

ASI 2025 PROGRAM

Building
Resilient
Communities
For Well-being
Across
Generations

#ASI2025

Bâtir des
communautés
résilientes
pour favoriser le bien-être
d'une génération
à l'autre



Acknowledgements

The ASI Board of Directors wishes to acknowledge the public interest in this Forum and the amazing amount of work committed by all presenters, facilitators and panelists. We especially want to thank our partners and funders. We are optimistic that together we will meet our objectives and improve mental health for children and youth in Atlantic Canada.

ASI 2025 Forum

We would like to acknowledge these generous supporters of the Atlantic Summer Institute on Healthy and Safe Communities. Thank you!

Building Resilient Communities For Well-being Across Generations
Bâtir des communautés résilientes pour favoriser le bien-être d'une génération à l'autre

Forum IÉA 2025

Nous aimerions reconnaître le soutien généreux des partenaires et commanditaires de l'Institut d'été sur les collectivités sûres et en santé au Canada atlantique. Merci!

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We acknowledge the financial support of the Government of Canada.
Nous reconnaissons le soutien financier du gouvernement du Canada.



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Nous sommes reconnaissants à Emploi et Développement social Canada pour son soutien par l'entremise du programme Emplois d'été Canada.

The ASI 2025 Forum will be held in partnership with the Community Sector Network of PEI hosted by Holland College in Charlottetown, PEI, in the unceded ancestral territory of the Mi'kmaq people.

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Welcome Message from the Co-Presidents to ASI 2025

We are excited to welcome you to ASI 2025 on behalf of the Board of Directors of the Atlantic Summer Institute on Healthy and Safe Communities (ASI) and our partner organization the Community Sector Network of PEI (CSNPEI). Each year we continue to expand our partnerships and expand our reach across Atlantic Canada and beyond as we gain momentum for social change!

This forum will explore the challenges and opportunities for creating healthy, sustainable, peaceful, and equitable communities, focusing on resilience and intergenerational equity. We will look at how communities—both physical and virtual - can support well-being and knowledge sharing across generations, promoting social connections, collaboration, and collective action to address local and global issues. ASI 2025 will also provide an update on the priorities of the ASI Policy Brief - mental health in all policies, intersectoral approaches, sustainable funding, and investment to strengthen community resilience to support societal well-being.

This is an in-person event, convening on August 18-20 in Charlottetown, PEI, on the unceded ancestral territory of the Mi'kmaq people. We have assembled an exciting program that includes presentations, panels, and workshops offered by diverse people from throughout the Atlantic Region, across Canada, and internationally, who have extensive knowledge and experience to share with you. We are pleased to showcase some of the best examples of our theme that are happening in communities throughout the region. We are also providing opportunities for you to share your own knowledge and experience with each other. We all have something to contribute! We are offering part of the program online for those who cannot travel to Charlottetown to join us.

We want to thank the members of our Program Planning Committee (acknowledged in the program) for their inspired contributions to the program and thank our partners at the Community Sector Network of PEI. We continue to focus on policy change to support communities, where the action is. Promoting mental health, reconciliation with Indigenous peoples, reducing poverty and inequities, and tackling climate change are all on our agenda. So, let's celebrate our accomplishments together!

Malcolm Shookner

Co-President

Linda Liebenberg

Co-President



Join us at ASI 2025!

Be part of a movement that brings together people who are capable of influencing and implementing changes at the policy and community levels! ASI 2025 aims to increase understanding of the importance of infant, child and youth mental health for the whole of society, and foster policy actions to influence upstream investment in support of resilient communities and well-being across generations.

- *Develop skills to build capacity for upstream policy development and implementation*
- *Share ideas and engage in dialogue, building on evidence and best practice*
- *Help build an agenda and resources for policy development and implementation*
- *Collaborate online and have fun with diverse participants*
- *Learn from Indigenous leaders & youth advocates passionate about mental health promotion*
- *Expand your networks in Atlantic Canada and beyond*

"When we think of mental health we often think of emotional difficulties and mental health problems and how we can resolve a crisis once it has occurred. This thinking demands an investment after the fact or 'downstream'. 'Upstream' thinking means investing wisely for future success and addressing the broader determinants of mental health at a population level. We view mental health as a resource for all that requires a whole-of-government and whole-of-society approach. Although there is evidence to support an 'upstream' view, our current investment in policies and practice is 'downstream' and we will need a change in public and political support to think and invest differently."

– Professor Margaret Barry, ASI 2017 keynote speaker, WHO Collaborating Centre for Health Promotion Research, National University of Ireland, Galway

For the past two decades, the Atlantic Summer Institute (ASI) has been exploring issues related to the social contexts that prevent and support mental health and wellbeing for children. This work has highlighted the importance of significant structural systems to support children, adolescents, families, and communities, especially their mental health. Wellbeing is best supported by the relational and contextual resources embedded within and around communities (including nature and biodiversity). Moreover, if we are to support wellbeing in the face of increased chronic challenges stemming from issues such as climate change, communities need to be reinforced by the larger political and economic forces in which they exist. Effective

upstream investments at a community level will promote positive child and adolescent mental health outcomes, while also preventing mental illness and other psychosocial challenges.

ASI 2025 will be of interest to: politicians, public servants, health practitioners, private sector, media, unions, academics, educators, social agencies, community organizations, Indigenous leaders, youth leaders and the general public.

Theme for ASI 2025 Policy Forum:
Building Resilient Communities for Well-being Across Generations

We do not inherit the earth from our parents we borrow it from our childrenⁱ

The issue of intergenerational fairness has been coming to the fore in recent years, not only with respect to climate change, but a whole range of environmental, social, technological and economic conditions that will affect the wellbeing of future generations, both negatively and positively.

This has become an important focus for the United Nations, with the adoption in September 2024 of a Pact for the Future that includes a Declaration on Future Generations. The Declaration speaks to “the opportunity that present generations possess to leave a better future for generations to come and to fulfil our commitment to meet the demands of the present in a way that safeguards the needs and interests of future generations, while leaving no one behind”.

Such an approach embodies the Indigenous principle of ‘Seven Generations’¹, our obligation to be responsible ancestors and the principle of intergenerational justice. Wales has led the way, creating a Wellbeing of Future Generations Act in 2015 and appointing the Commissioner for Future Generations.

So what are the implications of this important focus for Canada, and for people and communities in Atlantic Canada, and specifically for the mental wellbeing of today’s infants, children and youth and generations yet to come?

The ASI 2025 Forum will explore the challenges and opportunities for creating healthy, sustainable, peaceful, and equitable communities, focusing on resilience and intergenerational equity. We will look at how communities—both physical and virtualⁱⁱ - can support well-being and knowledge transfer across generations, promoting social connections, collaboration, and collective action to address global issues.

¹ The concept of *seven generations* is a guiding principle in many Indigenous cultures across North America. It is often expressed in the idea that decisions made today should consider their impact on the next seven generations. This reflects a deep sense of responsibility, sustainability, and interconnectedness with both ancestors and future descendants. The idea is sometimes called the *Seven Generations* principle, emphasizing a chain or continuum of generations, while in other contexts it’s referred to as thinking in terms of the *Seventh Generation*—that is, considering the impact of today’s decisions on the generation seven steps into the future.

The variation in phrasing often depends on context, regional usage, or even personal preference, and both are widely recognized in discussions of Indigenous philosophy and environmental stewardship. However, the principle consistently emphasizes long-term thinking, environmental stewardship, and social responsibility. In practice it values continuity, respect for ancestors, and care for descendants. (Chat GBT 2025)

ASI 2025 will build on the four priorities of the ASI Policy Brief^{fii}, i.e., mental health in all policies, intersectoral approaches, sustainable funding and investment in support of infant, child and youth mental health promotion to strengthen community resilience and societal well-being.

Join us as we explore these ideas, learn from existing work locally and elsewhere, and consider the implications for local and provincial action.

Goal: 2025

To explore issues of intergenerational equity and their implications for future generations and community well-being; and as per the ASI Policy Brief, the mental health of infants, children, and youth throughout Atlantic Canada and beyond.

Objectives:

1. To explore future trends and directions in environmental, social, economic and other conditions that will affect – positively or negatively - the wellbeing of people and communities in Atlantic Canada and beyond
2. To learn from the transformative intergenerational initiatives of communities in support of well-being, in particular the mental health of infants, children and youth.
3. To expand our understanding of Indigenous world views, in particular the seven generations principle
4. To develop knowledge and skills for inspiring collaborative leadership and governance across generations, sectors and communities including youth, civil society, public and private sectors in support of a mentally healthy society.
5. To explore the implications and potential benefits of adopting a Well Being of Future Generations Act in the Atlantic Provinces and Beyond.
6. To increase the adoption of the ASI policy brief “Upstream Investment: Placing infant, child, and youth mental health promotion at the forefront.”
7. To model a supportive and inclusive environment for learning and wellbeing – and have lots of fun together again!

Design Principles:

Youth Engagement: Youth will be engaged in providing input to the process of planning the ASI 2025 program and participating in the intergenerational event.

Universal Design for Learning: Whole society representation will be welcomed in the planning process and diverse audiences will participate in ASI 2025.

Engagement of community influencers: Those in a position to influence and implement action that supports mental health promotion for infants, children and youth at policy and community levels will mobilize at ASI 2025.

Equity: Subsidies will be offered to reduce barriers to participation.

Adult Education: Styles are interactive and engaging – everyone is a teacher and a learner.

Experiential Learning: Arts, culture, connectedness to community and nature will be incorporated.

Online Interaction: A robust online conference platform will simulate a face-to-face experience by encouraging networking, relationship building, knowledge sharing with translation support, and post conference connection.

Overarching frameworks and strategies

Two eyed seeing • Evidence-based Decision Making • Mental Health in All Policies
Whole-of-society approach • Respecting Rights of Children • Respecting Voices of Lived Experience
Sustainability of Policies and Programs • Truth and Reconciliation Commission
Circle of Health framework/tool • Universal Declaration of Human Rights • Ottawa Charter
Social determinants of health • First Nations Mental Wellness Continuum Framework
Sustainable Development Goals • The Geneva Charter for Well-Being
UN Convention on the Rights of the Child • Social and Emotional Learning (CASEL)

ASI Youth Leadership Program

At the ASI 2025 we will continue our work in learning and shaping the future agenda of the mental health system in Atlantic Canada. ASI has learned from previous events how important it is to foster intergenerational learning; therefore, there will be time for youth to both participate in the full ASI 2025 program and convene separately to develop long-lasting connections.

The Youth Leadership Program is being planned and managed by a committee representative of the ASI Board, youth and programs serving youth. Each year it is strengthened by lessons learned from previous ASI programs and provides an opportunity for young people to attend and have a voice in shaping the future agenda for children and youth in Atlantic Canada.

ASI 2025 will support at least five youth leaders from each Atlantic province to participate in this year's forum. Young people between the ages of 18 and 25 who are affiliated with a community group and have experience/interest in being an advocate or leader are encouraged to apply. The ASI Youth Leadership Program is inclusive and welcomes youth applicants from all communities and lived experiences, including but not limited to BIPOC, LGBTQ2I, and disability. Given the Forum's focus on future generations, connection, resilience and upstream solutions to child and youth mental health, we welcome youth with lived experience of mental health challenges and precursors like poverty, family conflict and homelessness. Youth organizations are encouraged to provide mentorship and support to nominated youth from the application process through to forum participation, to foster their successful engagement in the policy experience.

Children's Program

The Children's Program is designed for children ages 4-14 and is **free** for children of registered participants. Valuing each child for who they are and that it is a fundamental right for them to grow in an environment that fosters their creativity and imagination. The program is designed and facilitated by a qualified educator



Silver Sponsor



Bell Let's Talk is a nationwide initiative dedicated to driving action in mental health through collaboration, raising awareness, and supporting community programs to create positive change across Canada. By fostering open conversations and funding innovative projects, it aims to break the stigma and improve mental well-being for all.

References

ⁱ Chief Seattle, a leader of the Native American Suquamish Tribe

ⁱⁱ Wang, W. (2020). Difference between the Real World and Virtual World. *Proceedings*, 47(35). doi:10.3390/proceedings2020047035

ⁱⁱⁱ ASI Policy Brief (2022) Investing Upstream: Placing infant, child and youth mental health promotion at the forefront. <https://asi-iea.ca/en/asi-policy-brief/>

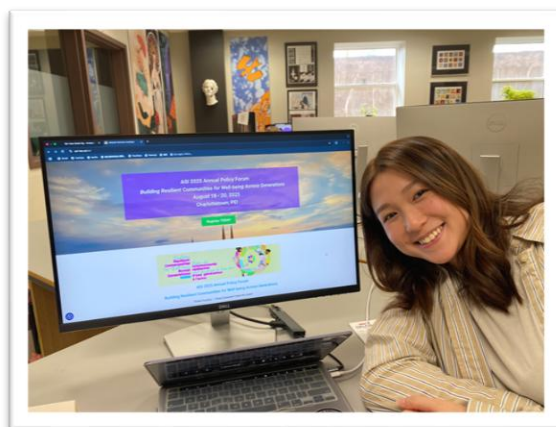
Partnerships

Community Sector Network of Prince Edward Island (CSNPEI)

This year the Community Sector Network of PEI is pleased to partner with the Atlantic Summer Institute on Healthy and Safe Communities to deliver ASI 2025 Annual Policy Forum. CSN PEI is an umbrella organization for all the nonprofits, charities, community development organizations, advocacy groups, volunteer organizations, and many more in PEI. The mission of CSN PEI is to develop an empowered community sector using its collective voice for change. CSN values collaboration, courage, equity, diversity, inclusion and transparency. Amir Zuccolo, the social enterprise coordinator at CSN, will be working with the ASI team with a focus on event planning and logistics. Amir has a PhD in Organic Chemistry and is a co-founder of local biotechnology company. She also works in the not-for-profit sector in the areas of active transportation and revenue diversification strategies. Amir is passionate about community and all aspects of health and she is excited to be part of ASI 2025!

Holland College's Graphic Design Department – Second Year Students

This year ASI partnered with Holland College's second year Graphic Design students to develop the branding for ASI 2025 and we are so excited unveil the final designs. In March, we met with the students to discuss the work ASI engages in and the theme of ASI 2025: *Building resilient communities for well-being across generations*. We asked for a bright design that showcases intergenerational unity and gives the viewer the feeling of a warm hug. The students were asked to prepare presentation videos to share their design process and we were blown away by the creativity and thoughtfulness behind each design. These students have promising futures ahead! We selected Christina Ngsinti's designs! She was able to capture exactly what we were looking for in a fun and unique way. You will see her designs for the event logo, posters, post cards, stickers, way-finding, and more. We would like to sincerely thank the students for their time and dedication, as well as, their instructors for selecting ASI and making this partnership come to life!



Christina Ngsinti



ASI 2025 Forum – Final Program Schedule August 18-20, 2025

Plenary sessions will be in-person and available online; workshops will be in person, with two workshops offered online.

August 18-20, 2025
Holland College, Charlottetown, PEI

All times listed in Atlantic Daylight Time (ADT)



Presentations will be made in both French and English, and simultaneous interpretation will be provided for all plenary sessions, and selected workshops through Wordly – Scan QR code above

Monday, August 18

	Pre-Forum Workshops
12:00 – 7:00	Registration - Centre of Applied Science Technology (CAST) Building Lobby, Holland College Kent St. Charlottetown
2:00 – 4:00	<p>Three pre-forum workshops are being offered to set the scene for participation in this forum. These workshops will be offered to address various levels of interest and knowledge in the topics to be addressed over the next two days.</p> <p>The three workshops are as follows:</p> <p>1. Mental Health is More Than You Can Imagine – Orientation to Upstream concepts</p> <p>This workshop is designed for those who have not attended ASI previously and who wish to have a better sense of the upstream approach ASI applies to mental health promotion, resilient communities, and intersectoral, intergenerational collaboration.</p> <p>The workshop will establish the environment for learning and preparing participants for active participation by reviewing the program schedule, and engaging in discussion on the terms and phrases, and where can we go with these concepts in future. e.g., Mental Health in All Policies, the 7 generations principle. This will prepare participants for the Facilitator Training workshop during the concurrent sessions. (This workshop was offered at ASI 2024 and on PEI last year. Participation in these workshops would qualify for facilitator training.)</p> <p>Facilitators: Dianne Oickle, Susan Hartley, Alternate - Trish Altass</p> <p>Location: CAST Building, Classroom 229 – Hybrid Session</p>



	<p>2. Building Resilient Communities</p> <p>This workshop is designed for those who are familiar with the concepts embraced by the ASI Policy Brief, have attended ASI workshops in the past, and would like to dig deeper into the issues involved in building safe, resilient communities as a means of promoting the mental health of the population. Key questions framing this session are:</p> <ul style="list-style-type: none"> • What is resilience? • What is community? • What is the role of community and resilience in promoting mental health? • How can we work from where we are at, to foster resilience in our communities? • How do we draw in and partner with government, other communities, and others interested in our resilience-building work? • What about digital communities and the role of resilience? <p>Facilitators: Linda Liebenberg, Tyler Simmonds, Temitayo Sodunke, and Youth Researchers of S&P4YW Halifax</p> <p>Location: CAST Building, Classroom 232a</p> <p>3. Thinking about the future and creating the future we prefer</p> <p>A commitment to the wellbeing of future generations means thinking about the future, potentially several generations into the future. Given that a generation is about 20 – 25 years, looking out seven generations is around 150 years, which takes us to 2175. For perspective, imagine being back in 1875 and thinking about the future in 2025.</p> <p>Perhaps the most important point about thinking about the future is that this is not about predicting the future – again, imagine trying to predict 2025 in 1875, or even in 1975! The future is not fixed; we face a range of alternative futures that are shaped by our individual and collective values and choices.</p> <p>This session will present various approaches to thinking about the future, and will use a couple of short exercises to help people think about the future they prefer for future generations.</p> <p>Facilitator: Trevor Hancock</p> <p>Location: CAST Building, Classroom 214</p> <p>Reference: Bezold, Clem and Hancock, Trevor (1994) Possible futures, preferable futures Healthcare Forum Journal, Vol. 37(2): 23-29.</p>
6:30 – 8:30	<p>OFFICIAL OPENING – Triple Room, 3rd Floor CAST Building</p> <p>Welcome and land acknowledgement – Malcolm Shookner, ASI Co-President</p> <p>Opening Announcements – Patsy Beattie-Huggan; Natalie Boivin, ASI Board</p> <p>Welcome Song – Julie Pellissier-Lush</p> <p>Framing the Forum – The concept of <i>seven generations</i> is a guiding principle in many Indigenous cultures across North America. It is often expressed in the idea that decisions</p>

made today should consider their impact on the next seven generations. This reflects a deep sense of responsibility, sustainability, and interconnectedness with both ancestors and future descendants. Drawing on the wisdom of the seven generations principle, two-eyed seeing, foundations of culture and tradition, Julie will speak to the significance of Indigenous knowledge in Building Resilient Communities for Well-being Across Generations and how it serves as a thread throughout the forum.



Bio: Julie Pellissier-Lush is Mi'kmaq Storyteller and Knowledge Keeper, a photographer, actor, drummer, best-selling author, and the first Indigenous Poet Laureate for PEI. Julie is currently writing a new children's series with the seven sacred teachings.

Greetings from officials and funders – Linda Liebenberg, ASI Co-President

- Welcome - Government of Canada – Hon. Sean Casey, MP Charlottetown
- Welcome - Province of PEI – MLA, Susie Dillon
- Welcome - City of Charlottetown – Mayor Phillip Brown
- Greetings - Melanie Redman, *President & CEO*, A Way Home: Working Together to End Youth Homelessness

Atlantic Community Showcase – Ellen Theuerkauf, Communications, The Quaich Inc.

This is an opportunity to celebrate initiatives that relate to this year's theme. The stories and exhibits will be available throughout the Forum on the Whova exhibit page and onsite exhibits in the CAST Building.

1. ***Loose Parts, Lasting Connections: Fostering Creativity, Community and Well-Being in Early Childhood Education*** - Charlotte Warford & Thea Cammie, Association of Early Childhood Educators NL/ College of the North Atlantic, St. John's, NL
2. ***Planet Youth*** – Hilary Stiles, Planet Youth Woodstock, NB
3. ***Sacred Pause*** – Shona Holzer, Sacred Resilience, Sheet Harbour, NS
4. ***Upstream Approach to Gender-Based Violence*** – Trish Altass & Lynn Lund Leading Impact Consultants, PEI
5. ***Anko'tasik*** - Lise Moffat, First Nations Education Initiative, Fredericton, NB
6. ***Réseau en immigration francophone du Nouveau-Brunswick***, Daniel Plourde, NB
7. ***Youth Leadership for Wellbeing Societies (YL4WS), Atlantic Summer Institute (ASI)***

Keynote Presentation – Learning From Each Other for Future Generations with Derek Walker, Future Generations Commissioner for Wales.

Wales is the only country in the world with a Well-being of Future Generations Act and the role provides advice and support to government and public bodies to take a longer-term view on policy decisions. The commissioner's job is to protect and promote the needs of future generations. Derek



	<p>Walker is the second ever Future Generations Commissioner, having started the role on March 1, 2023, when he called for ‘urgent and transformational change’ in Wales.</p> <p>Q&A Moderator: Emyr Hayden, ASI Board Member (NL)</p> <p>To engage both online participants and in person attendees, we will use Mentimeter to ask “What are the questions you would want to pose to the panel in the morning? What key message are you taking away?”.</p> <p>Closing remarks: Paul Kershaw, Associate Professor, University of BC; Founder Generation Squeeze</p> <p><i>Note:</i> Q&A is followed by a Closing Reception. Music provided by The Straight Jazz Trio sponsored by the City of Charlottetown</p>
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Tuesday, August 19

9:30 – 10:00	<p>Registration for late arrivals, Coffee and networking – CAST Building Lobby</p> <p>All participants will connect in person for coffee and networking, visit showcases, exhibits.</p>
10:00 –10:15	<p>Morning Welcome – Announcements – Location: Triple Room, 3rd Floor CAST Building</p>
10:15 –11:45	<p><u>Opening Plenary Panel: Reflections on Derek Walker’s presentation</u> - what do we need in Canada and the Atlantic Provinces? Location: Triple Room, 3rd Floor CAST Building</p> <p>Moderator: Paul Kershaw, Founder Generation Squeeze - https://www.gensqueeze.ca/</p> <p>The panel will respond to the keynote address and explore key messages from the keynote and questions from the audience. How do we create a well-being society? What can we learn from Wales about protecting the interests of future generations? What kind of society do we want to build for current and future generations? What is the relationship between health, culture and language? What are the opportunities and challenges?</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Alexia Riche – ED, Community Sector Network PEI 2. Norma Dubé: Présidente, Association francophone des aînées et aînés du Nouveau-Brunswick 3. Hon. Claire Johnson, Minister of Education and Early Childhood, Gov’t of NB 4. Gary Roberts, Consultant, PEI
11:45-12:45	<p>Lunch Break - Networking – Cafeteria</p> <p>Visit Showcases & exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!</p>
12:45-2:00	<p><u>Youth Panel: Vision for the future</u> – reflections and responses from youth</p> <p>This panel will share the insights of youth leaders on factors that can influence the future of a well-being society for all generations.</p> <p>Location: Triple Room, 3rd Floor CAST Building</p>

	<p>Moderator: Emyrn Hayden, ASI Board Member, St. John's, NL.</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Stephanie Evans, Advocate for mental health and disability rights, St. John's, NL 2. Luciana Quiroa Paredes, UPEI Student Union President, Charlottetown, PEI 3. Leo Babineau, Fédération des jeunes francophones du Nouveau-Brunswick (FJFNB) 4. Samantha Saksagiak, Student, Law & Public Policy, Memorial University and advocate for Indigenous rights, Nain, NL 5. Keonte Beals, Owner KBeals Entertainment Inc., singer-songwriter, author, and producer, North Preston, NS.
<p>2:00-2:10 Triple Room Cont'd</p>	<p>Instructions and facilitator introductions for Provincial Strategy Sessions as the first step in building a campaign for well-being societies in Canada. A recorder will create a brief report of highlights from each group's conversation for reflection during Wednesday's panel. Resources for the discussion are available on Whova.</p>
<p>2:15 – 3:00</p>	<p>Provincial Strategy Sessions:</p> <p>Time to meet as provinces to consider how to take an intergenerational fairness approach to building resilient communities in their province and the potential of a <i>Well-being of Future Generations Act</i> in Canada and /or in each province.</p> <p>Location: CAST Building – Classrooms and Facilitators, Recorders below. Translation support for FR & ENG speaking participants in the New Brunswick session.</p> <ul style="list-style-type: none"> • New Brunswick – Room 106: Facilitator – Norma Dubé; Recorder – Brian Kelly • Nova Scotia – Room 105 – Facilitator – Gage Sabattis; Recorder – Linda Liebenberg • Newfoundland & Labrador – Room 232a – Karen Clarke; Recorder – Lindsey Hynes • Prince Edward Island – Room 232b – Alexia Riche: Recorder – Susan Hartley • Atlantic Strategy Session for Virtual Participants from NB, NS, NL, PE (Online only)
<p>3:00 – 3:30</p>	<p>Networking - COW's Ice-cream Location: Café, CAST Building</p>
<p>3:30-5:00</p>	<p>Concurrent Skill Development Workshops - Location: Assigned Classrooms, CAST Building</p> <p>Workshops will enhance skills that support advancement of the ASI Policy Brief and address the theme and objectives of ASI 2025. Participants will learn from real life experiences and evidence informed approaches, to foster resilient well-being societies; promoting infant, child and youth mental health across generations. Most workshops will be offered in person; two will be offered with a hybrid option.</p> <ol style="list-style-type: none"> 1. Facilitator Training – Mental Health is More than You Can Imagine - Room 229 Dianne Oickle, National Collaborating Centre for the Determinants of Health and Ujunwa Aja-Onu (Ujay), Early Childhood Development Association of PEI 2. Creating Housing Security in Bell Island – Valerie Barter, Bell Island Support Network, Bell Island, Newfoundland & Labrador – Room 232 B 3. Advocacy and Activism for Mental Health – Jay Heister, Halifax, NS - Room 214

	<p>4. Cancelled due to wildfires in NL - Loose Parts, Lasting Connections: Fostering Creativity, Community and Well-Being in Early Childhood Education - Charlotte Warford & Thea Cammie, Association of Early Childhood Educators NL/ College of the North Atlantic, St. John's, NL</p> <p>5. Creating Empowering Spaces that Lift up Youth – Jenna Kedy, Healthcare Advocate & youth with lived experience Halifax, NS Room 105</p> <p>6. Building Communities Around Food (Food is Canada's "love language")– Parry Aftab, PEI Good Eats, PEI – Room 232 A</p> <p>Hybrid Session (Online and In-person) with Interpretation:</p> <p>7. Atlantic Canada Community Research Panel - A taste of the research being conducted in Atlantic Canada and tips to use it!</p> <p>Location: Triple Room, 3rd Floor CAST Building Moderator: Nathalie Boivin Panelists:</p> <ul style="list-style-type: none"> – Linguistic Discordance: Shayna-Eve Hébert (Université de Moncton) – Investment for health and wellness: Daniel Dutton (Dalhousie university) – Adaptation to climate changes: Stephanie Arnold (UPEI) – Impact of birth traumas on fathers in NFL: Zoey Healey (Memorial University)
5:30 – 8:00	<p>Multicultural Meal – Holland College Cafeteria – No cost for registrants and children.</p> <p>Tickets for guests available at the registration desk.</p> <p>Refreshments & Cash bar at 5:30 – Dinner served by local vendors at 6:00</p>
Wednesday, August 20	
9:00 – 9:30	<p>Coffee, Networking, Exhibits, Note Announcements through Whova</p> <p>Location: Foyer, CAST Building</p>
9:30 – 11:00	<p>Concurrent workshops – Skill development</p> <ol style="list-style-type: none"> 1. The ASI Policy Brief through the Lens of Peace Building – Susan Hartley, Editor, <i>Global Voices for Peace</i> (2025), PEI - Room 232 A 2. Putting Communities First: The Role of Municipalities in the Substance Use Crisis – Chandni Sondagar & Chelsea DeMoor, Canadian Centre on Substance Use and Addiction - Room 229 3. Accessibility Confident Leadership: Across Generations – Corrie Melanson, Sea Change CoLab Consulting Inc., Halifax, NS - Room 232 B 4. Fostering Youth Belonging, Resilience and Well-being through Groups – Key to Healthy, Connected Communities– Colin McLaren, Cape Breton University, Sydney, NS - Room 105 5. Empowering Youth as Digital Innovators: Building Healthy Communities from the Ground Up - Indra Kubicek, CEO, Digital Moment, and Parry Aftab, Exec Director, The Cybersafety Group- Room 106



	<p>6. <i>Coordinating mental health supports for children and youth through mental health literacy (MHL)</i> - Jennifer MacNeil, St. Francis Xavier University – Room 214</p> <p>Hybrid Sessions (Online and In-person):</p> <p>7. <i>Conversation with Interpretation - Paul Kershaw, <u>From Structural Ageism to Intergenerational Fairness</u></i>– How do we find a better balance going forward, so that we ensure Canada works for young and old alike - Triple Room, 3rd floor CAST Building</p> <p>8. <u>Conversation in English only – Derek Walker, Caitlin, Dan, Yumna</u> share experiences and benefits of participation in the Future Generations Cymru Leadership Academy Location: Board Room, 2nd Floor CAST Building</p>
11:00-11:15	Coffee, Networking, Exhibits Location: CAST Building - Visit exhibits & posterboards, networking on Whova, posting on social media – and movement!
11:15 – 12:30	<p><u>Policy Panel: Putting Principle into Practice and Sustaining it for the Longterm</u></p> <p>Reflecting on feedback from each provincial discussion and on the experience of Wales, the panel will draw on their experience and share their perspectives - How do we ensure long-term thinking in a political cycle of short-term thinking? How do you create sustainable system change? What is the role of policy and legislation? Community? Private Sector?</p> <p>Moderator: Malcolm Shookner, Co-President ASI</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Lindsey Hynes, Director, Community Vitality, Social Innovation, and Research, Community Sector Council NL 2. Patsy Beattie-Huggan, Project Manager, ASI-PEI Project 3. Darcy Gray, National Community Research Director in the Rebuilding First Nation Governance Project, Listuguj, in Gespe'gewa'gi, Mi'gma'gi (online) 4. Jim Mustard, Founder, Raising the Villages, Cape Breton, NS 5. Paul Kershaw, Associate Professor, University of BC; Policy Advocate; Founder Generation Squeeze
12:30 -12:45	<p><u>Closing Plenary – Reflections</u> – Tyler Simmonds, ASI Vice President</p> <p>Location: Triple Room, 3rd Floor CAST Building</p> <p>What did we learn? Mentimeter will be used to gather perspectives</p> <p>Introduce the evaluation – Nishka Smith, Evaluator – To be completed online.</p>
12:45 – 1:00	<p><u>Closing</u></p> <ul style="list-style-type: none"> • Youth Message • Children's Message • Closing Song - Julie Pellissier-Lush, Mi'kmaq Storyteller and Knowledge Keeper
1:00-2:00	<p>Lunch Together – Cafeteria - Draw for a prize for those who complete the evaluation.</p> <p>Final chats, networking. Thank you and safe travels!</p>



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Building Resilient Communities For Well-being Across Generations
Bâtir des communautés résilientes pour favoriser le bien-être d'une génération à l'autre

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