

**Atlantic
Summer
Institute
on Healthy
and Safe
Communities**



**l'Institut
d'été sur les
collectivités
sûres et en
santé au
Canada atlantique**

Online Provincial Workshop Report

Nova Scotia

July 8, 2022

Submitted to

ASI Knowledge Mobilization Project Steering Committee

By

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July 31, 2022

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"This is an exciting time for us to look at infant, child and youth mental health through the lens of what our First Nations practiced tens of thousands of years in terms of the idea of being included and valued as a citizen from the beginning of life and right through to being an elder."...

"community is the answer and I am really looking forward to our time today where we can look at taking care of each other day to day and also looking upstream at where the investment can be made for our lifelong health and especially during the periods of the brain's development and when they occur in infancy and early childhood".

Jim Mustard, - Founder and Board Secretary, Raising the Villages Cooperative

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1. Background Information

The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI) is a bilingual, not-for-profit organization established in 2003 with a mission to serve as a catalyst for social change, by increasing capacity for action on the social determinants of health and building on strengths in the Atlantic Canada region.

During 2020–2021, ASI developed a policy brief, in partnership with A Way Home Canada and a policy brief working group, to promote investment in **upstream** policies and supportive actions for child and youth mental health. This work is based on the belief that with collective action we can shift the ways in which community and government drive policy and fund innovation.

“Upstream interventions and strategies focus on improving fundamental social and economic structures in order to decrease barriers and improve supports that allow people to achieve their full potential.

Downstream interventions and strategies focus on providing equitable access to care and services to mitigate the negative impacts of disadvantage on health” (NCCDH 2014, 6).

The policy brief proposes transformative change, calling for action on four broad priorities: “whole-of-government approach”, “whole-of-society approach”, “whole-of-community approach” and a Sustainable and Integrated Funding Model¹. These, if done in concert, can integrate efforts into a comprehensive approach that promotes and supports the mental health of children and youth, their families, and communities.

On March 9, 2022, ASI released the policy brief **Upstream Investment: Placing infant, child and youth mental health promotion at the forefront**. This policy brief draws on current evidence with the goals of influencing policy in Atlantic Canada to promote the mental health of children and youth, and highlighting and strengthening the great work that is already underway.

¹ ASI’s policy brief can be accessed through the following links:

- Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf
- Infographic: www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf

In March 2022, a project, entitled *Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada*, was approved for funding by the Public Health Agency of Canada's through the Intersectoral Action Fund (ISAF).

This project will further the efforts of the Public Health Agency of Canada (PHAC) to foster the effective intersectoral action for health equity and well-being that is crucial to addressing population health, particularly in the contemporary context of complex public-health challenges; and support action on the social determinants of health by building capacity in communities to advance intersectoral action.

Activities embedded in the one-year project include leadership by an intersectoral Steering Committee; partnership development and strengthening; communicating with elected officials, policy makers, and community leaders in provincial, federal and indigenous governing bodies; as well as mobilizing support of the media and the public. The anticipated outcome within the year is that we will see action on developing mental-health-in-all policies across Atlantic Canada, which in the longer term will result in the improved mental health of infants, children and youth, and will impact the health of the population.

The **goal** of the project is to enhance capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society, to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

The objectives of the project are:

1. To provide leadership and accountability to knowledge mobilization of the ASI Policy Brief on upstream investment in policies that promote infant, child and youth mental health.
2. To establish relationships and deepen partnerships with organizations representing diverse cultures, languages and sectors in our mutual commitment to advocating for and demonstrating policies that promote infant, child and youth mental health in Atlantic Canada
3. To action a knowledge mobilization plan that will promote an intersectoral movement from awareness to action in advancing recommendations outlined in the ASI Policy Brief.
4. To effectively measure and assess progress in achieving objectives of the project, evaluate the impact of knowledge mobilization in achieving the goal, capture knowledge, and disseminate.

The project elected to use a participatory action research (PAR) approach within a realist framework to support continued work on implementing the policy brief and deepening partnerships in Atlantic Canada. Specifically, it is anticipated that generating knowledge that will inform future work in developing intersectoral policy in the following areas:

- Understanding where information/knowledge needs and gaps exist, segmented by specific target audiences (for knowledge translation or dissemination), and actors/agents of change (for knowledge mobilization).

- Understanding the differential impact of social determinants of mental health on vulnerable populations, i.e., Indigenous communities, LGBTQ+ community, people living in poverty, racialized groups, new immigrants.
- Knowledge of ways to combine indigenous ways of knowing with Western world views and approaches at relationship and governance levels
- Knowledge about successful, evidence-based models to support and promote mental health for infants, children and youth in above identified populations.
- Knowledge about policies that support mental health promotion for infants, children and youth, e.g., Health in All Policies.
- Links to pre-existing or emerging priorities of Atlantic provinces, current and emerging legislation, intersectoral policy frameworks and structures.
- Identification of potential allies in each province, across the Atlantic Region and across Canada that share a common agenda and are willing to support local and provincial efforts in the Atlantic Region.

2. Provincial Workshops – Description

To mobilize the implementation of the ASI Policy Brief in communities, deepen ASI partnerships, and generate knowledge that will inform future intersectoral policies, the Project Steering Committee initiated a series of online workshops in July 2022, one in each of the four Atlantic provinces.

In partnership with ASI, each of these workshops was hosted by provincial organizations representing a variety of sectors with a vested interest in mental health policy.

- United Way of PEI - Treena Smith, Director of Community Impact and 211 (July 6)
- New Brunswick Multicultural Council - Arianne Melara, Director of Programs and Policy Development (July 7)
- Raising The Villages Cooperative - Jim Mustard (NS), Founder and Board Secretary (July 8)
- Canadian Mental Health Association Newfoundland and Labrador Division (CMHA NL) - Kimberly Dawson, Chief Executive Officer (July 13)

An invitation list was created with input from all Steering Committee members, and invitations were sent by the host organizations (Appendix A - Letter of Invitation). In addition, to promote the workshops, a press release was sent to all major media in Atlantic Canada (Appendix B - Media Release), posts were made on social media (Facebook, Twitter, Linked In and Instagram) and email reminders were sent to those who registered. The response resulted in these workshops having intersectoral representation from across each province representative of non - profit organizations, Indigenous organizations, various sectors of government and academia.

In consultation with the Project Steering Committee, ASI contracted Wendy Kraglund-Gauthier, a consultant from Antigonish, NS, as the lead facilitator to design and facilitate a consistent workshop process in each province (Appendix C - Workshop Agendas). She also trained local facilitators recruited by the host organizations. Interpretation Services (English-French/French-English) were provided by JCB

Interpretation Inc. of Dieppe, NB. Documents were translated from English to French by Bourret Translation Inc.

The workshops were designed to meet the following objectives:

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

In each workshop, the provincial host welcomed all participants, provided a land acknowledgement and commented on the value of the partnership with ASI and the project.

Malcolm Shookner, President of ASI, made a PowerPoint presentation on the ASI Policy Brief (Appendix D - ASI Policy Brief Slideshow) and invited questions from participants.

Local facilitators, who had previously been trained in using Google JamBoard, were provided with links and instructions (Appendix E - Facilitator Instructions) to lead discussions in virtual/online breakout rooms around the following questions:

- Who are the **Champions** of upstream investment in infant, child and youth mental health in your province?
- What **Upstream Policy Initiatives** are Currently Underway?
- What **Capacity** (resources, administrative structures and skills) **exists or is needed** to advance ASI Policy Brief?

Local facilitators shared the key discussion points from each breakout room with the large group, and Wendy Kraglund-Gauthier engaged all participants in a discussion of the following questions using the Zoom microphone, chat and JamBoard features:

- What are ways we can help you move your energy from coping with crises (downstream) to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?

**A summary of these discussions is provided below. Excluding the hosts and facilitators, a total of and 17 people attended. The list of participants is included in Appendix F.*

3. Provincial Workshop – Discussion Summary

A. Champions of Upstream Investment in Infant, Child and Youth Mental Health in Nova Scotia

As identified by participants in the NS provincial workshop

Sectors	Champions
Child and Youth Programs	<ul style="list-style-type: none"> ● Infant food, security, child poverty - Dr. Lesley Frank ● Summer Camps
Community Programming	<ul style="list-style-type: none"> ● Bay St. Lawrence Community Centre ● Canadian Centre for Policy Alternatives ● Canadian Mental Health Association ● Churches ● Communities ● Community Links ● Engage Nova Scotia ● Family Resource Centres ● Institutions working for youth and their mental health ● Keeping Busy, Montessori Program (Lunenburg) ● Mental Health Foundation of Nova Scotia ● Provincial Youth Centres <ul style="list-style-type: none"> ○ Whitney Pier Boys and Girls Club ○ Undercurrent ○ Roots for Youth Pictou County ○ Supportive Housing Youth Focus Team (SHYFT) ● Organizations <ul style="list-style-type: none"> ○ Laing House ○ MacPhee Centre ○ Family SOS ● Rural Communities Foundations of NS ● BIPOC organizations ● United Way ● Volunteers ● Wisdom to Action ● Youth Integrated Services, IWK
Education	<ul style="list-style-type: none"> ● Schools <ul style="list-style-type: none"> ○ Teachers ○ Well-Being Teams ○ Counselors ○ Physical and Health Education Programs ○ Intramural and Interscholastic Sports

	<ul style="list-style-type: none"> ○ EECD School Community Coordinators ● University/College <ul style="list-style-type: none"> ○ Student Affairs/Service ○ NS College of social workers ● Atlantic Summer Institute (ASI) ● Parks NS – Outdoor education and connecting with nature programs ● Raising the Villages (outreach/education) ● Indigenous Elders and knowledge keepers to promote culturally appropriate care
Government	<ul style="list-style-type: none"> ● Community Health Board (NS Health) ● Upcoming office of the child and youth commission
Health Services	<ul style="list-style-type: none"> ● Daphne Hutt-MacLeod ● IWK Chief of Pediatrics ● Infant MH: Dr. Normand Carey, IWK
Private Sector	<ul style="list-style-type: none"> ● Chambers of Commerce – many promote mental health awareness in the workplace
Sport and Recreation	<ul style="list-style-type: none"> ● Volunteer team coaches/children and youth group leaders

B. Upstream Policy Initiatives Currently Underway - Nova Scotia

As identified by participants in the NS provincial workshop

Current “Upstream” Policy Initiatives in NS
<ul style="list-style-type: none"> ● 211 now ramping up connecting public to Mental Health supports and services ● ASI Policy Brief ● Community Health boards are working on their next 3-year health plans which focus on social determinants ● Directions in the <i>One Chance to Be a Child Report</i> to consider policy movement to monitor Child Rights impacts of Nova Scotia government ● Implementation of federal childcare funding ● IWK has the new integrated Youth Services Department ● New framework for working with community-based organizations ● New investments into Provincial Youth Centres (\$700K) ● NS College of Social Workers – equity funding for impoverished youth ● NS Government considering setting up a child and youth commissioner/office ● NS Government developing a child poverty reduction strategy ● Offices of Addiction and Mental Health ● Dr. Sam Hiscock-Poverty Reduction Strategy ● Provincial/Community Health Navigators ● Youth and infant centres

C. Capacity (resources, administrative structures and skills) that exists or is needed to advance ASI Policy Brief - Nova Scotia

In response to the question: “*What Capacity (resources, administrative structures and skills) exists or are needed to advance ASI Policy Brief?*”, the main themes that could be identified from the discussions are:

- Enhanced education, programs and training
- Greater communication, collaboration and Coordination
- Long term funding and support

As identified by participants in the NS provincial workshop

Capacity that EXISTS
<ul style="list-style-type: none"> • Canadian Mental Health Association • Doula/midwife network – health and wellness begins in the womb • New First Nations Health Authority (Tajikeimik) • Nova Scotia Mental Health Foundation • Office of Addictions and Mental Health provided \$2 million for mental health and addictions strategy
Capacity NEEDED
<ul style="list-style-type: none"> • Coordination and collaboration <ul style="list-style-type: none"> ○ Collaboration with federal and municipal governments ○ Coordinated approach in communities and funding to support this work ○ Coordination/education from top-down to bring existing resources together ○ Government relations, skill and connections to move policy ahead with public servants AND elected officials ○ More municipal involvement on the determinants of health, as they are more of a general level of government that can be a great partner ○ More opportunity for shared understanding of the issues – why upstream; what examples are out there – e.g. Revelstoke BC ○ Plan – a plan that ties together all the pieces from community-based initiatives to policy based ○ Practical guidance on intersectoral collaboration ○ Sharing best practices - there are amazing community-based initiatives in communities throughout the province where residents are developing upstream initiatives • Funding <ul style="list-style-type: none"> ○ Collaboration on funding with federal, provincial, municipal, and First Nations to create transformative change ○ Funding to prevent issues including substantial increases in income assistance, NS Child Benefit, and other income supports, as well as improved public services ○ Funding – Public Health is underfunded and limited in its capacity to support infants, young children, and families with mental health in the home ○ Implementation of universal mental health care (access to MSI) billing codes for private practitioners ○ Investments in equitable access to communication infrastructure (internet, cell phones, as well as transportation infrastructure (public transit, regional)

- Major policy shift in how funding is given out
- Widespread understanding of the costs to our society
- **Educations, Programs and Training**
 - Child and youth advocacy office that reports directly to the NS Legislature on the initiatives, tracking indicators, outcomes, etc. and advocates for systems change
 - Intergenerational coordinated gathering spaces for support, access to services and programs
 - Need a child and youth table/committee to bring together the departments and community to collaborate/plan on policy and programs
 - New material - health and addictions curriculum in schools
 - Ongoing opportunity for people who most need resources to be engaged in forums or processes
 - Resilience at all levels needed
 - Social innovation spaces, integrated and coordinated hubs from infant to elder
 - Understanding the EDI as it relates to the macro development of the brain in infancy

D. Strategies to move your energy from a focus on crisis to upstream - Nova Scotia

Given how difficult it is to move investments and personal energy upstream, the group was asked “*What are ways we can help you move your energy from coping with crises to focusing upstream?*” The groups acknowledged that moving upstream is more difficult post COVID as many people are exhausted. However, there were several areas of action suggested and themed as:

- Personal/Community/Workplace Actions
- Systemic Changes
- Funding Realignment

Moving Focus/Energy Upstream

As identified by participants in the NS provincial workshops

What are ways we can help you move your energy from coping with crisis to focusing upstream?

Personal/Community/Workplace Action

- Adjustment of mindset
- Normalize grief and healing as part of collective recovery from pandemic pressure
- More opportunities to hear what is working well in communities
- Need a forum/platform for people to gather in communities to take stock of what they want to do and decide how to act together
- Shift focus from long-term (accept we can't often see results in the short term)
- Step away from the crisis to see what's going on around you and who your potential allies are (somebody has to go upstream!)

System Change

- Always a good idea to audit and map current assets. Make those assets available to 211 and at the community level. Simplify the process and fill in the gaps

- Clear pathway of how community-based initiatives can be strongly connected up the municipal, provincial, federal integration of action
- Cross-sector holistic wellness approach to social determinants of health
- Need a pivot point or fulcrum for leveraging change
- Supporting the endless work of providing equity for all, from the start with deeper more heartfelt relationships
- We want to bring attention to the evidence on taking a whole-of-government approach to mental health promotion for infants, children and youth

Funding Realignment

- Equitable funding allotment
- Funding for efforts to pivot from crisis to prevention/promotion
- Decisions should not be made on numbers (barrier for smaller communities). More help in making small activities for small numbers of people, and consider how to adopt/adapt in other scenarios (deal with inequities of funding allotments)
- Sustainable funding to support work in rural communities

4. Recommendations

The large group was posed the question: *“What recommendations would you have for achieving our goal of upstream investment in mental health promotion?”* Discussions in each workshop resulted in recommendations specific to the provincial context; see the results from the NS Workshop below. They were listed under each of the four main priorities of the ASI Policy Brief:

- Whole-of-Government
- Whole -of-Society
- Whole -of-Community
- Stable and Integrated Funding Model

As identified by participants in the Nova Scotia provincial workshop

Priorities	Recommendations
“Whole-of-Government”	<ul style="list-style-type: none"> ● Connect with the new Office of Addictions and Mental Health. They want relationships with the community. Community has to be part of solutions ● Government needs to invest to ensure families can provide the essentials to their infants, children and youth. Governments must ensure everyone has access to affordable housing, income supports, etc. ● Minister responsible for Mental Health chair a ministerial table on ‘Mental Health in All’ Policies ● NS starting extensive consultation on what universal mental health care means to YOU over the next few months. Please let us know MentalHealth.Minister@novascotia.ca

	<ul style="list-style-type: none"> ● Office of Mental Health and Addictions lead a table of deputy ministers in implementing Mental Health in All Policies. ● Prepare clear Return on Investment for policy options like basic income pilots, public/non market housing investments, and accessible child care ● Transform child protection services away from a punitive approach to empowering families
“Whole-of-Society”	<ul style="list-style-type: none"> ● Advocacy for acceptance of mental health as a state of being not a state of unwell ● Basic Income ● Change narrative to focus on well-being so it can be embraced by all (mental health language leads to focus on services) ● In-depth knowledge of how to change behaviour - education ● More focus on prenatal mental health supports ● Need to INVEST in early childhood or pay for a lifetime
“Whole-of-Community”	<ul style="list-style-type: none"> ● Acknowledging/educating/integrating the business community ● Bottom-up grass roots informing; reflective of local geographies/communities. ● Demonstrative spaces illustrating inclusive, gathering spaces with coordinated services ● Look at examples, e.g., pre-primary when it was piloted. Go for 20 sites across the province and support community planning process as well as form pilot policy funding
Sustainable and Integrated Funding Model	<ul style="list-style-type: none"> ● Spend less funding on policing, carceral institutions and stop using them for mental health crisis etc. and move that funding upstream ● Sustained financial investments

While the recommendations outlined above are at a provincial level, there was such consistency in the themes among provinces all contribute to the overall recommendations for Atlantic Canada. The regional recommendations are outlined in the full composite report of the four provincial workshops.

5. Conclusion

An online evaluation conducted by Nishka Smith Consulting following the workshops reported that excluding the hosts and facilitators, a total of 100 people attended the workshops - 27 attended the PEI workshop, 33 the NB workshop, 17 the NS workshop and 23 the NFLD workshop. A total of 31 participants completed the survey - 8 from PEI, 4 from NS, 13 from NB, and 6 from NFLD. Of the respondents, 68% (21/31) of respondents represented either the provincial government (35% - 11/31) or a community organization (32% - 10/31), with half (51% - 16/31) working in the field of health, and feedback was

generally positive about the potential of the workshops in moving a policy agenda forward. A full evaluation report is included in the full composite report of the four provincial workshops.

6. Appendices

Appendix A - Letter of Invite to ASI Online Provincial Workshop

Appendix B - Press Release

Appendix C - Meeting Agenda

Appendix D - Policy Brief Slideshow

Appendix E - Facilitator Instructions

Appendix F - Participant List (Name and Organization)

Appendix A - Letter of Invitation to ASI Online Provincial Workshop

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Letter of Invitation to ASI Online Provincial Workshops

Greetings:

In partnership the Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI), Raising the Villages would like to invite you to participate in an online workshop to be held on **July 8 from 9-11:00** on Zoom.

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront***. ASI is now reaching out to people such as you across the Atlantic Region who have an interest in promoting infant, child and youth mental health. **Now is the time to build capacity and collaboratively address our Regional issues!**

Accordingly, we want to invite you in an **online process** that will introduce you to the policy brief and engage your participation in a facilitated discussion in which you can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. We will also explore ways in which we can collaborate across sectors, disciplines, and cultures in Nova Scotia. Ultimately your input will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion.

There is no fee to register. Registration for each consultation is limited to 50 people, first come first served. If you are not able to attend, please encourage someone else from your organization to attend. Please register as soon as possible:

- Nova Scotia: <https://www.eventbrite.ca/e/asi-online-provincial-workshops-ns-tickets-372260239397>

ASI's policy brief can be accessed through the following links:

- Infographic (two pages): www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf
- Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf
- Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf

Funding for these workshops is provided through the Public Health Agency of Canada's Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society.

Think Positive – Think Summer!!

It is still two months away, but we want to confirm that plans are indeed unfolding as expected for ASI 2022!

ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme ***Together Again – Regenerating the power of connection!*** Held in Charlottetown, PEI from **August 22-24, 2022**.

It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community. Together we will come together to learn about the evidence on upstream factors that influence mental health, and acquire skills to influence, develop and implement upstream policy.

Early Bird Registration is open until June 30 at www.asi-iea.ca

We encourage you to watch your email for the ASI newsletter and Facebook page for further updates.

Sincerely,

Raising the Villages

and

The ASI Board of Directors

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Lettre d'invitation pour participer aux ateliers provinciaux en ligne de l'IEA

Bonjour à toutes et à tous :

En partenariat avec l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique (IÉA), Raising the Villages aimerait vous inviter à participer à un atelier en ligne qui aura lieu le 8 juillet 2022, de 9 à 11 h, sur Zoom.

L'IEA a récemment publié un mémoire préconisant un investissement « en amont » dans la promotion de la santé mentale, intitulé ***Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*** (l'investissement en amont : accorder une place de premier plan à la promotion de la santé mentale des nourrissons, des enfants et des jeunes). L'IEA est maintenant à la recherche de personnes comme vous dans la région de l'Atlantique qui souhaitent promouvoir la santé mentale des nourrissons, des enfants et des jeunes. Le moment est **venu de renforcer les capacités et de travailler ensemble aux problèmes de notre région!**

Par conséquent, nous souhaitons vous inviter à prendre part à un ***processus en ligne***. Dans le cadre de ce dernier, vous prendrez connaissance du mémoire et du document d'orientation et vous participerez à une discussion animée au cours de laquelle vous pourrez reconnaître les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui commencent dès la petite enfance à promouvoir la santé mentale. Nous explorerons également les possibilités de collaboration entre les secteurs, les disciplines et les cultures en Nouvelle-Écosse. Les commentaires recueillis seront communiqués au Conseil des premiers ministres de l'Atlantique et à d'autres décideurs de l'Atlantique en vue d'un investissement en amont dans la promotion de la santé mentale.

L'inscription est gratuite et la participation à chaque consultation est limitée à 50 personnes selon le principe premier arrivé, premier servi. Si vous ne pouvez pas participer aux ateliers, veuillez encourager une autre personne de votre organisation à y assister. Veuillez vous inscrire dès que possible :

- Nouvelle-Écosse : <https://www.eventbrite.ca/e/billets-ateliers-provinciaux-en-ligne-de-liea-ns-372274522117>

Il est possible d'avoir accès au mémoire par l'entremise des liens suivants :

- Infographie (deux pages) : <http://www.asi-iea.ca/fr/files/2022/06/asi-memoire-infographie.pdf>
- Dossier complet : <http://www.asi-iea.ca/fr/files/2022/06/Edited-ASI-Policy-Brief-2022-03-08-FRENCH-1.pdf>
- Résumé : <http://www.asi-iea.ca/fr/files/2022/06/Résumé.pdf>

Le financement de ces ateliers est rendu possible grâce au Fonds d'action intersectorielle de l'Agence de la santé publique du Canada dans le cadre d'un projet d'un an visant à faire progresser l'investissement en amont dans les politiques qui favorisent l'équité et la santé mentale chez les nourrissons, les enfants et les jeunes du Canada atlantique et d'ailleurs. Le Fonds permet d'améliorer la capacité par la mobilisation des connaissances pour une action intersectorielle entre les gouvernements, le secteur privé et la société civile.

Soyez positifs... c'est l'été!

Nous sommes encore à deux mois de l'événement, mais nous voulons confirmer que les plans se déroulent comme prévu pour l'IÉA 2022!

L'IÉA 2022 est un forum politique de l'Atlantique sur la promotion de la santé mentale des nourrissons, des enfants et des adolescents qui a pour thème ***Se retrouver : régénérer le pouvoir de l'interaction!*** L'Institut se tiendra à Charlottetown, à l'Île-du-Prince-Édouard, du **22 au 24 août 2022**. Il s'agira d'un événement hybride offrant la possibilité de se joindre de façon virtuelle et regroupant les personnes influentes en matière de politiques au Canada atlantique, c'est-à-dire les politiciennes, les politiciens, les fonctionnaires, les universitaires, les jeunes et les membres de la collectivité. Ensemble, nous nous réunirons pour en apprendre davantage sur les données probantes relatives aux facteurs en amont qui influencent la santé mentale, et pour acquérir les compétences nécessaires afin d'influencer, d'élaborer et de mettre en œuvre des politiques en amont.

Les inscriptions hâtives sont ouvertes jusqu'au 30 juin 2022 à www.asi-iea.ca.

Nous vous encourageons à vérifier vos courriels, car nous vous enverrons le bulletin d'information de l'IÉA, ainsi que la page Facebook pour obtenir d'autres mises à jour.

Raising the Villages et

le conseil d'administration de l'IÉA

Appendix B - Press Release

FOR IMMEDIATE RELEASE: July 4, 2022



Atlantic Summer
Institute on
Healthy and Safe
Communities

l'Institut d'été
sur les collectivités
sûres et en santé au
Canada atlantique

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ONLINE PROVINCIAL WORKSHOP SERIES: BUILDING CAPACITY FOR “UPSTREAM” INVESTMENT IN YOUTH MENTAL HEALTH PROMOTION

This month, the Atlantic Summer Institute on Healthy and Safe Communities will offer a series of online workshops, in partnership with four provincial NGO hosts

ASI has recently released a policy brief advocating for “upstream” investment in mental health promotion entitled *Upstream Investment: Placing infant, child and youth mental health promotion at the forefront*. ASI is now reaching out to people across the Atlantic Region who have an interest in promoting infant, child and youth mental health.

Accordingly, this online process that will introduce to the policy brief and engage participation in a facilitated discussion in which registrants can identify provincial champions and provincial upstream policies and programs that begin in the early years to promote mental health. These workshops will also explore ways in which we can collaborate across sectors, disciplines, and cultures in the Atlantic region. Ultimately these discussions will be used to inform the Atlantic Council of Premiers and other Atlantic policy makers for upstream investment in mental health promotion. There is no fee to register. Registration for each consultation is limited to 50 people, first come first served.

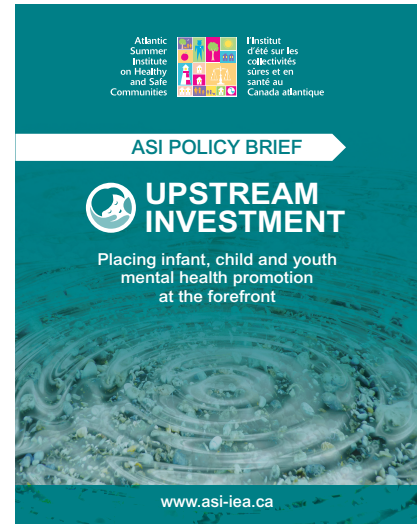
Links to register:

[Prince Edward Island - July 6th 9-11am, hosted by United Way of PEI](#)

[New Brunswick - July 7th 9-11am ADT, hosted by New Brunswick Multicultural Council](#)

[Nova Scotia - July 8th 9-11am ADT, hosted by Raising the Villages](#)

[Newfoundland & Labrador - July 13th 1-3pm NDT, hosted by Canadian Mental Health Association, Newfoundland & Labrador Division](#)



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Canadian Mental
Health Association
Newfoundland & Labrador
Mental health for all

Funding for these workshops is provided through the Public Health Agency of Canada’s Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society. ASI’s policy brief can be accessed in the following forms: [Infographic \(two pages\)](#), [Full Policy Brief](#), and the [Executive Summary](#).

Looking Ahead: ASI 2022 is an Atlantic Policy Forum on infant, child and youth mental health promotion, with the theme *Together Again – Regenerating the power of connection!* Held in Charlottetown, PEI from August 22-24, 2022. It will be a hybrid event providing the option for joining virtually, and will engage policy influencers in Atlantic Canada, i.e., politicians, public servants, academics, youth and community.

FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

Patsy Beattie-Huggan, ASI Coordinator: info@asi-iea.ca / 902-894-3399

Funded by the Government of Canada
Financé par le gouvernement du Canada

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POUR PUBLICATION IMMÉDIATE : 4 juillet 2022



www.asi-iea.ca

902-894-3399

info@asi-iea.ca

SÉRIE D'ATELIERS PROVINCIAUX EN LIGNE : RENFORCER LA CAPACITÉ D'INVESTISSEMENT « EN AMONT » DANS LA PROMOTION DE LA SANTÉ MENTALE DES JEUNES

Ce mois-ci, l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique propose une série d'ateliers en ligne, en partenariat avec quatre ONG provinciales hôtes

L'IEA a récemment publié un mémoire préconisant l'investissement « en amont » dans la promotion de la santé mentale intitulé *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*. L'IEA sollicite maintenant des parties prenantes de la région de l'Atlantique qui s'intéressent à la promotion de la santé mentale des nourrissons, des enfants et des jeunes.

En conséquence, le procédé en ligne présentera le mémoire et facilitera la participation à une discussion animée au cours de laquelle les personnes inscrites pourront déterminer les champions provinciaux ainsi que les politiques et programmes provinciaux en amont qui font la promotion de la santé mentale dès la jeune enfance. Ces ateliers permettront de plus d'examiner différentes façons de collaborer entre secteurs, disciplines et cultures dans la région de l'Atlantique. Au final, ces discussions éclaireront le Conseil des premiers ministres de l'Atlantique et les autres décideurs de la région en ce qui a trait à l'investissement en amont dans la promotion de la santé mentale. L'inscription est gratuite, mais elle est limitée à 50 personnes pour chaque séance, selon le principe du premier arrivé, premier servi.

Liens pour l'inscription :

[Île-du-Prince-Édouard : 6 juillet de 9 h à 11 h, séance organisée par United Way of PEI](#)

[Nouveau-Brunswick : 7 juillet, de 9 h à 11 h \(HAA\), séance organisée par le Conseil multiculturel du Nouveau-Brunswick](#)

[Nouvelle-Écosse : 8 juillet, de 9 h à 11 h \(HAA\), séance organisée par Raising the Villages](#)

[Terre-Neuve-et-Labrador : 13 juillet, de 13 h à 15 h \(HAT\), séance organisée par l'Association canadienne pour la santé mentale, Division de Terre-Neuve-et-Labrador](#)



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Canadian Mental
Health Association
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Mental health for all

Ces ateliers sont financés à même le Fonds d'action intersectoriel de l'Agence de la santé publique du Canada dans le cadre d'un projet d'une année visant à accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs, rehaussant du coup la capacité par la mobilisation des connaissances pour l'action intersectorielle dans les gouvernements, le secteur privé et la société civile. Le mémoire de l'IEA est accessible dans les formats suivants : [infographie \(deux pages\)](#), [mémoire intégral](#) et [résumé](#).

Ce qui s'annonce : IÉA 2022 est un Forum sur les politiques pour la promotion de la santé mentale des nourrissons, des enfants et des jeunes dans la région atlantique qui a pour thème *Se retrouver : régénérer le pouvoir de l'interaction!* et qui aura lieu à Charlottetown (Î.-P.-É.) du 22 au 24 août 2022. Il s'agira d'une activité hybride offrant une option de participation en mode virtuel qui mobilisera les acteurs politiques du Canada atlantique (politiciens, fonctionnaires, universitaires, jeunes et membres du public). Nous nous réunirons pour nous renseigner sur les données probantes au sujet des facteurs en amont qui influent sur la santé mentale de même que pour acquérir des aptitudes pour influencer, élaborer et mettre en œuvre les politiques en amont.

POUR D'AUTRES RENSEIGNEMENTS, DES PHOTOS ET DES ENTREVUES :

Patsy Beattie-Huggan, coordonnatrice de l'IEA : info@asi-iea.ca / 902-894-3399

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Appendix C - Meeting Agenda



Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

Workshop Agenda

July 8, 9:00-11:00 am AST

Zoom Link: <https://us02web.zoom.us/j/83069462540?pwd=d1VVN0ZJOGh5cExBZnFnZU9za2V2Zz09>

Objectives

1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

Agenda

9:00	Welcome – Jim Mustard, Founder and Board Secretary, Raising The Villages Cooperative Introduction of facilitator, Wendy Kraglund Gauthier
9:10	Review objectives, logistics, introduce Malcolm Shookner – Wendy NOTE: We are recording; ask people to introduce themselves in the chat
9:15	Opening Remarks – ASI Policy Brief Presentation – Malcolm
9:40	Breakout rooms will be set up with a Jam Board to explore the questions: <ol style="list-style-type: none"> a. Who are the champions in your province of upstream investment in infant, child and youth mental health? b. What upstream policy initiatives are currently underway in your province? c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?
10:10 - 10:35	Large Group Debrief – Local Facilitators <ul style="list-style-type: none"> • Highlight each Jam Board – one response to each question per group Discussion – Wendy (Chat, mic, Jam Board options) <ul style="list-style-type: none"> • What are ways we can help you move your energy from coping with crises to focusing upstream? • What recommendations would you have for achieving our goal of upstream investment in mental health promotion?
10:35- 10:45	Future Activities - Malcolm <ol style="list-style-type: none"> a. ASI 2022 - Summer policy forum b. Regional Indigenous Workshops c. Workshops in local communities in the fall
10:45-	Next Steps - Patsy

10:55	<ol style="list-style-type: none">a. Find opportunities for ASI, partners to present the ASI Policy Briefb. Suggest a local community partner to host a workshop in the fall to:<ul style="list-style-type: none">• Showcase current upstream work• Identify policy and funding barriersc. Send communications to info@asi-iea.ca
10:55-11:00	<p>Thank you and Going Forward – Jim Mustard, Founder and Board Secretary, Raising The Villages Cooperative</p> <ol style="list-style-type: none">a. Ongoing Communications with ASI and Partnersb. Evaluation – Online evaluation to follow

Appendix D - Policy Brief Slideshow


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Upstream Investment - Placing child and youth mental health promotion at the forefront

Malcolm Shookner, ASI President
 ASI Board Members from NS –
 Cathy Leslie, Linda Liebenberg, Chantal Peng, Tyler Simmonds
 NS Provincial Workshop - July 8, 2022

Welcome & Land Acknowledgement

- **Host** – Jim Mustard, Raising the Villages

Introductions

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- **Host** – Jim Mustard, Raising the Villages
- **Local Facilitators**
 - Amanda Knight, Madison Greening, Jim Mustard
- **Lead Facilitator** – Wendy Kraglund-Gauthier
- **Please introduce yourselves in the chat**

Objectives

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1. Introduce ASI Policy Brief
2. Explore opportunities for provincial policy action and upstream work in communities
3. Learn about future activities
4. Promote ASI 2022 Policy Forum

Agenda


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- Welcome
- Introductions
- Presentation – Policy Brief
- Key questions – Small groups
- Highlights and summary questions – Large group
- Next steps
- Closing

Introduction to ASI Policy Brief Malcolm Shookner, ASI President


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The Atlantic Summer Institute on Healthy and Safe Communities, Inc. (ASI)

- Non-profit organization established in 2003, based in PEI
- Catalyst for social change in Atlantic Canada focusing on the determinants of health
- Managed by a regional board of directors
- Since 2015, ASI has been focused on upstream investment in mental health promotion for children and youth



Background to the Brief


Since **2015**, we have focused on child and youth mental health promotion:

- Whole of government – intersectoral action
- Whole of society – multi-stakeholder forum
- Whole of community – supporting community resilience

2017-18 Call for Action on policies, programs, resources, and funding

2020-21 Policy Brief - Upstream Investment in Child and Youth Mental Health


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- **A Way Home Canada**
- **National Collaborating Centre for Determinants of Health**
- **Atlantic Policy Congress, First Nations Chiefs Secretariat**
- **Mental Health Commission of Canada**
- **Canadian Families and Correction Network**
- **Raising the Villages, Nova Scotia**
- **IWK Children's Hospital**
- **Nova Scotia Health**
- **PEI Department of Health and Wellness**
- **Independent Researchers and Consultants**
- **INSPQ, Quebec**

Policy Contributors and Advisors
A total of more than 35 people

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Policy Brief – Introduction

Raising healthy children is the responsibility of all Canadians.

Supporting and promoting infant, child, and youth mental health is central to enabling them to become life-long, positive contributors to their communities and society.

Strengthening policies and programs that support positive mental health for children and youth is vital to creating an inclusive and equitable Atlantic Canada.

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Policy Brief – Investing Upstream

The focus of the ASI Policy Brief is upstream, on mental health promotion, which aims to enable people and communities to optimize their well-being by influencing multiple determinants of health.

An **upstream** focus works to equitably improve the mental health of the entire population and to reduce the likelihood of mental deterioration throughout the life course.

Source: Mental Health is more than you can imagine! ASI 2017

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ASI Policy Brief Overview


Policy Brief Goal

- To enhance intersectoral action amongst governments, private sector, and civil society to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond.

Anticipated Outcomes

- Wider engagement of the public and leaders in support of upstream investment and resource allocation for mental health promotion.
- Increased collaboration between stakeholders in infant, child and youth mental health from various sectors and communities.
- New policies throughout communities and governments
- A sustainable funding model for upstream policies.


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Priority Areas

1. A “whole-of-government approach” by implementing a **Mental Health in All Policies Framework**
2. A “whole-of-society approach” through development of a **Multistakeholder Platform**
3. A “whole-of-community approach” through **Investment in Community Action**
4. A **Sustainable and Integrated Funding Model** that supports these comprehensive approaches to invest in and maximize social capital in our communities

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Policy Brief Action Area #1 Whole of Government

Mental Health in All Policies (Policy Framework)

- Building on the well-established *Health in All Policies* framework
- All sectors and government departments are responsible for building policy to *foster wellbeing and mental health equity*.

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What is Health in All Policies?

Health in All Policies (HiAP):

- An approach that *systematically* considers the health and social implications of policies contemplated *by all sectors of government*
- A *critical policy lever*, as *many of the drivers for health outcomes are beyond the reach of the health sector* — and initiatives that increase health and health equity often result in better productivity and higher tax revenues

Within a HiAP approach, distinguish between “health and mental health being embedded in all policies” and the recognition that “*all policies can have an effect on health*” (WHO 2014)

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Benefits and Challenge

<ul style="list-style-type: none"> ○ HiAP Approach <ul style="list-style-type: none"> ▪ Seeks synergies ▪ Improves accountability ▪ Assists decision-makers from all sectors ▪ Supports the non-health sectors ▪ Promotes shared responsibility ▪ Improves evidence-informed policy making 	<ul style="list-style-type: none"> ○ Challenges <ul style="list-style-type: none"> ▪ Political support ▪ Understanding of holistic health ▪ Managing conflict ▪ Siloed government sectors ▪ Sustainability
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Diallo, T. (2019) Canada: National Collaborating Centre on Healthy Public Policy

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Policy Brief Action Area #2 Whole of Society

Multistakeholder Platform

Engaging governments, the public and private sectors, civil society, and communities that can accelerate upstream investment and focus priorities.

Example - ASI is well-positioned and experienced.

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Policy Brief Action Area #3 Whole of Community

Investment in Community Action

Community groups and organizations are already doing the work to create supportive environments for their children and youth. Ensuring *communities are valued as partners with government* and have the support necessary to do this work is vital.

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Policy Brief Action Area #4 Long term funding commitment

Sustained and Integrated Funding Model

that supports these comprehensive approaches to invest in and *maximize social capital in our communities*

- A cross-sector child and youth mental health fund
- Core/multi-year foundational funding
- A rigorous approach to innovation and evaluation
- Outcome-based

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Current system

Credit: Raising the Villages

Early Years - Patchwork and Silos

Upstream Investment in Provincial Policy

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Health in All Policies

Credit: Raising the Villages

To Upstream Coherence

Upstream Investment in Provincial Policy

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Recommendations and Outcomes

Source: ASI Policy Brief Infographic

RECOMMENDATIONS

Transformative change will require leaders (including provincial, federal, municipal, community and Indigenous leaders) to undertake fundamental changes in the way we build public policy.

1. Atlantic provincial governments build on existing Atlantic linkages and structures, such as the Council of Atlantic Premiers to set an Atlantic Regional direction for Mental Health in All Policies.
2. Governments work to develop relationships and strengthen collaboration with Indigenous peoples in all settings, supporting Indigenous-led initiatives.
3. Governments support a regional Multistakeholder Platform.
4. Governments recognize and support the role of community-based organizations as a focal point for upstream investment in child and youth mental health.
5. Governments review investments and funding frameworks and align more closely with the proposed Sustainable and Integrated Funding model.
6. Governments work to build capacity for child and youth mental health promotion, working collaboratively across sectors.
7. Governments work with diverse groups and communities to ensure equitable investment in child and youth mental health promotion.
8. All stakeholders in Atlantic Canada apply a Mental Health in All Policies lens in development and implementation for organizational and municipal policies.

OUTCOMES

Short-term outcomes of following these recommendations would include:

- Water engagement of the public and leaders in support of upstream investment and resource allocation.
- Increased collaboration among interested parties in child and youth mental health from various sectors and communities.
- New policies progressing throughout communities and governments in Atlantic Canada.
- Initiating the development of a sustainable funding model.

Upstream Investment

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Policy Brief - Released March 9, 2022

Full policy brief: www.asi-iea.ca/en/files/2022/03/ASI-Policy-Brief-2022-03-09.pdf

Executive Summary: www.asi-iea.ca/en/files/2022/03/Policy-Brief-ES-.pdf

Newsletter/Infographic (2 pages): www.asi-iea.ca/en/files/2022/03/ASI-2022-Infographic-03-07.pdf

Knowledge Mobilization - Supported by a one-year grant from the Public Health Agency of Canada Intersectoral Action Fund – Awarded February 2022

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ASI Policy Brief Intention

A Call for Transformative Change

This policy brief makes the case for a **commitment** to transformative change, **challenging leaders** (including provincial, federal, municipal and Indigenous leaders) to undertake **fundamental change** in the way we **build healthy public policy**.

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Next Steps

Mobilizing Action for Policy Change

- Meet with Premiers and provincial politicians; Council of Atlantic Premiers, public service to **explore fit with provincial policy direction**
- Inform leaders in communities, municipalities, and private sector and engage in discussion of **how to embrace the brief**
- Inform the public to **seek their support**
- Work collaboratively to **take action**

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Q&A

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Discussion: Breakout Rooms – 30 minutes

- A. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- B. What upstream policy initiatives are currently underway in your province?
- C. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?

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Breakout Rooms and Jamboard



- We will use breakout rooms and Jamboard to facilitate discussions on the three questions
- You will be assigned to a Zoom breakout room with a facilitator
- There is a link in the Zoom chat for the Jamboard. You will be able to add your ideas with the Jamboard "sticky notes".
- Your facilitator will share their Zoom screen for folks not able to add their own stickies

Breakout Room facilitators:

- **Amanda** (start with Question A and use the pink stickies)
- **Jim** (start with Question B and use the blue stickie)
- **Madison** (start with Question C and use the green stickies)

After 10 minutes, you will be prompted to move to the next question. Continue to use the same sticky colour.

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Large Group

Debrief – Local Facilitators

- Highlight each Jam Board – one response to each question per group

Discussion –

- What are ways we can help you move your energy from coping with crises to focusing upstream?
- What recommendations would you have for achieving our goal of upstream investment in mental health promotion?


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Future Activities - ASI

<p>ASI 2022 Policy Forum</p>  <p>Regenerating the Power of Connection</p> <p>AUGUST 22 - 24, 2022</p> <p>Charlottetown, P.E.I.</p> <p>ASI 2022 - hybrid event, with options for engagement both online and in person.</p> <p>www.asi-ia.ca</p>	<p>Forum de l'IEA 2022</p>  <p>Régénérer le pouvoir de l'interaction</p> <p>22 au 24 août 2022</p> <p>Charlottetown (I.-P.-É.)</p> <p>IEA - événement hybride avec des options de participation en ligne et en personne</p> <p>www.asi-ia.ca/fr/</p>
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Future Activities - ASI

- Regional Indigenous Workshops
- Workshops in local communities
- PEI Pilot – 3 year funding from PEI Alliance for Mental Well-Being

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Next Steps

- Find opportunities for ASI, partners to present the ASI Policy Brief
- Suggest a local community partner to host a fall workshop to:
 - Showcase current upstream work
 - Identify policy and funding barriers
- Send communications to info@asi-iea.ca

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Thank you and Going Forward

- Ongoing Communications with ASI and Partners
- Slide handout to be sent to registrants
- Evaluation – Online evaluation to follow



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Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan

Malcolm Shookner, Cathy Leslie, Linda Liebenberg et Tyler Simmonds
Membres du conseil de l'IEA de la Nouvelle-Écosse
Atelier provincial de la Nouvelle-Écosse – 8 juillet 2022

Mot de bienvenue & Land Acknowledgement

- Nous aimerions commencer aujourd'hui en reconnaissant que l'IEA est situé à Mi'kma'ki, le territoire ancestral et non cédé du peuple Mi'kmaq. Ce territoire est couvert par les « traités de paix et d'amitié » que les peuples Mi'kmaq et Wolastoqiyik (Malécites) ont signés pour la première fois avec la Couronne britannique en 1725. Ces traités ne portaient pas sur la cession de terres et de ressources, mais reconnaissaient les titres des Mi'kmaq et des Wolastoqiyik (Malécites) et établissaient les règles de ce qui devait être une relation permanente entre les nations. Bien que je sois de descendance mi'kma'ki, nous reconnaissons également que nous avons aujourd'hui des participantes et participants venant de nombreuses régions différentes du territoire maintenant connu sous le nom de Canada, et nous vous invitons tous à prendre le temps d'en apprendre davantage sur le territoire vous vivez. Je vous invite également à ajouter dans notre boîte de clavardage le territoire sur lequel vous vous trouvez actuellement.
- L'IEA reconnaît et respecte le territoire sur lequel nous nous trouvons. Par ailleurs, il préconise la mise en œuvre des appels à l'action de la Commission de vérité et réconciliation, et s'efforce d'inclure les perspectives autochtones dans tout son travail.

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en partenariat avec

- **Présentateur** - Jim Mustard, Founder and Board Secretary, Raising The Villages Cooperative
- **Facilitateurs locaux** - Amanda Knight, Madison Greening, Jim Mustard
- **Présentation de la facilitatrice** - Wendy Kraglund Gauthier
- Nous enregistrons; demander aux gens de se présenter dans la boîte de clavardage.

Objectifs

1. Présenter le mémoire de l'IEA.
2. Explorer les possibilités d'action politique provinciale et de travail en amont dans les collectivités.
3. S'informer sur les activités futures.
4. Promouvoir le forum politique IEA 2022.

Ordre du jour

- Mot de bienvenue
- Les introductions
- Présentation du mémoire de l'IEA
- Des salles de discussion - explorer des questions
- Séance d'information et discussion – Grand groupe
- Prochaines étapes
- Remerciements et prochaines étapes

© Atlantic Summer Institute on Healthy and Safe Communities – July 8, 2022

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Introduction à l'IEA Malcolm Shookner

L'Institut d'été sur les collectivités sûres et en santé du Canada atlantique (IEA)

- Organisme sans but lucratif créé en 2003 à l'Île-du-Prince-Édouard;
- Catalyseur aux changements sociaux au Canada atlantique centré sur les déterminants de la santé;
- Géré par un conseil d'administration régional;
- Depuis 2015, l'IEA met l'accent prioritaire sur l'investissement en amont dans la promotion de la santé mentale des enfants et des jeunes.




Contexte du mémoire

Depuis **2015**, nous nous sommes concentrés sur la promotion de la santé mentale des enfants et des jeunes :

- Une approche pangouvernementale – action intersectorielle
- Une approche pansociétale – forum pour groupes à intérêts multiples
- Une approche pancommunautaire – soutien de la résilience communautaire

2017-2018 : appel à l'action réclamant des politiques, des programmes, des ressources et un financement


2020-2021 : Mémoire – *Investissement en amont : La promotion de la santé mentale des nourrissons, des enfants et des jeunes au premier plan*



- Vers un chez-soi Canada
- Centre de collaboration nationale des déterminants de la santé
- Atlantic Policy Congress of First Nations Chiefs Secretariat
- Commission de la santé mentale du Canada
- Regroupement canadien d'aide aux familles des détenu(e)s
- Raising the Villages, Nouvelle-Écosse
- IWK Grace Children's Hospital
- Régie de la santé de la Nouvelle-Écosse
- Régie de la santé et mieux-être de l'Î.-P.-É.
- Chercheuses et conseillers autonomes
- INSPQ, Québec

Contributeurs et conseillers stratégiques du mémoire

Plus de 35 personnes au total




Mémoire – introduction

C'est à tous les Canadiens et Canadiennes que revient la responsabilité d'éduquer les enfants.

Le soutien et la promotion de la santé mentale des nourrissons, des enfants et des jeunes sont indispensables si nous voulons permettre à ces derniers de devenir des contributeurs positifs à vie dans leur collectivité et dans la société.

Le renforcement des politiques et des programmes qui appuient la santé mentale des enfants et des jeunes est crucial pour créer un Canada atlantique inclusif et équitable.




Mémoire – investissement en amont

Le mémoire de l'IEA est tourné vers l'amont, l'accent étant placé sur la promotion de la santé mentale, et il a pour but d'aider les gens et les collectivités à optimiser leur bien-être en influençant divers déterminants de la santé.

Ce regard vers l'**amont** vise à améliorer l'équité de la santé mentale de la population dans son ensemble et à réduire la probabilité d'une détérioration de la santé mentale pendant la vie.

Source : *Mental Health is more than you can imagine!*, IEA, 2017




Aperçu du mémoire de l'IEA

Objectif du mémoire

- Améliorer l'action intersectorielle dans les gouvernements, le secteur privé et la société civile dans le but d'accroître l'investissement en amont dans les politiques de promotion de l'équité et de la santé mentale des nourrissons, des enfants et des jeunes du Canada atlantique et d'ailleurs.


Résultats escomptés

- Un engagement plus généralisé de la part de la population et des leaders pour soutenir l'investissement et l'affectation de ressources en amont;
- Une collaboration entre les parties de divers secteurs et de diverses collectivités vouées à la santé mentale des nourrissons, des enfants et des jeunes;
- De nouvelles politiques à l'échelle des collectivités et des gouvernements;
- Un modèle de financement viable pour les politiques en amont.



Domaines prioritaires

- Une « approche pangouvernementale » par la mise en place d'un **cadre préconisant la santé mentale dans toutes les politiques**;
- Une « approche pansociétale » par la création d'une **plateforme pour groupes à intérêts multiples**;
- Une « approche pancommunautaire » par l'**investissement dans l'action communautaire**;
- Un **modèle de financement viable et intégré** qui appuie ces approches globales visant l'investissement dans le capital social de nos collectivités et son optimisation.



Premier domaine d'action du mémoire : l'approche pangouvernementale

La santé mentale dans toutes les politiques (cadre de référence)

- S'appuie sur le cadre bien établi de la **santé dans toutes les politiques**;
- Tous les secteurs et ministères sont responsables de l'élaboration de politiques qui **favorisent le bien-être et l'équité en santé mentale**.




Qu'est-ce que la santé dans toutes les politiques?

La santé dans toutes les politiques (SdTP)

→ Une approche des politiques publiques consistant à analyser **systematiquement** les répercussions sociales et sur la santé des décisions stratégiques prises à l'échelle pangouvernementale;

→ Un **instrument crucial** parce que **les acteurs du secteur de la santé n'ont aucun pouvoir sur de nombreux facteurs agissant sur l'état de santé** – et les initiatives ayant des effets positifs pour la santé et l'équité en santé mènent souvent à une productivité accrue et à des recettes fiscales plus élevées.


L'approche de la SdTP nous amène à faire une distinction entre « l'enchâssement de la santé et de la santé mentale dans toutes les politiques », d'une part, et la reconnaissance que « **toutes les politiques peuvent avoir une incidence sur la santé** » (OMS, 2014)



Avantages et difficultés

<ul style="list-style-type: none"> □ Approche SdTP <ul style="list-style-type: none"> • Recherche de synergies • Amélioration de la responsabilisation • Aide aux décideurs de tous les secteurs • Soutien des secteurs non liés à la santé • Promotion de la responsabilité commune • Amélioration de l'élaboration de politiques fondées sur des données probantes 	<ul style="list-style-type: none"> □ Difficultés <ul style="list-style-type: none"> • Appui politique • Compréhension de la santé globale • Gestion des conflits • Secteurs gouvernementaux cloisonnés • Viabilité
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Diallo, T., Centre de collaboration nationale sur les politiques publiques et la santé, Canada, 2019.




Deuxième domaine d'action du mémoire : l'approche pansociétale

Plateforme pour groupes à intérêts multiples

Mobilisation des gouvernements, des secteurs public et privé, de la société civile et des collectivités en vue d'accélérer l'investissement en amont et de mettre l'accent sur les priorités.


Exemple – l'IEA est bien placé et possède de l'expérience.



Troisième domaine d'action du mémoire : l'approche pancommunautaire

Investissement dans l'action communautaire

Les groupes et les organismes communautaires sont déjà à pied d'œuvre pour créer des milieux de vie sains pour les enfants et les jeunes. Il importe au plus haut point de veiller à ce que **les collectivités soient des partenaires importants des gouvernements** et à ce qu'elles disposent du soutien nécessaire pour accomplir ce travail.

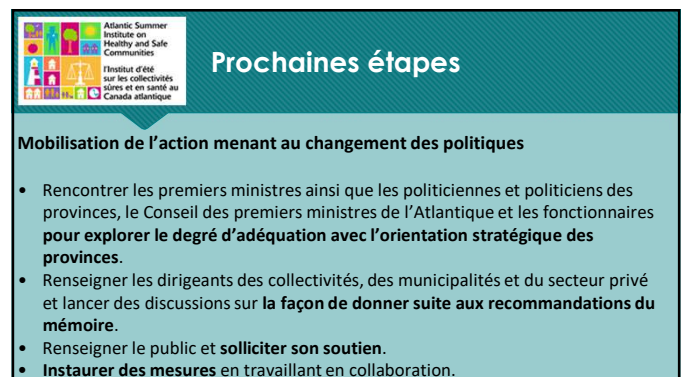
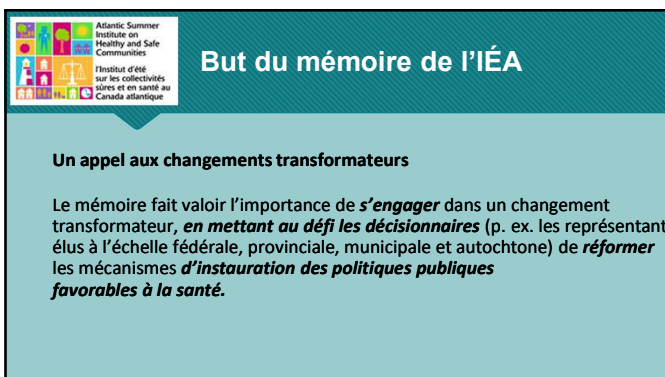
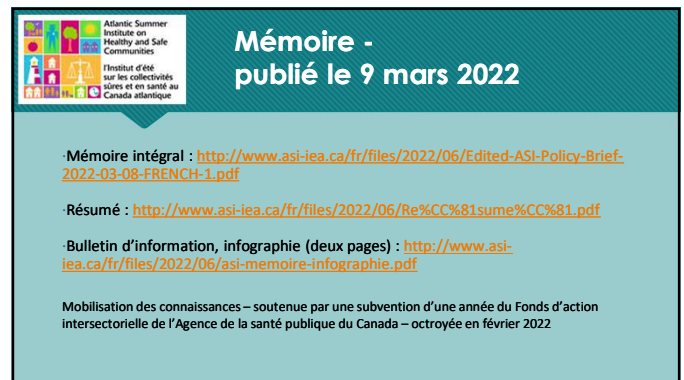
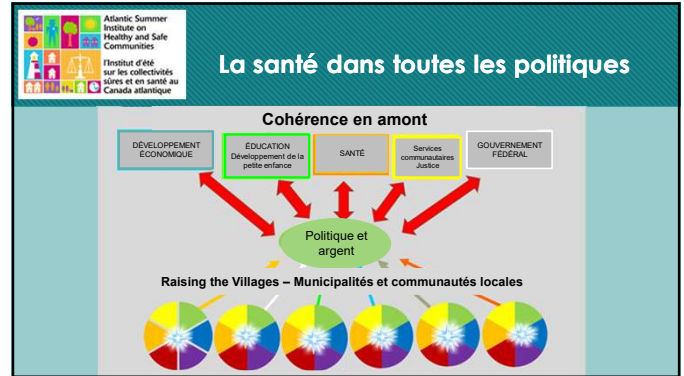
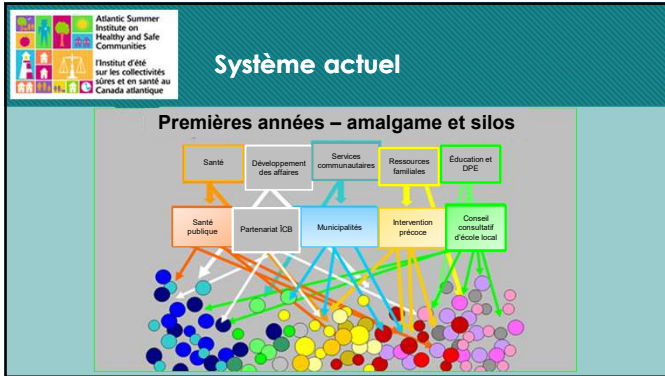


Quatrième domaine d'action du mémoire : un engagement à établir un financement à long terme

Un modèle de financement viable et intégré

à l'appui des approches globales énoncées ci-dessous afin **d'investir dans le capital social de nos collectivités et de la maximiser**


- Fond multisectoriel pour la santé mentale des enfants et des jeunes
- Financement général pluriannuel ou de soutien au fonctionnement
- Approche rigoureuse pour l'innovation et l'évaluation
- Surveillance des résultats





IÉA 2022 – Forum sur les politiques pour la promotion de la santé mentale

<p>ASI 2022 Policy Forum</p>  <p>Together Again Regenerating the Power of Connection AUGUST 22 - 24, 2022 Charlottetown, P.E.I. ASI 2022 - hybrid event, with options for engagement both online and in person. www.asi-iea.ca</p>	<p>Forum de l'IÉA 2022</p>  <p>Se retrouver Régénérer le pouvoir de l'interaction Du 22 au 24 août, 2022 Charlottetown, I.-P.-É. L'IÉA - événement hybride, avec des options de participation en ligne et en personne. www.asi-iea.ca/fr/</p>
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Période de questions et de réponses

Des salles de discussion


Des salles de discussion seront aménagées avec un tableau d'affichage pour explorer les questions:

- Qui sont les championnes et champions de votre province de l'investissement en amont dans la santé mentale des nourrissons, des enfants et des jeunes?
- Quelles sont les initiatives politiques en amont en cours dans votre province?
- Quelles sont les capacités (ressources, structures administratives et compétences) qui existent ou pourraient être nécessaires dans votre province pour faire avancer le mémoire de l'IÉA?




Grand groupe

- Séance d'information – facilitateurs locaux
 - Mettre en évidence chaque tableau d'affichage – une réponse à chaque question par groupe.
- Discussion
 - Comment pouvons-nous vous aider à déplacer votre énergie de la gestion des crises à la concentration en amont?
 - Quelles recommandations auriez-vous pour atteindre notre objectif d'investissement en amont dans la promotion de la santé mentale?



Activités futures

- IÉA 2022 - Forum politique d'été
- Ateliers régionaux pour les personnes autochtones
- Ateliers dans les collectivités locales à l'automne



Prochaines étapes

- Trouver des occasions pour l'IÉA et les partenaires de cette dernière de présenter le mémoire de l'IÉA.
- Suggérer à un partenaire communautaire local d'organiser un atelier à l'automne dans les buts suivants :
 - Présenter le travail actuel en amont.
 - Déterminer les obstacles politiques et financiers.
- Envoyer les communications à info@asi-iea.ca

Remerciements et prochaines étapes

- Communications permanentes avec l'IEA et les partenaires
- Évaluation – évaluation en ligne à suivre



L'IEA sur les médias sociaux!



@ASIHSC



@asi-iea



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Appendix E - Facilitator Instructions

Mobilizing Intersectoral Policy for Upstream Investment in Infant, Child and Youth Mental Health in Atlantic Canada

Provincial Workshop Facilitator Notes *July 6 – PEI; July 7 – NB; July 8 – NS; July 13 –NL*

Instructions and recorded facilitator training session are below

Facilitator Instructions:

As noted on the agenda, there will be a breakout room session of 30 minutes to explore three questions. **We will use Zoom and Jam Board for breakout rooms**

Breakout rooms will be set up with a Jam Board to explore the questions:


- a. Who are the champions in your province of upstream investment in infant, child and youth mental health?
- b. What upstream policy initiatives are currently underway in your province?
- c. What capacity (resources, administrative structures, and skills) exists or could be needed in your province to advance the ASI Policy Brief?


As group facilitator, you and your breakout room will be assigned a colour that corresponds to which question you will **start with** in your breakout room


Pink: Starts with Question A and uses the pink  sticky in JamBoard

Blue: Starts with Question B and uses the blue  sticky in JamBoard

Green: Starts with Question C and uses the green sticky  in JamBoard

Orange: with Question A and uses the orange  sticky in JamBoard

Plan for French-speaking participants (no French facilitator): French-speaking participants will be asked to remain in the main room where translation services are available and use the orange sticky  on the French Jamboard provided.

Plan for French-speaking participants (with French facilitator): French -speaking participants will be assigned a French Breakout Room and will use the orange sticky  on the French Jamboard provided.

Steps for a smooth session:

1. Reboot your computer before the Zoom session.
2. Close any programs not needed (email, messaging, etc.)
3. **Cueing up Jamboard so it is ready:**
 - a. Open the Jamboard link provided
 - b. Exit full screen of your browser, so Jamboard is still visible on your desktop (not minimized).

- c. Navigate to the slide showing the question you have been assigned.
4. Join Zoom with the link provided.
In Zoom, you can move back and forth between full screen and smaller screen (“exit full screen” see top right corner). You need to make sure Jamboard is still open on your desktop (i.e., do not minimize it)

When in the breakout room (*note there is no recording feature available in breakout rooms*):

1. When you get to your Breakout room, exit Zoom’s full screen
2. Share the Jamboard link in the chat with your room participants if they need it
3. In Zoom, Click Share screen (bottom green icon)
4. Select the Jamboard option (if Jamboard is not in the list, it is not open in the background)
5. Double-click the Jamboard to share (or single-click and select “share” at the bottom right of the screen.

Now everyone in the breakout room can see whatever Jamboard slide **you** are on.

- Remember to select your colour sticky and remind participants to also select the same colour.
- As you discuss the answers, you and participants can add the big ideas via the stickies.
- As the Jamboard fills, you can move stickies around (it may get messy!)
- Folks on mobile devices may choose to speak the ideas or add to the chat, so these ideas will need to be captured. **We will be collecting the chats from the main room and the breakout rooms.**

After 10 minutes, you will get a notification via zoom that it is time to start discussing the next question. Move to the next Jamboard slide, and **using the colour you were assigned**, continue to add to the discussion. After another 10 minutes, you will be asked to move to the next (final question) and respond using **your same colour assigned**.

When we return to the main room, we will do a large group debrief per question. The Jamboard will be shared to the whole group, and you will be asked to focus on ONE big idea generated by your group (colour): **one response to each question per group**.

Recorded Facilitator Training:

Topic: ASI Provincial Workshop - Local Facilitator Training

Start Time: Jul 5, 2022 10:57 AM

Meeting Recording:

https://us02web.zoom.us/rec/share/koKkAO3mdIfNUoTD7fhRfzO0-aycimYXvmG_3CwBHXHRcD7eRmWeNPGnubWv5Z6Z.ylceAGU9IL0AANH

Appendix F - Participant List (name & organization)

Participant List – NS Workshop

Dorothy	Barnard		Richmond River Roots Market Garden Society
Patsy	Beattie-Huggan	Coordinator	ASI
Sarah	Blades	Prevention and Health Promotion Specialist - MHA	IWK Health
Sara	Brushett	Health Promoter	NSH, Mental Health and Addictions
Ken	Carmichael		Senior Assistant to Minister Comer
Penny	Cooper	Executive Director	Rural Communities Foundation of Nova Scotia
Andy	Cox	Social worker (Community Liaison)	IWK Mental Health and Addictions
Rhonda	Fralic	Transitioning to employment	N/A
Anne	Götz		ASI
Madison	Greening		Volunteer, Raising the Villages
Amanda	Hudson		NSH
Tavneet	Kaur		StFX
Amanda	Knight		Raising the Villages
Wendy	Kraglund-Gauthier		WKG Educational Consulting
Cathy	Leslie	ASI Board member	ASI
Linda	Liebenberg		Everfair Research & Evaluation Inc.
Flora	Murphy	Manager Early Years Public Health	NSH
Jim	Mustard		Raising the Villages
Chantal	Peng	Youth Leadership Coordinator	ASI
Christine	Saulnier		Canadian Centre for Policy Alternatives-Nova Scotia
Vickey	Shepherd		
Malcolm	Shookner		Atlantic Summer Institute