

**Atlantic
Summer
Institute
on Healthy
and Safe
Communities**



**l'Institut
d'été sur les
collectivités
sûres et en
santé au
Canada atlantique**

Online Provincial Workshop Report

Newfoundland and Labrador

July 13, 2022

Submitted to

ASI Knowledge Mobilization Project Steering Committee

By

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"This is an exciting time for us to look at infant, child and youth mental health through the lens of what our First Nations practiced tens of thousands of years in terms of the idea of being included and valued as a citizen from the beginning of life and right through to being an elder."...

"community is the answer and I am really looking forward to our time today where we can look at taking care of each other day to day and also looking upstream at where the investment can be made for our lifelong health and especially during the periods of the brain's development and when they occur in infancy and early childhood".

Jim Mustard, - Founder and Board Secretary, Raising The Villages Cooperative

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1. Background Information

The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI) is a bilingual, not-for-profit organization established in 2003 with a mission to serve as a catalyst for social change, by increasing capacity for action on the social determinants of health and building on strengths in the Atlantic Canada region.

During 2020–2021, ASI developed a policy brief, in partnership with A Way Home Canada and a policy brief working group, to promote investment in **upstream** policies and supportive actions for child and youth mental health. This work is based on the belief that with collective action we can shift the ways in which community and government drive policy and fund innovation.

“Upstream interventions and strategies focus on improving fundamental social and economic structures in order to decrease barriers and improve supports that allow people to achieve their full potential.

Downstream interventions and strategies focus on providing equitable access to care and services to mitigate the negative impacts of disadvantage on health” (NCCDH 2014, 6).

The policy brief proposes transformative change, calling for action on four broad priorities: “whole-of-government approach”, “whole-of-society approach”, “whole-of-community approach” and a Sustainable and Integrated Funding Model ¹. These, if done in concert, can integrate efforts into a comprehensive approach that promotes and supports the mental health of children and youth, their families, and communities.

On March 9, 2022, ASI released the policy brief **Upstream Investment: Placing infant, child and youth mental health promotion at the forefront**. This policy brief draws on current evidence with the goals of influencing policy in Atlantic Canada to promote the mental health of children and youth, and highlighting and strengthening the great work that is already underway.

¹ ASI’s policy brief can be accessed through the following links:

- Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf
- Infographic: www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf

In March 2022, a project, entitled *Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada*, was approved for funding by the Public Health Agency of Canada's through the Intersectoral Action Fund (ISAF).

This project will further the efforts of the Public Health Agency of Canada (PHAC) to foster the effective intersectoral action for health equity and well-being that is crucial to addressing population health, particularly in the contemporary context of complex public-health challenges; and support action on the social determinants of health by building capacity in communities to advance intersectoral action.

Activities embedded in the one-year project include leadership by an intersectoral Steering Committee; partnership development and strengthening; communicating with elected officials, policy makers, and community leaders in provincial, federal and indigenous governing bodies; as well as mobilizing support of the media and the public. The anticipated outcome within the year is that we will see action on developing mental-health-in-all policies across Atlantic Canada, which in the longer term will result in the improved mental health of infants, children and youth, and will impact the health of the population.

The **goal** of the project is to enhance capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society, to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

The objectives of the project are:

1. To provide leadership and accountability to knowledge mobilization of the ASI Policy Brief on upstream investment in policies that promote infant, child and youth mental health.
2. To establish relationships and deepen partnerships with organizations representing diverse cultures, languages and sectors in our mutual commitment to advocating for and demonstrating policies that promote infant, child and youth mental health in Atlantic Canada
3. To action a knowledge mobilization plan that will promote an intersectoral movement from awareness to action in advancing recommendations outlined in the ASI Policy Brief.
4. To effectively measure and assess progress in achieving objectives of the project, evaluate the impact of knowledge mobilization in achieving the goal, capture knowledge, and disseminate.

The project elected to use a participatory action research (PAR) approach within a realist framework to support continued work on implementing the policy brief and deepening partnerships in Atlantic Canada. Specifically, it is anticipated that generating knowledge that will inform future work in developing intersectoral policy in the following areas:

- Understanding where information/knowledge needs and gaps exist, segmented by specific target audiences (for knowledge translation or dissemination), and actors/agents of change (for knowledge mobilization).

- Understanding the differential impact of social determinants of mental health on vulnerable populations, i.e., Indigenous communities, LGBTQ+ community, people living in poverty, racialized groups, new immigrants.
- Knowledge of ways to combine indigenous ways of knowing with Western world views and approaches at relationship and governance levels
- Knowledge about successful, evidence-based models to support and promote mental health for infants, children and youth in above identified populations.
- Knowledge about policies that support mental health promotion for infants, children and youth, e.g., Health in All Policies.
- Links to pre-existing or emerging priorities of Atlantic provinces, current and emerging legislation, intersectoral policy frameworks and structures.
- Identification of potential allies in each province, across the Atlantic Region and across Canada that share a common agenda and are willing to support local and provincial efforts in the Atlantic Region.

2. Provincial Workshops – Description

To mobilize the implementation of the ASI Policy Brief in communities, deepen ASI partnerships, and generate knowledge that will inform future intersectoral policies, the Project Steering Committee initiated a series of online workshops in July 2022, one in each of the four Atlantic provinces.

In partnership with ASI, each of these workshops was hosted by provincial organizations representing a variety of sectors with a vested interest in mental health policy.

- United Way of PEI - Treena Smith, Director of Community Impact and 211 (July 6)
- New Brunswick Multicultural Council - Arianne Melara, Director of Programs and Policy Development (July 7)
- Raising The Villages Cooperative - Jim Mustard (NS), Founder and Board Secretary (July 8)
- Canadian Mental Health Association Newfoundland and Labrador Division (CMHA NL) - Kimberly Dawson, Chief Executive Officer (July 13)

An invitation list was created with input from all Steering Committee members, and invitations were sent by the host organizations (Appendix A - Letter of Invitation). In addition, to promote the workshops, a press release was sent to all major media in Atlantic Canada (Appendix B - Media Release), posts were made on social media (Facebook, Twitter, Linked In and Instagram) and email reminders were sent to those who registered. The response resulted in these workshops having intersectoral representation from across each province representative of non - profit organizations, Indigenous organizations, various sectors of government and academia.

In consultation with the Project Steering Committee, ASI contracted Wendy Kraglund-Gauthier, a consultant from Antigonish, NS, as the lead facilitator to design and facilitate a consistent workshop process in each province (Appendix C - Workshop Agendas). She also trained local facilitators recruited

by the host organizations. Interpretation Services (English-French/French-English) were provided by JCB Interpretation Inc. of Dieppe, NB. Documents were translated from English to French by Bourret Translation Inc.

The workshops were designed to meet the following objectives:

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

In each workshop, the provincial host welcomed all participants, provided a land acknowledgement and commented on the value of the partnership with ASI and the project.

Malcolm Shookner, President of ASI, made a PowerPoint presentation on the ASI Policy Brief (Appendix D - ASI Policy Brief Slideshow) and invited questions from participants.

Local facilitators, who had previously been trained in using Google Jamboard, were provided with links and instructions (Appendix E - Facilitator Instructions) to lead discussions in virtual/online breakout rooms around the following questions:

- Who are the **Champions** of upstream investment in infant, child and youth mental health in your province?
- What **Upstream Policy Initiatives** are Currently Underway?
- What **Capacity** (resources, administrative structures and skills) **exists or is needed** to advance ASI Policy Brief?

Local facilitators shared the key discussion points from each breakout room with the large group, and Wendy Kraglund-Gauthier engaged all participants in a discussion of the following questions using the Zoom microphone, chat and JamBoard features:

- What are ways we can help you move your energy from coping with crises (downstream) to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

**A summary of these discussions is provided below. Excluding hosts and facilitators, 23 people attended. The list of participants is included in Appendix F.*

3. Provincial Workshop – Discussion Summary

A. Champions of Upstream Investment in Infant, Child and Youth Mental Health in Newfoundland and Labrador

As identified by participants in the NL provincial workshop

Sectors	Champions
Child and Youth Programs	<ul style="list-style-type: none"> ● Amal Youth and Family Centre ● Boys and Girls Clubs ● Choices for Youth ● Community Youth Network ● Summer Camps ● Youth Programs
Community Programming	<ul style="list-style-type: none"> ● Association for New Canadians ● Easter Seals ● Big Brothers/Big Sisters ● Canadian Mental Health Association ● Churches ● Child Protection Services ● Family Resource Centres ● LIFT (NL Literacy Interventions for Today) ● Mother Goose Parent and Child ● Perinatal Mental Alliance of NL ● Provincial perinatal program ● Public Libraries ● Indigenous Governments and Organizations ● Relationships First – Restorative Justice Consortium ● Royal Newfoundland Constabulary ● Spiritual Communities ● Safe Neighbourhood Associations ● Volunteers
Education	<ul style="list-style-type: none"> ● Infant and Early Childhood Educators ● Schools <ul style="list-style-type: none"> ○ Teachers ○ Well-Being Teams ○ Counselors ○ Physical and Health Education Programs ○ Intramural and Interscholastic Sports ● University/College <ul style="list-style-type: none"> ○ Student Affairs/Service ○ College Early Childhood Education instructors

	<ul style="list-style-type: none"> ● Atlantic Summer Institute (ASI) ● Mental Health First Aid Instructors ● Social Workers ● Parents and caregivers when they are supported in being responsive to the needs of the children
Government	<ul style="list-style-type: none"> ● Child Care Consultants ● Social and Economic Well-Being Plan ● Government Policy Makers ● NL Health Accord ● Health Care navigators ● Inclusion Consultants ● Municipalities ● Quality Consultants
Health Services	<ul style="list-style-type: none"> ● Family Doctors ● Family Support Workers ● Members of a former group for infant mental health called G.E.M.M.A ● Midwives and Doulas ● Parent-Child Coordinators with the regional health authorities ● Post-natal supports ● Public Health Nurses
Private Sector	<ul style="list-style-type: none"> ● Business or Industry groups for collaboration and funding ● Chambers of Commerce – many promote mental health awareness in the workplace
Sport and Recreation	<ul style="list-style-type: none"> ● Recreational programs ● Volunteer team coaches/children and youth group leaders

B. Upstream Policy Initiatives Currently Underway - Newfoundland and Labrador

As identified by participants in the NL provincial workshop

<p>Current “Upstream” Policy Initiatives in NL</p> <ul style="list-style-type: none"> ● K-12 Social Emotional Learning Curriculum ● Early Social Emotional Learning ● Government of NL commitment to prevention and early intervention action plan ● Affordable/Accessible day care (\$10/day daycare) ● Alcohol Action Plan ● Annual Funding of Family Resource Centres (31 in NL) ● Annual funding of Mother Goose programming by NL government ● Baby Friendly NL

- Community-based programming – parent education, healthy baby club
- Early Development Instrument
- Early Learning and Child Care Quality Enhancement Program (NL government)
- Family Connections Program
- Developmental Health Services
- Federal-Provincial Action Plan on Early Learning and Childcare
- Food First NL
- Innu Prevention Services
- Gender Responsive Standards of Practice for Mental Health and Addictions
- Harm Reduction Initiatives
- Health in all Policies
- Healthy Built Environment
- Navigate
- NL government Social and Economic Well-Being Plan
- Not-for-profit Moose License
- Our Path of Resilience: An Action Plan to Promote Life and Prevent Suicide in NL
- Pet Safe-Keeping Program
- Plan to establish a provincial perinatal mental health program
- Play Based Learning for Kindergarten
- Public Health Home visitation program
- Public Health Nursing programs with Regional Health Authorities
- Pre-Kindergarten Child Care Pilot
- Promotion Suicide Prevention Action Plan for NL (announced in June 2022)
- Relationships First – Restorative Justice Consortium Pilot Projects in schools, summer conferences, research projects
- Responsive Interactions for Learning
- Social and Economic Well-Being Plan – inclusive of Poverty Reduction Plan
- Safe Works Access Program (SWAP) – safe supplies and info on harm reduction
- Towards Recovery – The Mental Health and Addictions Action Plan

C. Capacity (resources, administrative structures and skills) that exists or is needed to advance ASI Policy Brief - Newfoundland and Labrador

In response to the question: *“What Capacity (resources, administrative structures and skills) exists or are needed to advance ASI Policy Brief?”*, the main themes that could be identified from the discussions are:

- Enhanced education, programs and training
- Greater communication, collaboration and Coordination
- Long term funding and support

Capacity that EXISTS

- Brain Story Certification (self-paced 30-hour online module course)
- CASEY - Coalition Against Sexually Exploited Youth
- Canadian Mental Health Association
- Child and Youth Community Health Planning interdepartmental committee
- Choices for Youth
- Community Education Network
- Community Sector
- Community Youth Networks throughout the province
- Daybreak
- Developmental Health Program Steering Committee
- Early Child Education resources (Association for Early Childhood Educators, Play Therapy, Colleges)
- Family Resource Centres and their pre and postnatal programming- 31 across the island
- First Light
- Health Accord
- Innu Roundtable
- Jimmy Pratt Foundation
- Municipal understanding (focus) of mental well-being in small coastal communities
- Newcomer supports
- NL Housing Corporation - Community and Neighbourhood Centres
- Policy: Education Action Plan - there was a committee for Health in all Schools
- Perinatal Mental Health Alliance NL
- Public Health nurses
- Social and Economic Well-Being Division, Department of Children, Seniors and Social Development
- Social Emotional Learning (SEL) curriculum for children and educators
- Spiritual health
- Stigma Ends with ME!
- Thrive CYN (Community Youth Network)
- Vulnerable Populations Task Force - Mental Health and Addictions Division of the Department of Health and Community Services
- Waypoints, Key assets, etc.
- Women's Centres

Capacity NEEDED

- Collaborative Approach
 - CAPC/CPNP Joint Management Committee (Federal-Provincial Partnerships)
 - Central Horizontal oversight for Provincial Government programs and services
 - Collaboration between Government and Non-profit - non-partisan
 - Cooperation between government departments, community, and individuals with a focus on mental health
 - Government office to promote interdepartmental, intergovernmental, and intersectoral collaboration and coordination
 - More collaborative working relationships - so much overlap

- Provincial interdepartmental committee for the coordination of services for children and youth
- Development and delivery of programs and services
 - Community Youth Networks
 - Expanding child care services throughout the province: especially rural, minority communities for both group and family child care - funding available for renovation and start-up costs where eligible
 - Groups with a focus on all ages - infants, children, youth
 - Mental Health First Aid instructors
 - Qualified translation services for range of Indigenous and newcomers; we are very Anglo-centric
 - Support/resources for parents to build/strengthen core life/parenting skills
 - Targeted mental health literacy training
 - Vulnerable populations working group
- Funding
 - Sustainable multi-year funding

D. Strategies to move your energy from a focus on crisis to upstream - Newfoundland and Labrador

Given how difficult it is to move investments and personal energy upstream, the group was asked “*What are ways we can help you move your energy from coping with crises to focusing upstream?*” The groups acknowledged that moving upstream is more difficult post COVID as many people are exhausted.

However, there were several areas of action suggested and themed as:

- Personal/Community/Workplace Actions
- Systemic Changes
- Funding Realignment

Moving Focus/Energy Upstream

As identified by participants in the NL provincial workshop

What are ways we can help you move your energy from coping with crisis to focusing upstream?

Personal/Community/Workplace Action

- Better mental health support and respect at the workplace
- Educate. People everywhere need to know what infant, children, youth mental health is
- Education and awareness for all - break the stigma
- Education for PARENTS about Social Emotional Learning
- Encourage more stories of lived experience... change the way we view "professionals"
- Focus on all ages
- Mental health training for all
- Parent capacity building
- Parent support
- Someone needs to step away from the crisis to see what's happening upstream in your community

- Using expertise and knowledge of people with lived and living experience - telling stories

System Change

- Education for political leaders on importance of upstream policy
- Engage FRONTLINE workers
- Evidence based interventions Increased diversity in politics and other leadership positions
- Long term vision of reduced demand on intervention services
- More duties for Nurse Practitioners, including MCP (provincial Medical Care Plan) service coverage
- Place programs in a way that there is continuity and the programs are weaved together seamlessly
- Provide the supports based where the needs present - across home, school and community
- Prioritizing the important (and not only the urgent)
- Promoting sustainable coping tools/strategies
- Shared tools/measures to track impact of programs/services
- Systematic reform to ensure it's embedded in the child and youth serving systems
- Using the Science of Resilience / Resiliency Scale Metaphor

Funding Realignment

- Deployment of resources to ensure upstream is a focus - proactive not reactive
- Enough affordable housing to address the need
- Evaluation included in program funding
- Financial investment in upstream initiatives
- Funding for new pilot project focusing on prevention
- Multi-year funding for community groups
- Promoting the long-term cost saving
- Universal Basic Income

4. Recommendations

The large group was posed the question: *“What recommendations would you have for achieving our goal of upstream investment in mental health promotion?”* Discussions in each workshop resulted in recommendations specific to the provincial context; see the results from the NL Workshop below. They were listed under each of the four main priorities of the ASI Policy Brief:

- Whole-of-Government
- Whole -of-Society
- Whole -of-Community
- Stable and Integrated Funding Model

As identified by participants in the NL provincial workshop

Priorities	Recommendations
“Whole-of-Government”	<ul style="list-style-type: none"> ● Collaborative approach with the legal system (i.e., have a mobile crisis team attend police calls)

	<ul style="list-style-type: none"> ● Decriminalize drug use. Use the money used for enforcement to create a more equitable society ● Ease restrictions of policy change ● Restorative approaches in our criminal justice system to reduce the harms of prison and promote healing for offenders, families and communities ● Targeted education for policy makers in tangential areas ● Training for public servants in how to collaborate across departments/sectors
<p>“Whole-of-Society”</p>	<ul style="list-style-type: none"> ● A Mental Health in All Policies table provincially that would map all of the policies, how they fit together, identify gaps in policy creating capacity for collaboration across sectors ● Changing the narrative to reduce stigma (language, decriminalization of drugs) ● Creating more opportunities for people from all sectors to interact with one another ● Develop and implement Social and Economic Well-Being Plan that will include a focus on prevention and early intervention for children and youth ● General education in what it means for upstream investment. Hard to move policy forward without public and government support ● Getting the word out on the good initiatives from the people doing the work ● Inviting more conversations within the school system ● Keep working together and learning from each other and those working in the field of mental health ● Mobilisation et promotion de la santé mentale a travers les médias sociaux ● More Community Capacity engagement ● Need a communications plan to support upstream investment ● Need for strategic planning approach ● Placing a larger focus on Mental Health Education for all - Medical Students, Early Childhood Educators, Students, etc. ● Residential school education within the classroom ● Sharing upstream success stories from around the world ● Social media campaigns ● Society move towards community responsibility raising the child (not just parents) ● Strengthen programs focused on families of young children ● Supporting Indigenous reconciliation ● Take stock of what programs are available, fill the gaps and strengthen the programs
<p>“Whole-of-Community”</p>	<ul style="list-style-type: none"> ● 2SLGBTQIA+ focused discussions

	<ul style="list-style-type: none"> • Advocating for community level intervention and intersectoral collaboration and action • More Community Capacity engagement • More media coverage of "atypical" faces of mental health and substance users • Stay well informed about what is already happening in communities • Takes a village to raise a child • Universal breakfast and lunch programs in schools • Work with parents to encourage seeking assistance and education
<p style="text-align: center;">Sustainable and Integrated Funding Model</p>	<ul style="list-style-type: none"> • Funding for on-the-ground support (ie. have a face within marginalized areas) • Provide clear, consistent messaging about the return on investments for upstream initiatives • Provide investments to ensure parents are supported prenatally about mental health, parent responsibility

While the recommendations outlined above are at a provincial level, there was such consistency in the themes among provinces that all contribute to overall recommendations for Atlantic Canada. The regional recommendations are outlined in the Atlantic report which summarizes the four provincial workshop reports.

5. Conclusion

An online evaluation conducted by Nishka Smith Consulting following the workshops reported that excluding the hosts and facilitators, a total of 100 people attended the workshops - 27 attended the PEI workshop, 33 the NB workshop, 17 the NS workshop and 23 the NFLD workshop. A total of 31 participants completed the survey - 8 from PEI, 4 from NS, 13 from NB, and 6 from NFLD. Of the respondents, 68% (21/31) of respondents represented either the provincial government (35% - 11/31) or a community organization (32% - 10/31), with half (51% - 16/31) working in the field of health, and feedback was generally positive about the potential of the workshops in moving a policy agenda forward.

A full evaluation report is available on request.

6. Appendices

Appendix A - Letter of Invite to ASI Online Provincial Workshop

Appendix B - Press Release

Appendix C - Meeting Agenda

Appendix D - Policy Brief Slideshow

Appendix E - Facilitator Instructions

Appendix F - Participant List (Name and Organization)

Appendix A - Letter of Invitation to ASI Online Provincial Workshop

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Letter of Invitation to ASI Online Provincial Workshops

Greetings:

In partnership the Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI), Canadian Mental Health Association, Newfoundland and Labrador division would like to invite you to participate in an online workshop to be held on July 13 from 1-3:00pm NDT on Zoom.

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront***. ASI is now reaching out to people such as you across the Atlantic Region who have an interest in promoting infant, child and youth mental health. **Now is the time to build capacity and collaboratively address our Regional issues!**

Accordingly, we want to invite you in an **online process** that will introduce you to the policy brief and engage your participation in a facilitated discussion in which you can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. We will also explore ways in which we can collaborate across sectors, disciplines, and cultures in Newfoundland and Labrador. Ultimately your input will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion.

There is no fee to register. Registration for each consultation is limited to 50 people, first come first served. If you are not able to attend, please encourage someone else from your organization to attend. Please register as soon as possible:

- Newfoundland and Labrador: <https://www.eventbrite.ca/e/asi-online-provincial-workshops-nl-tickets-375194646287>

ASI's policy brief can be accessed through the following links:

- Infographic (two pages): www.asi-ia.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf
- Full policy brief: www.asi-ia.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-ia.ca/en/files/2022/03/Policy-Brief-ES-.pdf

Funding for these workshops is provided through the Public Health Agency of Canada's Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society.

Think Positive – Think Summer!!

It is still two months away, but we want to confirm that plans are indeed unfolding as expected for ASI 2022!

ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme ***Together Again – Regenerating the power of connection!*** Held in Charlottetown, PEI from **August 22-24, 2022**. It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community. Together we will come together to learn about the evidence on upstream factors that influence mental health, and acquire skills to influence, develop and implement upstream policy.

Early Bird Registration is open until June 30 at www.asi-iea.ca

We encourage you to watch your email for the ASI newsletter and Facebook page for further updates.

Sincerely,

Canadian Mental Health Association, Newfoundland and Labrador Division

and

The ASI Board of Directors

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Lettre d'invitation pour participer aux ateliers provinciaux en ligne de l'IEA

Bonjour à toutes et à tous :

En partenariat avec l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique (IEA), association canadienne pour la santé mentale, division de Terre-Neuve-et-Labrador aimerait vous inviter à participer à un atelier en ligne qui aura lieu le 13 juillet 2022, de 13 à 15 h NDT, sur Zoom.

L'IEA a récemment publié un mémoire préconisant un investissement « en amont » dans la promotion de la santé mentale, intitulé ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*** (l'investissement en amont : accorder une place de premier plan à la promotion de la santé mentale des nourrissons, des enfants et des jeunes). L'IEA est maintenant à la recherche de personnes comme vous dans la région de l'Atlantique qui souhaitent promouvoir la santé mentale des nourrissons, des enfants et des jeunes. Le moment est **venu de renforcer les capacités et de travailler ensemble aux problèmes de notre région!** Par conséquent, nous souhaitons vous inviter à prendre part à un ***processus en ligne***.

Dans le cadre de ce dernier, vous prendrez connaissance du mémoire et du document d'orientation et vous participerez à une discussion animée au cours de laquelle vous pourrez reconnaître les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui commencent dès la petite enfance à promouvoir la santé mentale. Nous explorerons également les possibilités de collaboration entre les secteurs, les disciplines et les cultures à Terre-Neuve-et-Labrador. Les commentaires recueillis seront communiqués au Conseil des premiers ministres de l'Atlantique et à d'autres décideurs de l'Atlantique en vue d'un investissement en amont dans la promotion de la santé mentale.

L'inscription est gratuite et la participation à chaque consultation est limitée à 50 personnes selon le principe premier arrivé, premier servi. Si vous ne pouvez pas participer aux ateliers, veuillez encourager une autre personne de votre organisation à y assister. Veuillez vous inscrire dès que possible :

- à Terre-Neuve-et-Labrador: <https://www.eventbrite.ca/e/billets-ateliers-provinciaux-en-ligne-de-liea-nl-375219590897>

Il est possible d'avoir accès au mémoire par l'entremise des liens suivants :

- Infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>
- Dossier complet : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>
- Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Résumé.pdf>

Le financement de ces ateliers est rendu possible grâce au Fonds d'action intersectorielle de l'Agence de la santé publique du Canada dans le cadre d'un projet d'un an visant à faire progresser l'investissement en amont dans les politiques qui favorisent l'équité et la santé mentale chez les nourrissons, les enfants et les jeunes du Canada

atlantique et d'ailleurs. Le Fonds permet d'améliorer la capacité par la mobilisation des connaissances pour une action intersectorielle entre les gouvernements, le secteur privé et la société civile.

Soyez positifs... c'est l'été!

Nous sommes encore à deux mois de l'événement, mais nous voulons confirmer que les plans se déroulent comme prévu pour l'IÉA 2022!

L'IÉA 2022 est un forum politique de l'Atlantique sur la promotion de la santé mentale des nourrissons, des enfants et des adolescents qui a pour thème ***Se retrouver : régénérer le pouvoir de l'interaction!*** L'Institut se tiendra à Charlottetown, à l'Île-du-Prince-Édouard, du **22 au 24 août 2022**. Il s'agira d'un événement hybride offrant la possibilité de se joindre de façon virtuelle et regroupant les personnes influentes en matière de politiques au Canada atlantique, c'est-à-dire les politiciennes, les politiciens, les fonctionnaires, les universitaires, les jeunes et les membres de la collectivité. Ensemble, nous nous réunirons pour en apprendre davantage sur les données probantes relatives aux facteurs en amont qui influencent la santé mentale, et pour acquérir les compétences nécessaires afin d'influencer, d'élaborer et de mettre en œuvre des politiques en amont.

Les inscriptions hâtives sont ouvertes jusqu'au 30 juin 2022 à www.asi-iea.ca.

Nous vous encourageons à vérifier vos courriels, car nous vous enverrons le bulletin d'information de l'IÉA, ainsi que la page Facebook pour obtenir d'autres mises à jour.

Association canadienne pour la santé mentale, division de Terre-Neuve-et-Labrador
et
le conseil d'administration de l'IÉA

Appendix B - Press Release

FOR IMMEDIATE RELEASE: July 4, 2022



Atlantic Summer
Institute on
Healthy and Safe
Communities

l'Institut d'été
sur les collectivités
sûres et en santé au
Canada atlantique

www.asi-iea.ca

902-894-3399

info@asi-iea.ca

ONLINE PROVINCIAL WORKSHOP SERIES: BUILDING CAPACITY FOR “UPSTREAM” INVESTMENT IN YOUTH MENTAL HEALTH PROMOTION

This month, the Atlantic Summer Institute on Healthy and Safe Communities will offer a series of online workshops, in partnership with four provincial NGO hosts

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled *Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*. ASI is now reaching out to people across the Atlantic Region who have an interest in promoting infant, child and youth mental health.

Accordingly, this online process that will introduce to the policy brief and engage participation in a facilitated discussion in which registrants can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. These workshops will also explore ways in which we can collaborate across sectors, disciplines, and cultures in the Atlantic region. Ultimately these discussions will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion. There is no fee to register. Registration for each consultation is limited to 50 people, first come first served.

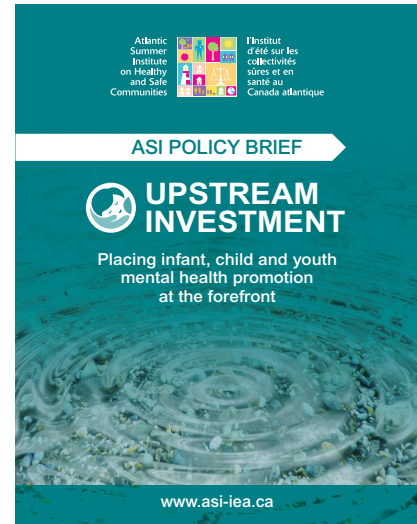
Links to register:

[Prince Edward Island - July 6th 9-11am, hosted by United Way of PEI](#)

[New Brunswick - July 7th 9-11am ADT, hosted by New Brunswick Multicultural Council](#)

[Nova Scotia - July 8th 9-11am ADT, hosted by Raising the Villages](#)

[Newfoundland & Labrador - July 13th 1-3pm NDT, hosted by Canadian Mental Health Association, Newfoundland & Labrador Division](#)



NEW BRUNSWICK
MULTICULTURAL
COUNCIL



CONSEIL
MULTICULTUREL DU
NOUVEAU-BRUNSWICK



Canadian Mental
Health Association
Newfoundland & Labrador
Mental health for all

Funding for these workshops is provided through the Public Health Agency of Canada’s Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society. ASI’s policy brief can be accessed in the following forms: [Infographic \(two pages\)](#), [Full Policy Brief](#), and the [Executive Summary](#).

Looking Ahead: ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme *Together Again – Regenerating the power of connection!* Held in Charlottetown, PEI from August 22-24, 2022. It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community.

FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

Patsy Beattie-Huggan, ASI Coordinator: info@asi-iea.ca / 902-894-3399

Funded by the Government of Canada
Financé par le gouvernement du Canada

Canada

POUR PUBLICATION IMMÉDIATE : 4 juillet 2022



www.asi-iea.ca

902-894-3399

info@asi-iea.ca

SÉRIE D'ATELIERS PROVINCIAUX EN LIGNE : RENFORCER LA CAPACITÉ D'INVESTISSEMENT « EN AMONT » DANS LA PROMOTION DE LA SANTÉ MENTALE DES JEUNES

Ce mois-ci, l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique propose une série d'ateliers en ligne, en partenariat avec quatre ONG provinciales hôtes

L'IEA a récemment publié un mémoire préconisant l'investissement « en amont » dans la promotion de la santé mentale intitulé *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*. L'IEA sollicite maintenant des parties prenantes de la région de l'Atlantique qui s'intéressent à la promotion de la santé mentale des nourrissons, des enfants et des jeunes.

En conséquence, le procédé en ligne présentera le mémoire et facilitera la participation à une discussion animée au cours de laquelle les personnes inscrites pourront déterminer les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui font la promotion de la santé mentale dès la jeune enfance. Ces ateliers permettront de plus d'examiner différentes façons de collaborer entre secteurs, disciplines et cultures dans la région de l'Atlantique. Au final, ces discussions éclaireront le Conseil des premiers ministres de l'Atlantique et les autres décideurs de la région en ce qui a trait à l'investissement en amont dans la promotion de la santé mentale. L'inscription est gratuite, mais elle est limitée à 50 personnes pour chaque séance, selon le principe du premier arrivé, premier servi.

Liens pour l'inscription :

[Île-du-Prince-Édouard : 6 juillet de 9 h à 11 h, séance organisée par United Way of PEI](#)

[Nouveau-Brunswick : 7 juillet, de 9 h à 11 h \(HAA\), séance organisée par le Conseil multiculturel du Nouveau-Brunswick](#)

[Nouvelle-Écosse : 8 juillet, de 9 h à 11 h \(HAA\), séance organisée par Raising the Villages](#)

[Terre-Neuve-et-Labrador : 13 juillet, de 13 h à 15 h \(HAT\), séance organisée par l'Association canadienne pour la santé mentale, Division de Terre-Neuve-et-Labrador](#)



NEW BRUNSWICK
MULTICULTURAL
COUNCIL



CONSEIL
MULTICULTUREL DU
NOUVEAU-BRUNSWICK



Canadian Mental
Health Association
Newfoundland & Labrador
Mental health for all

Ces ateliers sont financés à même le Fonds d'action intersectoriel de l'Agence de la santé publique du Canada dans le cadre d'un projet d'une année visant à accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs, rehaussant du coup la capacité par la mobilisation des connaissances pour l'action intersectorielle dans les gouvernements, le secteur privé et la société civile. Le mémoire de l'IEA est accessible dans les formats suivants : [infographie \(deux pages\)](#), [mémoire intégral](#) et [résumé](#).

Ce qui s'annonce : IÉA 2022 est un Forum sur les politiques pour la promotion de la santé mentale des nourrissons, des enfants et des jeunes dans la région atlantique qui a pour thème *Se retrouver : régénérer le pouvoir de l'interaction!* et qui aura lieu à Charlottetown (Î.-P.-É.) du 22 au 24 août 2022. Il s'agira d'une activité hybride offrant une option de participation en mode virtuel qui mobilisera les acteurs politiques du Canada atlantique (politiciens, fonctionnaires, universitaires, jeunes et membres du public). Nous nous réunirons pour nous renseigner sur les données probantes au sujet des facteurs en amont qui influent sur la santé mentale de même que pour acquérir des aptitudes pour influencer, élaborer et mettre en œuvre les politiques en amont.

POUR D'AUTRES RENSEIGNEMENTS, DES PHOTOS ET DES ENTREVUES :

Patsy Beattie-Huggan, coordonnatrice de l'IEA : info@asi-iea.ca / 902-894-3399

Funded by the Government of Canada
Financé par le gouvernement du Canada

Canada

Appendix C - Meeting Agenda



Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

Provincial Workshop Agenda

July 13 1:00-3:00 pm NDT

Objectives

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

Agenda

1:00 – 1:10	Welcome – Kimberly Dawson, Chief Executive Officer, CMHA NL Introduction of facilitator, Wendy Kraglund-Gauthier
1:10 – 1:15	Review objectives, logistics, introduce Malcolm Shookner - Wendy NOTE: We are recording; ask people to introduce themselves in the chat
1:15 – 1:40	Opening Remarks – ASI Policy Brief Presentation – Malcolm
1:40 – 2:10	Breakout rooms will be set up with a Jam Board to explore the questions: <ol style="list-style-type: none"> a. Who are the champions in your province of upstream investment in infant, child and youth mental health? b. What upstream policy initiatives are currently underway in your province? c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?
2:10 - 2:35	Large Group Debrief – Local Facilitators <ul style="list-style-type: none"> • Highlight each Jam Board – one response to each question per group Discussion – Wendy (Chat, mic, Jam Board options) <ul style="list-style-type: none"> • What are ways we can help you move your energy from coping with crises to focusing upstream? • What recommendations would you have for achieving our goal of upstream investment in mental health promotion?
2:35-2:45	Future Activities - Malcolm <ol style="list-style-type: none"> a. ASI 2022 - Summer policy forum b. Regional Indigenous Workshops c. Workshops in local communities in the fall
2:45-2:55	Next Steps - Patsy <ol style="list-style-type: none"> a. Find opportunities for ASI, partners to present the ASI Policy Brief b. Suggest a local community partner to host a workshop in the fall to: <ul style="list-style-type: none"> • Showcase current upstream work

	<ul style="list-style-type: none">• Identify policy and funding barriersc. Send communications to info@asi-iea.ca
2:55-3:00	Thank you and Going Forward – Kimberly Dawson, Chief Executive Officer, CMHA NL <ul style="list-style-type: none">a. Ongoing Communications with ASI and Partnersb. Evaluation – Online evaluation to follow



Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada (mobiliser la politique intersectorielle pour un investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes au Canada atlantique)

Ordre du jour de l'atelier provincial | 13 juillet 13- 15h NDT

Objectifs

1. Présenter le mémoire de l'IEA.
2. Explorer les possibilités d'action politique provinciale et de travail en amont dans les collectivités.
3. S'informer sur les activités futures.
4. Promouvoir le forum politique IEA 2022.

Ordre du jour

1 h	Mot de bienvenue – Kimberly Dawson, Chief Executive Officer, CMHA NL Présentation de la facilitatrice, Wendy Kraglund Gauthier
1 h 10	Revoir les objectifs et la logistique, et présenter Malcolm Shookner – Wendy NOTE : Nous enregistrons; demander aux gens de se présenter dans la boîte de clavardage.
1 h 15	Remarques d'ouverture : présentation du mémoire de l'IEA – Malcolm
1 h 40	Des salles de discussion seront aménagées avec un tableau d'affichage pour explorer les questions : <ol style="list-style-type: none"> a. Qui sont les championnes et champions de votre province de l'investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes? b. Quelles sont les initiatives politiques en amont en cours dans votre province? c. Quelles sont les capacités (ressources, structures administratives et compétences) qui existent ou pourraient être nécessaires dans votre province pour faire avancer le mémoire de l'IEA?
2 h 10 à 2 h 35	Grand groupe Séance d'information – facilitateurs locaux <ul style="list-style-type: none"> • Mettre en évidence chaque tableau d'affichage – une réponse à chaque question par groupe. Discussion - Wendy (options de clavardage, micro, tableau d'affichage) <ul style="list-style-type: none"> • Comment pouvons-nous vous aider à déplacer votre énergie de la gestion des crises à la concentration en amont? • Quelles recommandations auriez-vous pour atteindre notre objectif d'investissement en amont dans la promotion de la santé mentale?

<p>2 h 35 à 2 h 45</p>	<p>Activités futures – Malcolm</p> <ol style="list-style-type: none"> a. IÉA 2022 - Forum politique d'été b. Ateliers régionaux pour les personnes autochtones c. Ateliers dans les collectivités locales à l'automne
<p>2 h 45 à 2 h 55</p>	<p>Prochaines étapes – Patsy</p> <ol style="list-style-type: none"> a. Trouver des occasions pour l'IÉA et les partenaires de cette dernière de présenter le mémoire de l'IÉA. b. Suggérer à un partenaire communautaire local d'organiser un atelier à l'automne dans les buts suivants : <ul style="list-style-type: none"> • Présenter le travail actuel en amont. • Déterminer les obstacles politiques et financiers. c. Envoyer les communications à info@asi-iea.ca.
<p>2 h 55 à 3 h</p>	<p>Remerciements et prochaines étapes – Kimberly Dawson, Chief Executive Officer, CMHA NL</p> <ol style="list-style-type: none"> a. Communications permanentes avec l'IÉA et les partenaires b. Évaluation – évaluation en ligne à suivre

Appendix D - Policy Brief Slideshow



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique

In partnership with



Canadian Mental Health Association Newfoundland & Labrador
Mental health for all

Upstream Investment - Placing child and youth mental health promotion at the forefront

Malcolm Shookner, ASI President
ASI Board Members from Newfoundland & Labrador - Robert Cahill, Karen Clarke, Charlene Kippenhuck
NL Provincial Workshop - July 13, 2022

Welcome & Land Acknowledgement

We respectfully acknowledge the land on which we gather as the ancestral homelands of the Beothuk [bee-oth-uck], whose culture has been lost forever and can never be recovered.

We also acknowledge the island of Ktaqmkuk [uk-dah-hum-gook] (Newfoundland) as the unceded, traditional territory of the Beothuk and the Mi'kmaq [mee-gum-maq]. And we acknowledge Labrador as the traditional and ancestral homelands of the Innu [in-new], Nitassinan [ne-tass-eh-nen], the Inuit [in-new-ee] of Nunatsiavut [nu-nat-see-ah-vut], and the Inuit of Nunatukavut [nu-nah-tuhk-ah-vut]. We recognize all First Peoples who were here before us, those who live with us now, and the seven generations to come. As First Peoples have done since time immemorial, we strive to be responsible stewards of the land and to respect the cultures, ceremonies, and traditions of all who call it home. As we open our hearts and minds to the past, we commit ourselves to working in a spirit of truth and reconciliation.

2

Introductions



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique

In partnership with



Canadian Mental Health Association Newfoundland & Labrador
Mental health for all

- **Host** – Kimberly Dawson, CEO, CMHA NL
- **Local Facilitators**
 - Robert Cahill, Karen Clarke, Cathy Newhook
- **Lead Facilitator** – Wendy Kraglund-Gauthier
- **Please introduce yourselves in the chat**

3

Objectives



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique

In partnership with



Canadian Mental Health Association Newfoundland & Labrador
Mental health for all

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

4

Agenda



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique

In partnership with




Canadian Mental Health Association Newfoundland & Labrador
Mental health for all


- Welcome
- Introductions
- Presentation – Policy Brief
- Key questions – Small groups
- Highlights and summary questions – Large group
- Next steps
- Closing

5

Introduction to ASI Policy Brief Malcolm Shookner, ASI President



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique

The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI)

- Non-profit organization established in 2003, based in PEI
- Catalyst for social change in Atlantic Canada focusing on the determinants of health
- Managed by a regional board of directors
- Since 2015, ASI has been focused on upstream investment in mental health promotion for children and youth

6



Background to the Brief


Since **2015**, we have focused on child and youth mental health promotion:

- Whole of government – intersectoral action
- Whole of society – multi-stakeholder forum
- Whole of community – supporting community resilience

2017-18 Call for Action on policies, programs, resources, and funding

2020-21 Policy Brief - Upstream Investment in Child and Youth Mental Health


7



- > **A Way Home Canada**
- > **National Collaborating Centre for Determinants of Health**
- > **Atlantic Policy Congress, First Nations Chiefs Secretariat**
- > **Mental Health Commission of Canada**
- > **Canadian Families and Correction Network**
- > **Raising the Villages, Nova Scotia**
- > **IWK Children's Hospital**
- > **Nova Scotia Health**
- > **PEI Department of Health and Wellness**
- > **Independent Researchers and Consultants**
- > **INSPQ, Quebec**

Policy Contributors and Advisors
A total of more than 35 people

10




Policy Brief – Introduction

Raising healthy children is the responsibility of all Canadians.

Supporting and promoting infant, child, and youth mental health is central to enabling them to become life-long, positive contributors to their communities and society.

Strengthening policies and programs that support positive mental health for children and youth is vital to creating an inclusive and equitable Atlantic Canada.

9




Policy Brief – Investing Upstream

The focus of the ASI Policy Brief is upstream, on mental health promotion, which aims to enable people and communities to optimize their well-being by influencing multiple determinants of health.

An **upstream** focus works to equitably improve the mental health of the entire population and to reduce the likelihood of mental deterioration throughout the life course.

Source: Mental Health is more than you can imagine! ASI 2017

10



ASI Policy Brief Overview


Policy Brief Goal

- To enhance intersectoral action amongst governments, private sector, and civil society to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

Anticipated Outcomes

- Wider engagement of the public and leaders in support of upstream investment and resource allocation for mental health promotion.
- Increased collaboration between stakeholders in infant, child and youth mental health from various sectors and communities.
- New policies throughout communities and governments
- A sustainable funding model for upstream policies.

11



Priority Areas

- A “whole-of-government approach” by implementing a **Mental Health in All Policies Framework**
- A “whole-of-society approach” through development of a **Multistakeholder Platform**
- A “whole-of-community approach” through **Investment in Community Action**
- A **Sustainable and Integrated Funding Model** that supports these comprehensive approaches to invest in and maximize social capital in our communities

12



Atlantic Summer Institute on Healthy and Safe Communities



Institut d'été sur les collectivités sûres et en santé au Canada atlantique



in partnership with
Canadian Mental Health Association
Newfoundland & Labrador
Mental health for all

Upstream Investment - Placing child and youth mental health promotion at the forefront

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 - Robert Cahill, Karen Clarke, Cathy Newhook
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- **Please introduce yourselves in the chat**

3

Objectives





1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

4


Agenda





- Welcome
- Introductions
- Presentation – Policy Brief
- Key questions – Small groups
- Highlights and summary questions – Large group
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Introduction to ASI Policy Brief

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7



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Source: Mental Health is more than you can imagine! ASI 2017

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- A sustainable funding model for upstream policies.

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- A “whole-of-society approach” through development of a **Multistakeholder Platform**
- A “whole-of-community approach” through **Investment in Community Action**
- A **Sustainable and Integrated Funding Model** that supports these comprehensive approaches to invest in and maximize social capital in our communities

12




Policy Brief Action Area #1 Whole of Government

Mental Health in All Policies (Policy Framework)

- Building on the well-established *Health in All Policies* framework
- All sectors and government departments are responsible for building policy to *foster wellbeing and mental health equity*.

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What is Health in All Policies?

Health in All Policies (HiAP):

- An approach that *systematically* considers the health and social implications of policies contemplated *by all sectors of government*
- A *critical policy lever*, as *many of the drivers for health outcomes are beyond the reach of the health sector* — and initiatives that increase health and health equity often result in better productivity and higher tax revenues

Within a HiAP approach, distinguish between “health and mental health being embedded in all policies” and the recognition that “*all policies can have an effect on health*” (WHO 2014)

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Benefits and Challenge

<ul style="list-style-type: none"> ○ HiAP Approach <ul style="list-style-type: none"> ▪ Seeks synergies ▪ Improves accountability ▪ Assists decision-makers from all sectors ▪ Supports the non-health sectors ▪ Promotes shared responsibility ▪ Improves evidence-informed policy making 	<ul style="list-style-type: none"> ○ Challenges <ul style="list-style-type: none"> ▪ Political support ▪ Understanding of holistic health ▪ Managing conflict ▪ Siloed government sectors ▪ Sustainability
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Diallo, T. (2019) Canada: National Collaborating Centre on Healthy Public Policy

15




Policy Brief Action Area #2 Whole of Society

Multistakeholder Platform

Engaging governments, the public and private sectors, civil society, and communities that can accelerate upstream investment and focus priorities.

Example - ASI is well-positioned and experienced.

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Policy Brief Action Area #3 Whole of Community

Investment in Community Action

Community groups and organizations are already doing the work to create supportive environments for their children and youth. Ensuring *communities are valued as partners with government* and have the support necessary to do this work is vital.

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Policy Brief Action Area #4 Long term funding commitment

Sustained and Integrated Funding Model

that supports these comprehensive approaches to invest in and *maximize social capital in our communities*

- A cross-sector child and youth mental health fund
- Core/multi-year foundational funding
- A rigorous approach to innovation and evaluation
- Outcome-based

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Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

Current system

Credit: Raising the Villages

Early Years - Patchwork and Silos

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Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

Health in All Policies

Credit: Raising the Villages

To Upstream Coherence

20

Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

Recommendations and Outcomes

Source: ASI Policy Brief Infographic

RECOMMENDATIONS

Transformative change will require leaders (including provincial, federal, municipal, community and Indigenous leaders) to undertake fundamental changes in the way we build public policy.

1. Atlantic provincial governments build on existing Atlantic linkages and structures, such as the Council of Atlantic Premiers to set an Atlantic Regional direction for Mental Health in All Policies.
2. Governments work to develop relationships and strengthen collaboration with Indigenous peoples in all settings, supporting Indigenous-led initiatives.
3. Governments support a regional Multistakeholder Platform.
4. Governments recognize and support the role of community-based organizations as a focal point for upstream investment in child and youth mental health.
5. Governments review investments and funding frameworks and align more closely with the proposed Sustainable and Integrated Funding model.
6. Governments work to build capacity for child and youth mental health promotion, working collaboratively across sectors.
7. Governments work with diverse groups and communities to ensure equitable investment in child and youth mental health promotion.
8. All stakeholders in Atlantic Canada apply a Mental Health in All Policies lens in development and implementation for organizational and municipal policies.

OUTCOMES

Short-term outcomes of following these recommendations would include:

- Water engagement of the public and leaders in support of upstream investment and resource allocation.
- Increased collaboration among interested parties in child and youth mental health from various sectors and communities.
- New policies progressing throughout communities and governments in Atlantic Canada.
- Initiating the development of a sustainable funding model.

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Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

Policy Brief - Released March 9, 2022

Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf

Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf

Newsletter/Infographic (2 pages): www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf

Knowledge Mobilization - Supported by a one-year grant from the Public Health Agency of Canada Intersectoral Action Fund – Awarded February 2022

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Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

ASI Policy Brief Intention

A Call for Transformative Change

This policy brief makes the case for a **commitment** to transformative change, **challenging leaders** (including provincial, federal, municipal and Indigenous leaders) to undertake **fundamental change** in the way we **build healthy public policy**.

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Atlantic Summer Institute on Healthy and Safe Communities
 Institut d'été sur les collectivités sûres et en santé au Canada atlantique

Next Steps

Mobilizing Action for Policy Change

- Meet with Premiers and provincial politicians; Council of Atlantic Premiers, public service to **explore fit with provincial policy direction**
- Inform leaders in communities, municipalities, and private sector and engage in discussion of **how to embrace the brief**
- Inform the public to **seek their support**
- Work collaboratively to **take action**

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Q&A

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Discussion: Breakout Rooms – 30 minutes

- A. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- B. What upstream policy initiatives are currently underway in your province?
- C. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?

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Breakout Rooms and Jamboard

- We will use breakout rooms and Jamboard to facilitate discussions on the three questions
- You will be assigned to a Zoom breakout room with a facilitator
- There is a link in the Zoom chat for the Jamboard. You will be able to add your ideas with the Jamboard "sticky notes".
- Your facilitator will share their Zoom screen for folks not able to add their own stickies

- Breakout Room facilitators:
 - **Cathy** (start with Question A and use the pink stickies)
 - **Karen** (start with Question B and use the blue stickie)
 - **Robert** (start with Question C and use the green stickies)

After 10 minutes, you will be prompted to move to the next question. Continue to use the same sticky colour.

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Large Group

Debrief – Local Facilitators

- Highlight each Jam Board – one response to each question per group

Discussion –

- What are ways we can help you move your energy from coping with crises to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

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Future Activities - ASI

ASI 2022 Policy Forum



Regenerating the Power of Connection

August 22 - 24, 2022

Charlottetown, P.E.I.

ASI 2022 - hybrid event, with options for engagement both online and in person.

www.asi-ia.ca

Forum de l'IEA 2022



Régénérer le pouvoir de l'interaction


22 au 24 août 2022

Charlottetown (I.-P.-É.)

IEA - événement hybride avec des options de participation en ligne et en personne

www.asi-ia.ca/fr/


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Future Activities - ASI

- Regional Indigenous Workshops
- Workshops in local communities
- PEI Pilot – 3 year funding from PEI Alliance for Mental Well-Being

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Next Steps

- Find opportunities for ASI, partners to present the ASI Policy Brief
- Suggest a local community partner to host a fall workshop to:
 - Showcase current upstream work
 - Identify policy and funding barriers
- Send communications to info@asi-iea.ca

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Thank you and Going Forward

- Ongoing Communications with ASI and Partners
- Slide handout to be sent to registrants
- Evaluation – Online evaluation to follow



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Find ASI On Social Media!





@ASHSC



@asi-iea



@ASI_HSC



ASI



ASI

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Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan

Malcolm Shookner, Robert Cahill, Karen Clarke, Charlene Kippenhuck
Membres du conseil de l'IEA de Terre-Neuve-et-Labrador
Atelier provincial de NL – 13 juillet 2022

Mot de bienvenue & Land Acknowledgement

- Nous aimerions commencer aujourd'hui en reconnaissant que l'IEA est situé à Mi'kma'ki, le territoire ancestral et non cédé du peuple Mi'kmaq. Ce territoire est couvert par les « traités de paix et d'amitié » que les peuples Mi'kmaq et Wolastoqiyik (Malécites) ont signés pour la première fois avec la Couronne britannique en 1725. Ces traités ne portaient pas sur la cession de terres et de ressources, mais reconnaissaient les titres des Mi'kmaq et des Wolastoqiyik (Malécites) et établissaient les règles de ce qui devait être une relation permanente entre les nations. Bien que je sois de descendance mi'kma'ki, nous reconnaissons également que nous avons aujourd'hui des participantes et participants venant de nombreuses régions différentes du territoire maintenant connu sous le nom de Canada, et nous vous invitons tous à prendre le temps d'en apprendre davantage sur le territoire vous vivez. Je vous invite également à ajouter dans notre boîte de clavardage le territoire sur lequel vous vous trouvez actuellement.
- L'IEA reconnaît et respecte le territoire sur lequel nous nous trouvons. Par ailleurs, il préconise la mise en œuvre des appels à l'action de la Commission de vérité et réconciliation, et s'efforce d'inclure les perspectives autochtones dans tout son travail.



- **Présentateur** - Kimberly Dawson, Kimberly Dawson, CMHA NL
- **Facilitateurs locaux** - April English, Heather Atcheson, Randy Hatfield
- **Présentation de la facilitatrice** - Wendy Kraglund Gauthier
- Nous enregistrons; demander aux gens de se présenter dans la boîte de clavardage.

Objectifs



1. Présenter le mémoire de l'IEA.
2. Explorer les possibilités d'action politique provinciale et de travail dans les collectivités.
3. S'informer sur les activités futures.
4. Promouvoir le forum politique IEA 2022.

Ordre du jour



- Mot de bienvenue
- Les introductions
- Présentation du mémoire de l'IEA
- Des salles de discussion - explorer des questions
- Séance d'information et discussion – Grand groupe
- Prochaines étapes
- Remerciements et prochaines étapes

Investissement en amont Provincial Workshop – July 8, 2022


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Introduction à l'IEA Malcolm Shookner

L'Institut d'été sur les collectivités sûres et en santé du Canada atlantique (IEA)

- Organisme sans but lucratif créé en 2003 à l'Île-du-Prince-Édouard;
- Catalyseur aux changements sociaux au Canada atlantique centré sur les déterminants de la santé;
- Géré par un conseil d'administration régional;
- Depuis 2015, l'IEA met l'accent prioritaire sur l'investissement en amont dans la promotion de la santé mentale des enfants et des jeunes.




Contexte du mémoire

Depuis **2015**, nous nous sommes concentrés sur la promotion de la santé mentale des enfants et des jeunes :

- Une approche pangouvernementale – action intersectorielle
- Une approche pansociétale – forum pour groupes à intérêts multiples
- Une approche pancommunautaire – soutien de la résilience communautaire

2017-2018 : appel à l'action réclamant des politiques, des programmes, des ressources et un financement


2020-2021 : Mémoire – *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*



- Vers un chez-soi Canada
- Centre de collaboration nationale des déterminants de la santé
- Atlantic Policy Congress of First Nations Chiefs Secretariat
- Commission de la santé mentale du Canada
- Regroupement canadien d'aide aux familles des détenu(e)s
- Raising the Villages, Nouvelle-Écosse
- IWK Grace Children's Hospital
- Régie de la santé de la Nouvelle-Écosse
- Régie de la santé et mieux-être de l'Î.-P.-É.
- Chercheuses et conseillers autonomes
- INSPQ, Québec

Contributeurs et conseillers stratégiques du mémoire

Plus de 35 personnes au total




Mémoire – introduction

C'est à tous les Canadiens et Canadiennes que revient la responsabilité d'éduquer les enfants.

Le soutien et la promotion de la santé mentale des nourrissons, des enfants et des jeunes sont indispensables si nous voulons permettre à ces derniers de devenir des contributeurs positifs à vie dans leur collectivité et dans la société.

Le renforcement des politiques et des programmes qui appuient la santé mentale des enfants et des jeunes est crucial pour créer un Canada atlantique inclusif et équitable.




Mémoire – investissement en amont

Le mémoire de l'IEA est tourné vers l'amont, l'accent étant placé sur la promotion de la santé mentale, et il a pour but d'aider les gens et les collectivités à optimiser leur bien-être en influençant divers déterminants de la santé.

Ce regard vers l'**amont** vise à améliorer l'équité de la santé mentale de la population dans son ensemble et à réduire la probabilité d'une détérioration de la santé mentale pendant la vie.

Source : *Mental Health is more than you can imagine!*, IEA, 2017



Aperçu du mémoire de l'IEA

Objectif du mémoire

- Améliorer l'action intersectorielle dans les gouvernements, le secteur privé et la société civile dans le but d'accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs.


Résultats escomptés

- Un engagement plus généralisé de la part de la population et des leaders pour soutenir l'investissement et l'affectation de ressources en amont;
- Une collaboration entre les parties de divers secteurs et de diverses collectivités vouées à la santé mentale des nourrissons, des enfants et des jeunes;
- De nouvelles politiques à l'échelle des collectivités et des gouvernements;
- Un modèle de financement viable pour les politiques en amont.



Domaines prioritaires


- Une « approche pangouvernementale » par la mise en place d'un **cadre préconisant la santé mentale dans toutes les politiques**;
- Une « approche pansociétale » par la création d'une **plateforme pour groupes à intérêts multiples**;
- Une « approche pancommunautaire » par l'**investissement dans l'action communautaire**;
- Un **modèle de financement viable et intégré** qui appuie ces approches globales visant l'investissement dans le capital social de nos collectivités et son optimisation.



Premier domaine d'action du mémoire : l'approche pangouvernementale

La santé mentale dans toutes les politiques (cadre de référence)

- S'appuie sur le cadre bien établi de la **santé dans toutes les politiques**;
- Tous les secteurs et ministères sont responsables de l'élaboration de politiques qui **favorisent le bien-être et l'équité en santé mentale**.



Qu'est-ce que la santé dans toutes les politiques?

La santé dans toutes les politiques (SdTP)

→ Une approche des politiques publiques consistant à analyser **systematiquement** les répercussions sociales et sur la santé des décisions stratégiques prises à l'échelle pangouvernementale;

→ Un **instrument crucial** parce que **les acteurs du secteur de la santé n'ont aucun pouvoir sur de nombreux facteurs agissant sur l'état de santé** – et les initiatives ayant des effets positifs pour la santé et l'équité en santé mènent souvent à une productivité accrue et à des recettes fiscales plus élevées.


L'approche de la SdTP nous amène à faire une distinction entre « l'enchâssement de la santé et de la santé mentale dans toutes les politiques », d'une part, et la reconnaissance que « **toutes les politiques peuvent avoir une incidence sur la santé** » (OMS, 2014)



Avantages et difficultés

<ul style="list-style-type: none"> □ Approche SdTP <ul style="list-style-type: none"> ▪ Recherche de synergies ▪ Amélioration de la responsabilisation ▪ Aide aux décideurs de tous les secteurs ▪ Soutien des secteurs non liés à la santé ▪ Promotion de la responsabilité commune ▪ Amélioration de l'élaboration de politiques fondées sur des données probantes 	<ul style="list-style-type: none"> □ Difficultés <ul style="list-style-type: none"> ▪ Appui politique ▪ Compréhension de la santé globale ▪ Gestion des conflits ▪ Secteurs gouvernementaux cloisonnés ▪ Viabilité
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Diallo, T., Centre de collaboration nationale sur les politiques publiques et la santé, Canada, 2019.




Deuxième domaine d'action du mémoire : l'approche pansociétale

Plateforme pour groupes à intérêts multiples

Mobilisation des gouvernements, des secteurs public et privé, de la société civile et des collectivités en vue d'accélérer l'investissement en amont et de mettre l'accent sur les priorités.


Exemple – l'IEA est bien placé et possède de l'expérience.



Troisième domaine d'action du mémoire : l'approche pancommunautaire

Investissement dans l'action communautaire

Les groupes et les organismes communautaires sont déjà à pied d'œuvre pour créer des milieux de vie sains pour les enfants et les jeunes. Il importe au plus haut point de veiller à ce que **les collectivités soient des partenaires importants des gouvernements** et à ce qu'elles disposent du soutien nécessaire pour accomplir ce travail.

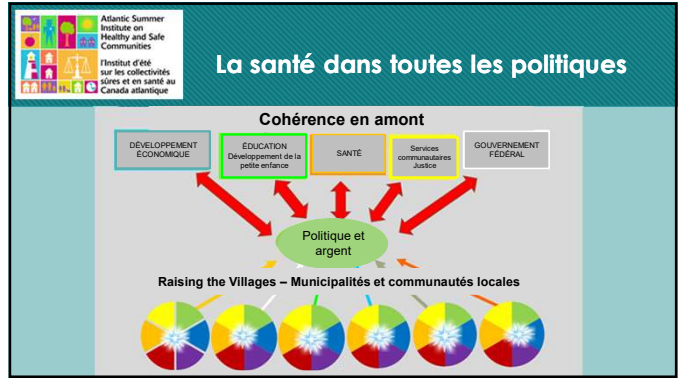
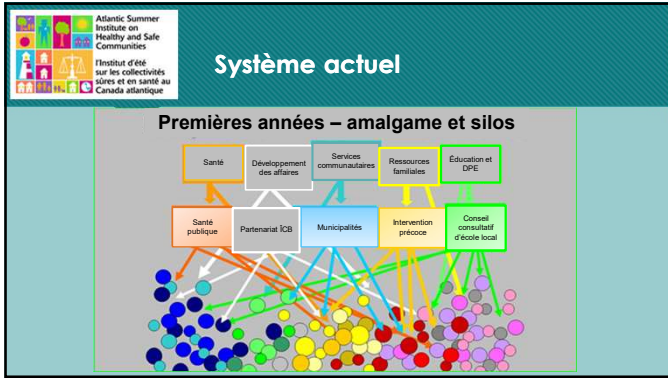


Quatrième domaine d'action du mémoire : un engagement à établir un financement à long terme

Un modèle de financement viable et intégré

à l'appui des approches globales énoncées ci-dessous afin **d'investir dans le capital social de nos collectivités et de la maximiser**

- Fond multisectoriel pour la santé mentale des enfants et des jeunes
- Financement général pluriannuel ou de soutien au fonctionnement
- Approche rigoureuse pour l'innovation et l'évaluation
- Surveillance des résultats



Recommandations et résultats

RECOMMANDATIONS

Transformative change will require leaders (including provincial, federal, municipal, community and Indigenous leaders) to undertake fundamental changes in the way we build public policy.

1. Atlantic provincial governments built on existing Atlantic linkages and structures, such as the Council of Atlantic Premiers to set an Atlantic Regional direction for Mental Health in All Policies.
2. Governments work to develop relationships and strengthen collaboration with Indigenous peoples in all settings, supporting Indigenous-led initiatives.
3. Governments support a regional Multistakeholder Platform.
4. Governments recognize and support the role of community-based organizations as a focal point for upstream investment in child and youth mental health.
5. Governments review investments and funding frameworks and align more closely with the proposed Sustainable and Integrated Funding model.
6. Governments work to build capacity for child and youth mental health promotion, working collaboratively across sectors.
7. Governments work with diverse groups and communities to ensure equitable investment in child and youth mental health promotion.
8. All stakeholders in Atlantic Canada apply a Mental Health in All Policies lens in development and implementation for organizational and municipal policies.

OUTCOMES

Short-term outcomes of following these recommendations would include:

- Wider engagement of the public and leaders in support of upstream investment and resource allocation.
- Increased collaboration among interested parties in child and youth mental health from various sectors and communities.
- New policies progressing throughout communities and governments in Atlantic Canada.
- Initiating the development of a sustainable funding model.

Mémoire - publié le 9 mars 2022

Mémoire intégral : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>

Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Re%CC%81sume%CC%81.pdf>

Bulletin d'information, infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>

Mobilisation des connaissances – soutenue par une subvention d'une année du Fonds d'action intersectorielle de l'Agence de la santé publique du Canada – octroyée en février 2022

But du mémoire de l'IEA

Un appel aux changements transformateurs

Le mémoire fait valoir l'importance de *s'engager* dans un changement transformateur, *en mettant au défi les décideurs* (p. ex. les représentants élus à l'échelle fédérale, provinciale, municipale et autochtone) de *réformer les mécanismes d'instauration des politiques publiques favorables à la santé*.

Prochaines étapes

Mobilisation de l'action menant au changement des politiques

- Rencontrer les premiers ministres ainsi que les politiciennes et politiciens des provinces, le Conseil des premiers ministres de l'Atlantique et les fonctionnaires pour explorer le degré d'adéquation avec l'orientation stratégique des provinces.
- Renseigner les dirigeants des collectivités, des municipalités et du secteur privé et lancer des discussions sur la façon de donner suite aux recommandations du mémoire.
- Renseigner le public et solliciter son soutien.
- **Instaurer des mesures** en travaillant en collaboration.



Période de questions et de réponses

Des salles de discussion

Des salles de discussion seront aménagées avec un tableau d'affichage pour explorer les questions:

- Qui sont les championnes et champions de votre province de l'investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes?
- Quelles sont les initiatives politiques en amont en cours dans votre province?
- Quelles sont les capacités (ressources, structures administratives et compétences) qui existent ou pourraient être nécessaires dans votre province pour faire avancer le mémoire de l'IEA?

Grand groupe



- Séance d'information – facilitateurs locaux
 - Mettre en évidence chaque tableau d'affichage – une réponse à chaque question par groupe.
- Discussion
 - Comment pouvons-nous vous aider à déplacer votre énergie de la gestion des crises à la concentration en amont?
 - Quelles recommandations auriez-vous pour atteindre notre objectif d'investissement en amont dans la promotion de la santé mentale?

Activités futures



- IEA 2022 - Forum politique d'été
- Ateliers régionaux pour les personnes autochtones
- Ateliers dans les collectivités locales à l'automne



IEA 2022 – Forum sur les politiques pour la promotion de la santé mentale

ASI 2022 Policy Forum

Together Again
Regenerating the Power of Connection

AUGUST 22 - 24, 2022
Charlottetown, P.E.I.

ASI 2022 - hybrid event, with options for engagement both online and in person.
www.asi-iea.ca

Forum de l'IEA 2022

Se retrouver
Régénérer le pouvoir de l'interaction

Du 22 au 24 août, 2022
Charlottetown, Î.-P.-É.

L'IEA - événement hybride, avec des options de participation en ligne et en personne.
www.asi-iea.ca/fr/

Prochaines étapes



- Trouver des occasions pour l'IEA et les partenaires de cette dernière de présenter le mémoire de l'IEA.
- Suggérer à un partenaire communautaire local d'organiser un atelier à l'automne dans les buts suivants :
 - Présenter le travail actuel en amont.
 - Déterminer les obstacles politiques et financiers.
- Envoyer les communications à info@asi-iea.ca

Remerciements et prochaines étapes

- Communications permanentes avec l'IÉA et les partenaires
- Évaluation – évaluation en ligne à suivre



L'IÉA sur les médias sociaux!



@ASIHSC



@asi-iea



@ASI_HSC



ASI



ASI

Appendix E - Facilitator Instructions

Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

Provincial Workshop Facilitator Notes *July 6 – PEI; July 7 – NB; July 8 – NS; July 13 –NL*

Instructions and recorded facilitator training session are below

Facilitator Instructions:

As noted on the agenda, there will be a breakout room session of 30 minutes to explore three questions. **We will use Zoom and Jam Board for breakout rooms**

Breakout rooms will be set up with a Jam Board to explore the questions:


- a. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- b. What upstream policy initiatives are currently underway in your province?
- c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?


As group facilitator, you and your breakout room will be assigned a colour that corresponds to which question you will **start with** in your breakout room


Pink: Starts with Question A and uses the pink  sticky in JamBoard

Blue: Starts with Question B and uses the blue  sticky in JamBoard

Green: Starts with Question C and uses the green sticky  in JamBoard

Orange: with Question A and uses the orange  sticky in JamBoard

Plan for French-speaking participants (no French facilitator): French-speaking participants will be asked to remain in the main room where translation services are available and use the orange sticky  on the French Jamboard provided.

Plan for French-speaking participants (with French facilitator): French -speaking participants will be assigned a French Breakout Room and will use the orange sticky  on the French Jamboard provided.

Steps for a smooth session:

1. Reboot your computer before the Zoom session.
2. Close any programs not needed (email, messaging, etc.)
3. **Cueing up Jamboard so it is ready:**
 - a. Open the Jamboard link provided
 - b. Exit full screen of your browser, so Jamboard is still visible on your desktop (not minimized).

- c. Navigate to the slide showing the question you have been assigned.
4. Join Zoom with the link provided.
In Zoom, you can move back and forth between full screen and smaller screen (“exit full screen” see top right corner). You need to make sure Jamboard is still open on your desktop (i.e., do not minimize it)

When in the breakout room (*note there is no recording feature available in breakout rooms*):

1. When you get to your Breakout room, exit Zoom’s full screen
2. Share the Jamboard link in the chat with your room participants if they need it
3. In Zoom, Click Share screen (bottom green icon)
4. Select the Jamboard option (if Jamboard is not in the list, it is not open in the background)
5. Double-click the Jamboard to share (or single-click and select “share” at the bottom right of the screen.

Now everyone in the breakout room can see whatever Jamboard slide **you** are on.

- Remember to select your colour sticky and remind participants to also select the same colour.
- As you discuss the answers, you and participants can add the big ideas via the stickies.
- As the Jamboard fills, you can move stickies around (it may get messy!)
- Folks on mobile devices may choose to speak the ideas or add to the chat, so these ideas will need to be captured. **We will be collecting the chats from the main room and the breakout rooms.**

After 10 minutes, you will get a notification via zoom that it is time to start discussing the next question. Move to the next Jamboard slide, and **using the colour you were assigned**, continue to add to the discussion. After another 10 minutes, you will be asked to move to the next (final question) and respond using **your same colour assigned**.

When we return to the main room, we will do a large group debrief per question. The Jamboard will be shared to the whole group, and you will be asked to focus on ONE big idea generated by your group (colour): **one response to each question per group**.

Recorded Facilitator Training:

Topic: ASI Provincial Workshop - Local Facilitator Training

Start Time: Jul 5, 2022 10:57 AM

Meeting Recording:

https://us02web.zoom.us/rec/share/koKkAO3mdIfNUoTD7fhRfzO0-aycimYXvmG_3CwBHXHRcD7eRmWeNPGnubWv5Z6Z.ylceAGU9IL0AANH

Appendix F - Participant List (name & organization)

Participant List – NL Workshop

Hon. John	Abbott	Minister	Provincial Government
Neria	Aylward	Executive Director	Jimmy Pratt Foundation
Patsy	Beattie-Huggan	Coordinator	ASI
Elizabeth	Blake	Agente Multimédia	Franco-Jeunes de Terre-Neuve et Labrador
Robert	Cahill	Executive Director	St Johns Homestead Inc.
Janis	Campbell		Stepped Care Solutions
Karen	Clarke		Government of Newfoundland and Labrador
Angela	Crockwell		Thrive
Kristin	Eddy	Harm Reduction Specialist	Nunatsiavut Government
Megan	Edmunds	Child & Youth Mental Health Social Worker	Nunatsiavut Government
Aisling	Gogan	Assistant Deputy Minister	Government of NL
Susan	Green		Government of NL
Wanda	Green	E-Mental Health Manager	Eastern Health
Sandra	Hewitt-Parsons	Expressive Arts Therapist	Safe Harbour Expressive Therapies
Kimberly	Hodder	Program Coordinator	YMCA-NL
Sarah	Hollett		Gov of NL
Deidre	Keating		CMHA
Wendy	Kraglund-Gauthier		WKG Educational Consulting
Niki	legge		gov of NL
Lindsay	Mitchelmore		Labrador-Grenfell Health
Jackie	Penney		Vista Family Resource Centre
Julie	Power	Program Manager	BBBS
Glenn	Roil		The Roil Company
Renee	Ryan	Director, Social and Economic Well-Being	Government of NL
Malcolm	Shookner		Atlantic Summer Institute
Jailen	Spurrell	Community Service Worker	Violence Prevention Avalon East
Marissa	Taylor	Outreach coordinator	Violence prevention Avalon east
Emily	Timmins	Supervisor of Youth Programs	Government of NL
Linda	Warford	Youth and Emerging Adults Mental Health Consultant	Department of Health and Community Services, Government of NL
Kimberly	Yetman Dawson	CEO	CMHA-NL

Appendix H - Summary of Evaluation