



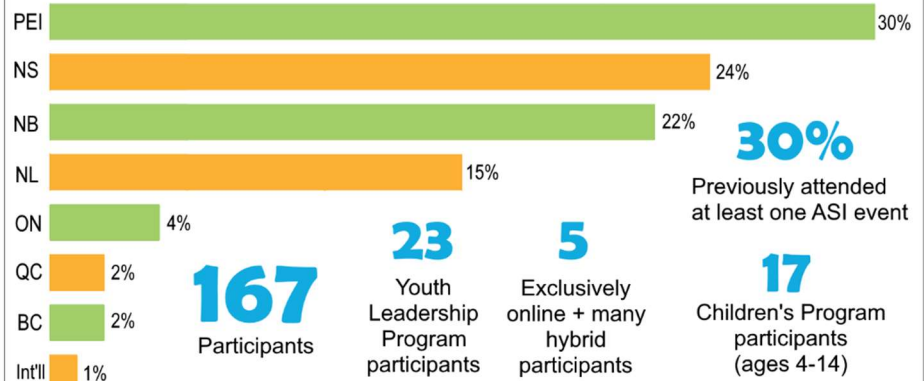
ASI 2025: Policy Forum

Building Resilient Communities for Well-Being Across Generations

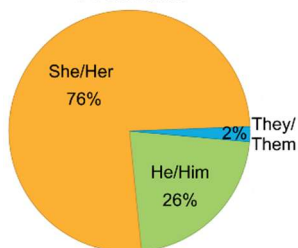


ASI 2025 explored the challenges and opportunities for creating healthy, sustainable, peaceful, and equitable communities, focusing on resilience and intergenerational equity. We looked at how communities — both physical and virtual — can support well-being and knowledge transfer across generations, promoting social connections, collaboration, and collective action to address global issues. The goal was to explore issues of intergenerational equity and their implications for future generations and community well-being; and as per the ASI Policy Brief, the mental health of infants, children, and youth throughout Atlantic Canada and beyond.

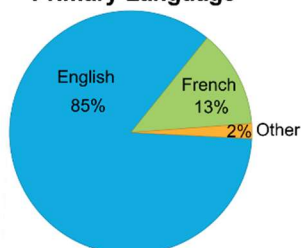
Participant Location



Pronouns



Primary Language



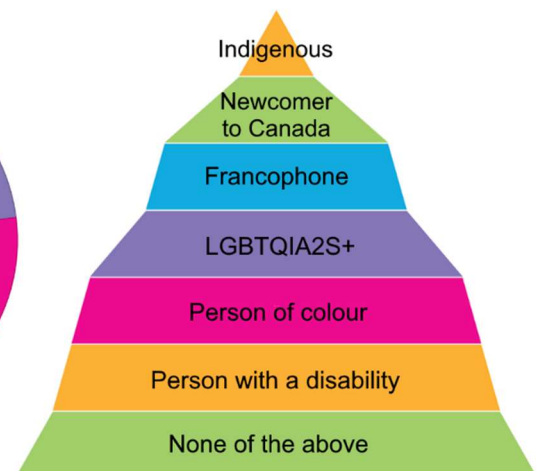
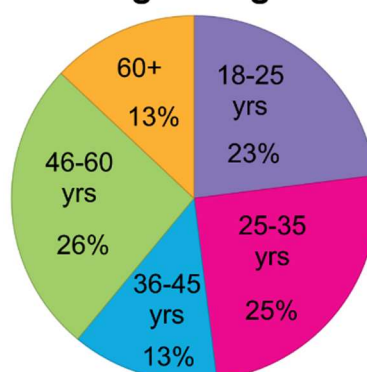
The Atlantic Summer Institute on Healthy and Safe Communities is a not-for-profit organization that brings together innovators and organizations which strive for social change through public policy and community action, with a goal of creating more inclusive and sustainable Atlantic Canadian communities.

21% Fully bilingual participants

14% Requested French materials

27% Identified accessibility needs or special requests

Age Range



Organization Types

61% Community, Not-For-Profit or Non-Governmental Organization

9% Educational Institution

2% Federal Government

17% Provincial Government

9% Student

2% Private Company

Evaluation results showed...

95% of respondents enjoyed the ASI and felt it met their learning expectations (84% agree, 11% somewhat agree).

91% developed knowledge and skills for inspiring collaborative leadership and governance across generations, sectors and communities (71% agree, 20% somewhat agree).

87% expanded their understanding of Indigenous world views (63% agree, 24% somewhat agree).

86% felt the ASI modeled a supportive and inclusive environment for learning and well-being).

86% felt they had plenty of opportunities to actively engage in the learning events, but suggestions to improve the content and delivery focused on making the sessions more engaging and placing more focus on actions and practical application.

Key insight or benefit gained



“The continued focus on upstream and ways in which changes today can impact the future.”

“Cross sectoral conversations focusing on mental health in all aspects of society.”

“Friendly, knowledgeable people. I felt very comfortable and loved the energy and enthusiasm.”

“The range of participants from various sectors and regions helps to bring strength through diversity.”

“Further learning of the significance of Indigenous ways of knowing and teachings.”

“Meeting people who can help us in our continuity with research.”

“The work around aligning language that builds a shared understanding, specifically around wellbeing, mental health and accessibility.”

Participants said...

“The knowledge shared felt like such a gift.”

“Surprising number of people in fields I would never have otherwise met.”

“Friendly, knowledgeable people. I felt very comfortable and loved the energy and enthusiasm.”

“[The Youth Leadership Program] was an amazing experience and I am so thankful for this amazing program. I have learned a lot and will remember it always.”

“I really appreciate that [the Children’ Program for children of participants] exists. It’s important to open up possibilities for those doing community organizing, etc. who may have difficulties attending otherwise. I appreciate the work of the organizers trying to reduce barriers to participation.”

“I think [the Youth Leadership Program] did an excellent job with everything but I think to really elevate it, having more hands-on learning methods to practice for the real world would be beneficial.”

“So much learning and networking!! I will definitely spread the word!”