



ASI 2025 Forum – Final Program Schedule

August 18-20, 2025

Plenary sessions will be in-person and available online; workshops will be in person, with two workshops offered online.

August 18-20, 2025
Holland College, Charlottetown, PEI

All times listed in Atlantic Daylight Time (ADT)



Presentations will be made in both French and English, and simultaneous interpretation will be provided for all plenary sessions, and selected workshops through Wordly – Scan QR code above

Monday, August 18

Pre-Forum Workshops

12:00 – 7:00

Registration - Centre of Applied Science Technology (CAST) Building Lobby,
Holland College Kent St. Charlottetown

2:00 – 4:00

Three pre-forum workshops are being offered to set the scene for participation in this forum. These workshops will be offered to address various levels of interest and knowledge in the topics to be addressed over the next two days.

The three workshops are as follows:

1. **Mental Health is More Than You Can Imagine – Orientation to Upstream concepts**

This workshop is designed for those who have not attended ASI previously and who wish to have a better sense of the upstream approach ASI applies to mental health promotion, resilient communities, and intersectoral, intergenerational collaboration.

The workshop will establish the environment for learning and preparing participants for active participation by reviewing the program schedule, and engaging in discussion on the terms and phrases, and where can we go with these concepts in future. e.g., Mental Health in All Policies, the 7 generations principle. This will prepare participants for the Facilitator Training workshop during the concurrent sessions. (This workshop was offered at ASI 2024 and on PEI last year. Participation in these workshops would qualify for facilitator training.)

Facilitators: Dianne Oickle, Susan Hartley, Alternate - Trish Altass

Location: CAST Building, Classroom 229 – Hybrid Session



	<p>2. Building Resilient Communities</p> <p>This workshop is designed for those who are familiar with the concepts embraced by the ASI Policy Brief, have attended ASI workshops in the past, and would like to dig deeper into the issues involved in building safe, resilient communities as a means of promoting the mental health of the population. Key questions framing this session are:</p> <ul style="list-style-type: none"> • What is resilience? • What is community? • What is the role of community and resilience in promoting mental health? • How can we work from where we are at, to foster resilience in our communities? • How do we draw in and partner with government, other communities, and others interested in our resilience-building work? • What about digital communities and the role of resilience? <p>Facilitators: Linda Liebenberg, Tyler Simmonds, Temitayo Sodunke, and Youth Researchers of S&P4YW Halifax</p> <p>Location: CAST Building, Classroom 232a</p> <p>3. Thinking about the future and creating the future we prefer</p> <p>A commitment to the wellbeing of future generations means thinking about the future, potentially several generations into the future. Given that a generation is about 20 – 25 years, looking out seven generations is around 150 years, which takes us to 2175. For perspective, imagine being back in 1875 and thinking about the future in 2025.</p> <p>Perhaps the most important point about thinking about the future is that this is not about predicting the future – again, imagine trying to predict 2025 in 1875, or even in 1975! The future is not fixed; we face a range of alternative futures that are shaped by our individual and collective values and choices.</p> <p>This session will present various approaches to thinking about the future, and will use a couple of short exercises to help people think about the future they prefer for future generations.</p> <p>Facilitator: Trevor Hancock</p> <p>Location: CAST Building, Classroom 214</p> <p>Reference: Bezold, Clem and Hancock, Trevor (1994) Possible futures, preferable futures Healthcare Forum Journal, Vol. 37(2): 23-29.</p>
6:30 – 8:30	<p>OFFICIAL OPENING – Triple Room, 3rd Floor CAST Building</p> <p>Welcome and land acknowledgement – Malcolm Shookner, ASI Co-President</p> <p>Opening Announcements – Patsy Beattie-Huggan; Natalie Boivin, ASI Board</p> <p>Welcome Song – Julie Pellissier-Lush</p> <p>Framing the Forum – The concept of <i>seven generations</i> is a guiding principle in many Indigenous cultures across North America. It is often expressed in the idea that decisions</p>

made today should consider their impact on the next seven generations. This reflects a deep sense of responsibility, sustainability, and interconnectedness with both ancestors and future descendants. Drawing on the wisdom of the seven generations principle, two-eyed seeing, foundations of culture and tradition, Julie will speak to the significance of Indigenous knowledge in Building Resilient Communities for Well-being Across Generations and how it serves as a thread throughout the forum.



Bio: Julie Pellissier-Lush is Mi'kmaq Storyteller and Knowledge Keeper, a photographer, actor, drummer, best-selling author, and the first Indigenous Poet Laureate for PEI. Julie is currently writing a new children's series with the seven sacred teachings.

Greetings from officials and funders – Linda Liebenberg, ASI Co-President

- Welcome - Government of Canada – Hon. Sean Casey, MP Charlottetown
- Welcome - Province of PEI – MLA, Susie Dillon
- Welcome - City of Charlottetown – Mayor Phillip Brown
- Greetings - Melanie Redman, *President & CEO*, A Way Home: Working Together to End Youth Homelessness

Atlantic Community Showcase – Ellen Theuerkauf, Communications, The Quaich Inc.

This is an opportunity to celebrate initiatives that relate to this year's theme. The stories and exhibits will be available throughout the Forum on the Whova exhibit page and onsite exhibits in the CAST Building.

1. ***Loose Parts, Lasting Connections: Fostering Creativity, Community and Well-Being in Early Childhood Education*** - Charlotte Warford & Thea Cammie, Association of Early Childhood Educators NL/ College of the North Atlantic, St. John's, NL
2. ***Planet Youth*** – Hilary Stiles, Planet Youth Woodstock, NB
3. ***Sacred Pause*** – Shona Holzer, Sacred Resilience, Sheet Harbour, NS
4. ***Upstream Approach to Gender-Based Violence*** – Trish Altass & Lynn Lund Leading Impact Consultants, PEI
5. ***Anko'tasik*** - Lise Moffat, First Nations Education Initiative, Fredericton, NB
6. ***Réseau en immigration francophone du Nouveau-Brunswick***, Daniel Plourde, NB
7. ***Youth Leadership for Wellbeing Societies (YL4WS), Atlantic Summer Institute (ASI)***

Keynote Presentation – Learning From Each Other for Future Generations with Derek Walker, Future Generations Commissioner for Wales.

Wales is the only country in the world with a Well-being of Future Generations Act and the role provides advice and support to government and public bodies to take a longer-term view on policy decisions. The commissioner's job is to protect and promote the needs of future generations. Derek



	<p>Walker is the second ever Future Generations Commissioner, having started the role on March 1, 2023, when he called for ‘urgent and transformational change’ in Wales.</p> <p>Q&A Moderator: Emyr Hayden, ASI Board Member (NL)</p> <p>To engage both online participants and in person attendees, we will use Mentimeter to ask “What are the questions you would want to pose to the panel in the morning? What key message are you taking away?”.</p> <p>Closing remarks: Paul Kershaw, Associate Professor, University of BC; Founder Generation Squeeze</p> <p><i>Note:</i> Q&A is followed by a Closing Reception. Music provided by The Straight Jazz Trio sponsored by the City of Charlottetown</p>
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Tuesday, August 19

9:30 – 10:00	<p>Registration for late arrivals, Coffee and networking – CAST Building Lobby</p> <p>All participants will connect in person for coffee and networking, visit showcases, exhibits.</p>
10:00 –10:15	<p>Morning Welcome – Announcements – Location: Triple Room, 3rd Floor CAST Building</p>
10:15 –11:45	<p>Opening Plenary Panel: Reflections on Derek Walker’s presentation - what do we need in Canada and the Atlantic Provinces? Location: Triple Room, 3rd Floor CAST Building</p> <p>Moderator: Paul Kershaw, Founder Generation Squeeze - https://www.gensqueeze.ca/</p> <p>The panel will respond to the keynote address and explore key messages from the keynote and questions from the audience. How do we create a well-being society? What can we learn from Wales about protecting the interests of future generations? What kind of society do we want to build for current and future generations? What is the relationship between health, culture and language? What are the opportunities and challenges?</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Alexia Riche – ED, Community Sector Network PEI 2. Norma Dubé: Présidente, Association francophone des aînées et aînés du Nouveau-Brunswick 3. Hon. Claire Johnson, Minister of Education and Early Childhood, Gov’t of NB 4. Gary Roberts, Consultant, PEI
11:45-12:45	<p>Lunch Break - Networking – Cafeteria</p> <p>Visit Showcases & exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!</p>
12:45-2:00	<p>Youth Panel: Vision for the future – reflections and responses from youth</p> <p>This panel will share the insights of youth leaders on factors that can influence the future of a well-being society for all generations.</p> <p>Location: Triple Room, 3rd Floor CAST Building</p>

	<p>Moderator: Emyrn Hayden, ASI Board Member, St. John's, NL.</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Stephanie Evans, Advocate for mental health and disability rights, St. John's, NL 2. Luciana Quiroa Paredes, UPEI Student Union President, Charlottetown, PEI 3. Leo Babineau, Fédération des jeunes francophones du Nouveau-Brunswick (FJFNB) 4. Samantha Saksagiak, Student, Law & Public Policy, Memorial University and advocate for Indigenous rights, Nain, NL 5. Keonte Beals, Owner KBeals Entertainment Inc., singer-songwriter, author, and producer, North Preston, NS.
<p>2:00-2:10 Triple Room Cont'd</p>	<p>Instructions and facilitator introductions for Provincial Strategy Sessions as the first step in building a campaign for well-being societies in Canada. A recorder will create a brief report of highlights from each group's conversation for reflection during Wednesday's panel. Resources for the discussion are available on Whova.</p>
<p>2:15 – 3:00</p>	<p>Provincial Strategy Sessions:</p> <p>Time to meet as provinces to consider how to take an intergenerational fairness approach to building resilient communities in their province and the potential of a <i>Well-being of Future Generations Act</i> in Canada and /or in each province.</p> <p>Location: CAST Building – Classrooms and Facilitators, Recorders below. Translation support for FR & ENG speaking participants in the New Brunswick session.</p> <ul style="list-style-type: none"> • New Brunswick – Room 106: Facilitator – Norma Dubé; Recorder – Brian Kelly • Nova Scotia – Room 105 – Facilitator – Gage Sabattis; Recorder – Linda Liebenberg • Newfoundland & Labrador – Room 232a – Karen Clarke; Recorder – Lindsey Hynes • Prince Edward Island – Room 232b – Alexia Riche: Recorder – Susan Hartley • Atlantic Strategy Session for Virtual Participants from NB, NS, NL, PE (Online only)
<p>3:00 – 3:30</p>	<p>Networking - COW's Ice-cream Location: Café, CAST Building</p>
<p>3:30-5:00</p>	<p>Concurrent Skill Development Workshops - Location: Assigned Classrooms, CAST Building</p> <p>Workshops will enhance skills that support advancement of the ASI Policy Brief and address the theme and objectives of ASI 2025. Participants will learn from real life experiences and evidence informed approaches, to foster resilient well-being societies; promoting infant, child and youth mental health across generations. Most workshops will be offered in person; two will be offered with a hybrid option.</p> <ol style="list-style-type: none"> 1. Facilitator Training – Mental Health is More than You Can Imagine - Room 229 Dianne Oickle, National Collaborating Centre for the Determinants of Health and Ujunwa Aja-Onu (Ujay), Early Childhood Development Association of PEI 2. Creating Housing Security in Bell Island – Valerie Barter, Bell Island Support Network, Bell Island, Newfoundland & Labrador – Room 232 B 3. Advocacy and Activism for Mental Health – Jay Heister, Halifax, NS - Room 214

	<p>4. Cancelled due to wildfires in NL - Loose Parts, Lasting Connections: Fostering Creativity, Community and Well-Being in Early Childhood Education - Charlotte Warford & Thea Cammie, Association of Early Childhood Educators NL/ College of the North Atlantic, St. John's, NL</p> <p>5. Creating Empowering Spaces that Lift up Youth – Jenna Kedy, Healthcare Advocate & youth with lived experience Halifax, NS Room 105</p> <p>6. Building Communities Around Food (Food is Canada's "love language")– Parry Aftab, PEI Good Eats, PEI – Room 232 A</p> <p>Hybrid Session (Online and In-person) with Interpretation:</p> <p>7. Atlantic Canada Community Research Panel - A taste of the research being conducted in Atlantic Canada and tips to use it!</p> <p>Location: Triple Room, 3rd Floor CAST Building Moderator: Nathalie Boivin Panelists:</p> <ul style="list-style-type: none"> – Linguistic Discordance: Shayna-Eve Hébert (Université de Moncton) – Investment for health and wellness: Daniel Dutton (Dalhousie university) – Adaptation to climate changes: Stephanie Arnold (UPEI) – Impact of birth traumas on fathers in NFL: Zoey Healey (Memorial University)
5:30 – 8:00	<p>Multicultural Meal – Holland College Cafeteria – No cost for registrants and children.</p> <p>Tickets for guests available at the registration desk.</p> <p>Refreshments & Cash bar at 5:30 – Dinner served by local vendors at 6:00</p>
Wednesday, August 20	
9:00 – 9:30	<p>Coffee, Networking, Exhibits, Note Announcements through Whova</p> <p>Location: Foyer, CAST Building</p>
9:30 – 11:00	<p>Concurrent workshops – Skill development</p> <ol style="list-style-type: none"> 1. The ASI Policy Brief through the Lens of Peace Building – Susan Hartley, Editor, <i>Global Voices for Peace</i> (2025), PEI - Room 232 A 2. Putting Communities First: The Role of Municipalities in the Substance Use Crisis – Chandni Sondagar & Chealsea DeMoor, Canadian Centre on Substance Use and Addiction - Room 229 3. Accessibility Confident Leadership: Across Generations – Corrie Melanson, Sea Change CoLab Consulting Inc., Halifax, NS - Room 232 B 4. Fostering Youth Belonging, Resilience and Well-being through Groups – Key to Healthy, Connected Communities– Colin McLaren, Cape Breton University, Sydney, NS - Room 105 5. Empowering Youth as Digital Innovators: Building Healthy Communities from the Ground Up - Indra Kubicek, CEO, Digital Moment, and Parry Aftab, Exec Director, The Cybersafety Group- Room 106



	<p>6. <i>Coordinating mental health supports for children and youth through mental health literacy (MHL)</i> - Jennifer MacNeil, St. Francis Xavier University – Room 214</p> <p>Hybrid Sessions (Online and In-person):</p> <p>7. <i>Conversation with Interpretation - Paul Kershaw, <i>From Structural Ageism to Intergenerational Fairness</i></i>– How do we find a better balance going forward, so that we ensure Canada works for young and old alike - Triple Room, 3rd floor CAST Building</p> <p>8. <i>Conversation in English only – Derek Walker, Caitlin, Dan, Yumna</i> share experiences and benefits of participation in the Future Generations Cymru Leadership Academy Location: Board Room, 2nd Floor CAST Building</p>
11:00-11:15	Coffee, Networking, Exhibits Location: CAST Building - Visit exhibits & posterboards, networking on Whova, posting on social media – and movement!
11:15 – 12:30	<p>Policy Panel: Putting Principle into Practice and Sustaining it for the Longterm</p> <p>Reflecting on feedback from each provincial discussion and on the experience of Wales, the panel will draw on their experience and share their perspectives - How do we ensure long-term thinking in a political cycle of short-term thinking? How do you create sustainable system change? What is the role of policy and legislation? Community? Private Sector?</p> <p>Moderator: Malcolm Shookner, Co-President ASI</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Lindsey Hynes, Director, Community Vitality, Social Innovation, and Research, Community Sector Council NL 2. Patsy Beattie-Huggan, Project Manager, ASI-PEI Project 3. Darcy Gray, National Community Research Director in the Rebuilding First Nation Governance Project, Listuguj, in Gespe'gewa'gi, Mi'gma'gi (online) 4. Jim Mustard, Founder, Raising the Villages, Cape Breton, NS 5. Paul Kershaw, Associate Professor, University of BC; Policy Advocate; Founder Generation Squeeze
12:30 -12:45	<p>Closing Plenary – Reflections – Tyler Simmonds, ASI Vice President</p> <p>Location: Triple Room, 3rd Floor CAST Building</p> <p>What did we learn? Mentimeter will be used to gather perspectives</p> <p>Introduce the evaluation – Nishka Smith, Evaluator – To be completed online.</p>
12:45 – 1:00	<p>Closing</p> <ul style="list-style-type: none"> • Youth Message • Children's Message • Closing Song - Julie Pellissier-Lush, Mi'kmaq Storyteller and Knowledge Keeper
1:00-2:00	<p>Lunch Together – Cafeteria - Draw for a prize for those who complete the evaluation.</p> <p>Final chats, networking. Thank you and safe travels!</p>



