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ASI COMMUNITY AND REGIONAL WORKSHOPS THROUGHOUT ATLANTIC CANADA

The Atlantic Summer Institute on Healthy and Safe Communities (ASI) is inviting you to take part in their/our (?) mission, to promote mental health and well-being for all – beginning with a focus on our infants, children and youth.

Are you interested in advocating for a sustainable funding model for long-term investment in community mental health and well-being? If so, join us for our upcoming Community Workshop Series in February and March throughout Atlantic Canada put on by ASI to network and learn about the importance of mental health promotion.

Building on the success of our first community workshop held December 5, 2022 in Port Hawkesbury, Cape Breton, NS in partnership with Raising the Villages, the **four upcoming community workshops** will introduce you to the [ASI policy brief: “Upstream Investment – Placing child and youth mental health promotion at the forefront”](#) and give you the opportunity to explore initiatives happening in your community and innovative models from other regions. You will connect in-person and share experiences; identify barriers and opportunities for investing upstream; and identify next steps in promoting community resilience and mental health of infants, children and youth through upstream action.

The **two regional online workshops** will be a more condensed program where participants will also be introduced to ASI Policy Brief, explore promotion of infant, child and youth mental health in their communities, and recommend next steps in implementing “upstream” policies.

RASI Regional Online Workshops:

- [March 7th – 9:00-11:30am](#), on Zoom, hosted by Labrador Friendship Centre
- [March 9th – 10:00-12:00pm](#), on Zoom, hosted by Atlantic Policy Congress of First Nations Chiefs Secretariat

ASI Community In-Person Workshops:

- [February 24th, 2023 – 9:30-3:00pm](#), was hosted by Community Sector Council, Newfoundland and Labrador

Upcoming:

- March 2nd, 2023 – 9:30-3:00pm, hosted by Melara Orellana, member of the ASI Board, Petit Rocher, NB
 - Register for [French](#) or [English](#)
- [March 14th, 2023 – 9:30-3:00pm](#), hosted by Community Sector – Network of PEI, Charlottetown, PEI
- [March 20th, 2023 – 9:30-3:00pm](#), hosted by the Saint John Human Development Council, Saint John, NB

Background: In March 2022, ASI launched the policy “*Investing Upstream: Placing infant, child and youth mental health at the forefront*”. The brief proposes a transformative change in policy development and outlines four priorities: Mental Health in All Policies, Multisectoral Platform, Community Investment, and Sustainable Funding Model. Click on the following hyperlinks to access the [full policy brief](#), [infographic](#), and its [executive summary](#).

Funding for these workshops is provided through the Public Health Agency of Canada’s Intersectoral Action Fund as part of a one-year project to advance upstream investment in policies that promote equity and mental health amongst infants, children and youth in Atlantic Canada and beyond, enhancing capacity through knowledge mobilization for intersectoral action amongst governments, private sector and civil society.

FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

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