de la santé mentale, et il a pour but d'aider les gens et les collectivités à optimiser leur bien-être en influençant divers déterminants de la santé.

Ce regard vers l'**amont** vise à améliorer l'équité de la santé mentale de la population dans son ensemble et à réduire la probabilité d'une détérioration de la santé mentale pendant la vie.

Source : *Mental Health is more than you can imagine!*, IEA, 2017



## Aperçu du mémoire de l'IEA

### Objectif du mémoire

- Améliorer l'action intersectorielle dans les gouvernements, le secteur privé et la société civile dans le but d'accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs.

### Résultats escomptés

- Un engagement plus généralisé de la part de la population et des leaders pour soutenir l'investissement et l'affectation de ressources en amont;
- Une collaboration entre les parties de divers secteurs et de diverses collectivités vouées à la santé mentale des nourrissons, des enfants et des jeunes;
- De nouvelles politiques à l'échelle des collectivités et des gouvernements;
- Un modèle de financement viable pour les politiques en amont.



## Domaines prioritaires

- Une « approche pangouvernementale » par la mise en place d'un **cadre préconisant la santé mentale dans toutes les politiques**;
- Une « approche pansociétale » par la création d'une **plateforme pour groupes à intérêts multiples**;
- Une « approche pancommunautaire » par l'**investissement dans l'action communautaire**;
- Un **modèle de financement viable et intégré** qui appuie ces approches globales visant l'investissement dans le capital social de nos collectivités et son optimisation.



## Premier domaine d'action du mémoire : l'approche pangouvernementale

### La santé mentale dans toutes les politiques (cadre de référence)

- S'appuie sur le cadre bien établi de la **santé dans toutes les politiques**;
- Tous les secteurs et ministères sont responsables de l'élaboration de politiques qui **favorisent le bien-être et l'équité en santé mentale**.



## Qu'est-ce que la santé dans toutes les politiques?

### La santé dans toutes les politiques (SdTP)

→ Une approche des politiques publiques consistant à analyser **systematiquement** les répercussions sociales et sur la santé des décisions stratégiques prises à l'échelle pangouvernementale;

→ Un **instrument crucial** parce que **les acteurs du secteur de la santé n'ont aucun pouvoir sur de nombreux facteurs agissant sur l'état de santé** – et les initiatives ayant des effets positifs pour la santé et l'équité en santé mènent souvent à une productivité accrue et à des recettes fiscales plus élevées.

L'approche de la SdTP nous amène à faire une distinction entre « l'enchâssement de la santé et de la santé mentale dans toutes les politiques », d'une part, et la reconnaissance que « **toutes les politiques peuvent avoir une incidence sur la santé** » (OMS, 2014)



## Avantages et difficultés

<ul style="list-style-type: none"> <li>□ <b>Approche SdTP</b> <ul style="list-style-type: none"> <li>• Recherche de synergies</li> <li>• Amélioration de la responsabilisation</li> <li>• Aide aux décideurs de tous les secteurs</li> <li>• Soutien des secteurs non liés à la santé</li> <li>• Promotion de la responsabilité commune</li> <li>• Amélioration de l'élaboration de politiques fondées sur des données probantes</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>□ <b>Difficultés</b> <ul style="list-style-type: none"> <li>• Appui politique</li> <li>• Compréhension de la santé globale</li> <li>• Gestion des conflits</li> <li>• Secteurs gouvernementaux cloisonnés</li> <li>• Viabilité</li> </ul> </li> </ul>
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Diallo, T., Centre de collaboration nationale sur les politiques publiques et la santé, Canada, 2019.



## Deuxième domaine d'action du mémoire : l'approche pansociétale

### Plateforme pour groupes à intérêts multiples

Mobilisation des gouvernements, des secteurs public et privé, de la société civile et des collectivités en vue d'accélérer l'investissement en amont et de mettre l'accent sur les priorités.

**Exemple – l'IEA est bien placé et possède de l'expérience.**



## Troisième domaine d'action du mémoire : l'approche pancommunautaire

### Investissement dans l'action communautaire

Les groupes et les organismes communautaires sont déjà à pied d'œuvre pour créer des milieux de vie sains pour les enfants et les jeunes. Il importe au plus haut point de veiller à ce que **les collectivités soient des partenaires importants des gouvernements** et à ce qu'elles disposent du soutien nécessaire pour accomplir ce travail.

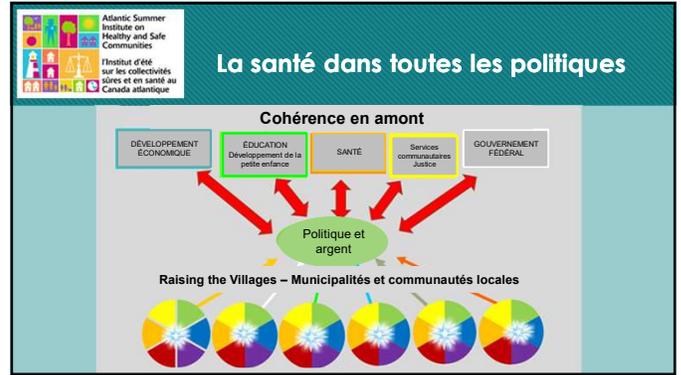
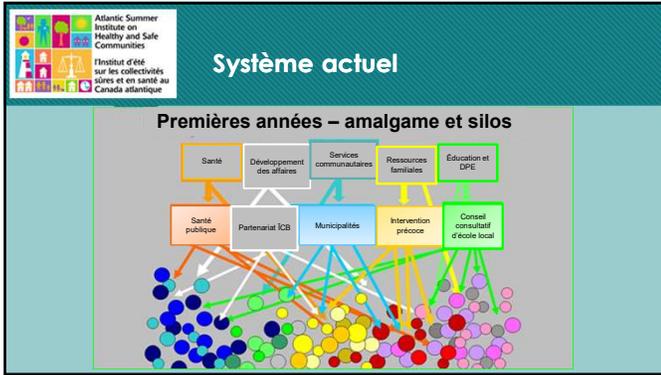


## Quatrième domaine d'action du mémoire : un engagement à établir un financement à long terme

### Un modèle de financement viable et intégré

à l'appui des approches globales énoncées ci-dessous afin **d'investir dans le capital social de nos collectivités et de la maximiser**

- Fond multisectoriel pour la santé mentale des enfants et des jeunes
- Financement général pluriannuel ou de soutien au fonctionnement
- Approche rigoureuse pour l'innovation et l'évaluation
- Surveillance des résultats



### Recommandations et résultats

**RECOMMANDATIONS**

Transformative change will require leaders (including provincial, federal, municipal, community and Indigenous leaders) to undertake fundamental changes in the way we build public policy.

- Atlantic provincial governments built on existing Atlantic linkages and structures, such as the Council of Atlantic Premiers to set an Atlantic Regional direction for Mental Health in All Policies.
- Governments work to develop relationships and strengthen collaboration with Indigenous peoples in all settings, supporting Indigenous-led initiatives.
- Governments support a regional Multistakeholder Platform.
- Governments recognize and support the role of community-based organizations as a focal point for upstream investment in child and youth mental health.
- Governments review investments and funding frameworks and align more closely with the proposed Sustainable and Integrated Funding model.
- Governments work to build capacity for child and youth mental health promotion, working collaboratively across sectors.
- Governments work with diverse groups and communities to ensure equitable investment in child and youth mental health promotion.
- All stakeholders in Atlantic Canada apply a Mental Health in All Policies lens in development and implementation for organizational and municipal policies.

**OUTCOMES**

Short-term outcomes of following these recommendations would include:

- Wider engagement of the public and leaders in support of upstream investment and resource allocation.
- Increased collaboration among interested parties in child and youth mental health from various sectors and communities.
- New policies progressing throughout communities and governments in Atlantic Canada.
- Initiating the development of a sustainable funding model.

### Mémoire - publié le 9 mars 2022

Mémoire intégral : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>

Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Re%CC%81sume%CC%81.pdf>

Bulletin d'information, infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>

Mobilisation des connaissances – soutenue par une subvention d'une année du Fonds d'action intersectorielle de l'Agence de la santé publique du Canada – octroyée en février 2022

### But du mémoire de l'IEA

**Un appel aux changements transformateurs**

Le mémoire fait valoir l'importance de *s'engager* dans un changement transformateur, *en mettant au défi les décideurs* (p. ex. les représentants élus à l'échelle fédérale, provinciale, municipale et autochtone) de *réformer les mécanismes d'instauration des politiques publiques favorables à la santé*.

### Prochaines étapes

**Mobilisation de l'action menant au changement des politiques**

- Rencontrer les premiers ministres ainsi que les politiciennes et politiciens des provinces, le Conseil des premiers ministres de l'Atlantique et les fonctionnaires pour explorer le degré d'adéquation avec l'orientation stratégique des provinces.
- Renseigner les dirigeants des collectivités, des municipalités et du secteur privé et lancer des discussions sur la façon de donner suite aux recommandations du mémoire.
- Renseigner le public et solliciter son soutien.
- Instaurer des mesures en travaillant en collaboration.



## IÉA 2022 – Forum sur les politiques pour la promotion de la santé mentale

<p>ASI 2022 Policy Forum</p>  <p><b>Together Again</b> Regenerating the Power of Connection <b>AUGUST 22 - 24, 2022</b> Charlottetown, P.E.I. ASI 2022 - hybrid event, with options for engagement both online and in person. <a href="http://www.asi-iea.ca">www.asi-iea.ca</a></p>	<p>Forum de l'IÉA 2022</p>  <p><b>Se retrouver</b> Régénérer le pouvoir de l'interaction <b>Du 22 au 24 août, 2022</b> Charlottetown, I.-P.-E. L'IÉA - événement hybride, avec des options de participation en ligne et en personne. <a href="http://www.asi-iea.ca/fr/">www.asi-iea.ca/fr/</a></p>
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## Période de questions et de réponses

## Des salles de discussion

Des salles de discussion seront aménagées avec un tableau d'affichage pour explorer les questions:

- Qui sont les championnes et champions de votre province de l'investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes?
- Quelles sont les initiatives politiques en amont en cours dans votre province?
- Quelles sont les capacités (ressources, structures administratives et compétences) qui existent ou pourraient être nécessaires dans votre province pour faire avancer le mémoire de l'IÉA?



## Grand groupe

- Séance d'information – facilitateurs locaux
  - Mettre en évidence chaque tableau d'affichage – une réponse à chaque question par groupe.
- Discussion
  - Comment pouvons-nous vous aider à déplacer votre énergie de la gestion des crises à la concentration en amont?
  - Quelles recommandations auriez-vous pour atteindre notre objectif d'investissement en amont dans la promotion de la santé mentale?



## Activités futures

- IÉA 2022 - Forum politique d'été
- Ateliers régionaux pour les personnes autochtones
- Ateliers dans les collectivités locales à l'automne



## Prochaines étapes

- Trouver des occasions pour l'IÉA et les partenaires de cette dernière de présenter le mémoire de l'IÉA.
- Suggérer à un partenaire communautaire local d'organiser un atelier à l'automne dans les buts suivants :
  - Présenter le travail actuel en amont.
  - Déterminer les obstacles politiques et financiers.
- Envoyer les communications à [info@asi-iea.ca](mailto:info@asi-iea.ca)

## Remerciements et prochaines étapes

- Communications permanentes avec l'IEA et les partenaires
- Évaluation – évaluation en ligne à suivre



## L'IEA sur les médias sociaux!



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@asi-iea



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## **Appendix E - Facilitator Instructions**

# Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

## *Provincial Workshop Facilitator Notes* *July 6 – PEI; July 7 – NB; July 8 – NS; July 13 –NL*

Instructions and recorded facilitator training session are below

### **Facilitator Instructions:**

As noted on the agenda, there will be a breakout room session of 30 minutes to explore three questions. **We will use Zoom and Jam Board for breakout rooms**

Breakout rooms will be set up with a Jam Board to explore the questions:

- a. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- b. What upstream policy initiatives are currently underway in your province?
- c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?

As group facilitator, you and your breakout room will be assigned a colour that corresponds to which question you will **start with** in your breakout room

**Pink:** Starts with Question A and uses the pink  sticky in JamBoard

**Blue:** Starts with Question B and uses the blue  sticky in JamBoard

**Green:** Starts with Question C and uses the green sticky  in JamBoard

**Orange:** with Question A and uses the orange  sticky in JamBoard

**Plan for French-speaking participants (no French facilitator):** French-speaking participants will be asked to remain in the main room where translation services are available and use the orange sticky  on the French Jamboard provided.

**Plan for French-speaking participants (with French facilitator):** French -speaking participants will be assigned a French Breakout Room and will use the orange sticky  on the French Jamboard provided.

### **Steps for a smooth session:**

1. Reboot your computer before the Zoom session.
2. Close any programs not needed (email, messaging, etc.)
3. **Cueing up Jamboard so it is ready:**
  - a. Open the Jamboard link provided
  - b. Exit full screen of your browser, so Jamboard is still visible on your desktop (not minimized).

- c. Navigate to the slide showing the question you have been assigned.
4. Join Zoom with the link provided.  
In Zoom, you can move back and forth between full screen and smaller screen (“exit full screen” see top right corner). You need to make sure Jamboard is still open on your desktop (i.e., do not minimize it)

**When in the breakout room** (*note there is no recording feature available in breakout rooms*):

1. When you get to your Breakout room, exit Zoom’s full screen
2. Share the Jamboard link in the chat with your room participants if they need it
3. In Zoom, Click Share screen (bottom green icon)
4. Select the Jamboard option (if Jamboard is not in the list, it is not open in the background)
5. Double-click the Jamboard to share (or single-click and select “share” at the bottom right of the screen.

Now everyone in the breakout room can see whatever Jamboard slide **you** are on.

- Remember to select your colour sticky and remind participants to also select the same colour.
- As you discuss the answers, you and participants can add the big ideas via the stickies.
- As the Jamboard fills, you can move stickies around (it may get messy!)
- Folks on mobile devices may choose to speak the ideas or add to the chat, so these ideas will need to be captured. **We will be collecting the chats from the main room and the breakout rooms.**

After 10 minutes, you will get a notification via zoom that it is time to start discussing the next question. Move to the next Jamboard slide, and **using the colour you were assigned**, continue to add to the discussion. After another 10 minutes, you will be asked to move to the next (final question) and respond using **your same colour assigned**.

When we return to the main room, we will do a large group debrief per question. The Jamboard will be shared to the whole group, and you will be asked to focus on ONE big idea generated by your group (colour): **one response to each question per group**.

### **Recorded Facilitator Training:**

**Topic:** ASI Provincial Workshop - Local Facilitator Training

Start Time: Jul 5, 2022 10:57 AM

### **Meeting Recording:**

[https://us02web.zoom.us/rec/share/koKkAO3mdIfNUoTD7fhRfzO0-aycimYXvmG\\_3CwBHXHRcD7eRmWeNPGnubWv5Z6Z.ylceAGU9IL0AANH](https://us02web.zoom.us/rec/share/koKkAO3mdIfNUoTD7fhRfzO0-aycimYXvmG_3CwBHXHRcD7eRmWeNPGnubWv5Z6Z.ylceAGU9IL0AANH)

**Appendix F - Participant List (name & organization)**

## Participant List – NB Workshop

Amy	Anderson	Schools Program Coordinator	MACC - Multicultural Association of Carleton County
Ashley	Anderson	Project Manager	NBMC
Heather	Atcheson	Researcher	Human Development Council
Grace	Baker	Program Manager(Youth Matters and Women's Matters)	Centre for Research with Vulnerable Women and Youth, St. Thomas University
Krista	Barry	Senior Policy Advisor	Executive Council Office, GNB
Patsy	Beattie-Huggan		ASI
Marie-Joelle	Bergeron *		MEDPE
Jane	Breckenridge	Deputy Director, MEKTU	UNB
Ronald	Brun	Psychologist	Elsipogtog First Nation
Adriana	Caporossi	Children and Youth Programs Coordinator	Multicultural Association of Fredericton
Kelly	Carline	Advocate	Parent-Child Assistance Program
Jared	Carney	Employment Initiatives Project Assistant	New Brunswick Multicultural Council
Lori	Coleman	Resiliency Coordinator	Gov NB
Anik	Dube	Professor researcher	Universite de Moncton- School of Nursing
nivin	Elmorsi	Lead educator of Rainbow of Cultures Childcare	MCAF
April	English		University of New Brunswick - NB-IRDT
Erin	Gauvin	LPN	Ugpi'ganjig Health Centre
Darlene	Hamilton	Office Manager	The Iris Center
Randy	Hatfield		Human Development Council
Aisha	Khedheri	Program Advisor	Public Health NB
Vanessa	Koepke	School Settlement Worker	Multicultural Association Chaleur Region
Wendy	Kraglund-Gauthier		WKG Educational Consulting
Nora	Lacey	Chief of Physician & Patient Engagement	New Brunswick Medical Society
Pamela	Leclair *	Conseillère en développement Communautaire	Santé Publique
Cindy	Levesque	Sport and Recreation Consultant	Government of New Brunswick
Nathalie	Lirette-Bourque	Public Health Nurse	Public Health/Vitalité
Sandra	Magalhaes		NB-IRDT, UNB
Cindy	Miles	Director of Community Partnerships	Partners for Youth
Anita	Newling	Child and Youth Program Coordinator	Capital Region Mental Health & Addictions Association
Samantha	Nickerson	Youth Engagement Coordinator	Multicultural Association of Sussex
Dianne	Oickle		National Collaborating Centre for Determinants of Health NCCDH New Brunswick Multicultural Council / conseil multiculturel du Nouveau-Brunswick
Arianne	Orellana		
Argentina	Palacios	Rainbow of Cultures Childcare Centre MCAF Coordina	Multicultural Association of Fredericton Inc
Elliot	Paynter	Summer Intern	BullyingCanada
Candice	Pollack	Executive Director, Citizen Engagement	New Brunswick Health Council

Susan	Reid	Professor and Director	Centre for Research with Vulnerable Women and Youth St. Thomas University
Molly	Ryder		GNB
Holly	Seale	Advocate	Parent Child Assistance Program
Malcolm	Shookner		Atlantic Summer Institute
Rachel	Slipp		NBMC
Jeremias	Tecu	MCAF- SWIS	Multicultural Association of Fredericton Inc.
Amelia	Thorpe	ConneQT Director	Fierté Fredericton Pride / ConneQT NB
Madison	Watson		CCMA
Holly	Worden	Youth Advisor	YMCA - Newcomer Connections