

## ***Atlantic Summer Institute on Healthy and Safe Communities Children's Program 2025***

<b>Monday August 18, 2025</b>	
<i>2 h 00—4 h 00</i>	Registration Drop off Create name tag design Icebreakers
<i>6 h 30—6 h 45</i>	Activity to create our own T-shirt design
<i>6 h 45—7 h 30</i>	Introduction to workshop: <i>Colorful Chemistry</i>
<i>7 h 30—8 h 30</i>	Activity: <i>Gratitude Tree</i>
<i>8 h 30—8 h 45</i>	Snack: Cow's Ice Cream, fruit tray.
<i>8 h 45—9 h 15</i>	Introduction to <i>Music Workshop</i>
<i>9 h 15</i>	Pick-up children

<b>Tuesday August 19, 2025</b>	
<i>9 h—9 h 30</i>	Registration Drop off
<i>9 h 30 -10 h 30</i>	Bricks activities
<i>10 h 30</i>	Nutritional break
<i>10 h 45 – 11 h 45</i>	<i>Zumba</i>
<i>11 h 45—12 h 30</i>	Activity: " <i>Nature Prints</i> " (Exploring Nature and Art)
<i>12 h 30—1 h 00</i>	Lunch
<i>1 h—1 h 30</i>	Charlottetown Police visit
<i>1 h 30—1 h 45</i>	Transportation from Holland College to Bell Aliant Centre
<i>1 h 45—3 h</i>	Swimming at the Bell Aliant Centre

3 h—3 h 15	Transportation from Bell Aliant Centre to Holland College
3 h 15—4 h 15	<i>How to prepare a healthy snack, let's do it...!!</i> by Culinary Chef Teresa Mendoza.
4 h 15—5 h	Activity: <i>Wellness Circles</i>
5 h	Pick up children

<b>Wednesday August 20, 2025</b>	
9 h—9 h 30	Registration Drop off
9 h 30—10 h 00	Activity: <i>Compliment Web</i>
10 h 00—11 h	STEAM PEI
11 h—11 h 15	Nutritional break
11 h 15—12 h	Walk to Confederation Centre of the Arts.
12 h—1	Show at the Outdoor Amphitheatre, Confederation Centre of the Arts
1 h—1 h 30	Lunch
1 h 30—1 H 45	Walk to the Charlottetown Fire Station
1 h 45—2 h 15	Tour of the Fire Station
2 h 15—2 h 30	Walk to Holland College
2 h 30—3H 30	Michael Pendergast <i>The Music Man</i> .
3 h 30—4 h 00	Wrap-up and preparation of the Art Exhibition
4 h 00	Art Exhibition, pick-up kids.

- This program is subject to change